

Hunterdon County

Youth Risk Behavior Study

Presented by:
Holleran Consulting
September 12, 2000

Methodology

- ① Surveys were distributed to a sample of 9th and 11th graders at 5 Hunterdon County high schools in the spring of 2000.
- ① 1725 surveys were completed during class time, then collected and returned to Holleran Consulting.
- ① A sample of the completed surveys (25% of each grade's census) was selected for each school, resulting in 750 surveys.

Methodology (cont.)

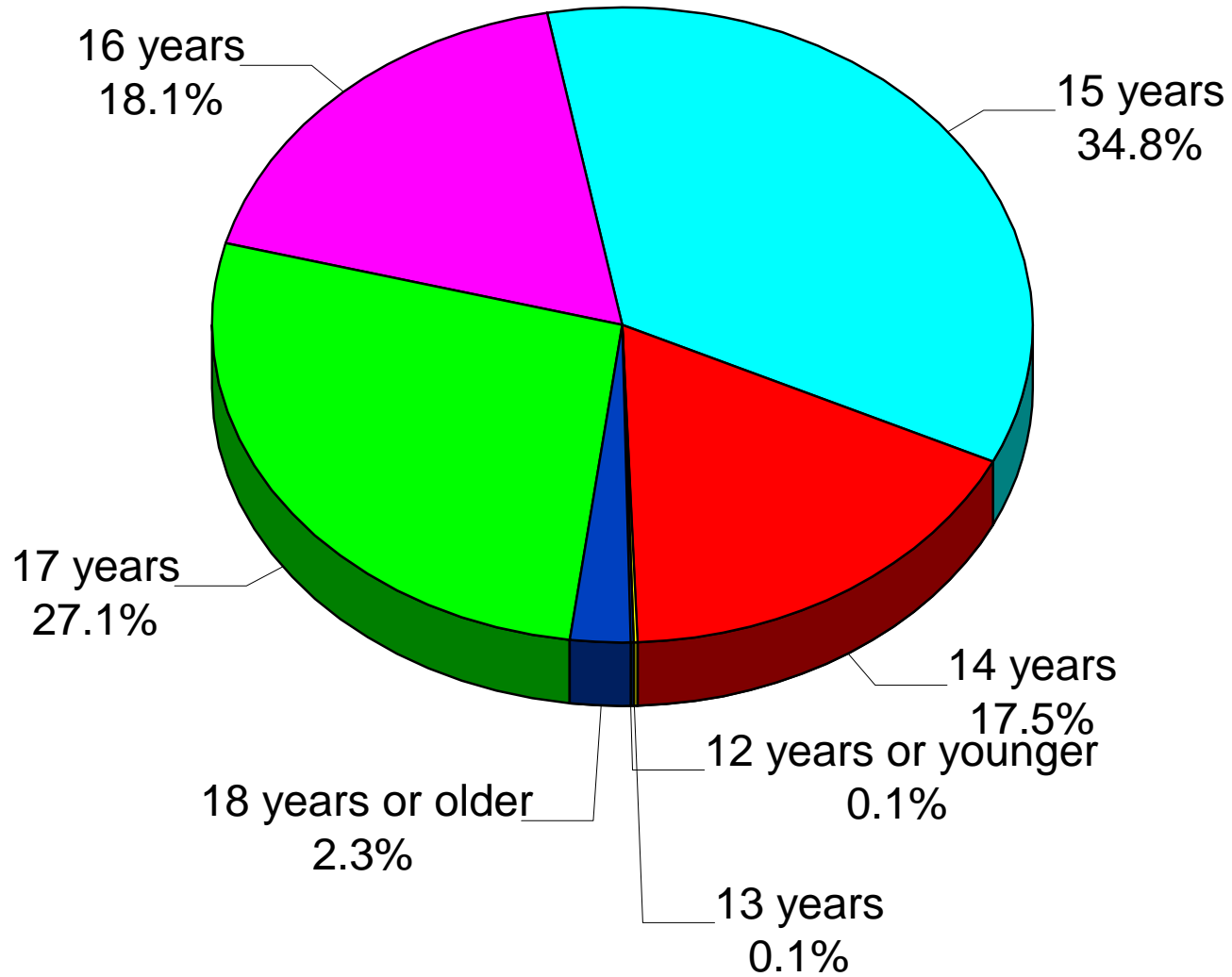
- 1) Due to low return rates from Voorhees H.S. and North Hunterdon H.S., no random sampling was possible for these two schools. To compensate for the low response rate, surveys were oversampled from the remaining schools.
- 1) The error rate was designed to be +/-4%, however, due to low return rates for Voorhees H.S. and North Hunterdon H.S., the actual rate may be inflated.

Respondents

School	9th Grade	11th Grade	Total
North Hunterdon	86	65	151
Voorhees	68	33	101
Central	181	168	349
Delaware Valley	53	55	108
South Hunterdon	20	21	41
Total	408	342	750

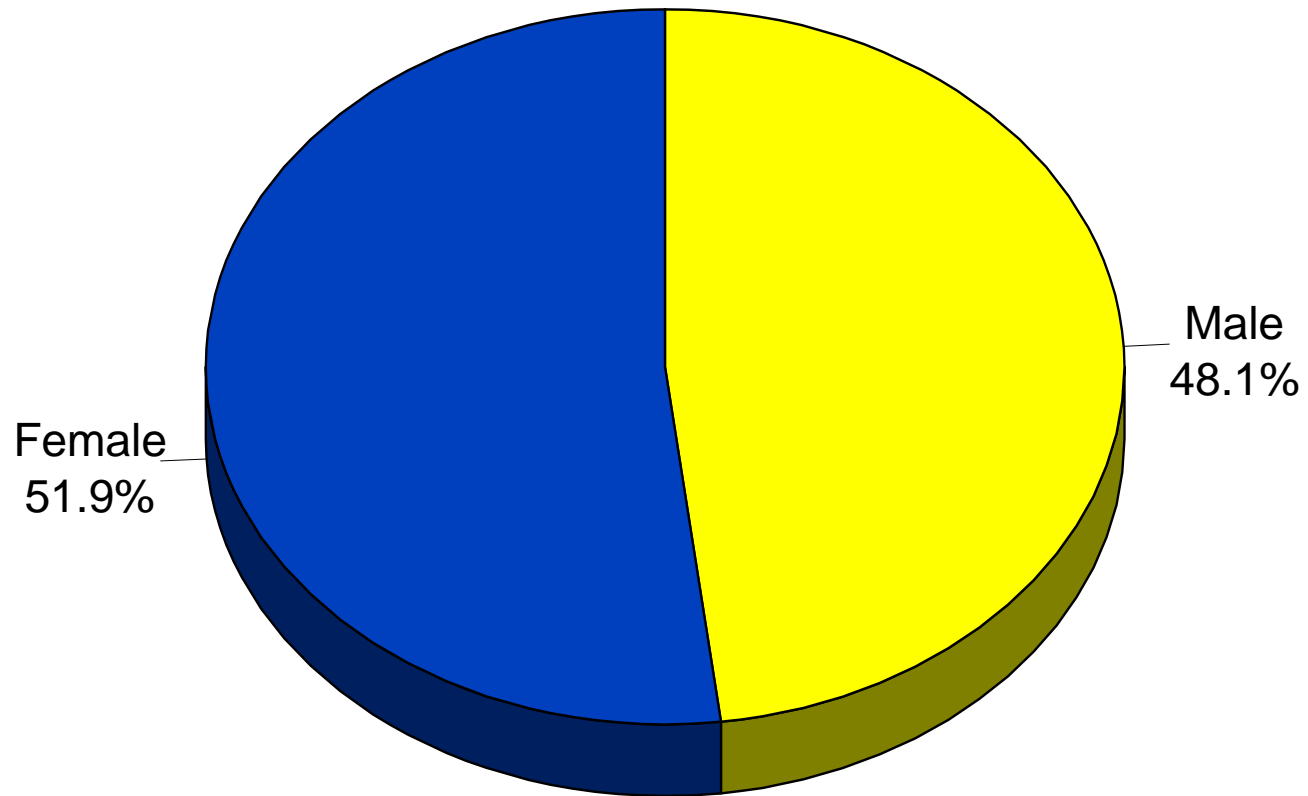
Demographics

Age



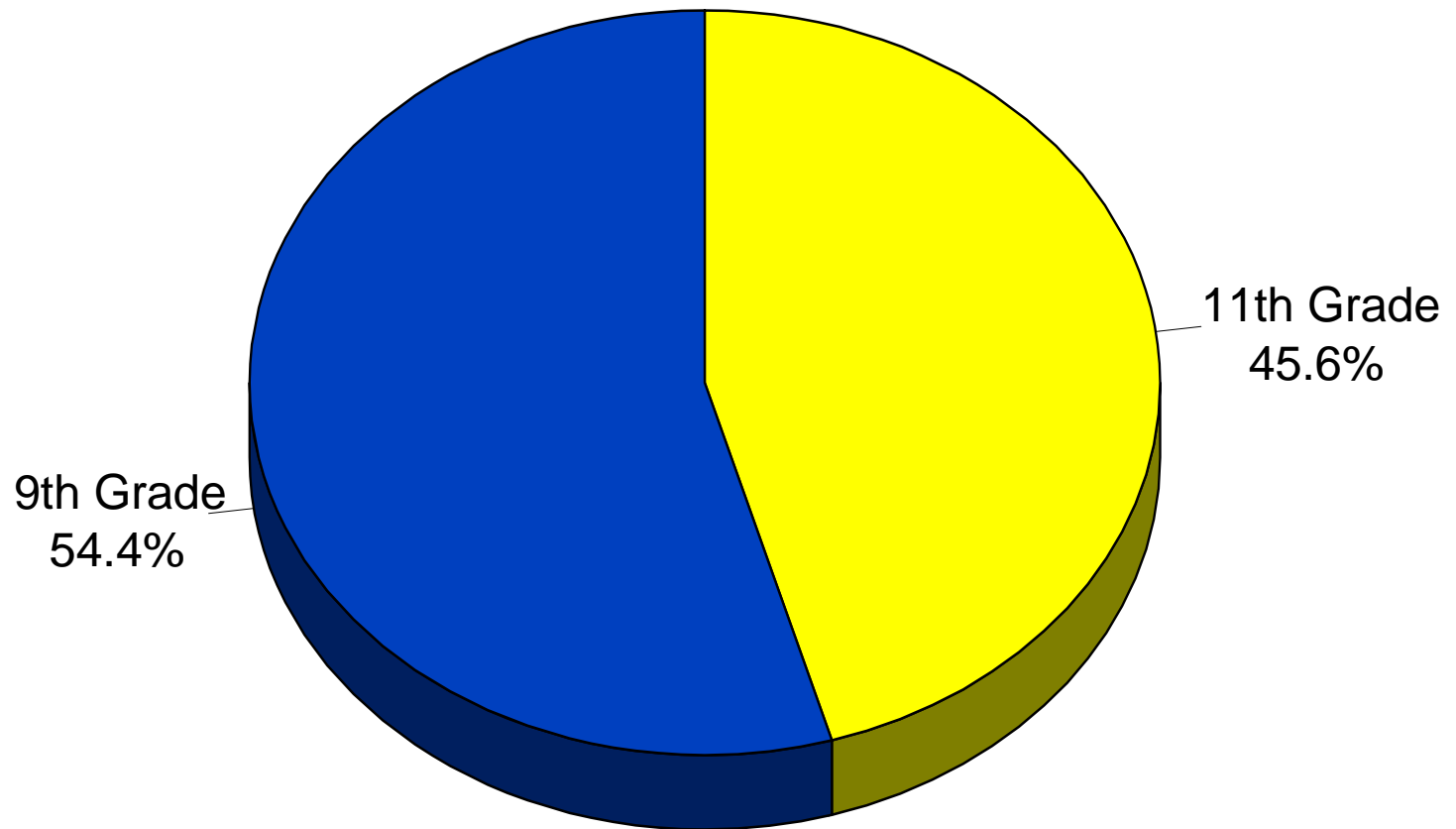
N=750

Gender



N=750

Grade



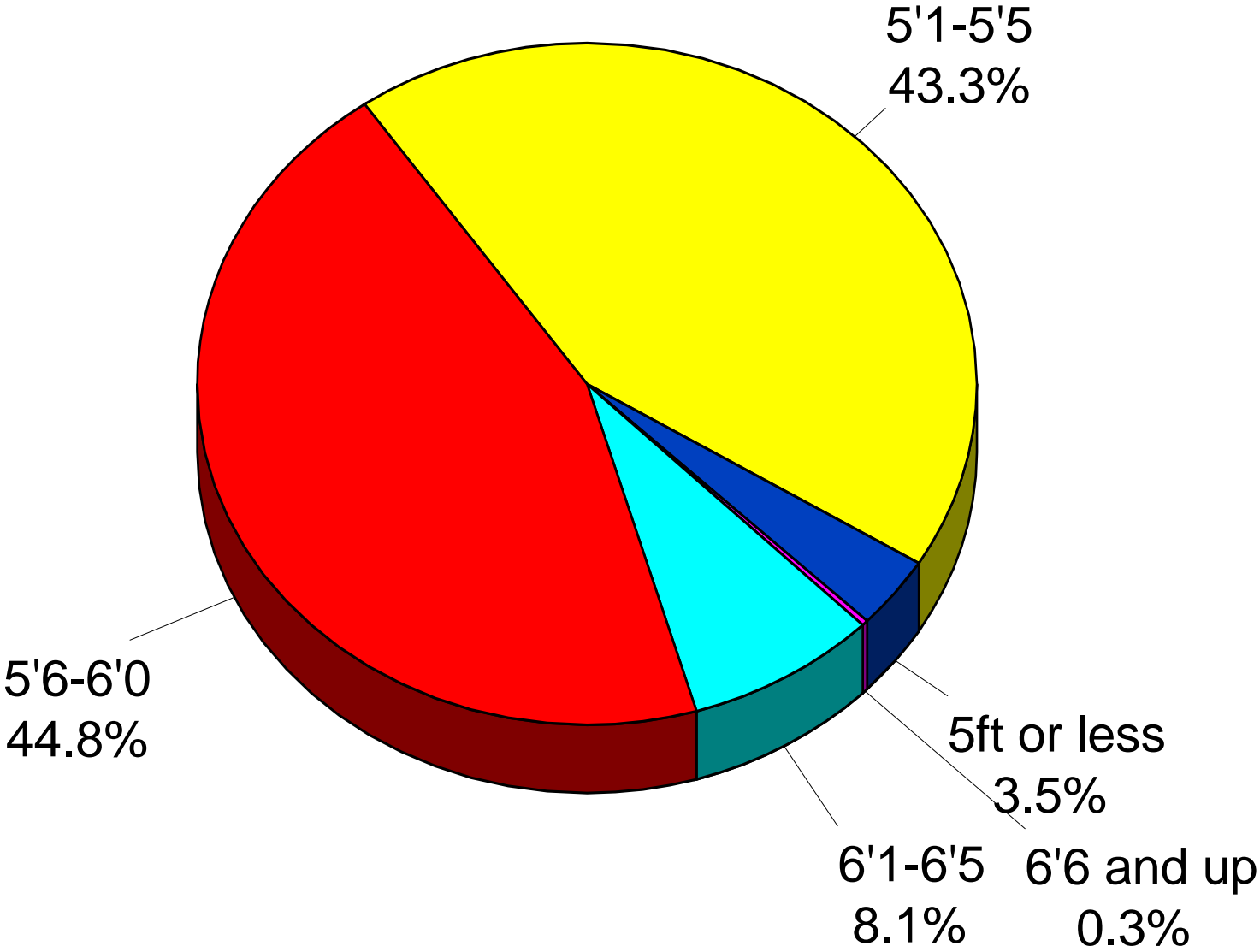
N=750

Ethnicity of Respondents

Ethnicity	Responses
White/Caucasian	683
Black or African American	17
Asian	14
Hispanic or Latino	13
Alaska Native	9
Native Hawaiian or Other Pacific Islander	2

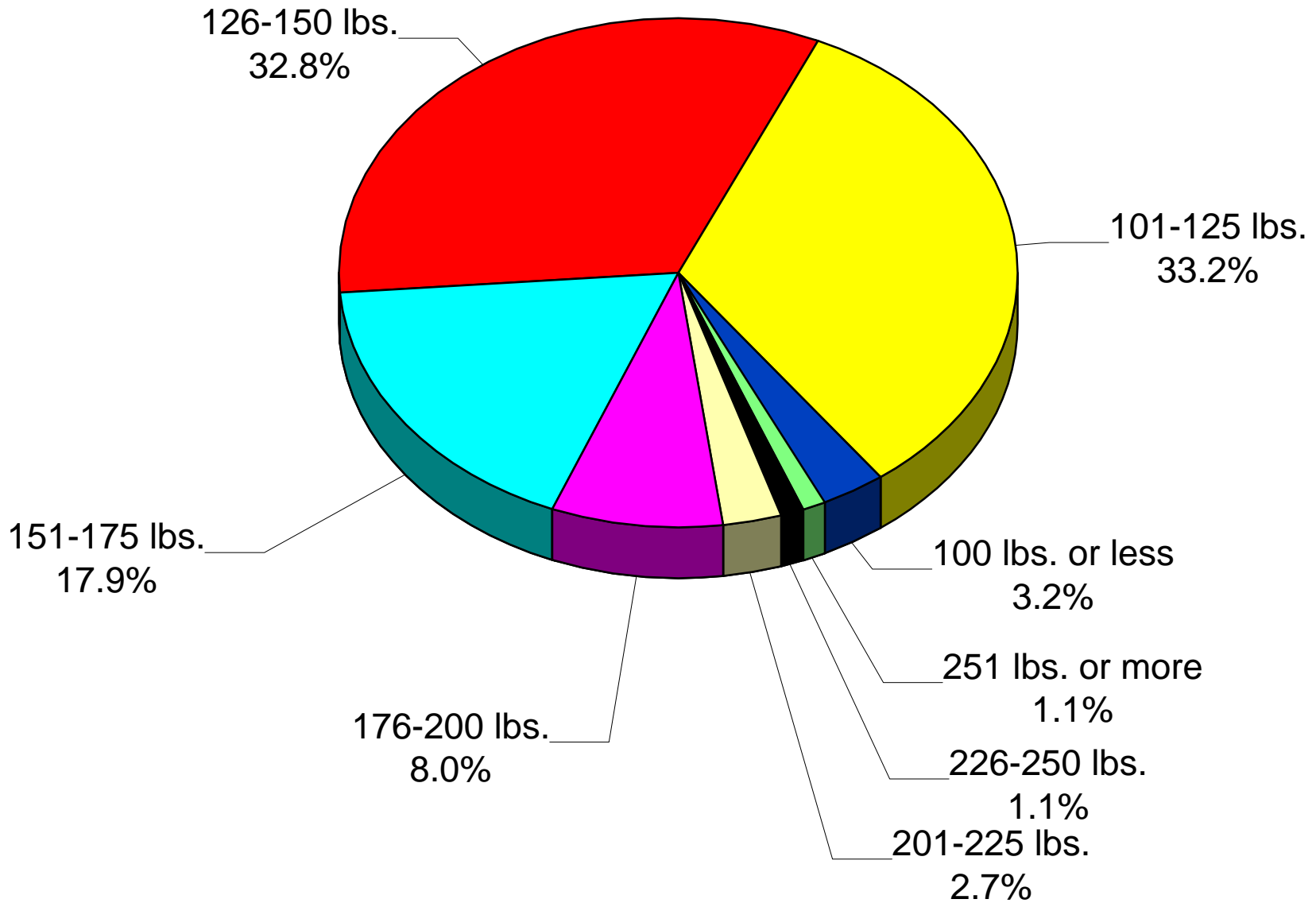
N=738

Height of Respondent



N=741

Weight of Respondent

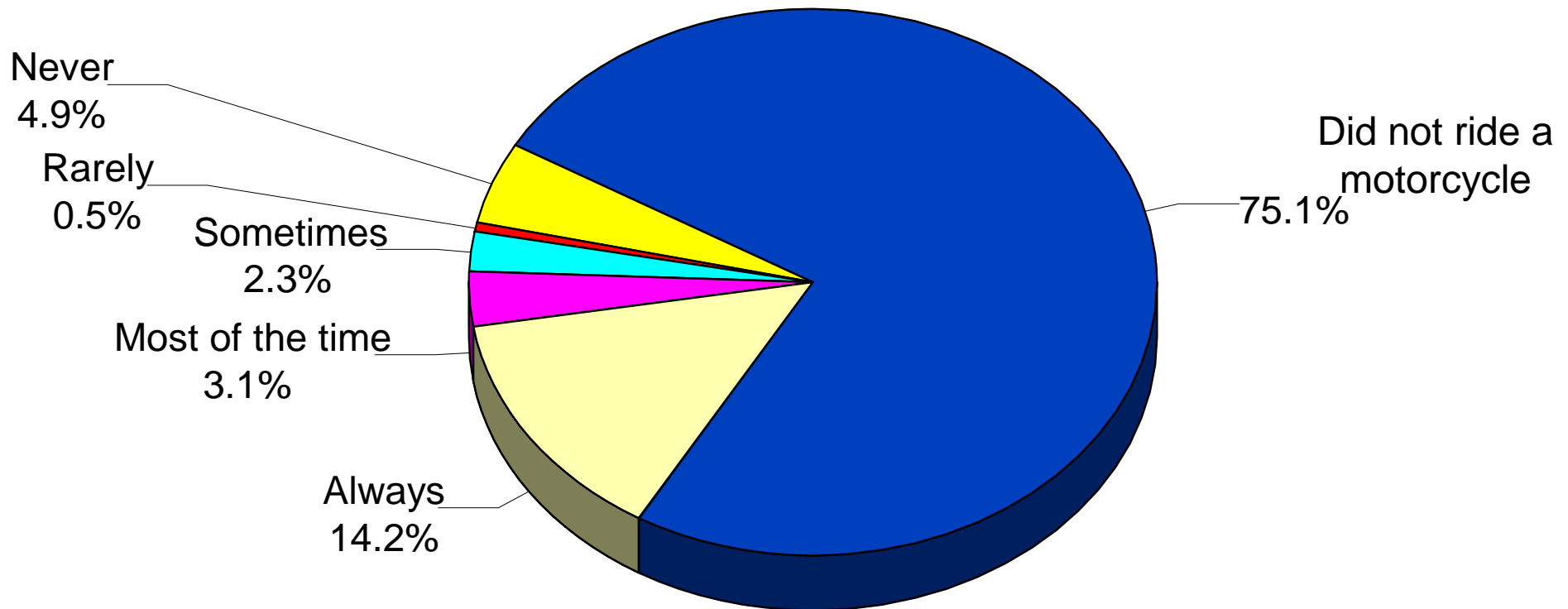


N=728

Summary of Findings

Physical Risk and Danger

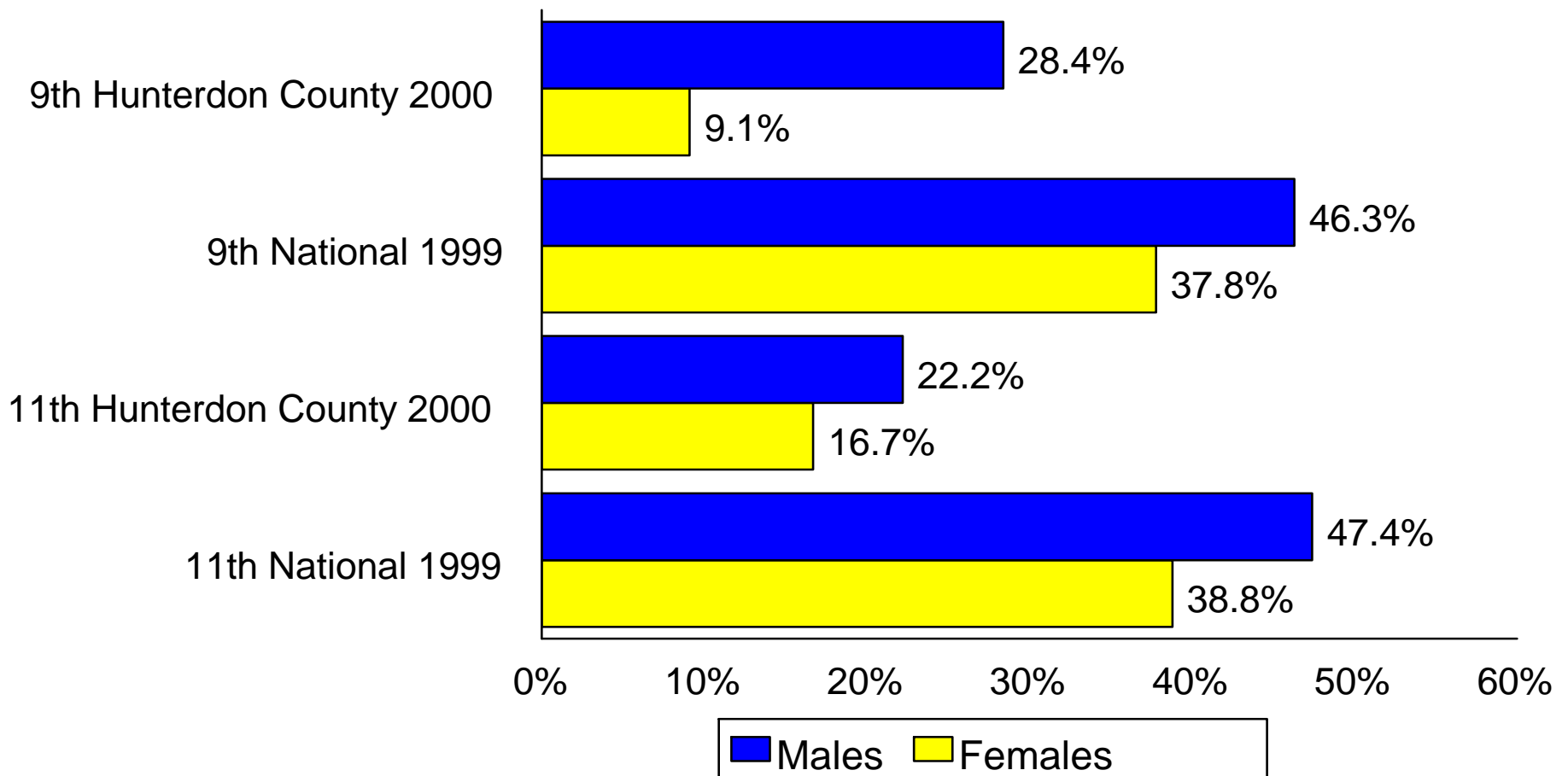
When you rode a motorcycle during the past year, how often did you wear a helmet?



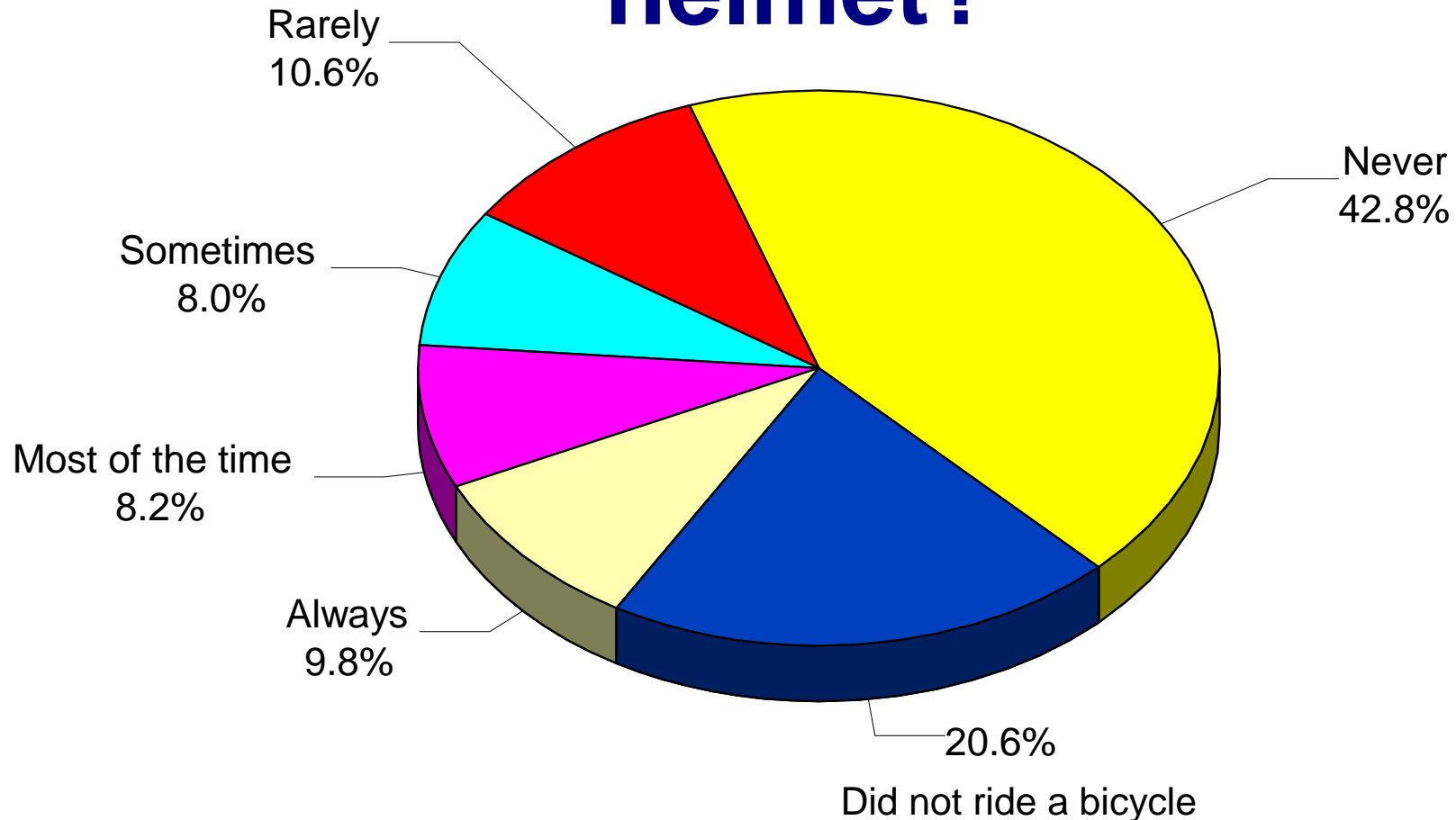
N=742

Percent of respondents who never or rarely wore a helmet when they rode a motorcycle during the past year

Those who rode a motorcycle



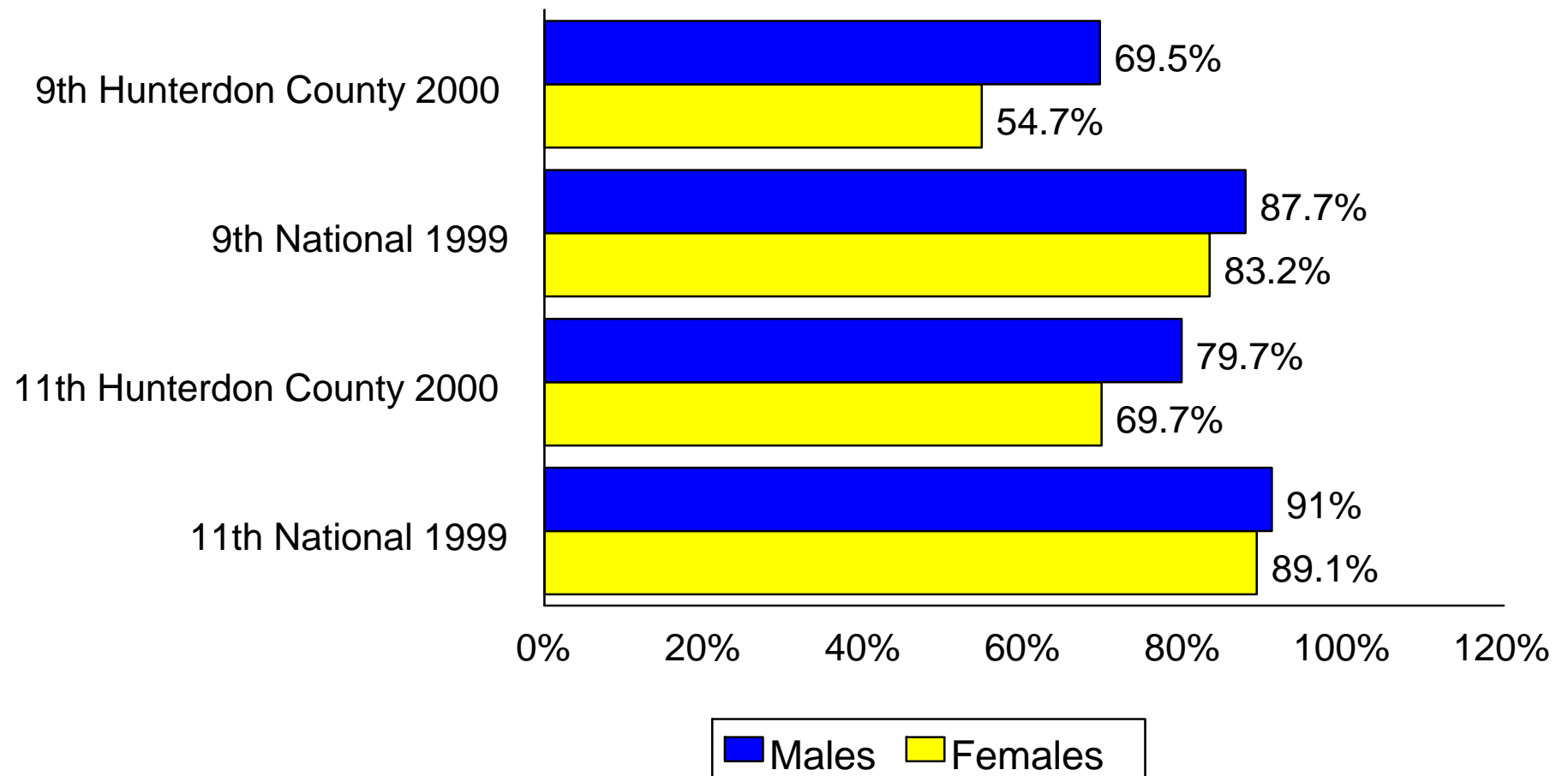
When you rode a bicycle during the past year, how often did you wear a helmet?



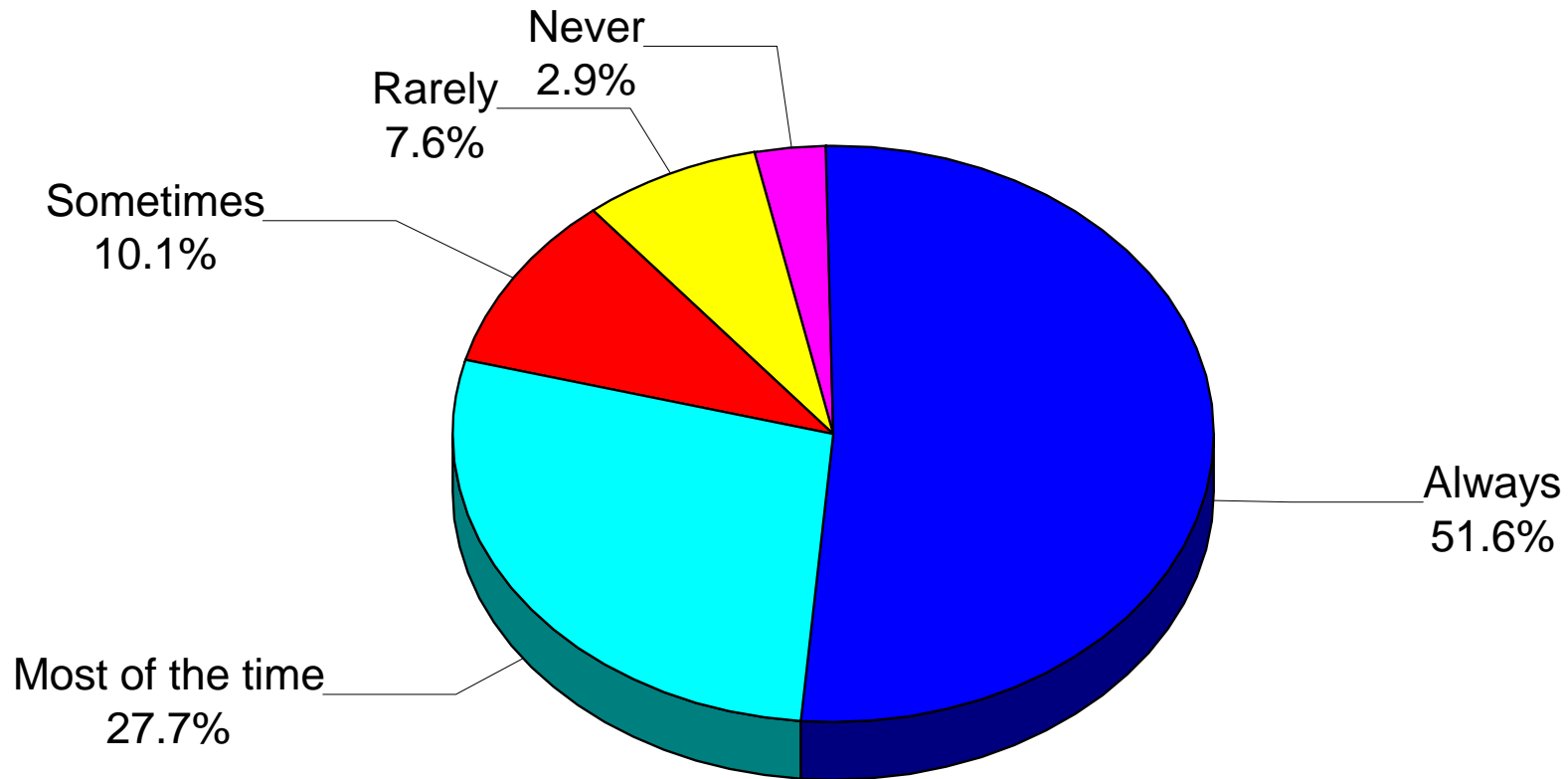
N=747

Percent of respondents who never or rarely wore a helmet while riding a bicycle during the past year

Those who rode a bicycle

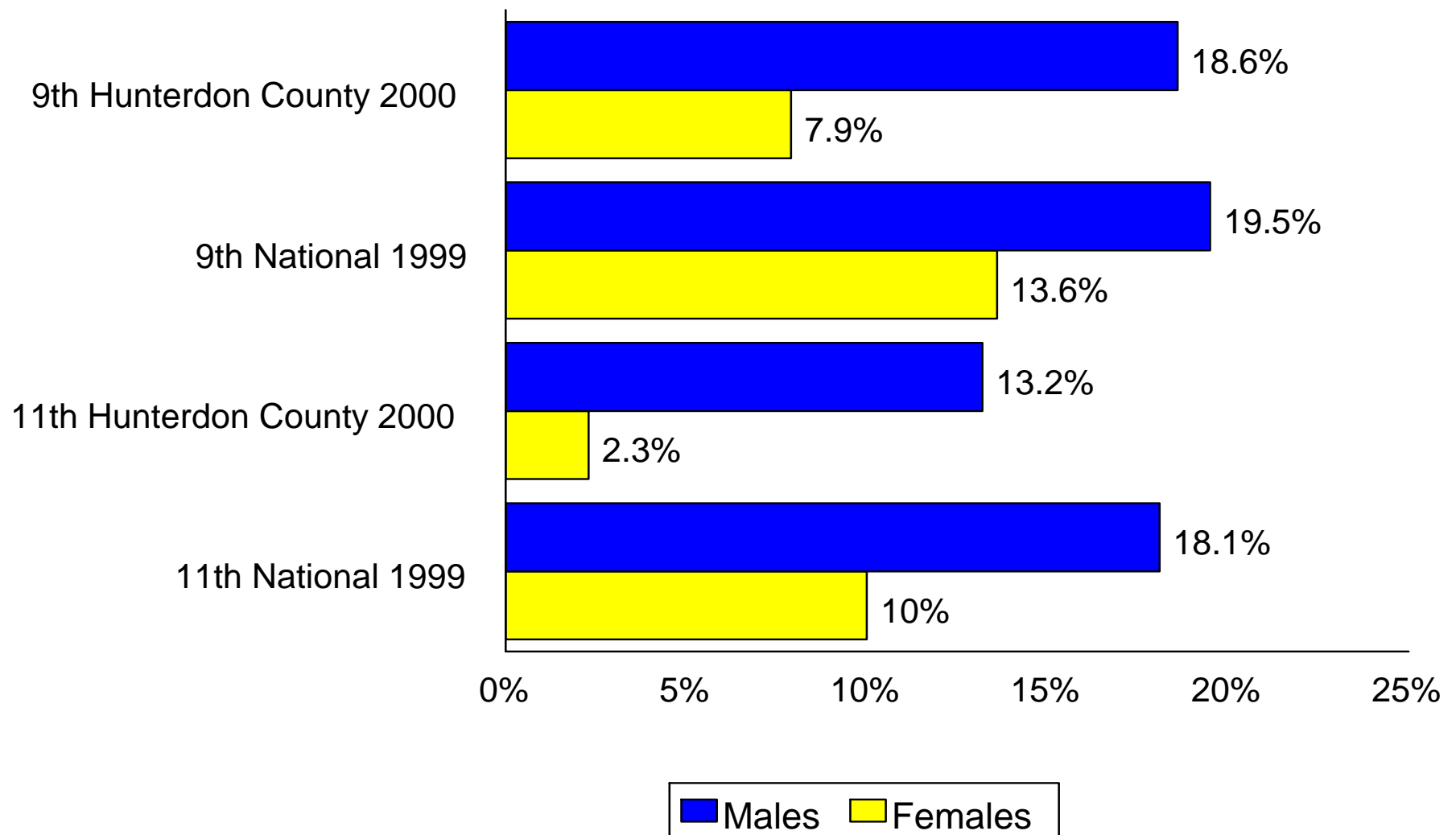


How often do you wear a seatbelt when riding in a car driven by someone else?

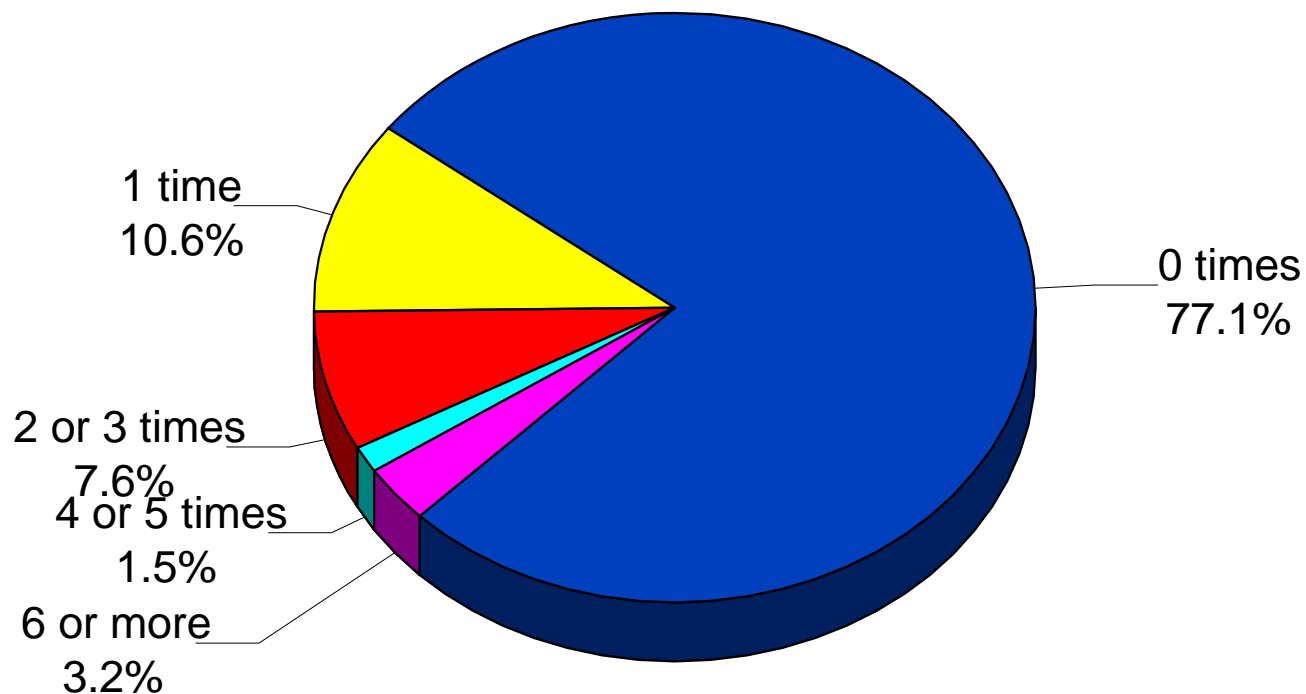


N=750

Percent of respondents who never or rarely wear a seat belt

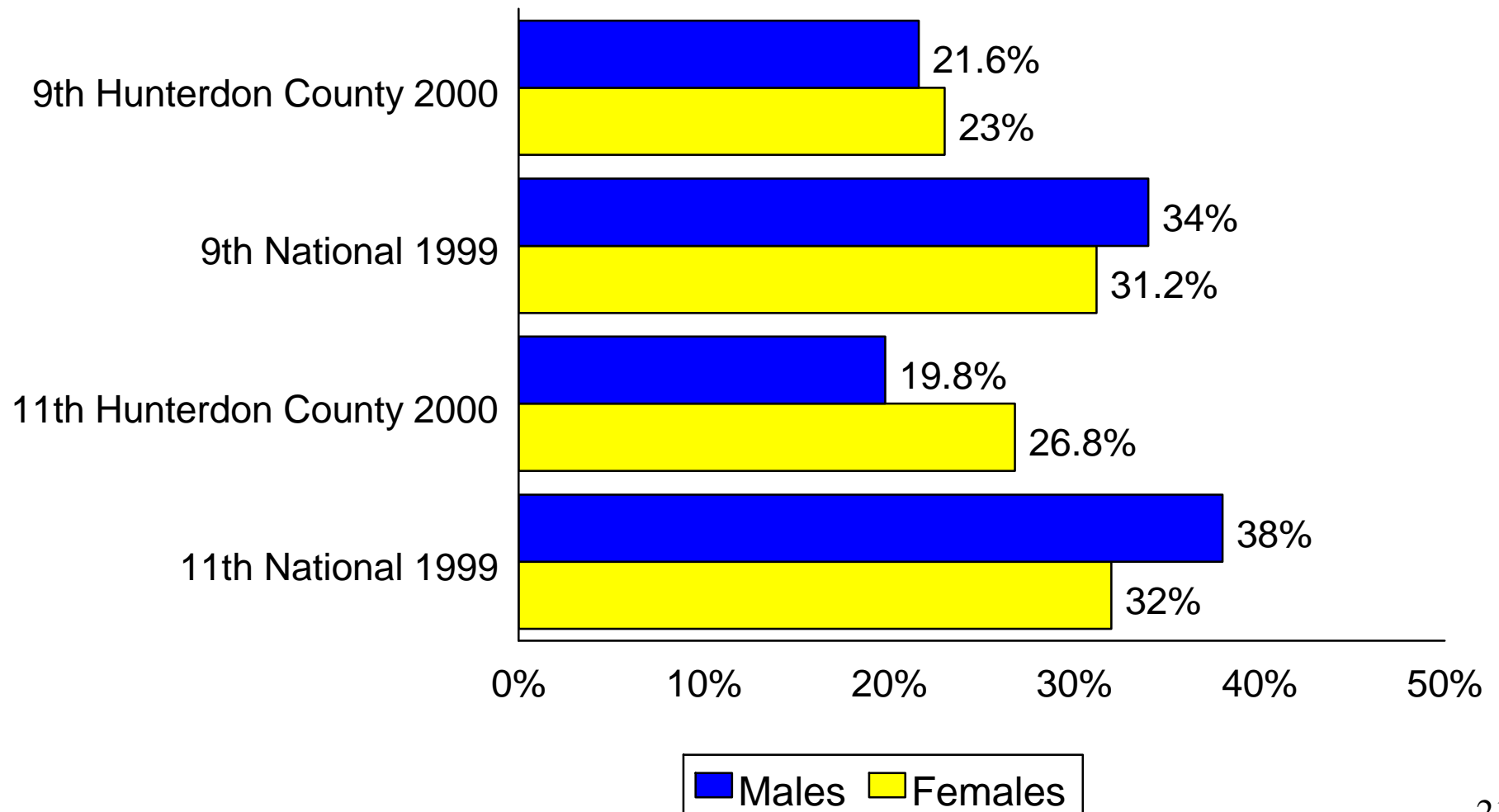


During the past 30 days, how often did you ride in a car with a driver who had been drinking alcohol?

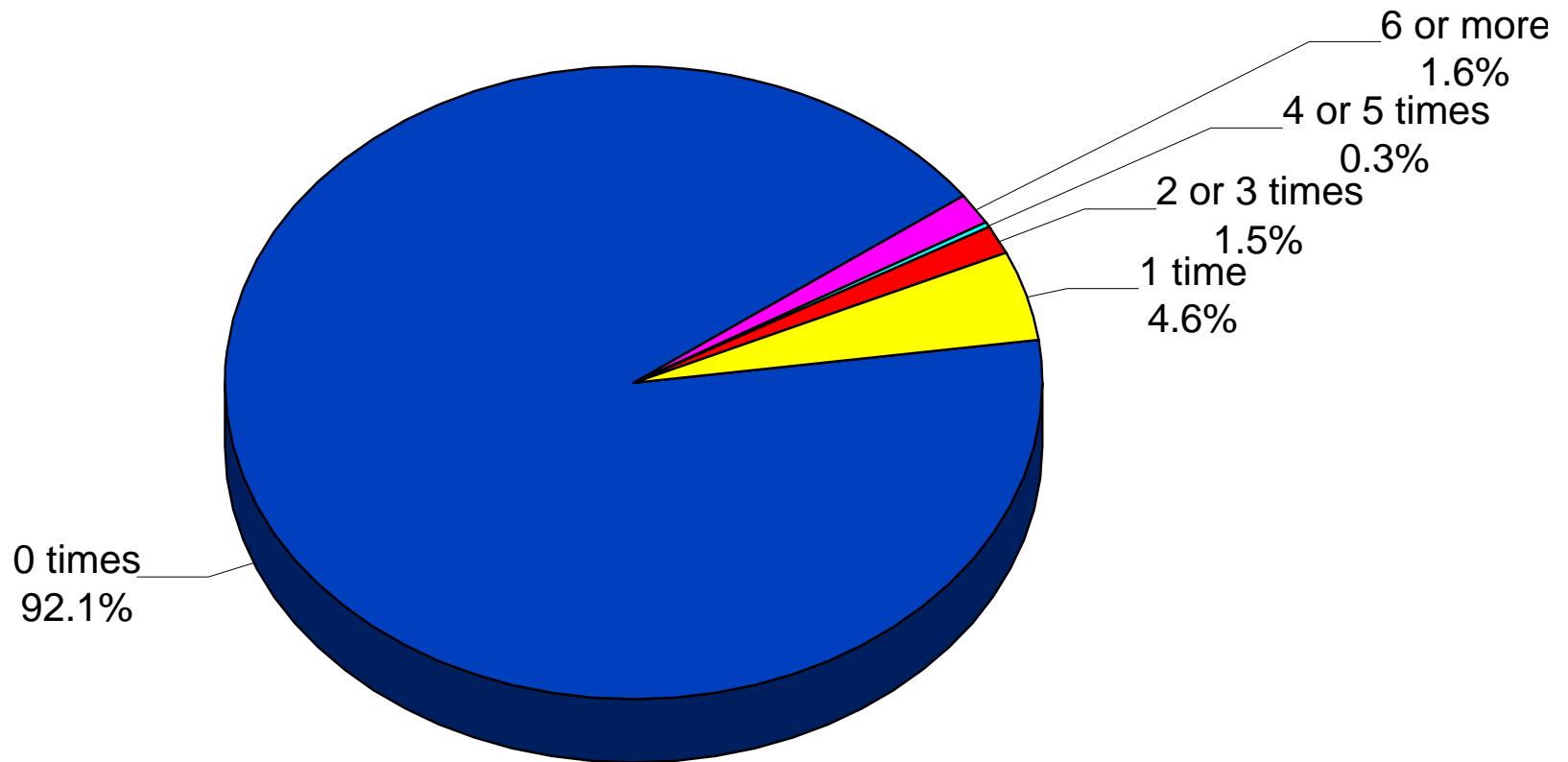


N=748

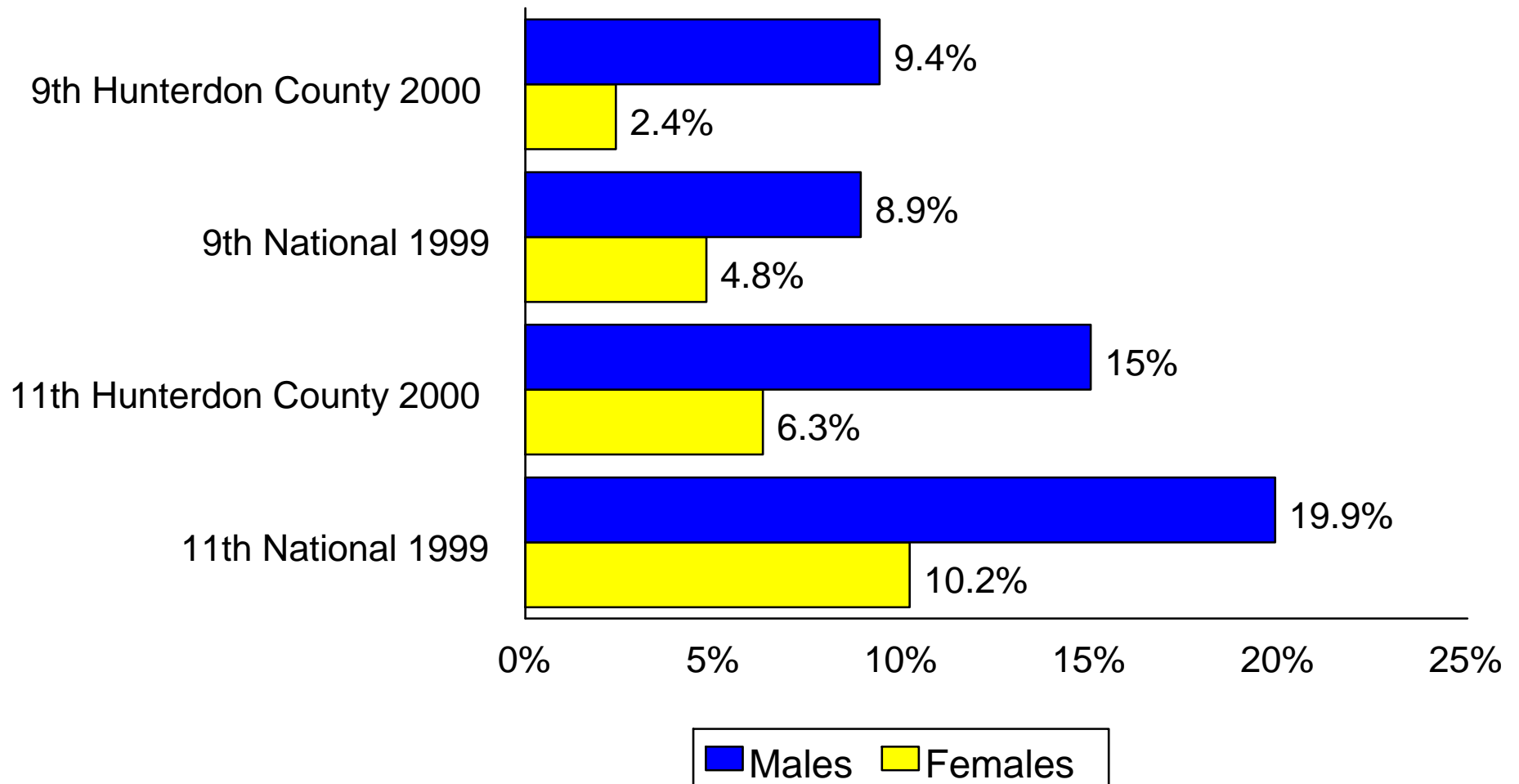
Percent of respondents who rode with a driver who had been drinking alcohol during the past 30 days



During the past 30 days, how often did you drive a car when you had been drinking alcohol?

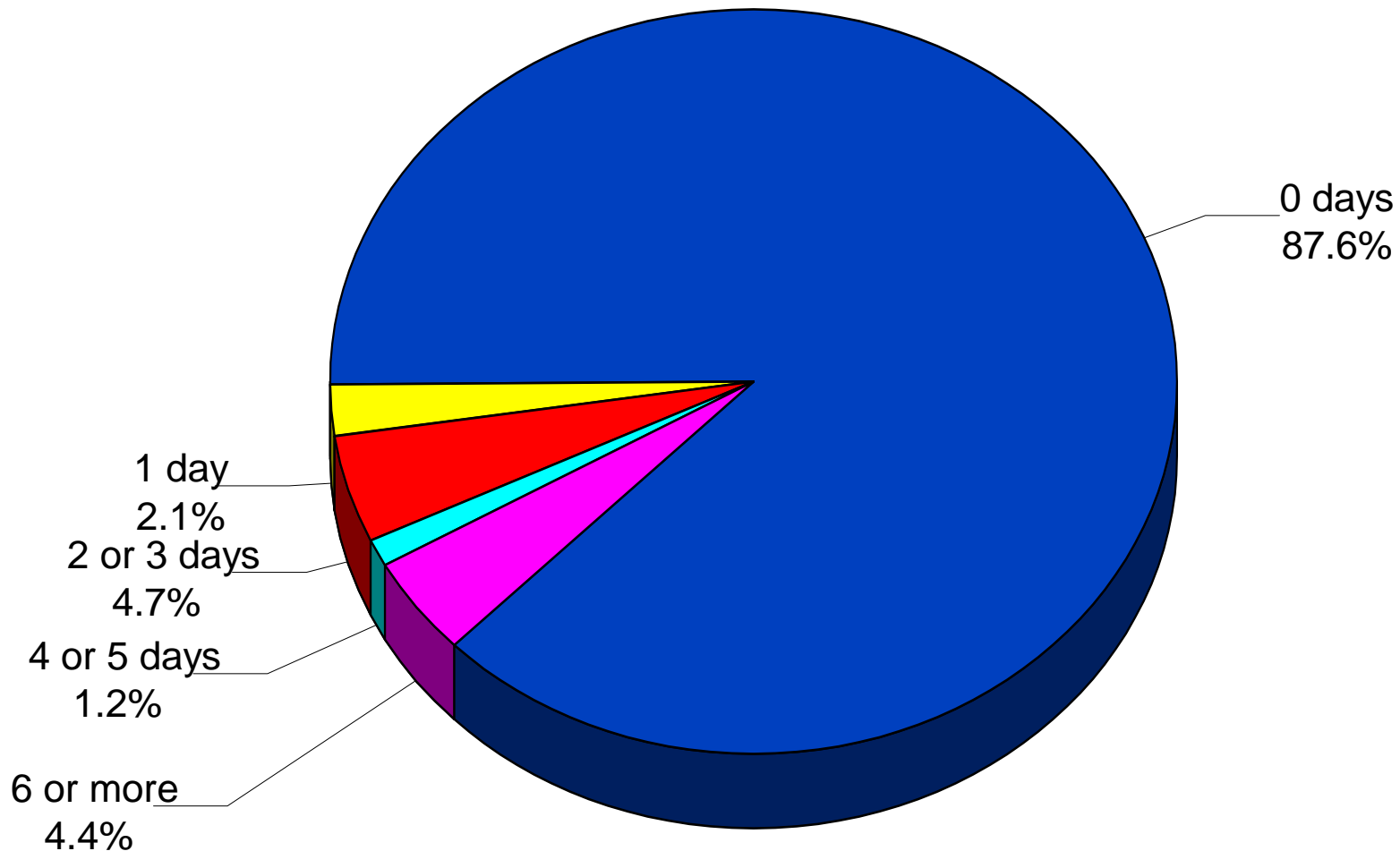


Percent of respondents who drove a car when drinking alcohol during the past 30 days



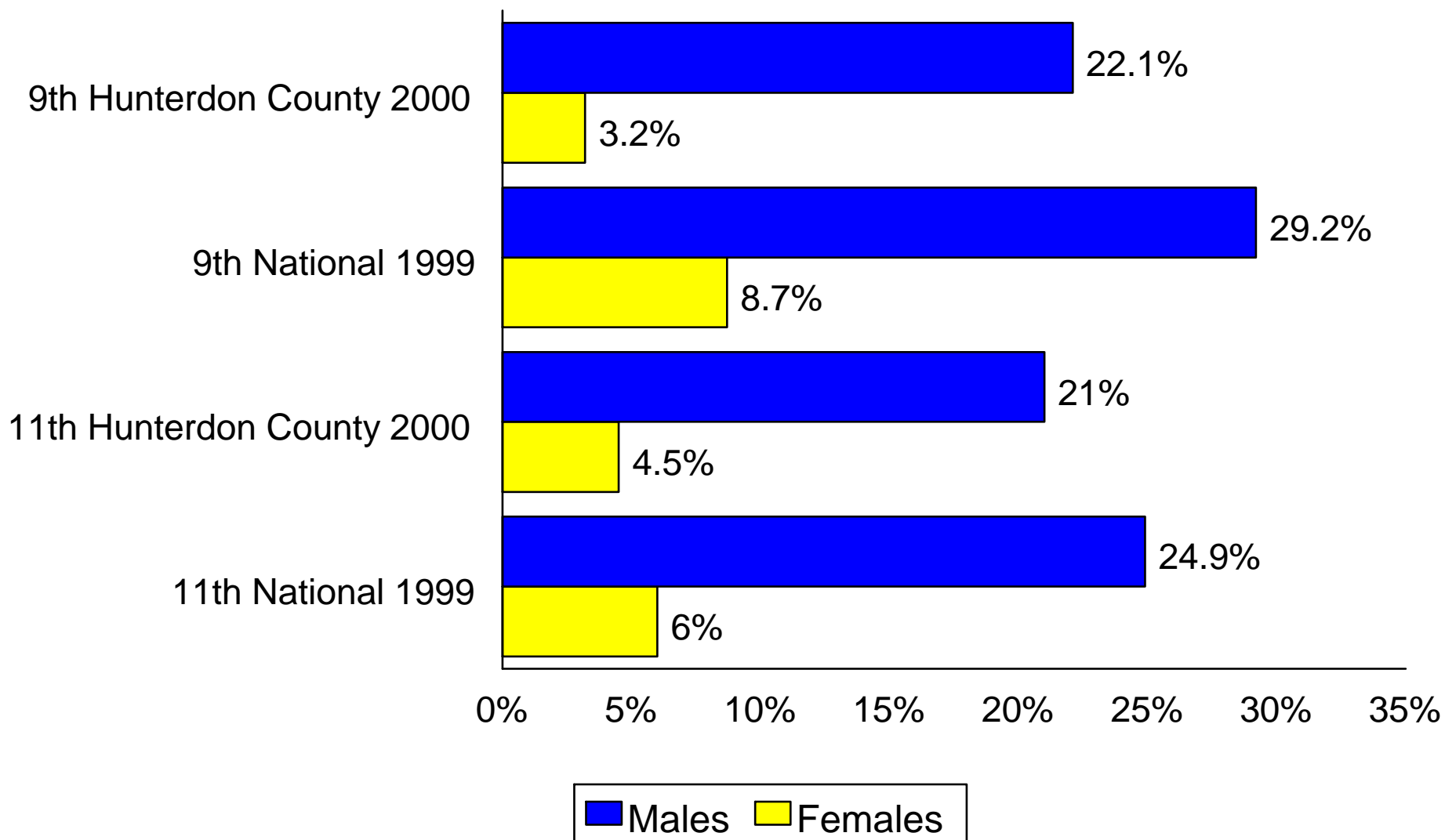
Weapons and Violence

During the past 30 days, how often did you carry a weapon?

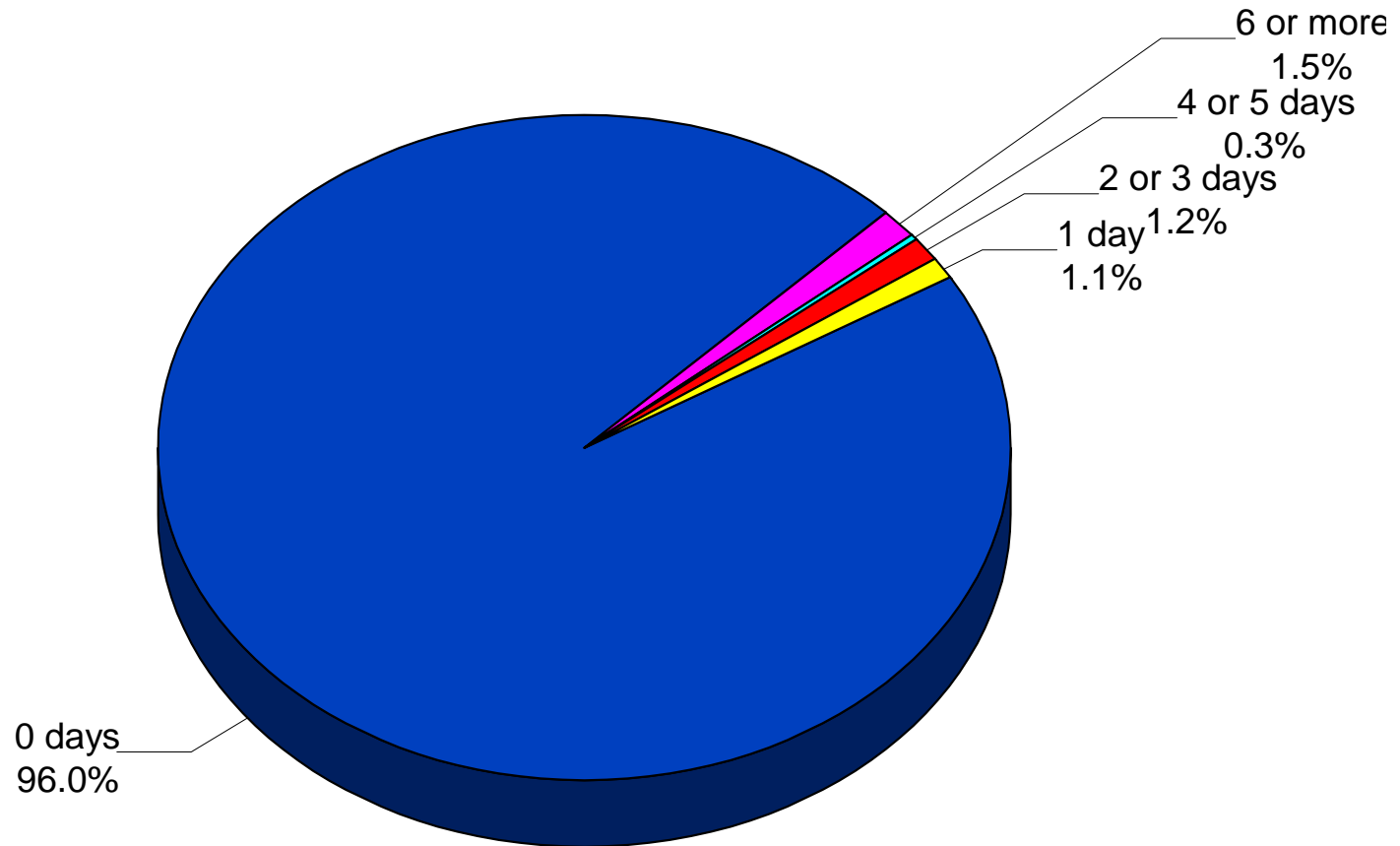


N=750

Percent of respondents who carried a weapon during the past 30 days

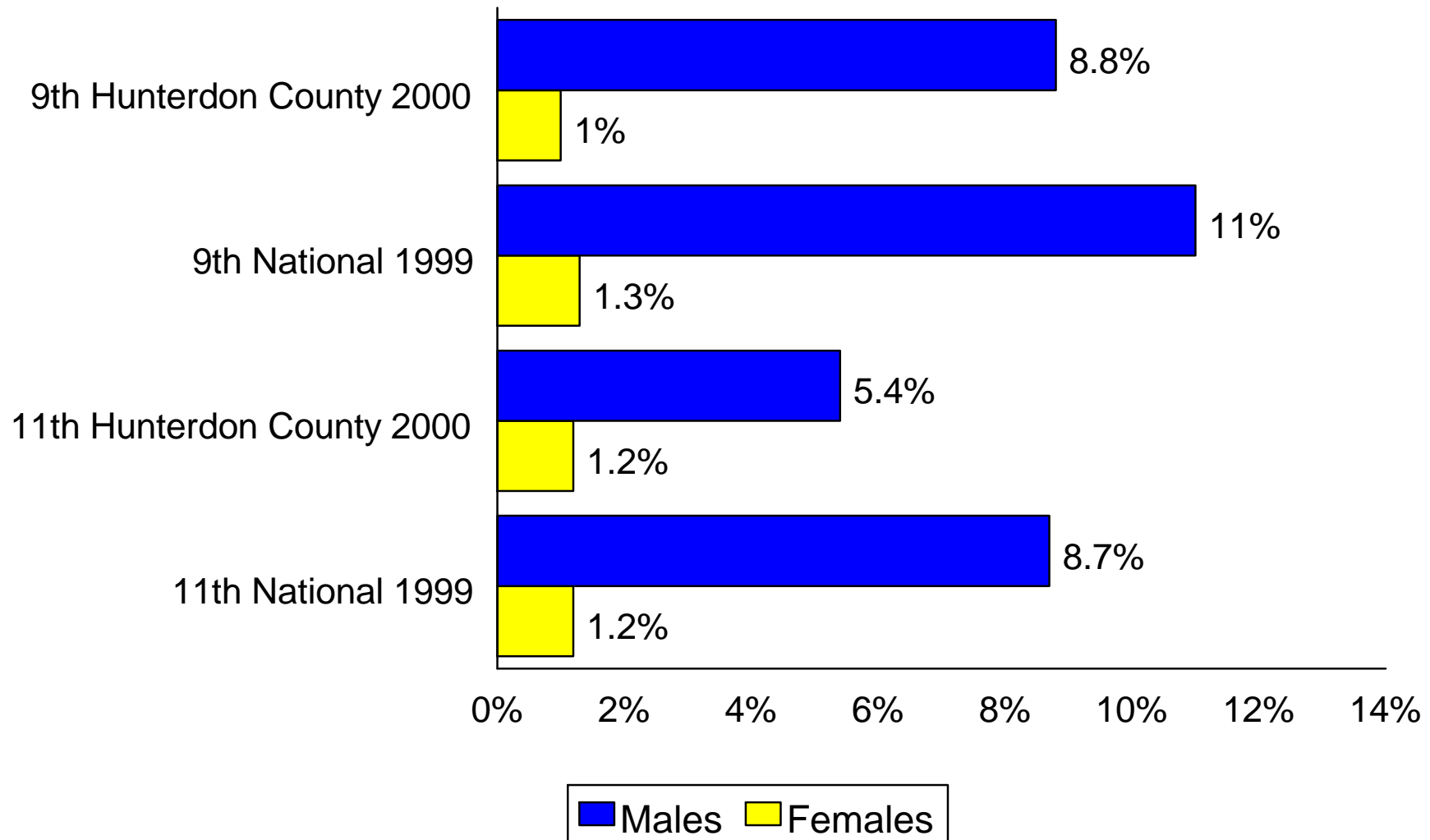


During the past 30 days, how often did you carry a gun?

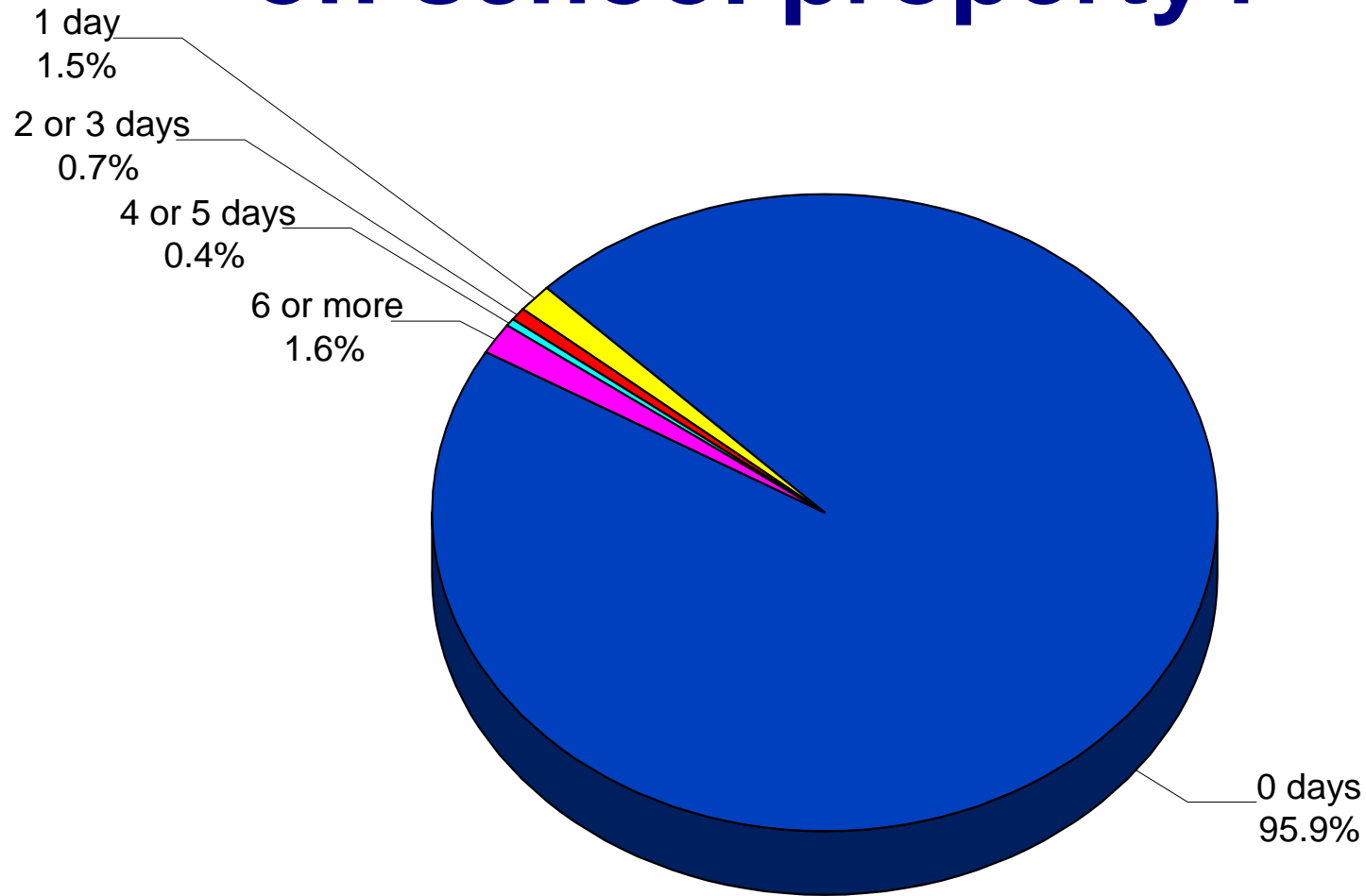


N=750

Percent of respondents who carried a gun during the past 30 days

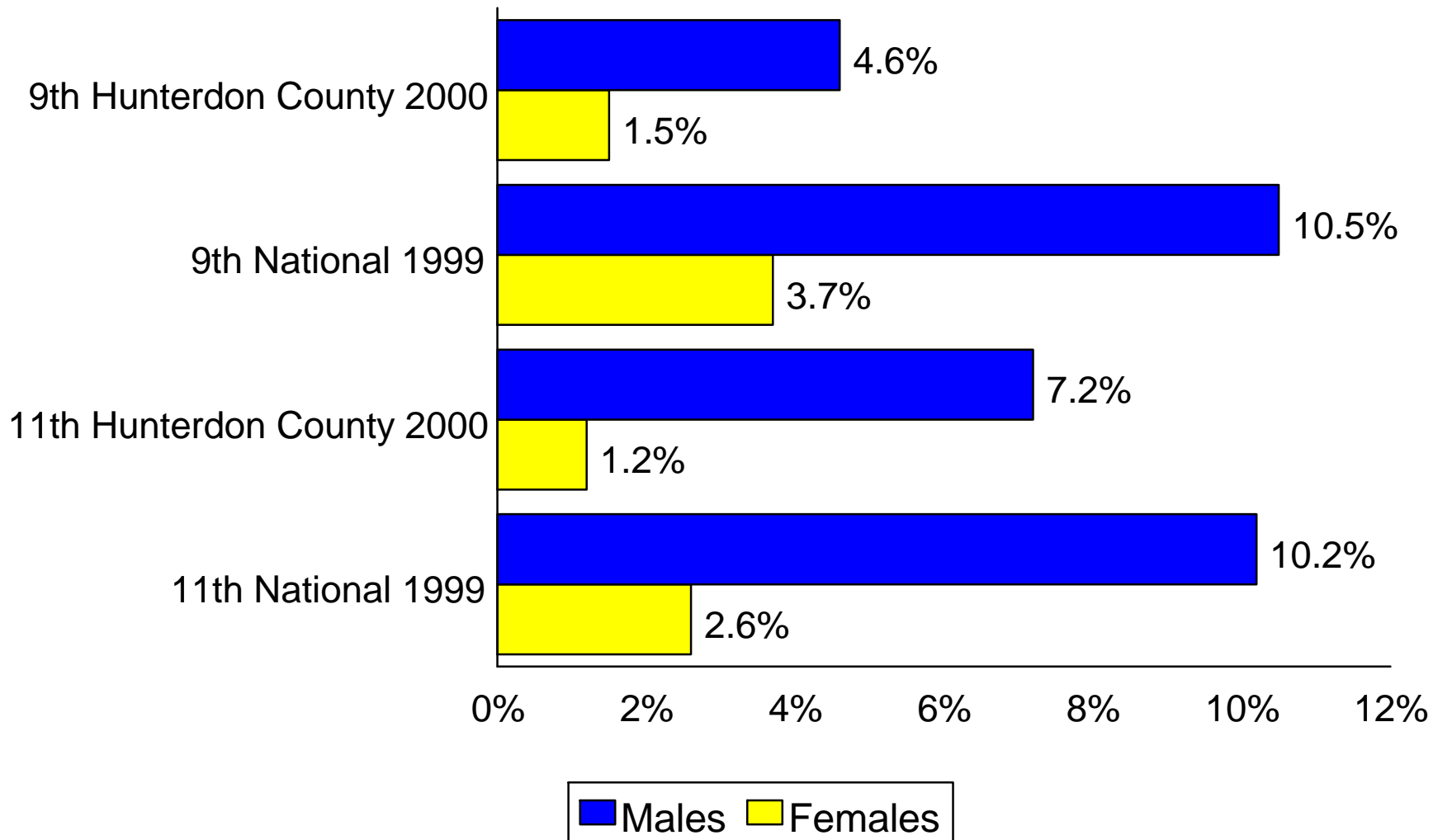


During the past 30 days, how often did you carry a weapon on school property?

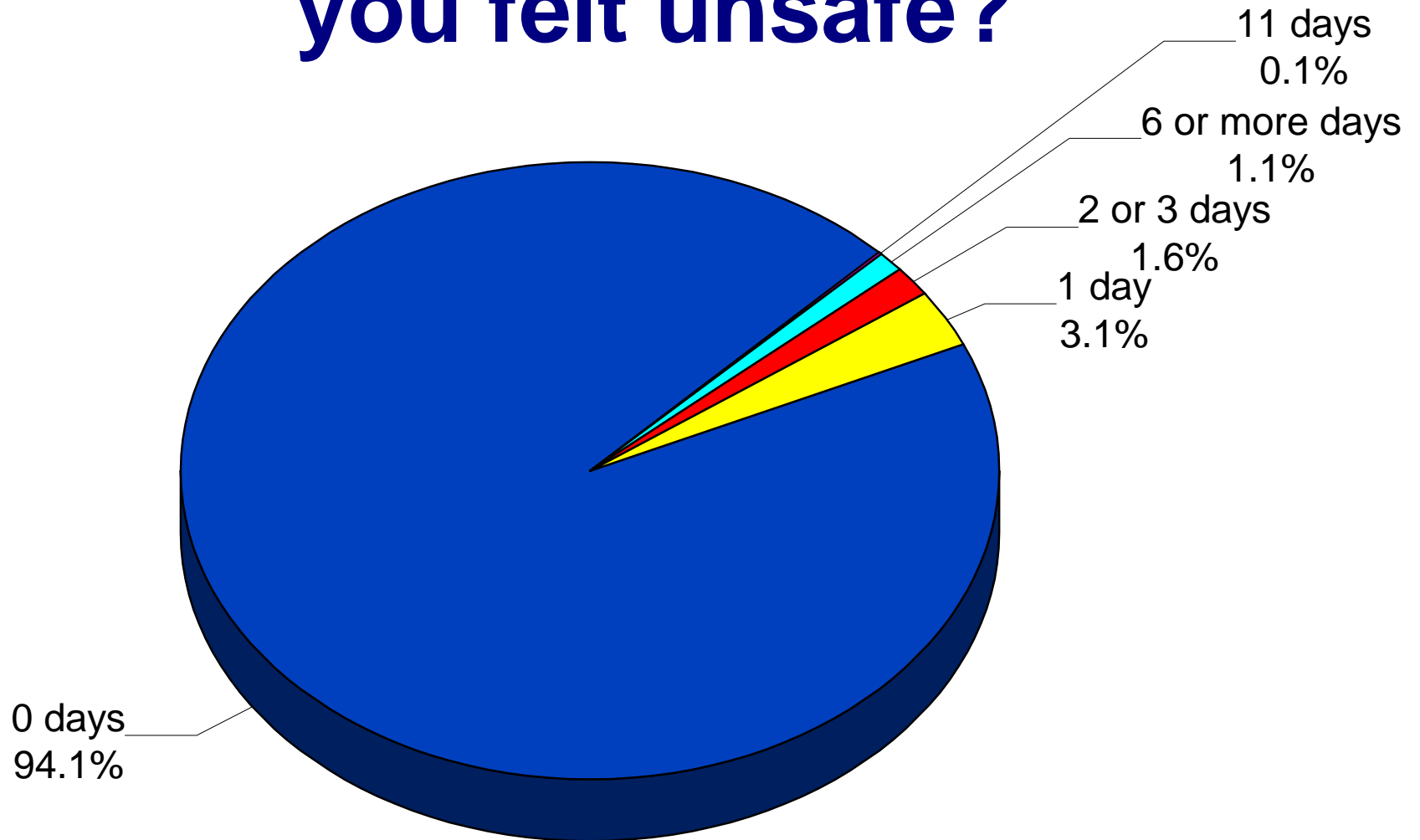


N=750

Percent of respondents who carried a weapon on school property during the past 30 days

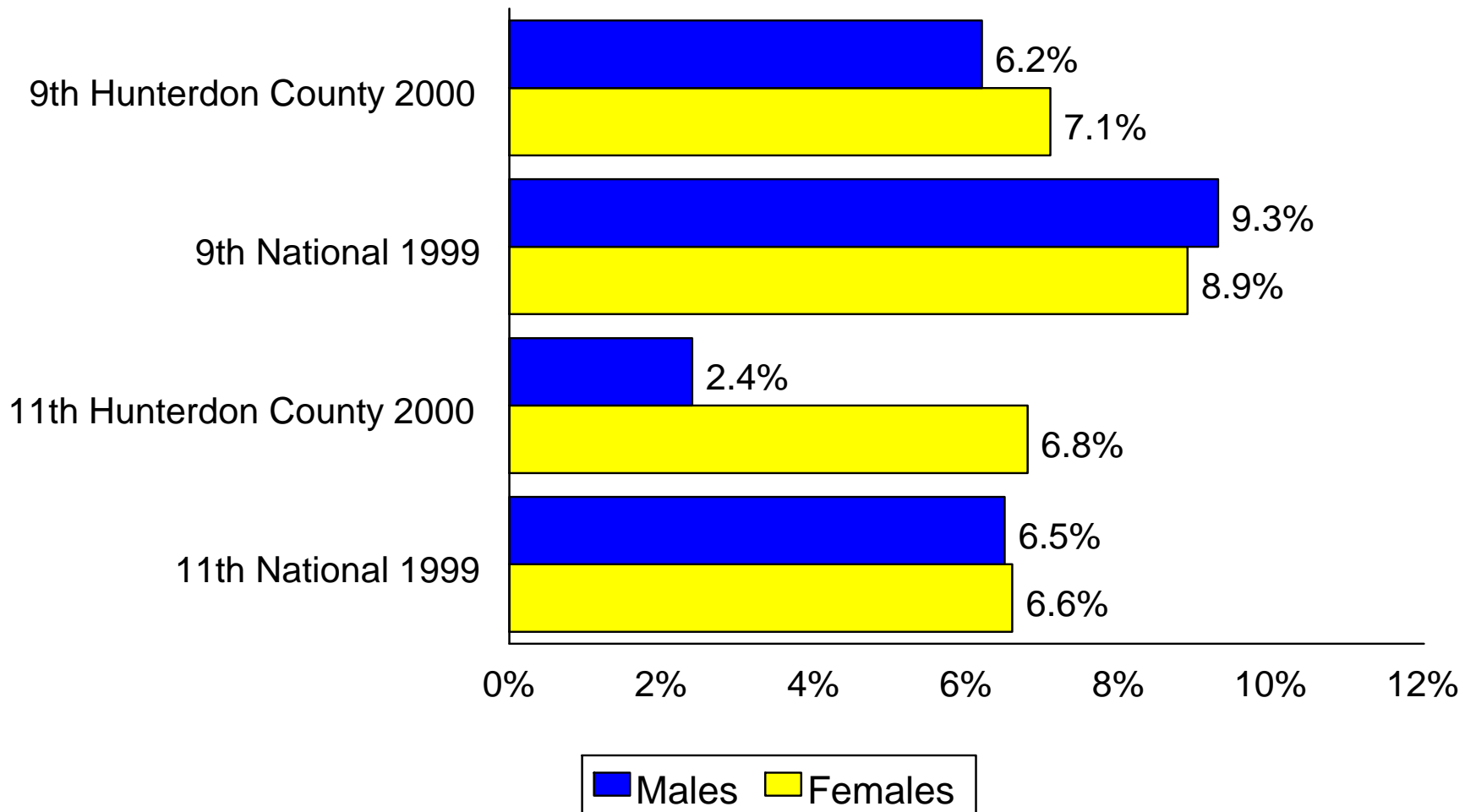


During the past 30 days, how often did you not go to school because you felt unsafe?

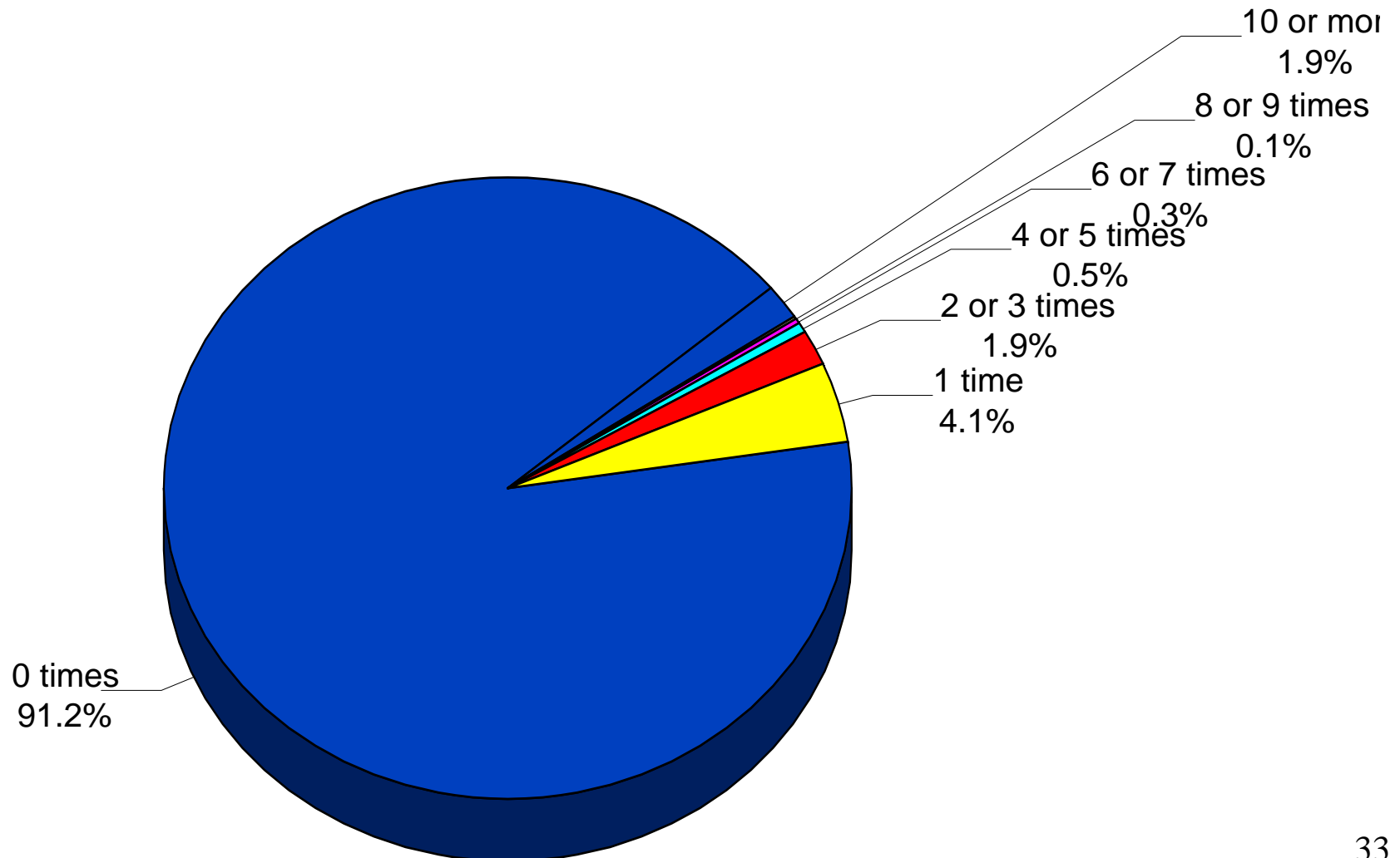


N=748

Percent of respondents who felt too unsafe to go to school during the past 30 days

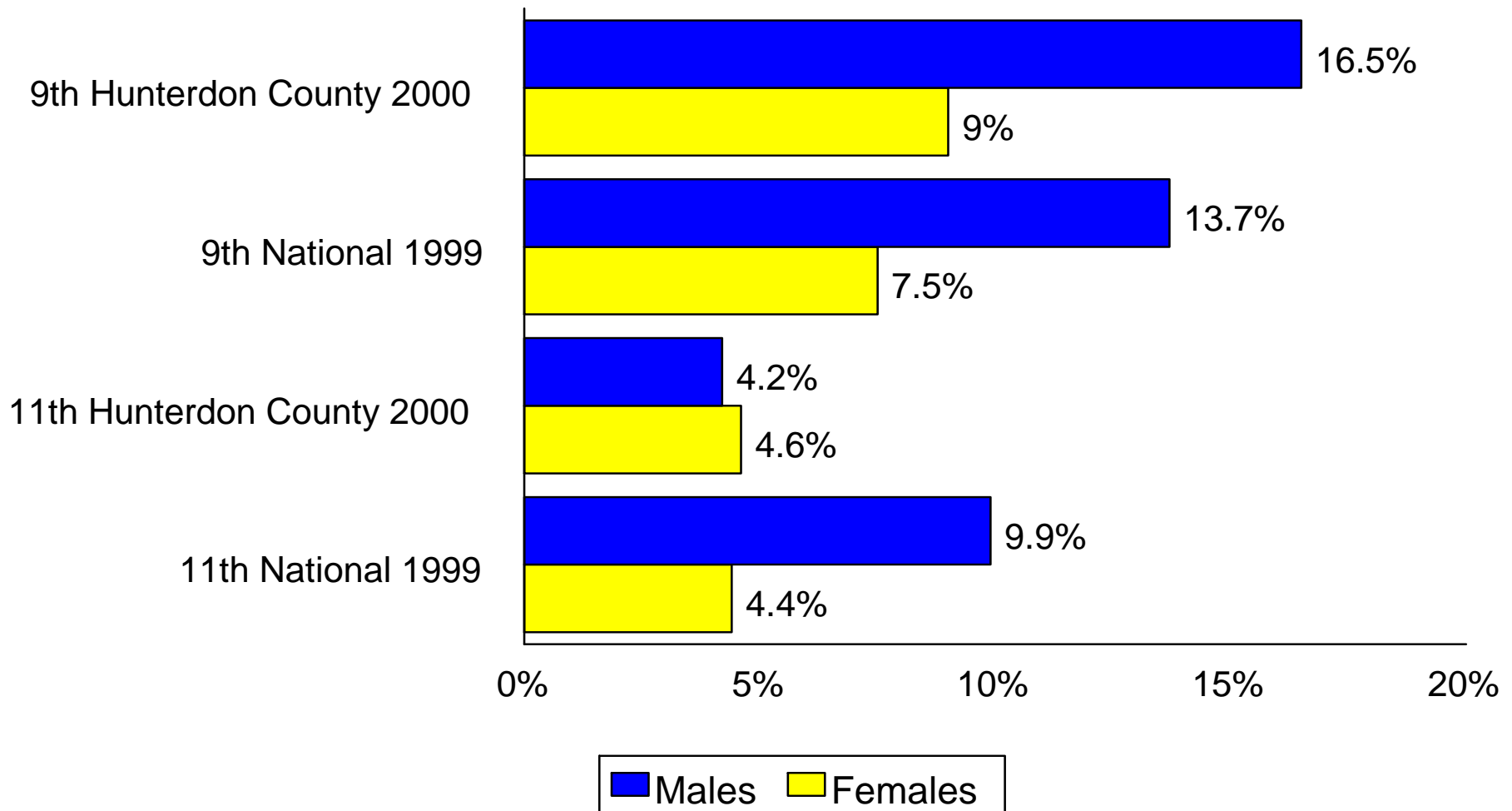


In the past year, how often has someone threatened or injured you with a weapon on school property?

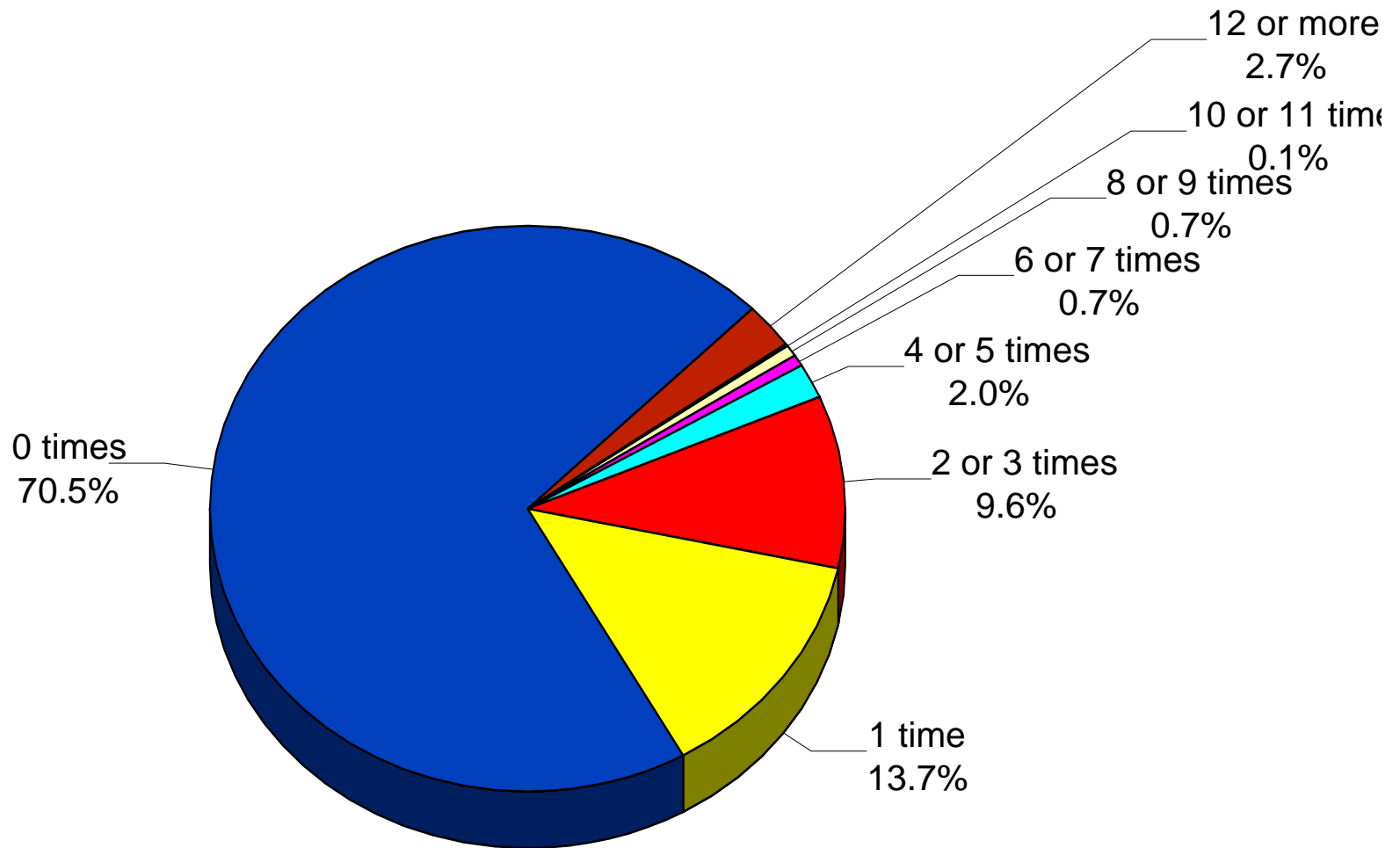


N=750

Percent of respondents who were threatened or injured with a weapon on school property during the past 12 months

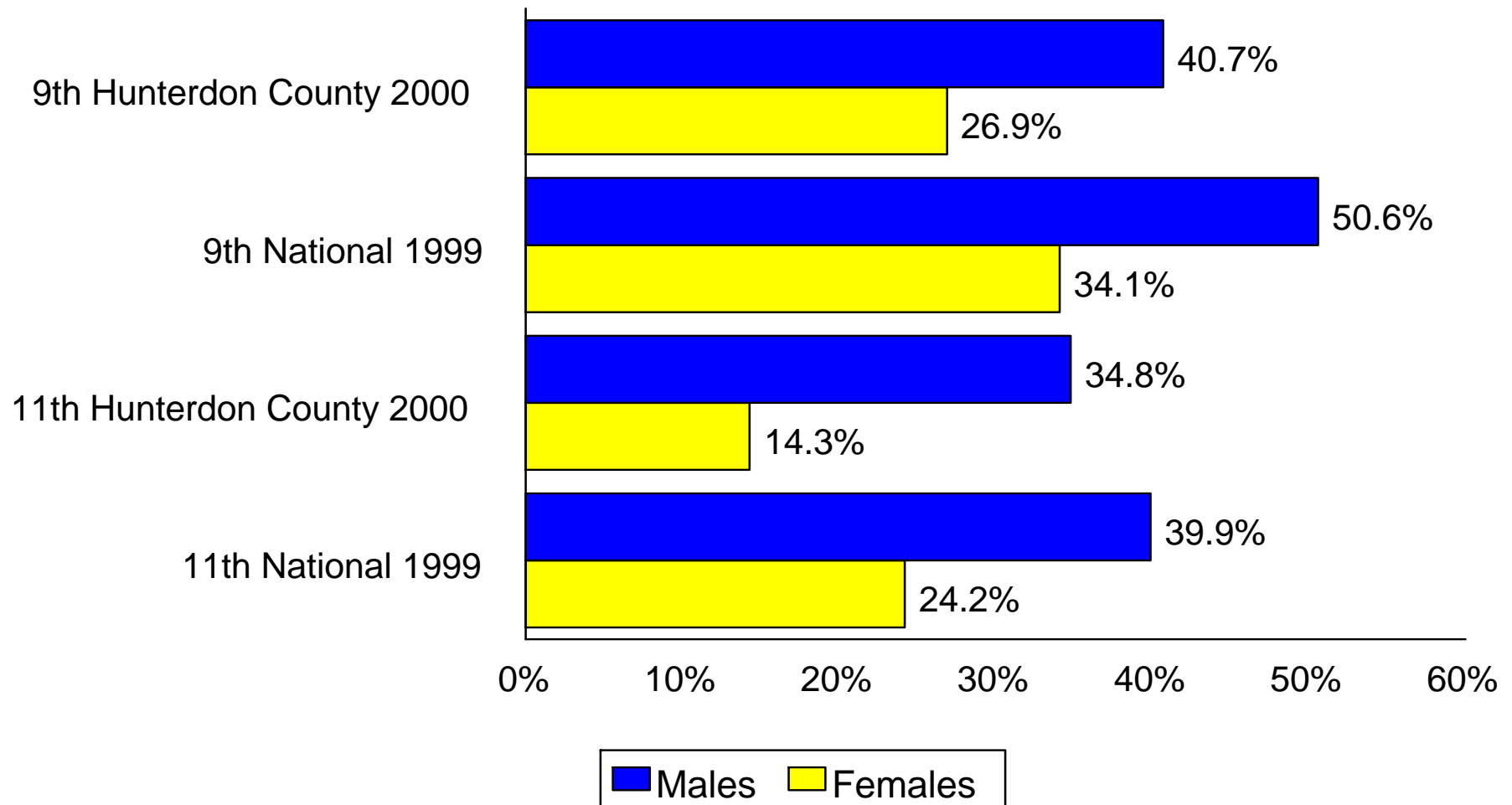


In the past year, how often were you in a physical fight?

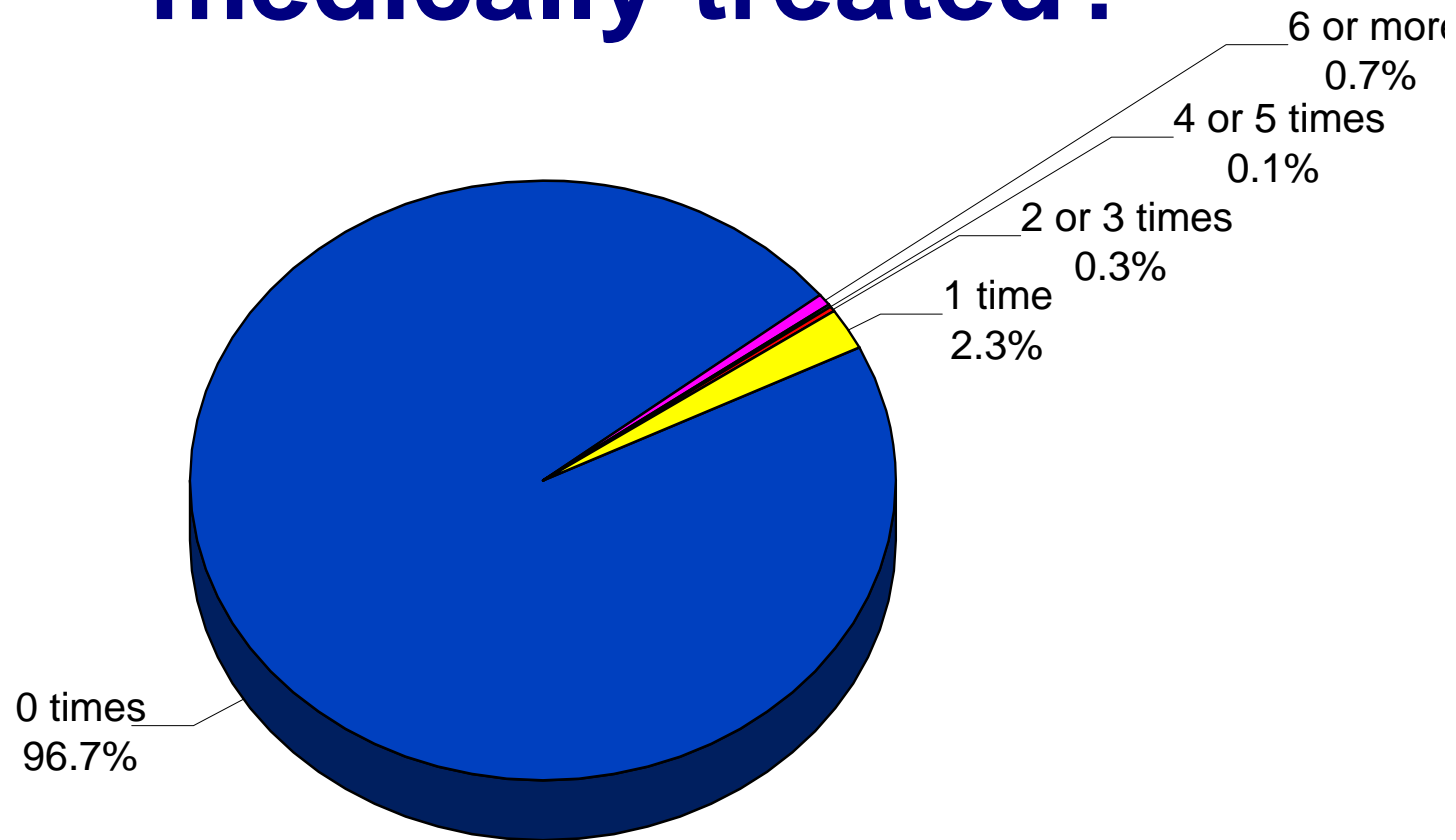


N=747

Percent of respondents who were in a physical fight during the past 12 months

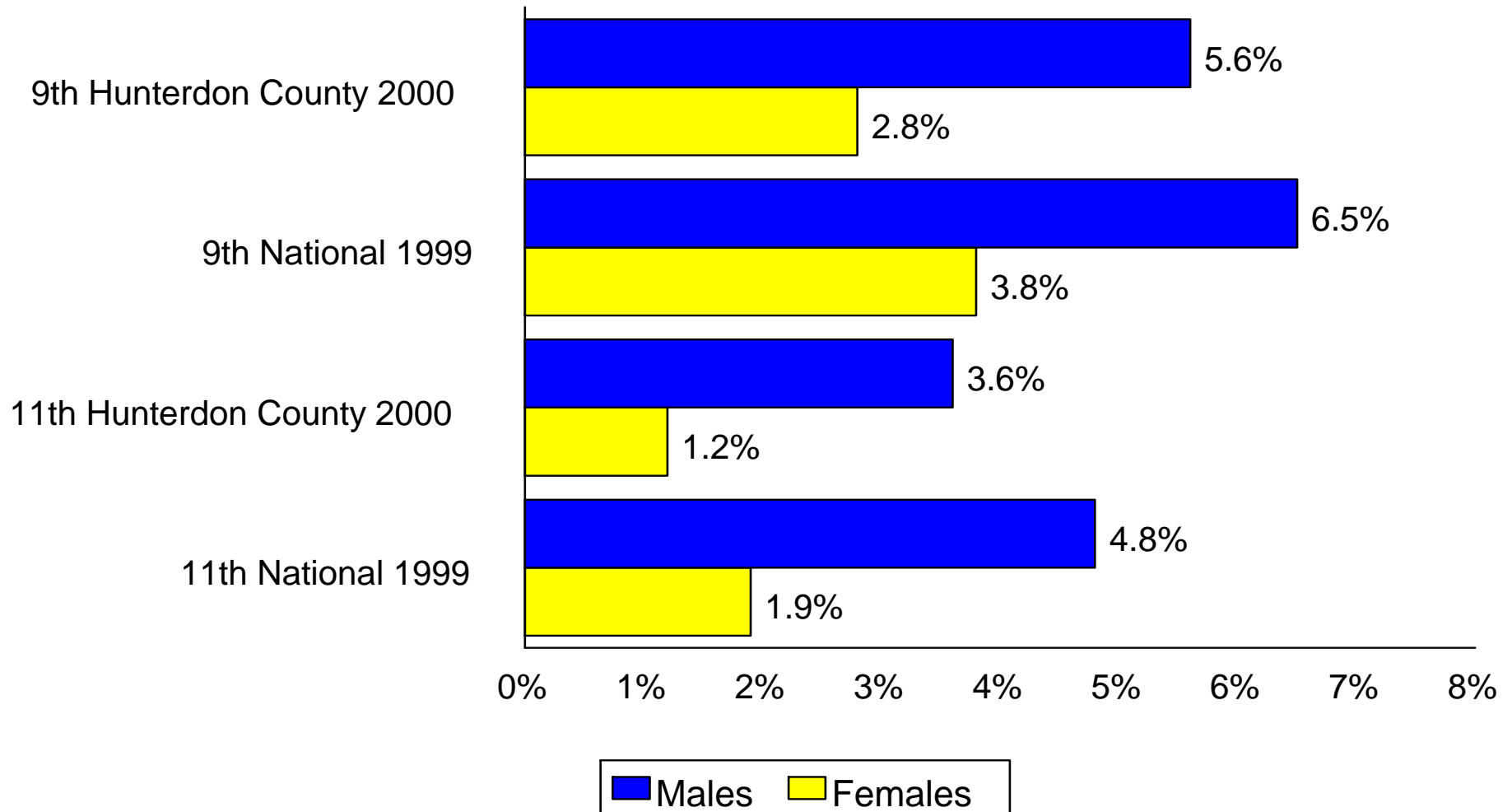


In the past year, how many times were you in a physical fight in which you were injured and had to be medically treated?

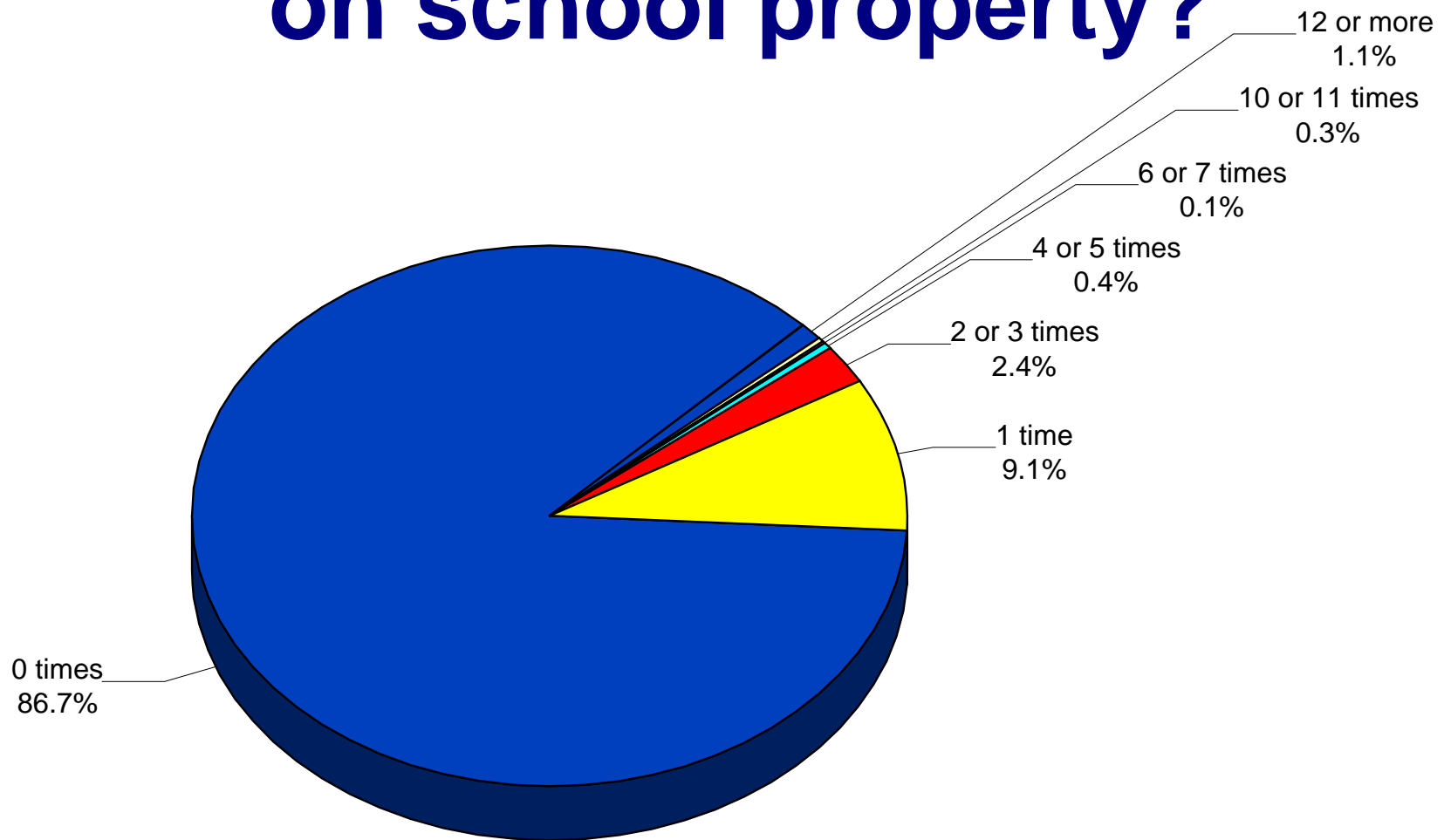


N=749

Percent of respondents who were in a physical fight that resulted in medical treatment during the past 12 months

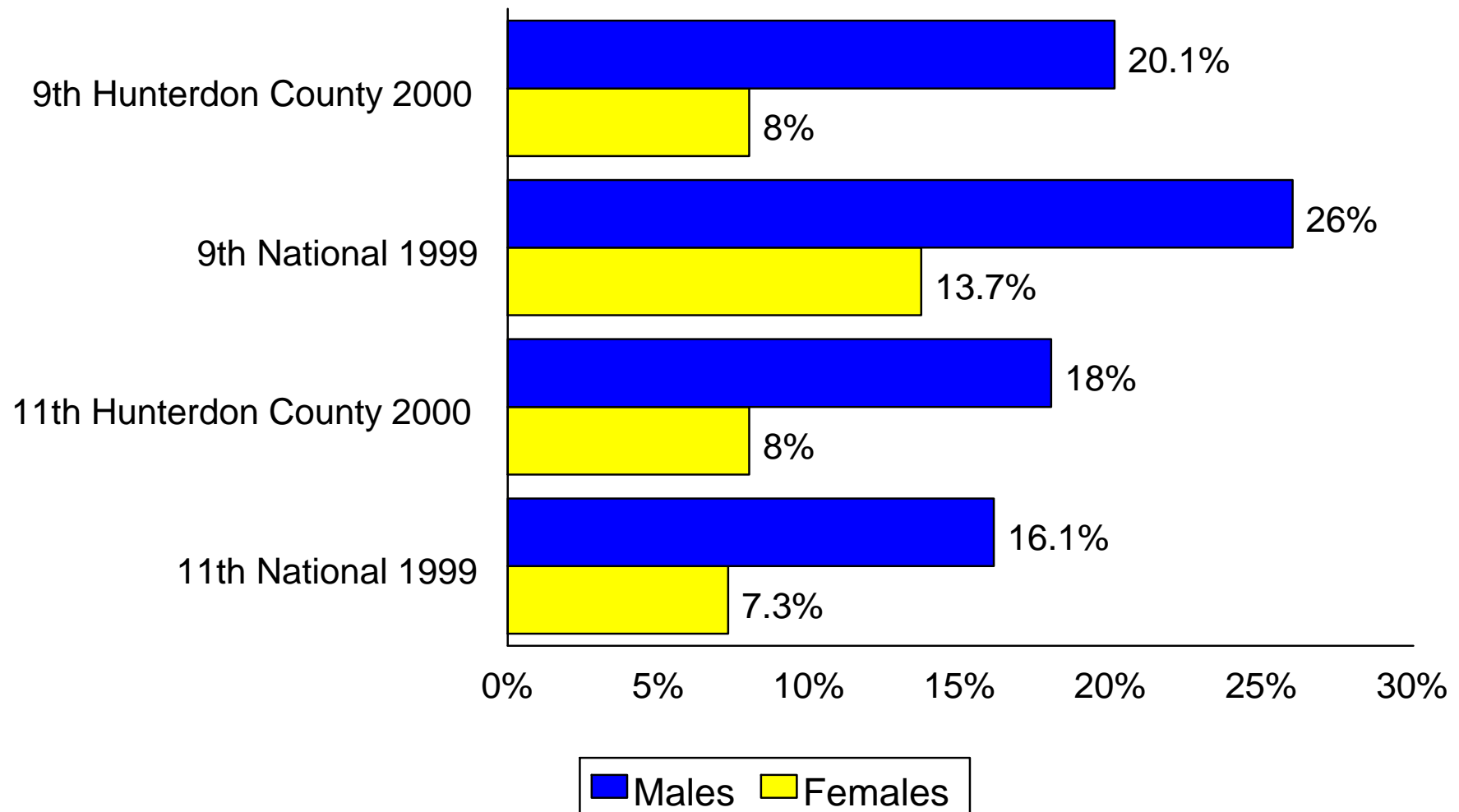


In the past year, how often were you in a physical fight on school property?

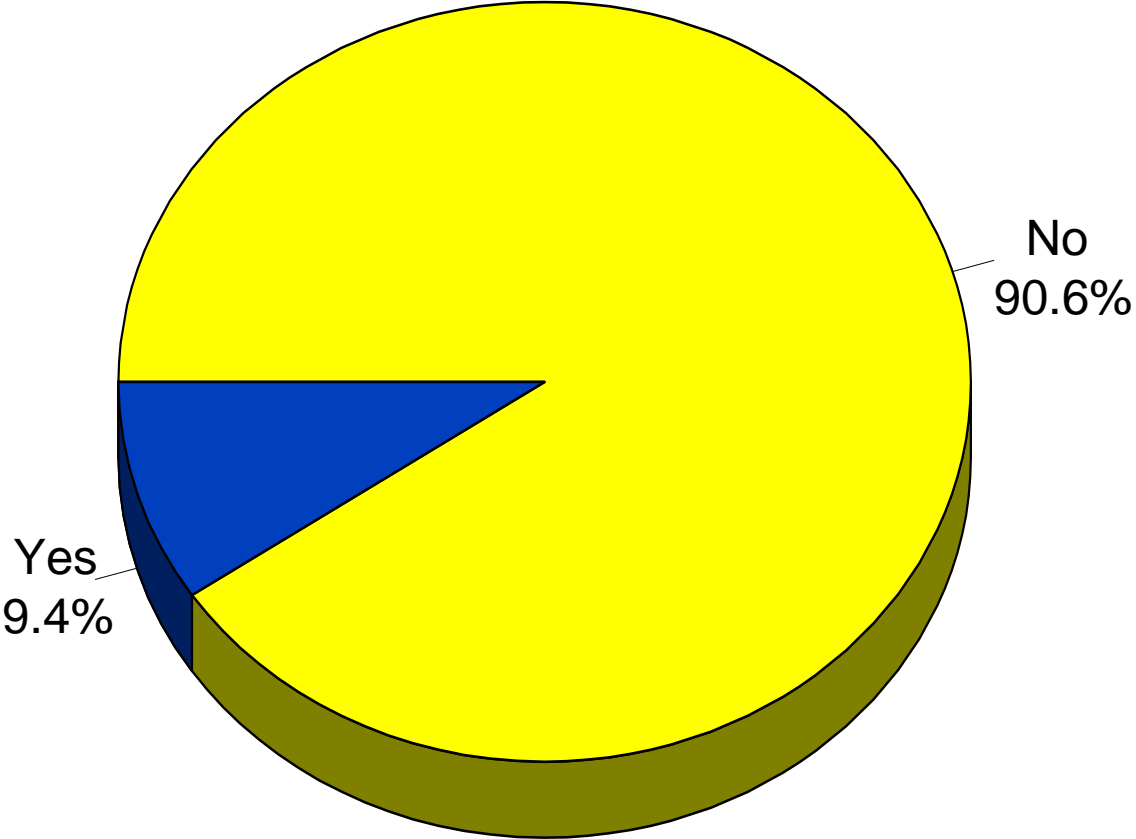


N=750

Percent of respondents in at least one fight on school property during the past 12 months

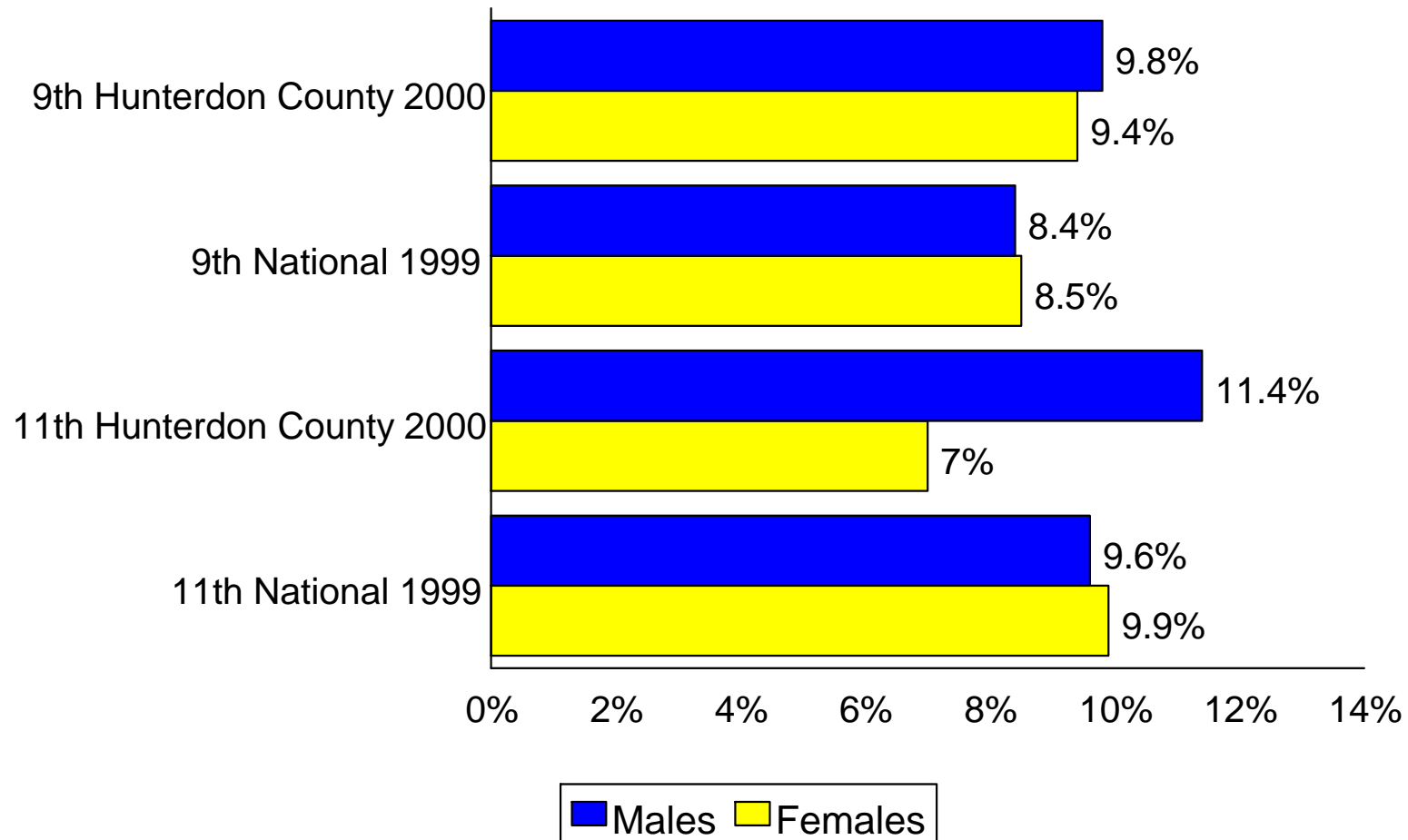


In the past year, has your boyfriend/ girlfriend physically hurt you?

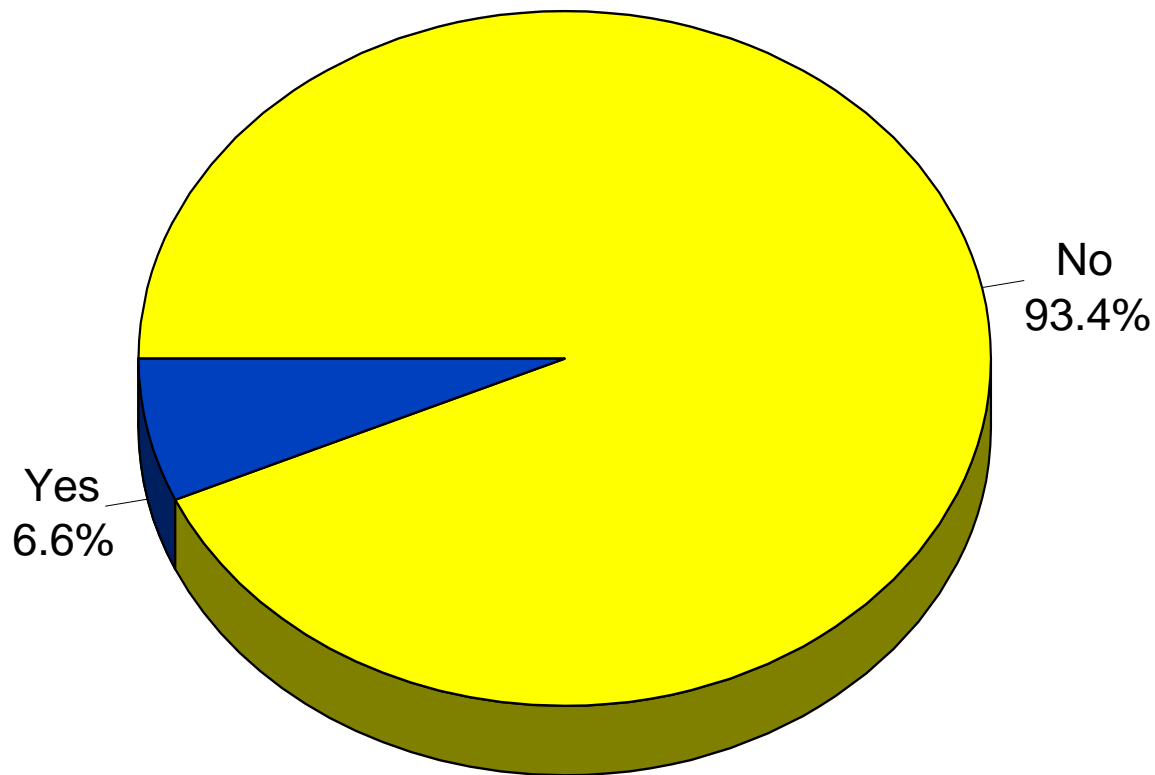


N=744

Percent of respondents who were hit or physically hurt on purpose by a boyfriend/girlfriend in the past 12 months

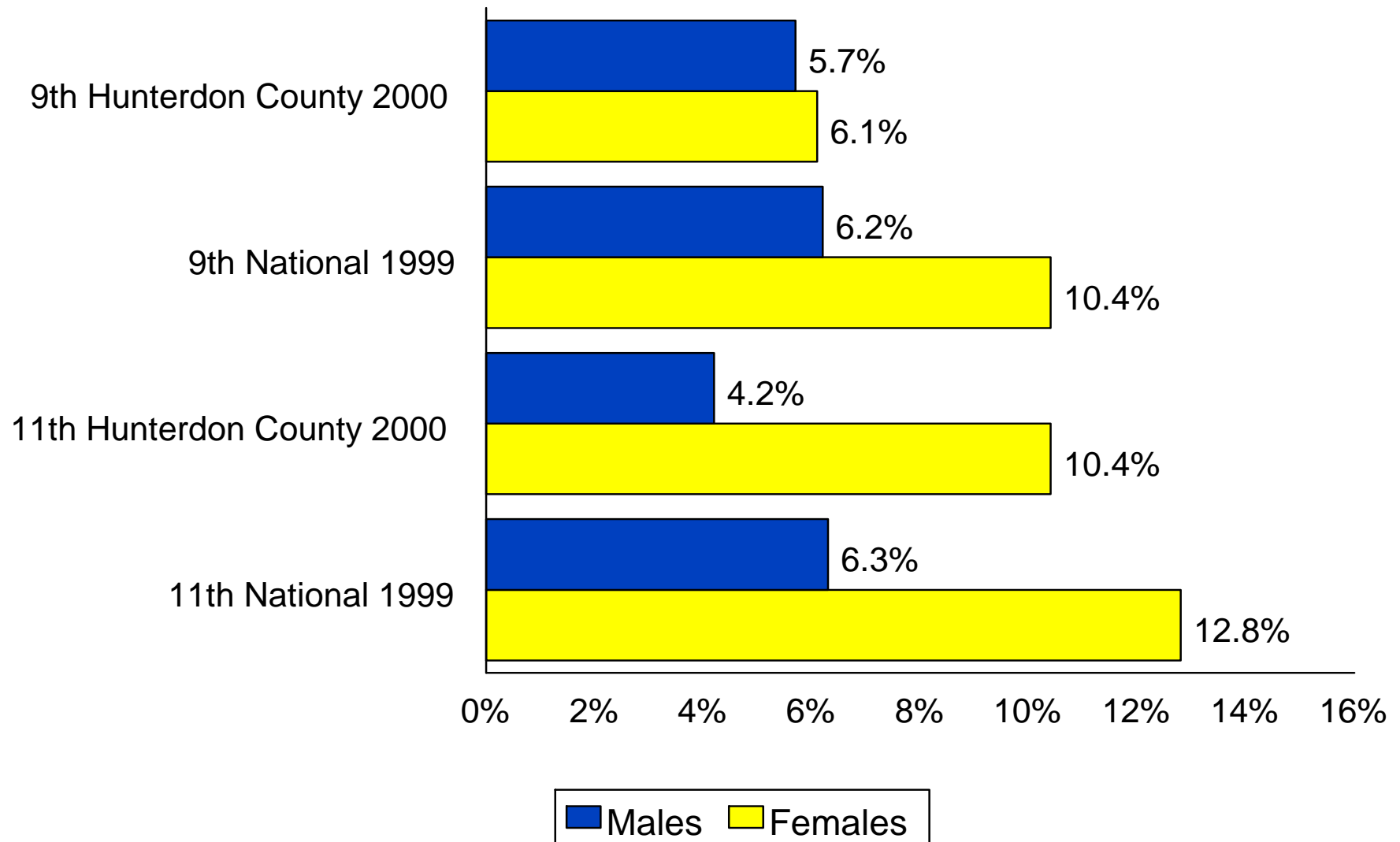


Have you ever been forced to have sexual intercourse when you did not want to?



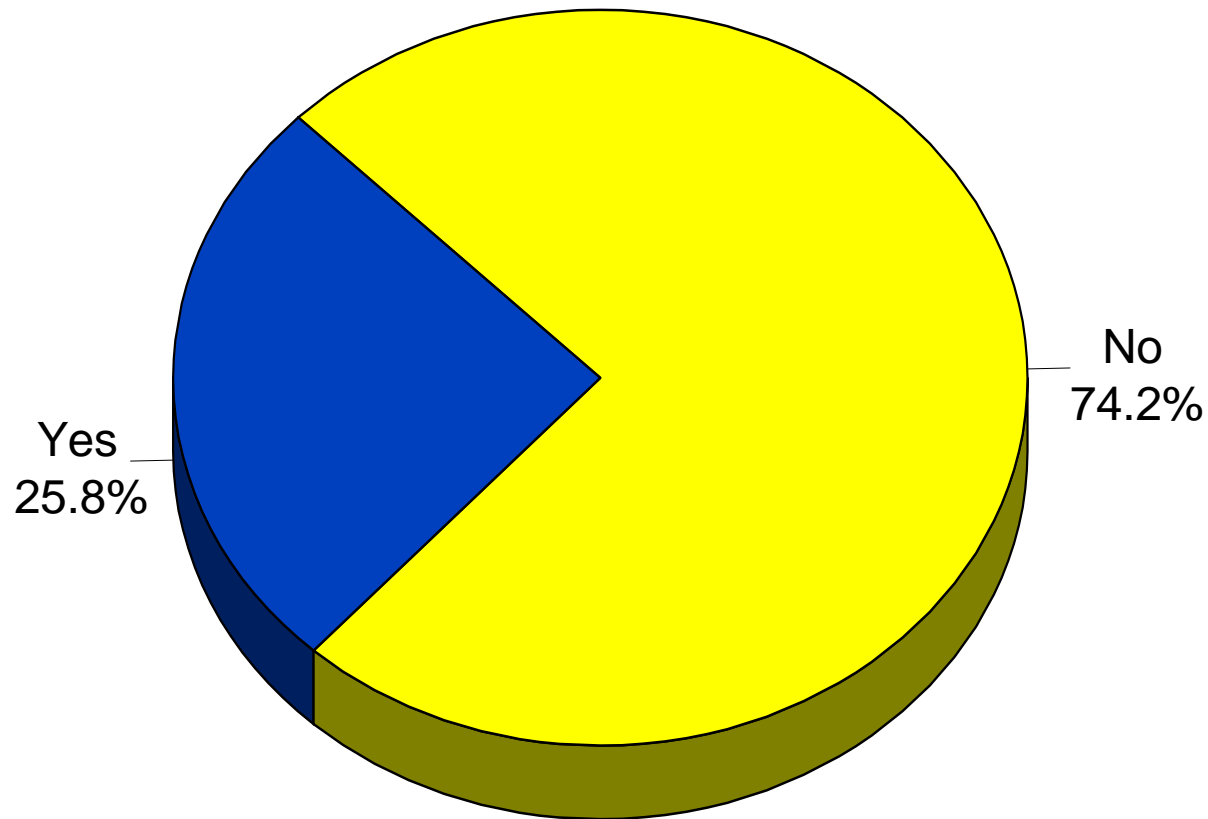
N=746

Percent of respondents who have been forced to have sexual intercourse

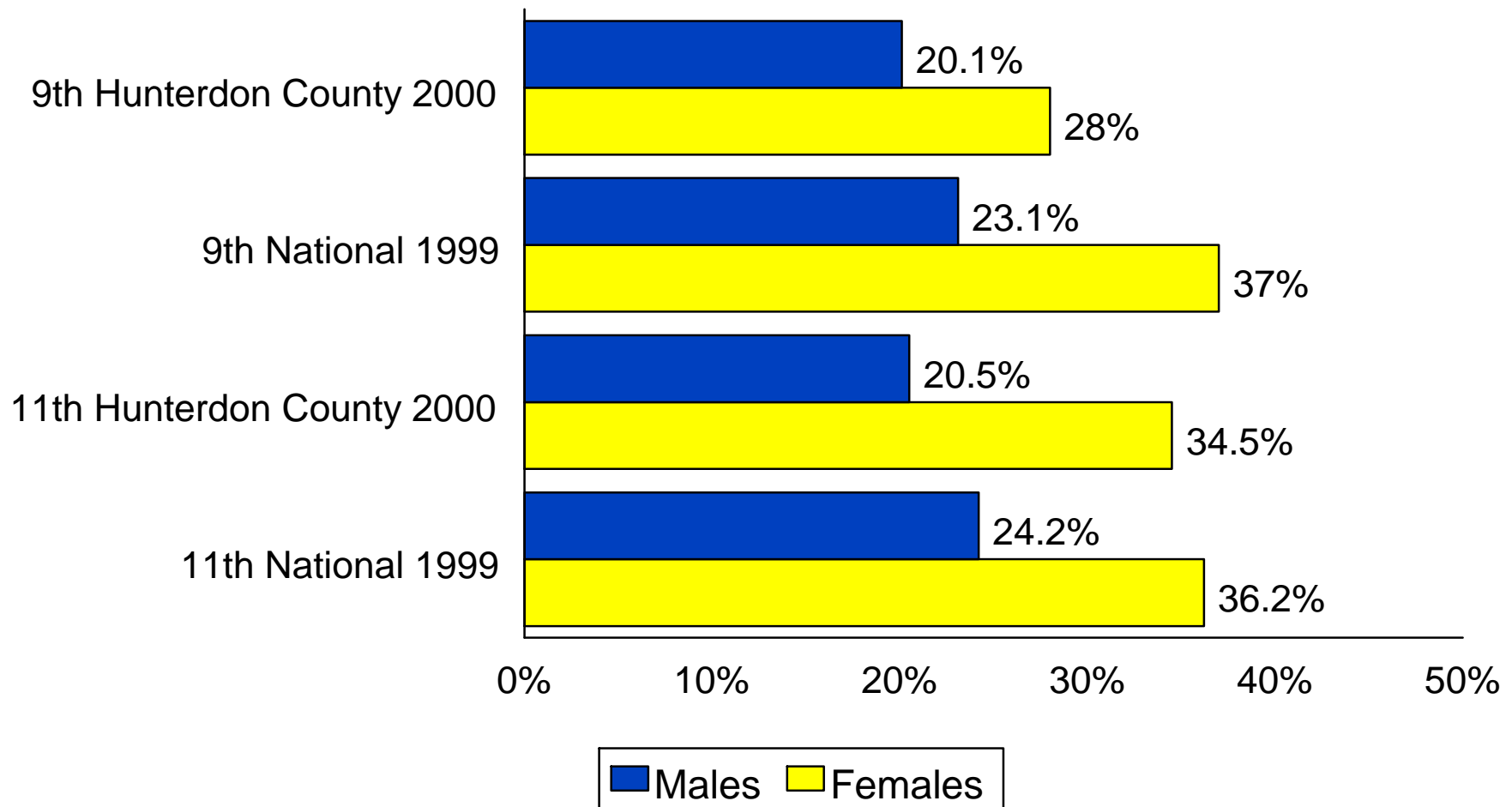


Depression and Suicide

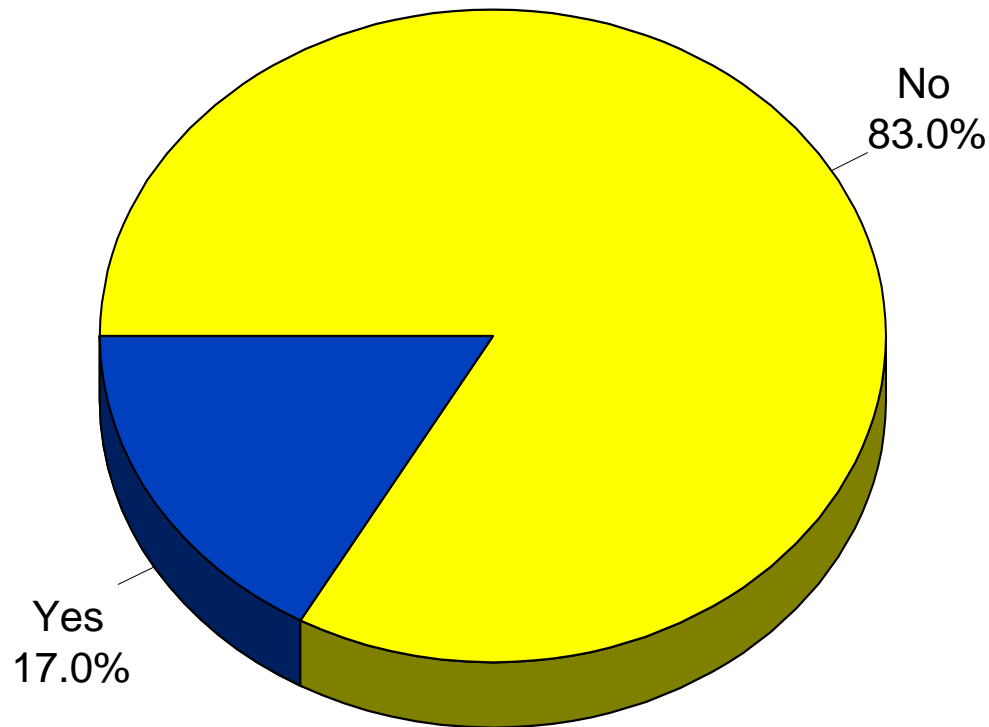
In the past year, did you ever feel so sad everyday for 2 weeks that you stopped doing usual activities?



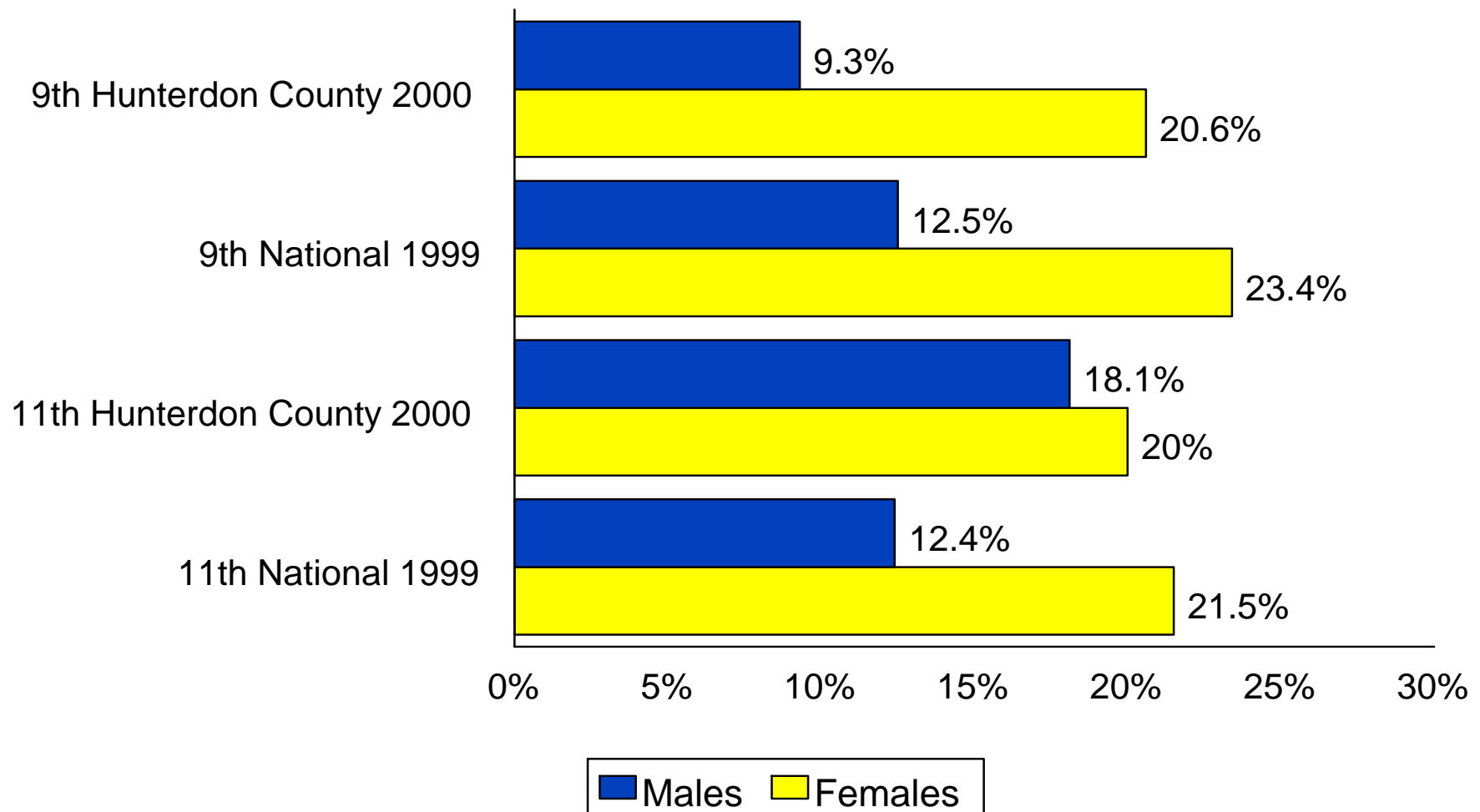
Percent of respondents who felt sad/hopeless almost every day for 2 weeks or more in a row during the past 12 months



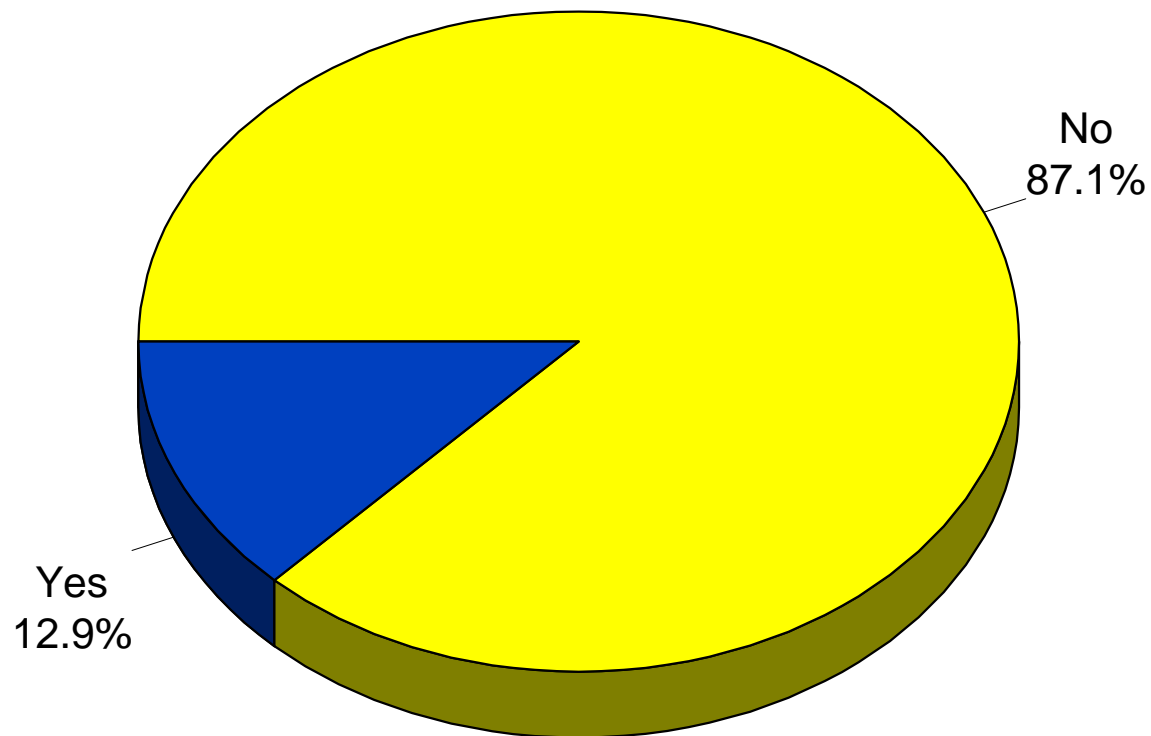
In the past year, did you ever seriously consider attempting suicide?



Percent of respondents who thought seriously about attempting suicide during the past 12 months

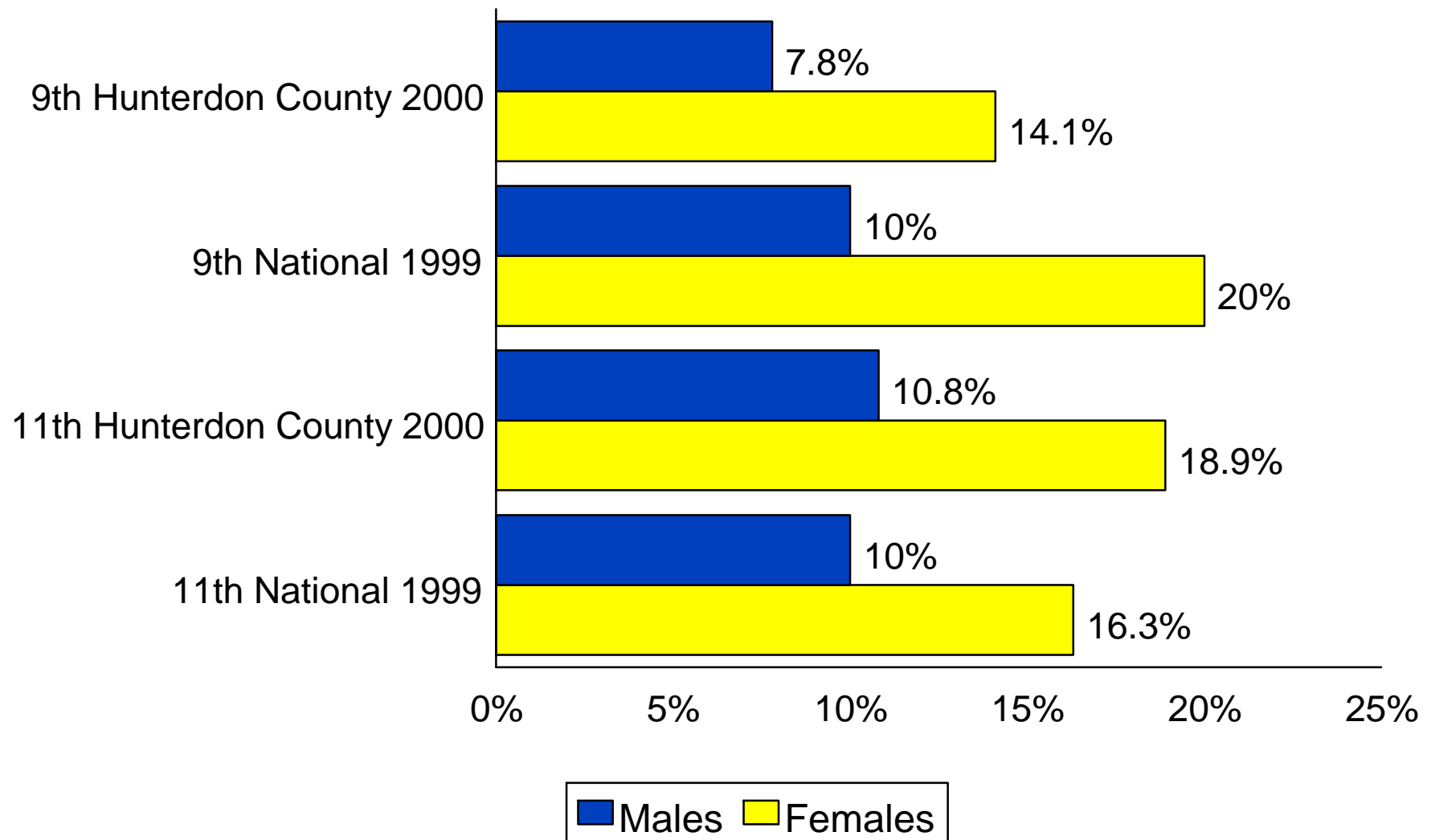


In the past year, did you make plans about how you would attempt suicide?

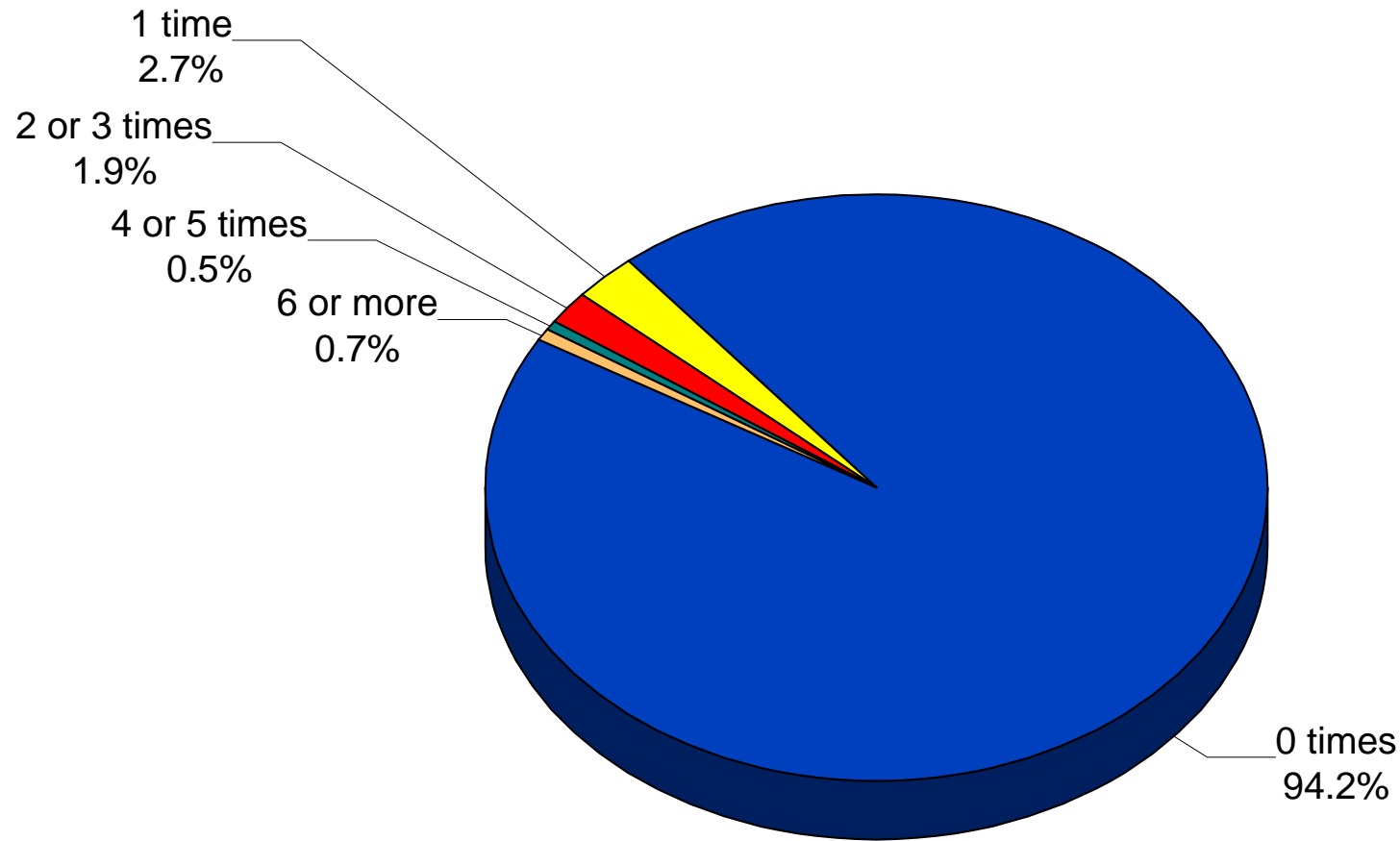


N=747

Percent of respondents who made a suicide plan during the past 12 months

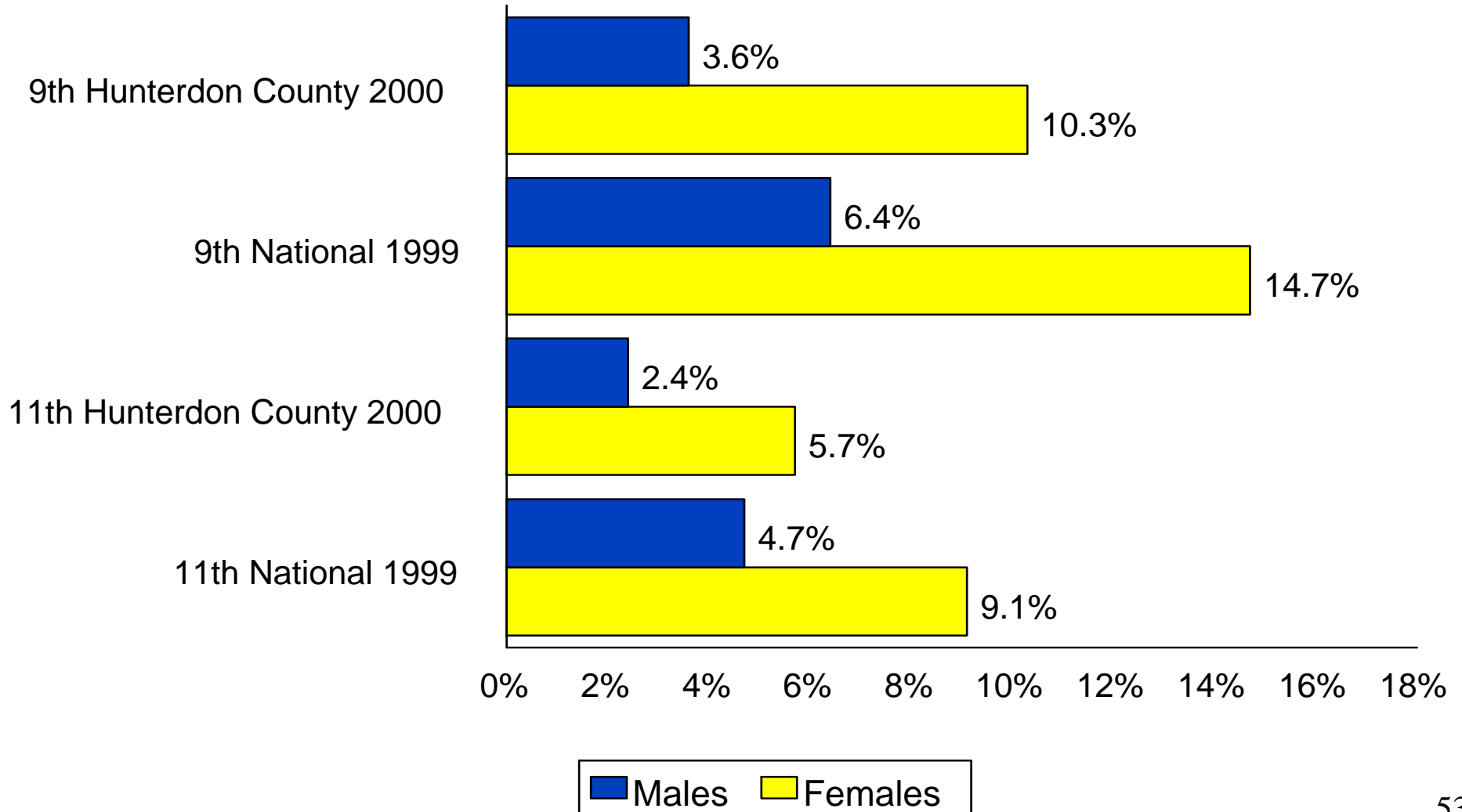


In the past year, how many times did you actually attempt suicide?

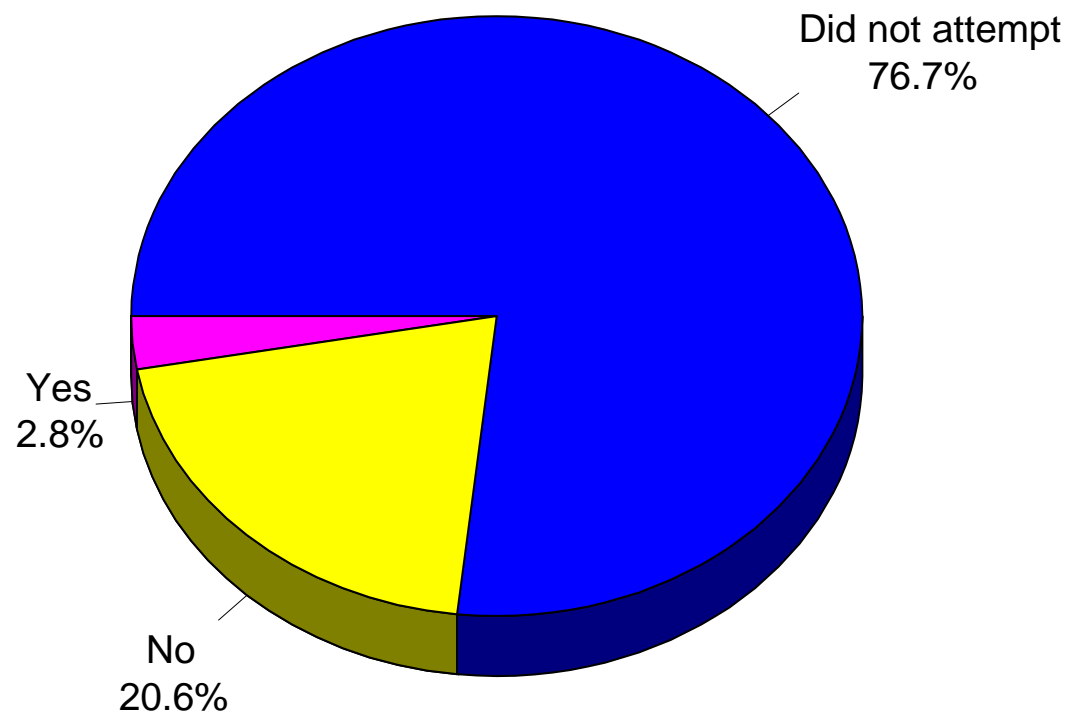


N=746

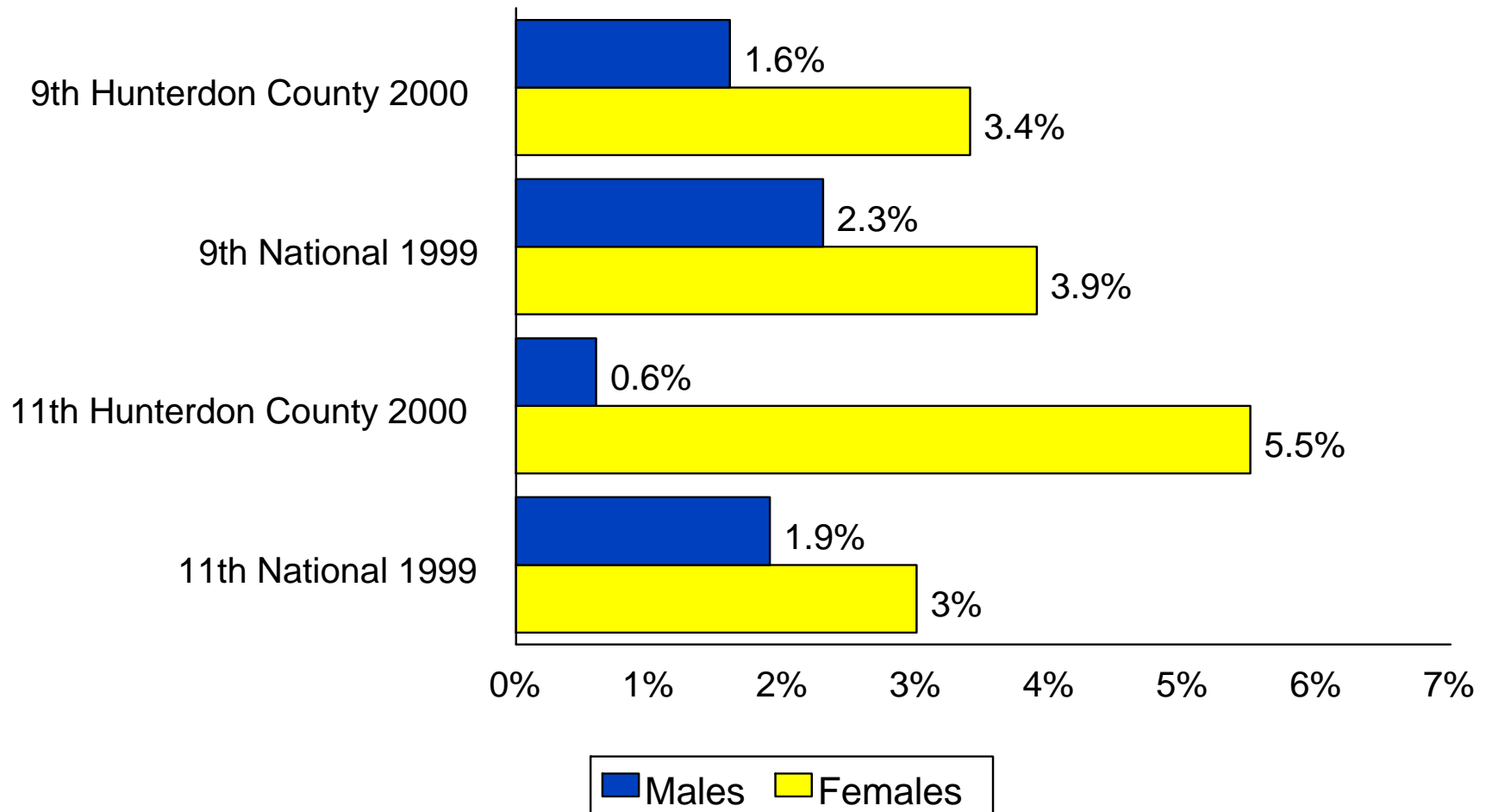
Percent of respondents who attempted suicide during the past 12 months



If you attempted suicide, did any attempt result in an injury that had to be treated by a doctor or nurse?

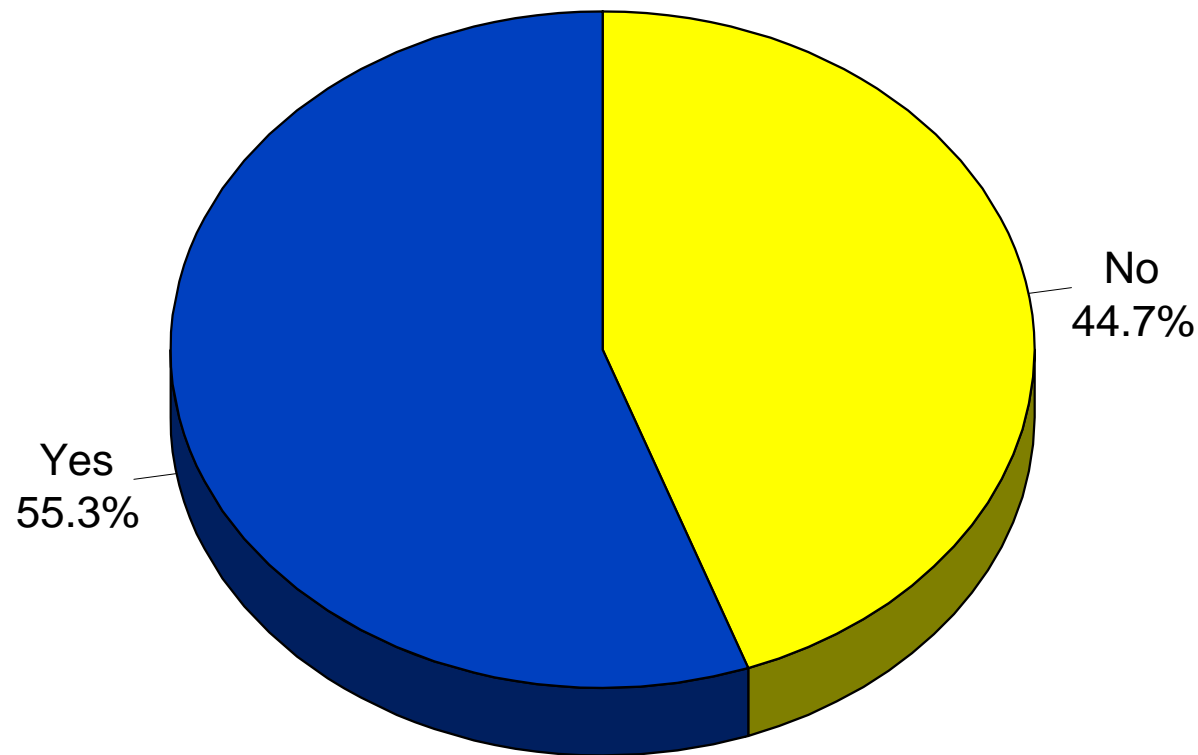


Percent of respondents whose suicide attempt required medical attention during the past 12 months



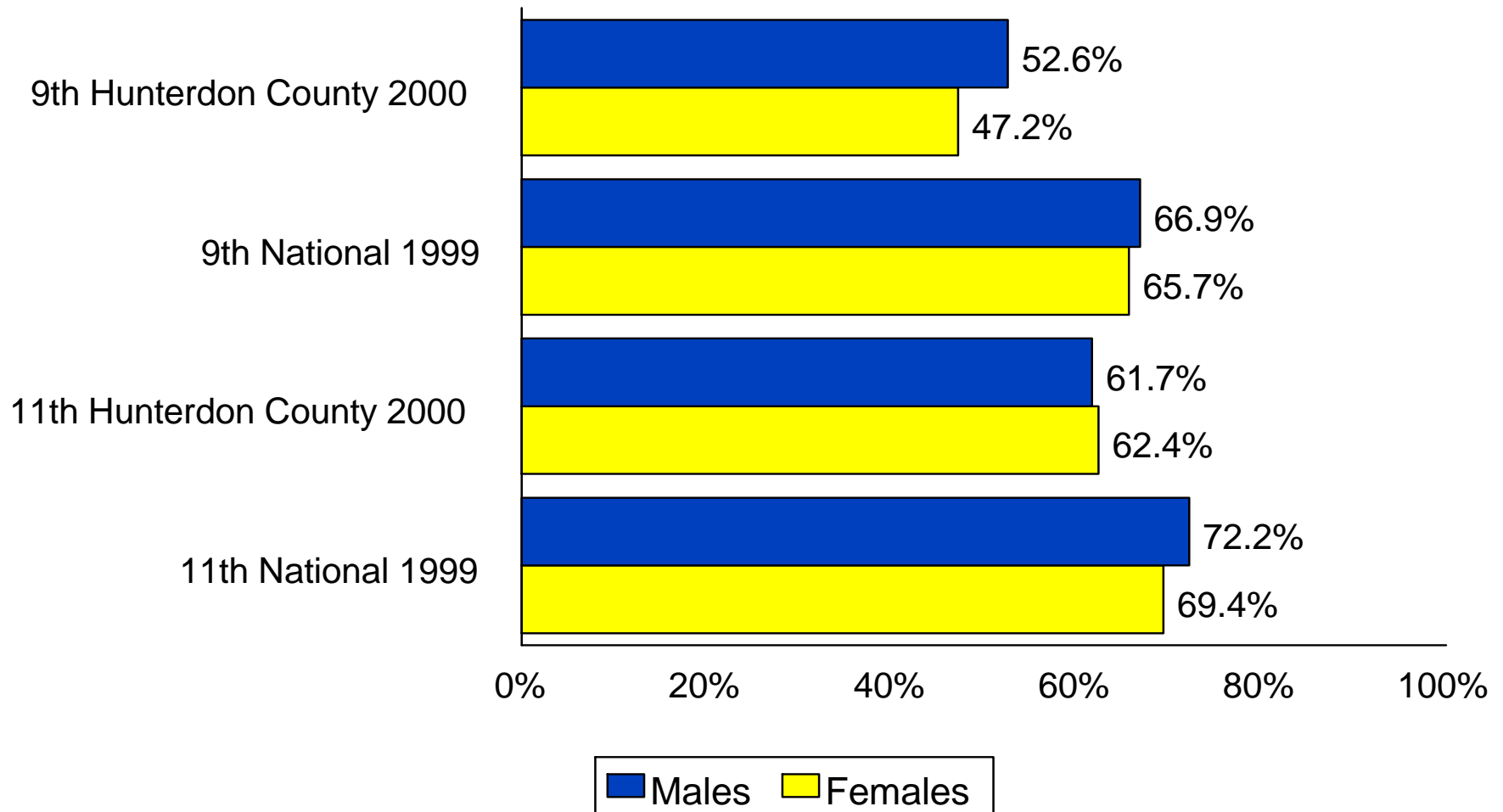
Tobacco Use

Have you ever tried cigarette smoking, even one or two puffs?

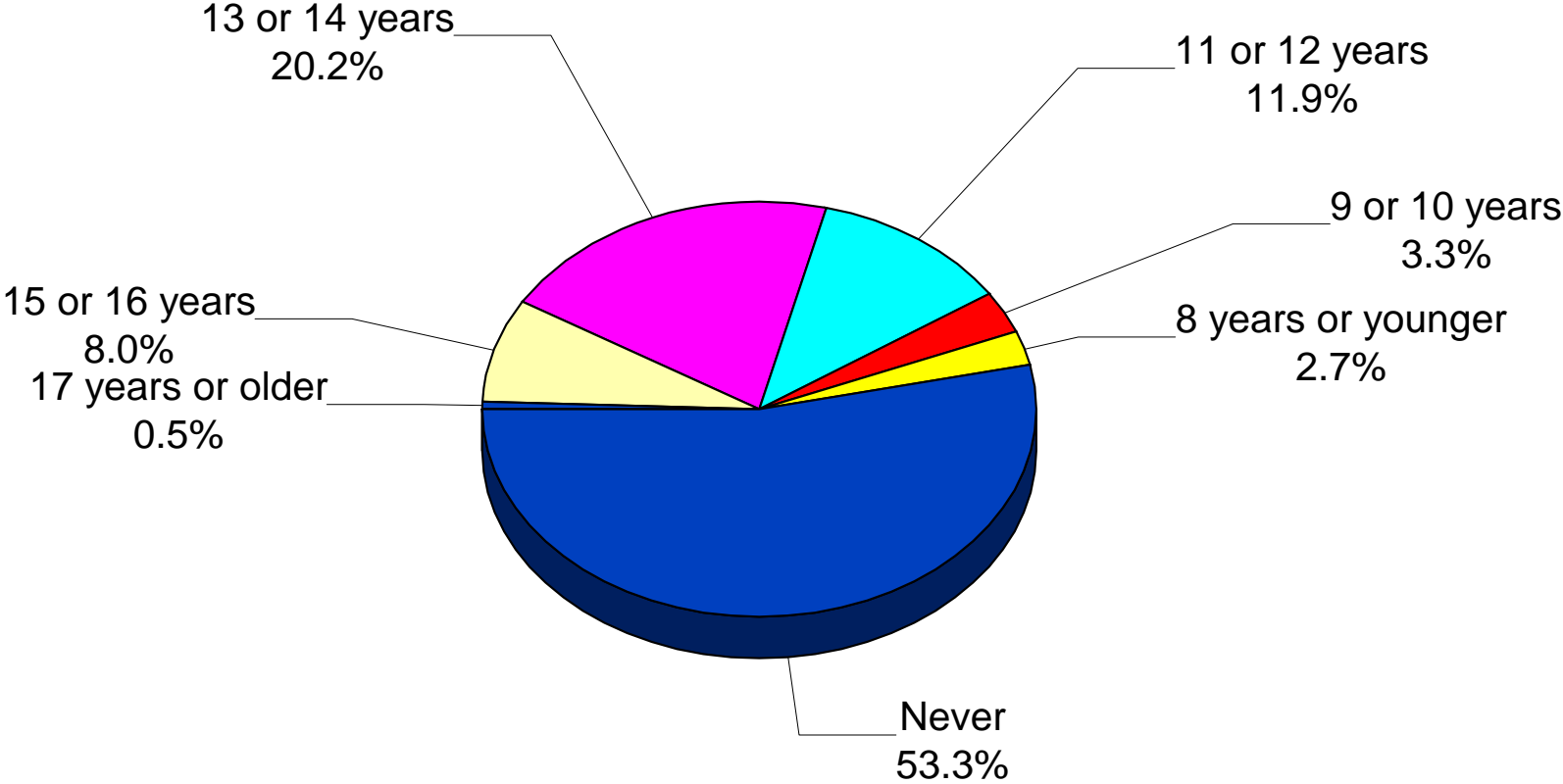


N=748

Percent of respondents who have ever tried cigarette smoking, even one or two puffs

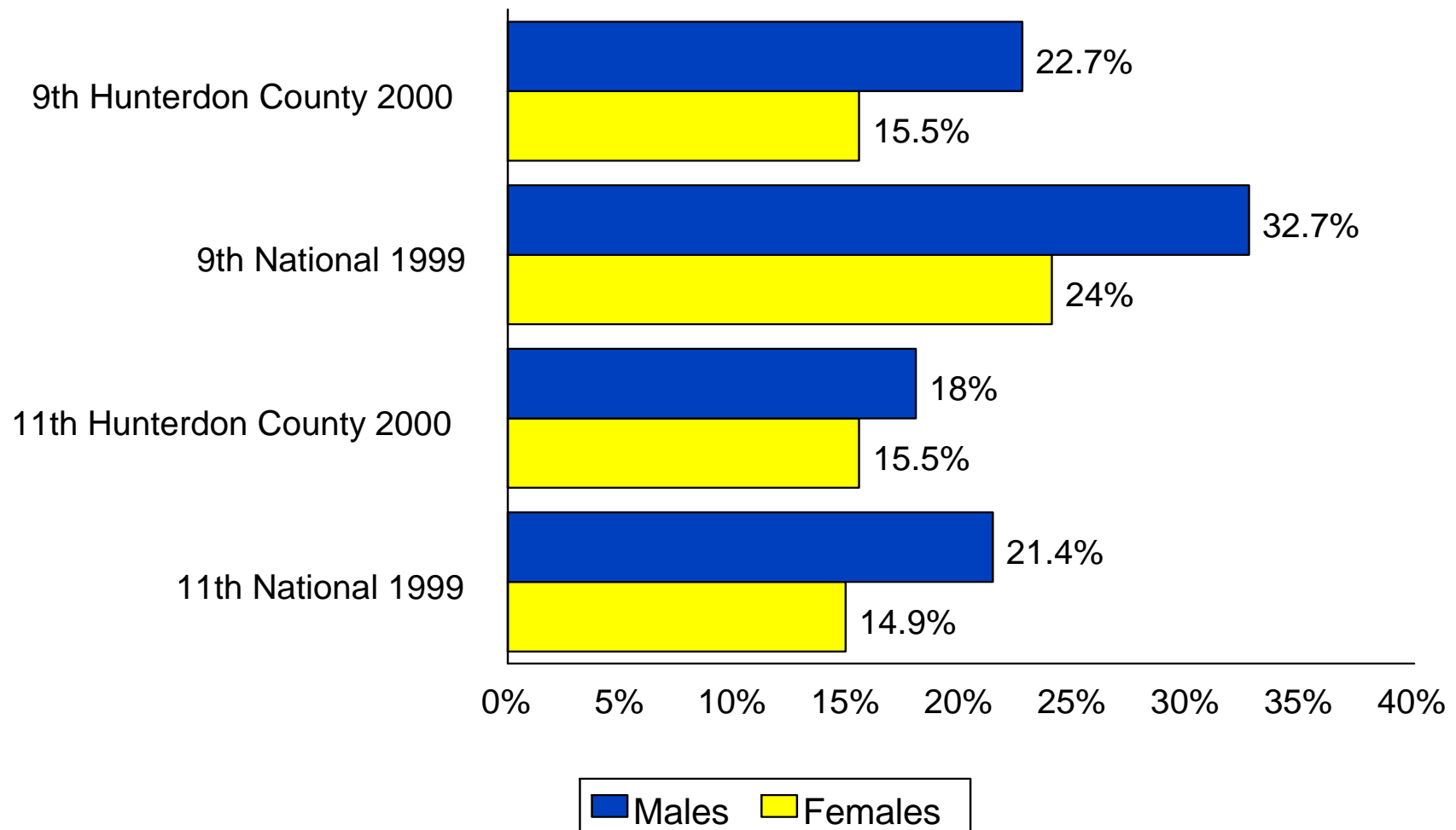


How old were you when you smoked a whole cigarette for the first time?

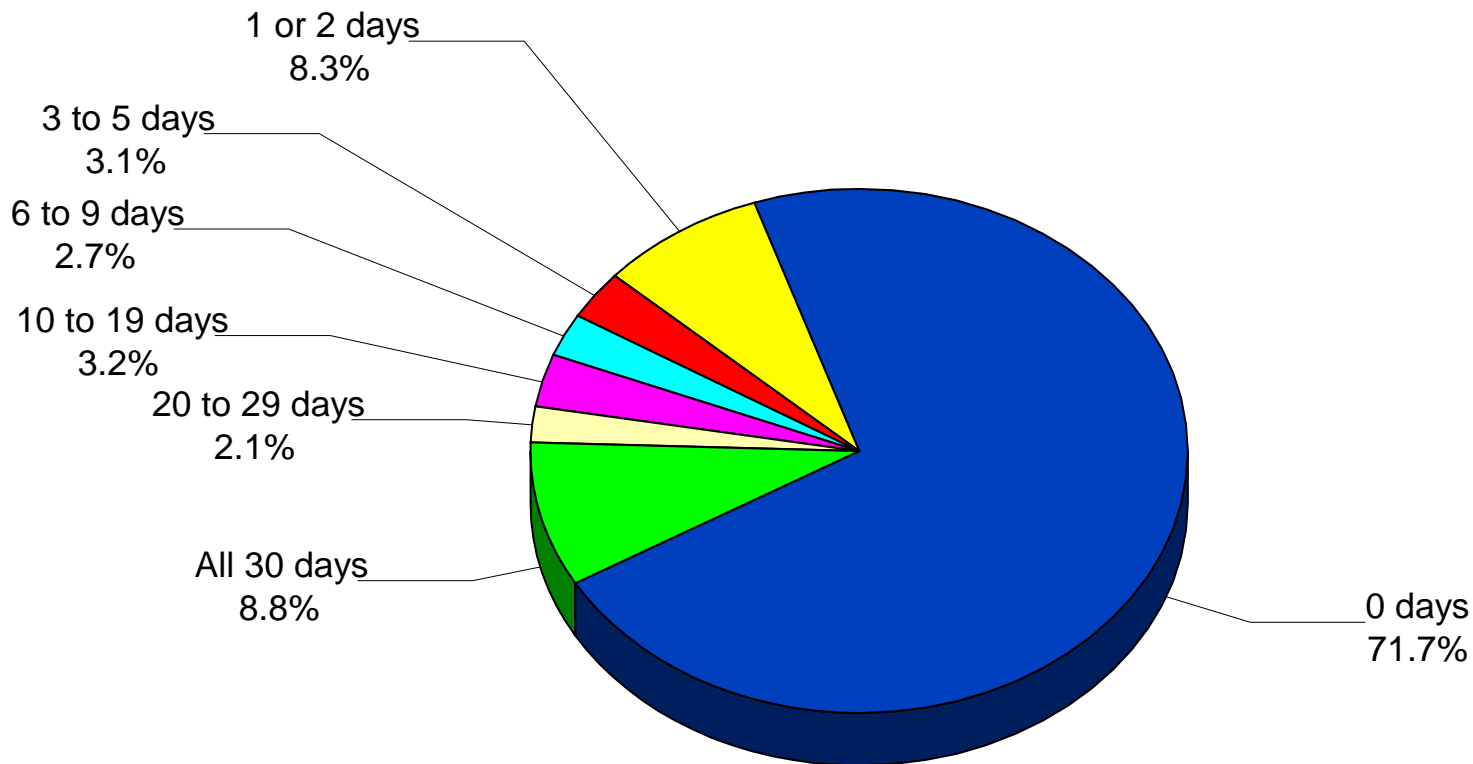


N=748

Percent of respondents who smoked a whole cigarette at age 12 or younger

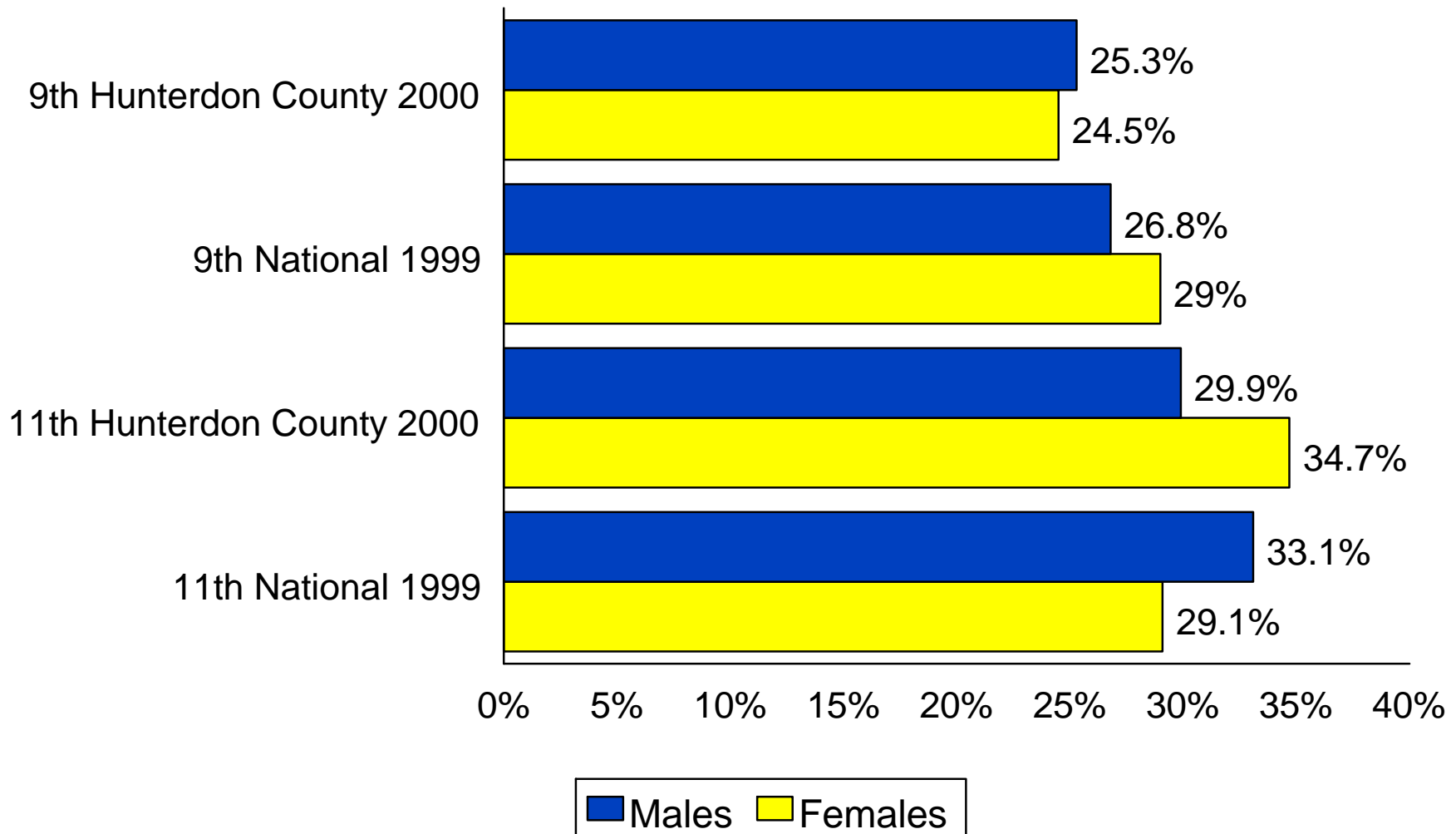


During the past 30 days, on how many days did you smoke cigarettes?

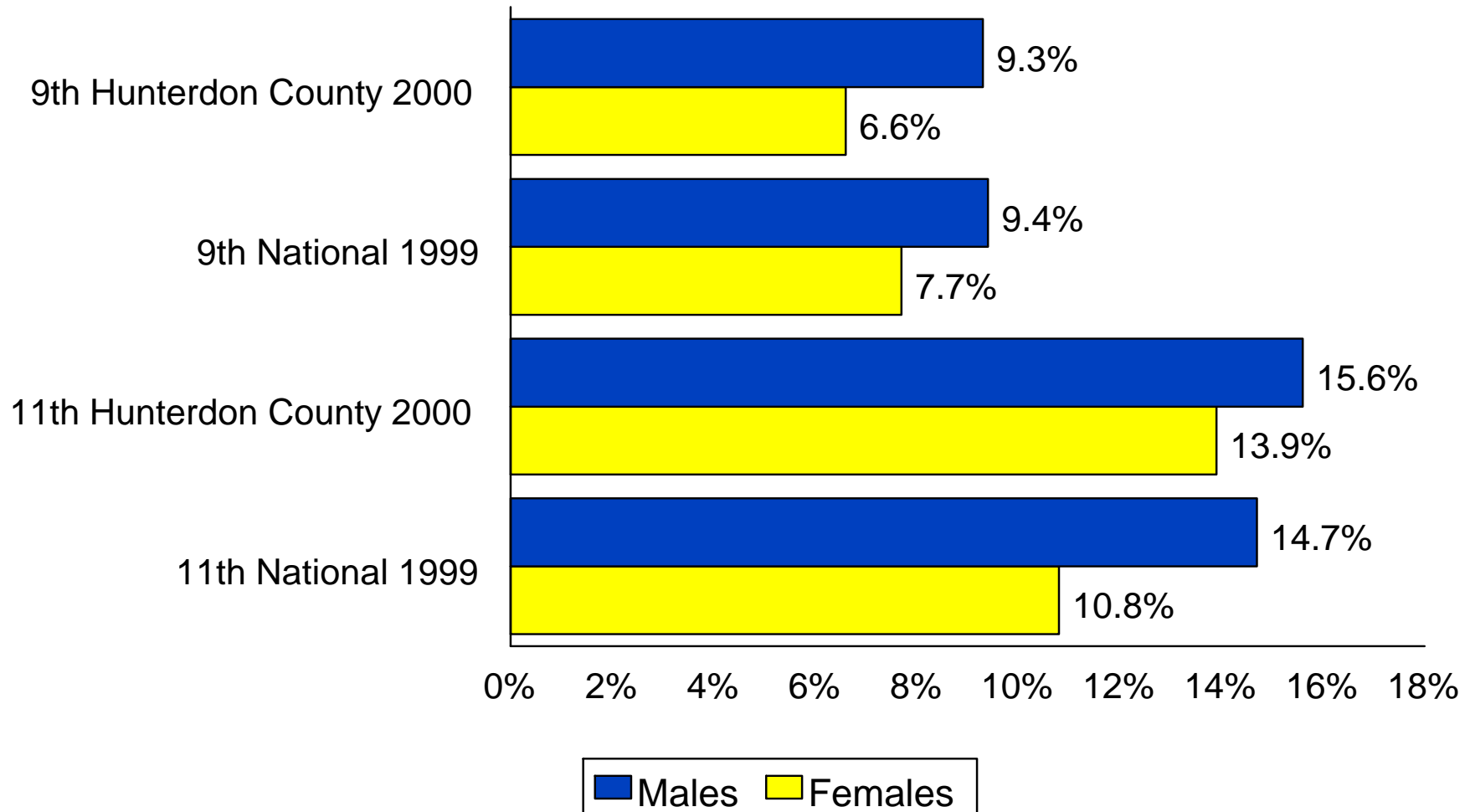


N=746

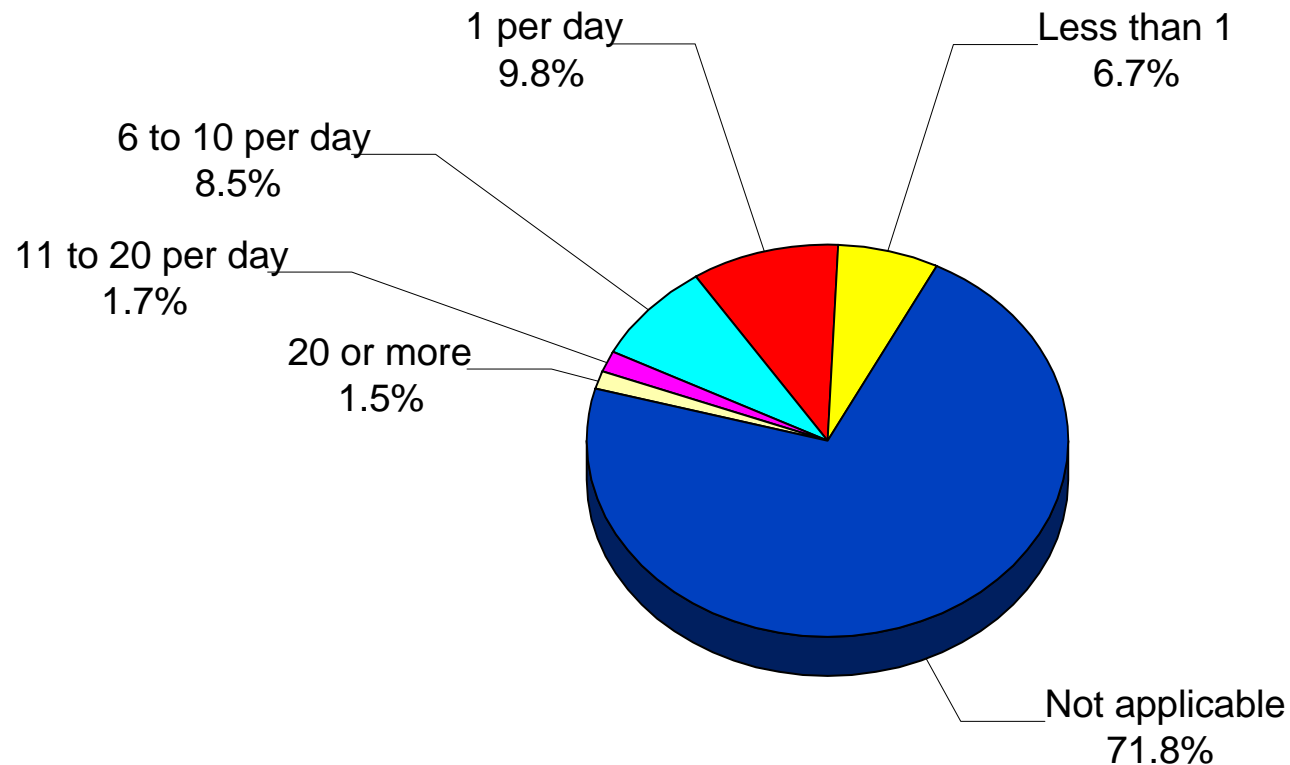
Percent of respondents who smoked at least one cigarette on at least one of the past 30 days



Percent of respondents who smoked at least one cigarette on at least 20 of the past 30 days?

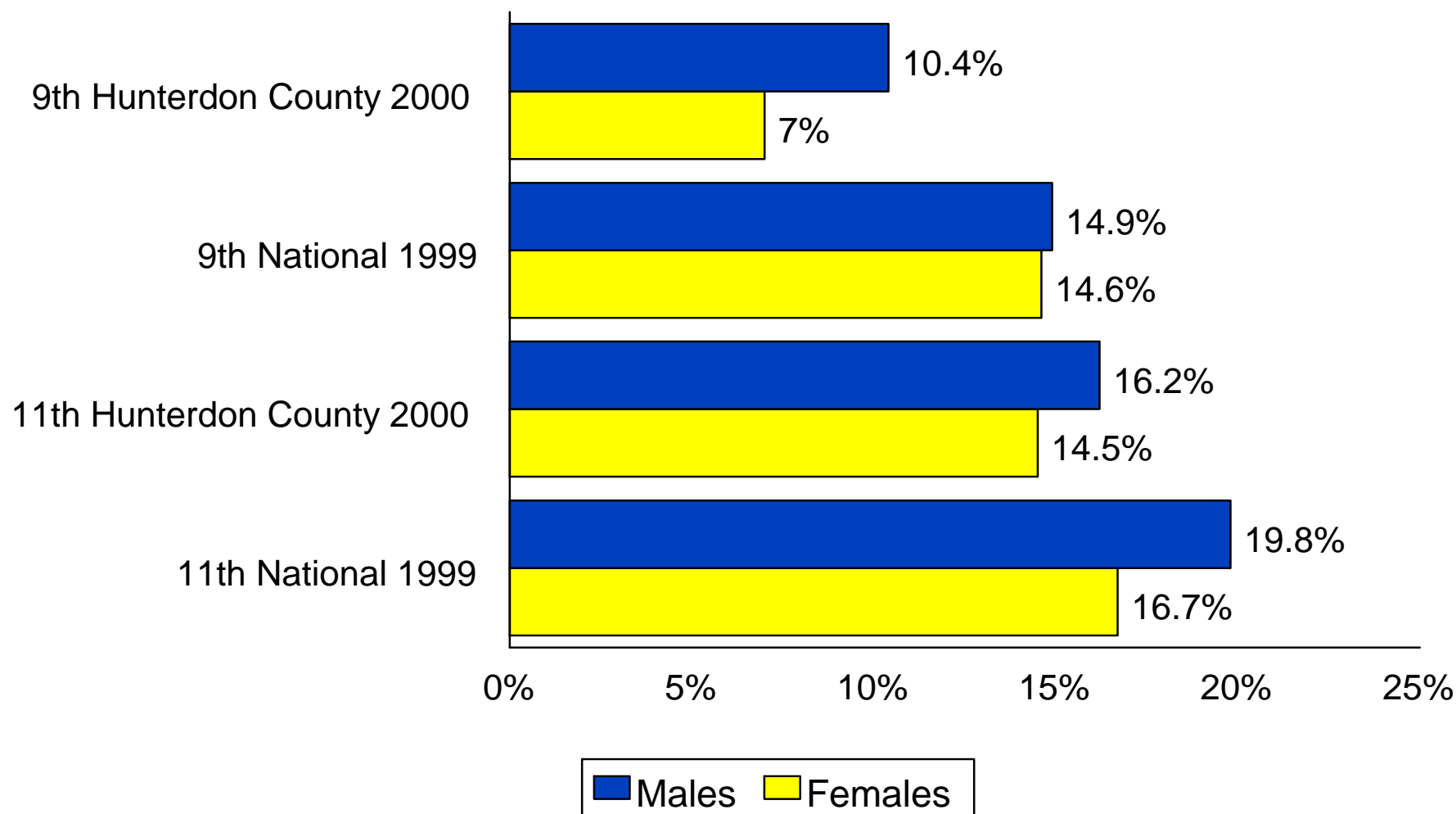


During the past 30 days, on the days that you smoked, how many cigarettes did you smoke per day?



N=744

Percent of respondents who smoked at least 6 cigarettes per day during the past 30 days

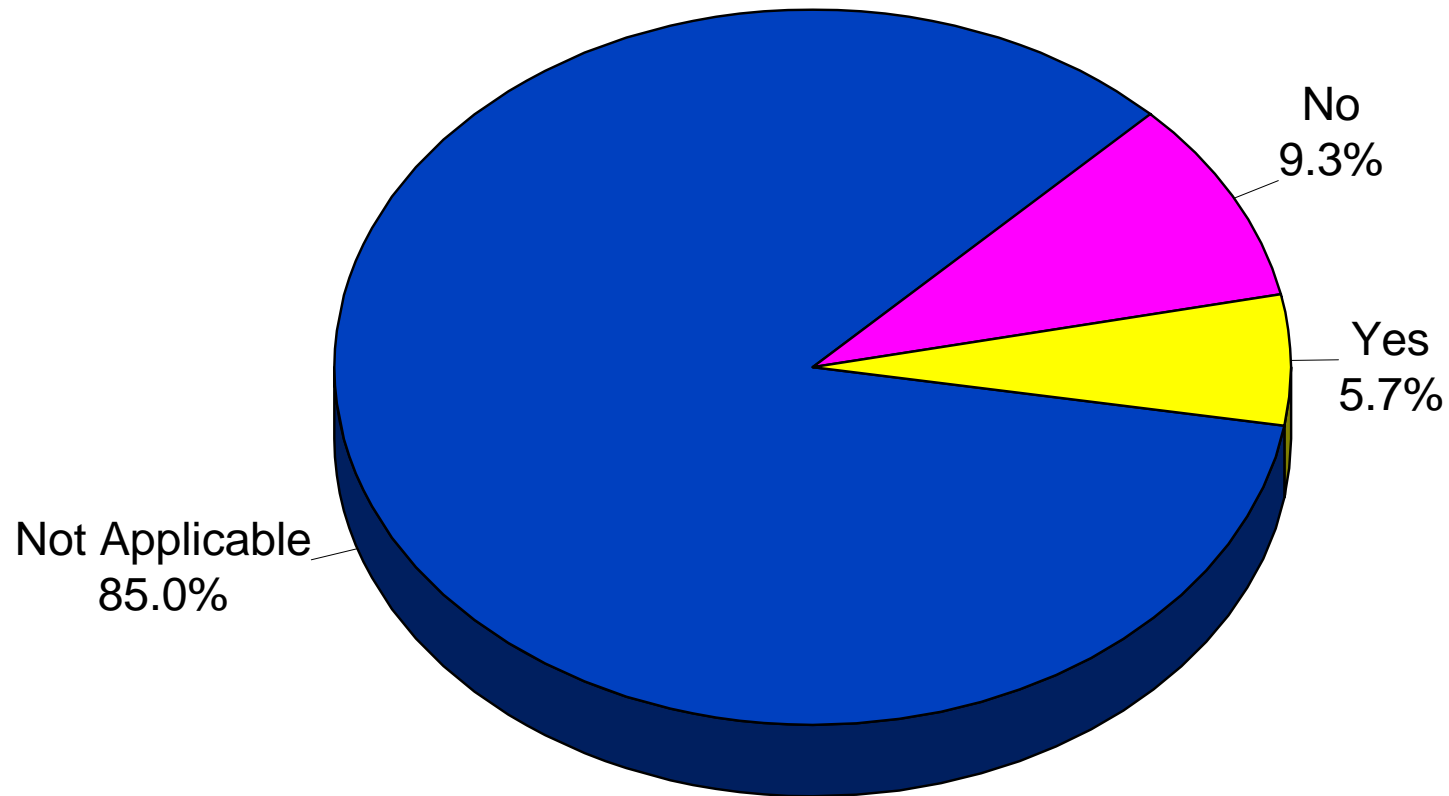


During the past 30 days, how did you usually get your cigarettes?

Those who purchased cigarettes

Method	Hunterdon 9th	National 9th	Hunterdon 11th	National 11th
Store (convenience, grocery, gas station)	10.7%	14.2%	34.8%	32.1%
Vending machine	0%	2%	3.6%	1.1%
Gave someone else money to buy	25.2%	25%	21.4%	21.5%
Borrowed from someone else	41.7%	37%	28.6%	31.4%
Stole them	8.7%	6.7%	3.6%	2.9%
Other	13.6%	15.1%	8%	11%

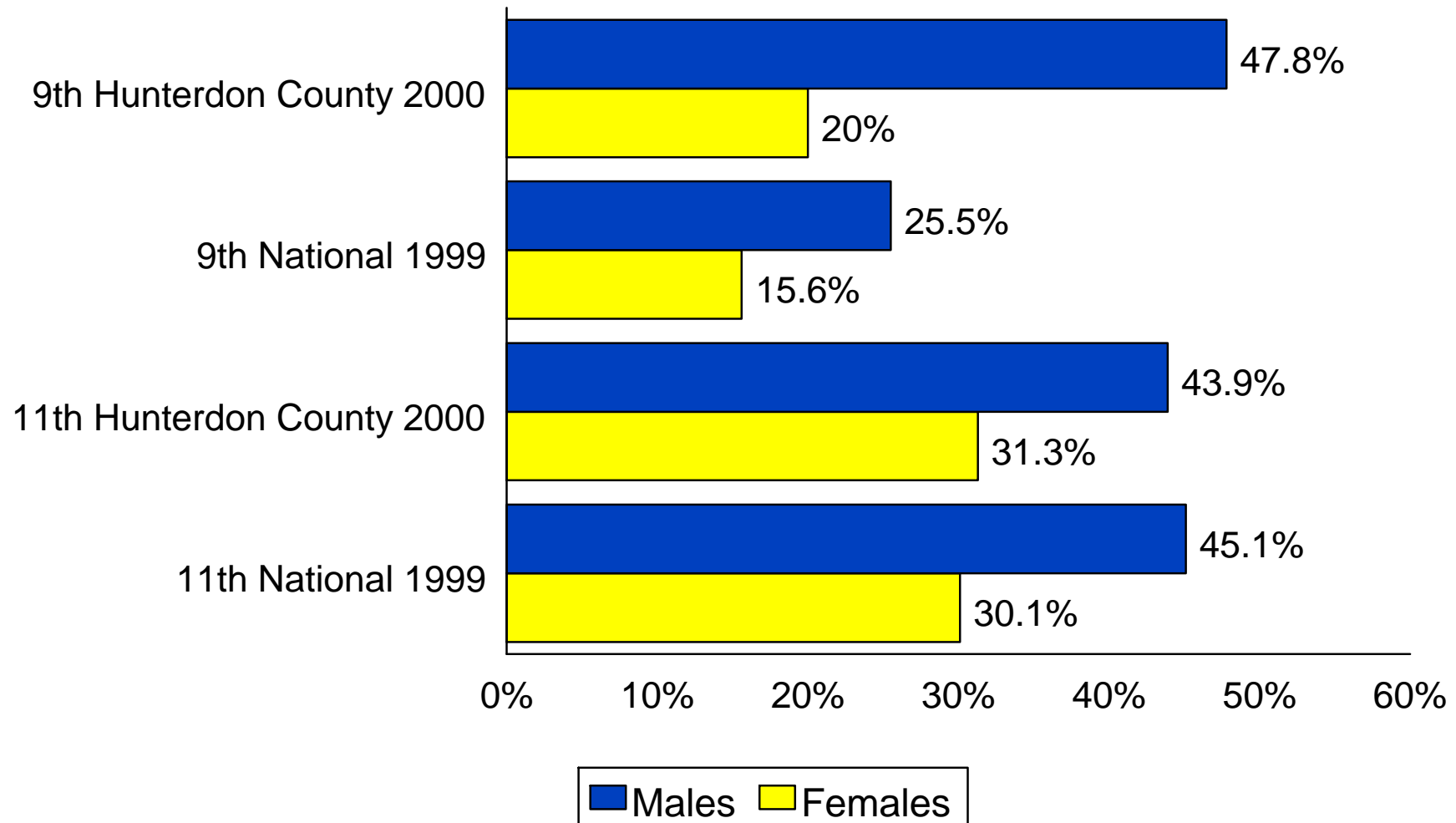
When you bought cigarettes in a store during the past 30 days, were you ever asked to show proof of age?



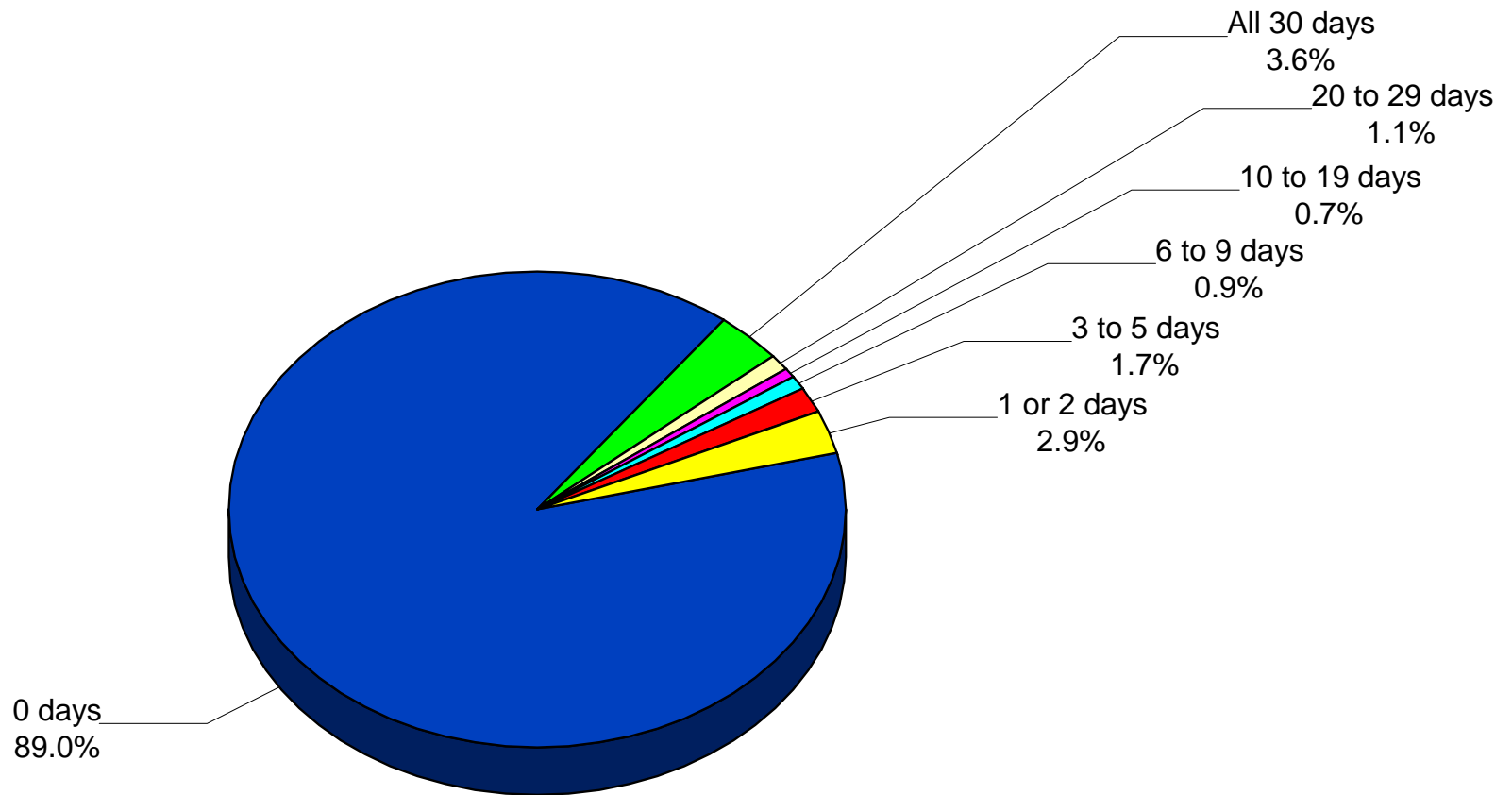
N=738

Percent of respondents who bought cigarettes in a store during the past 30 days, and were asked to show proof of age

Those who purchased cigarettes in past 30 days

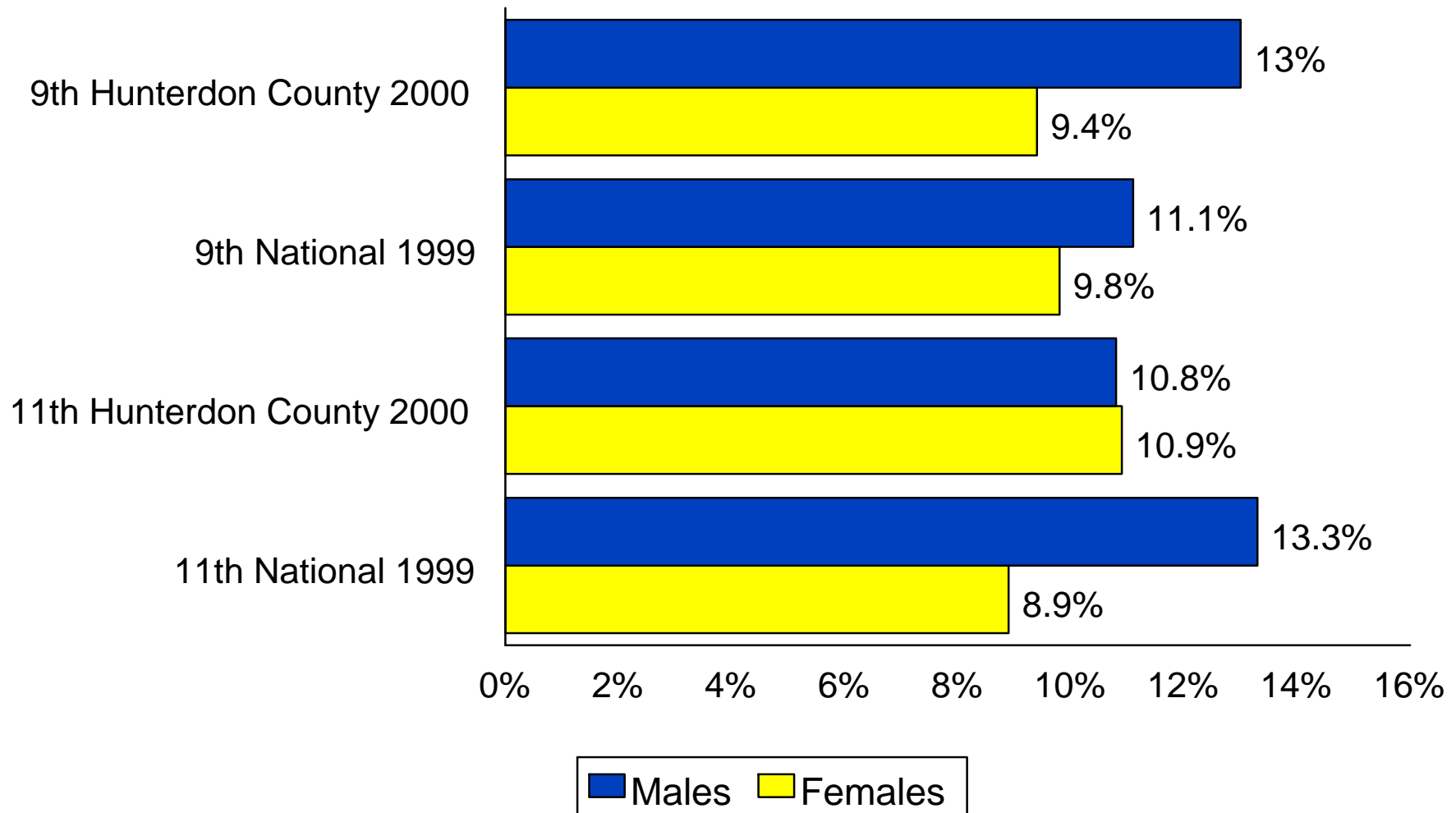


During the past 30 days, how many days did you smoke cigarettes on school property?

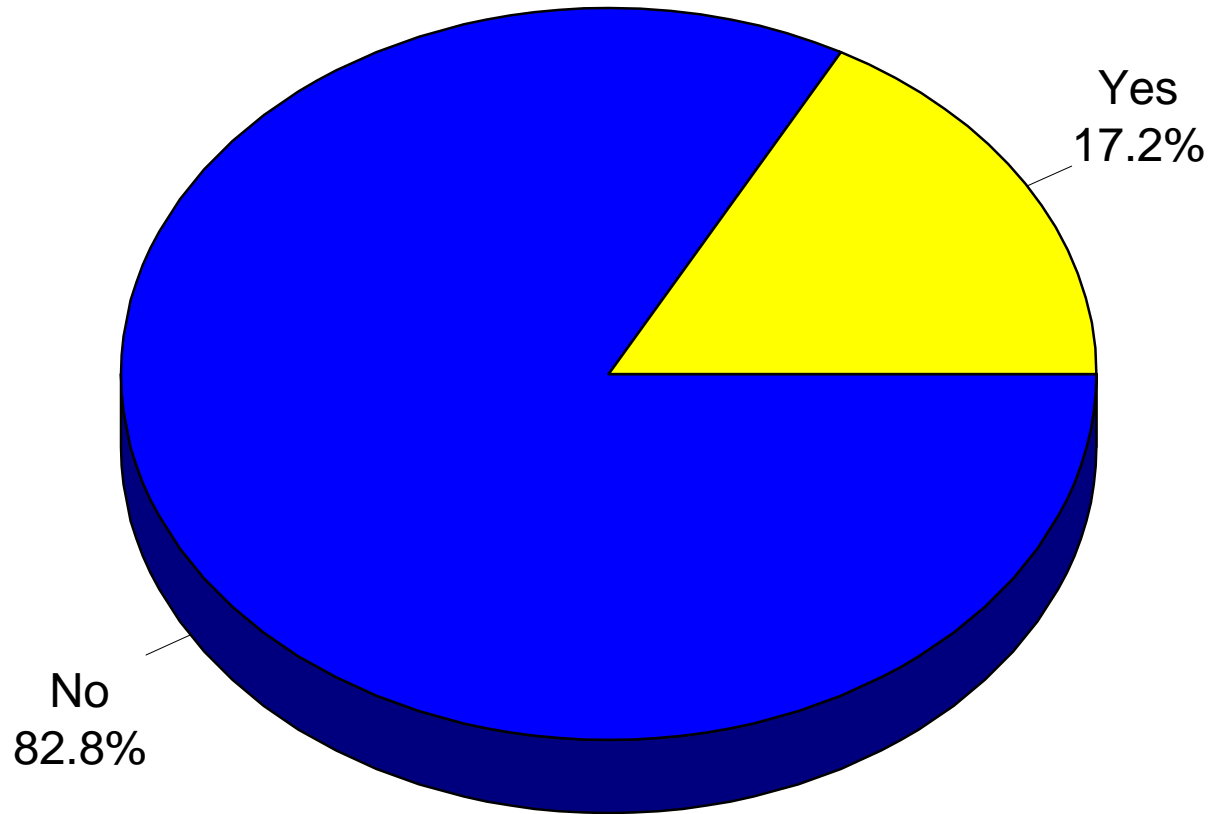


N=746

Percent of respondents who smoked cigarettes on school property on at least one or more days in the last 30 days

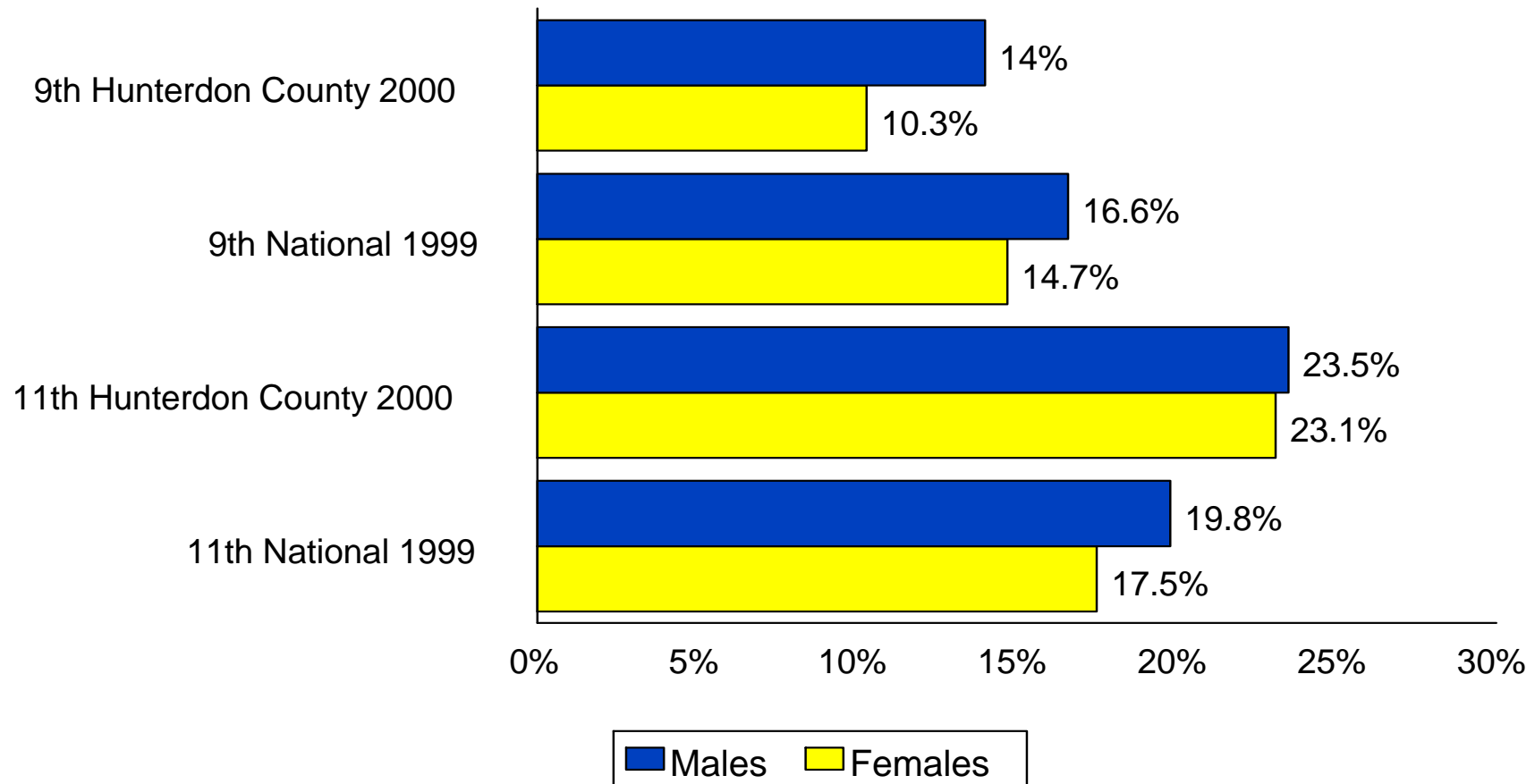


Have you ever smoked cigarettes regularly, that is one cigarette per day?

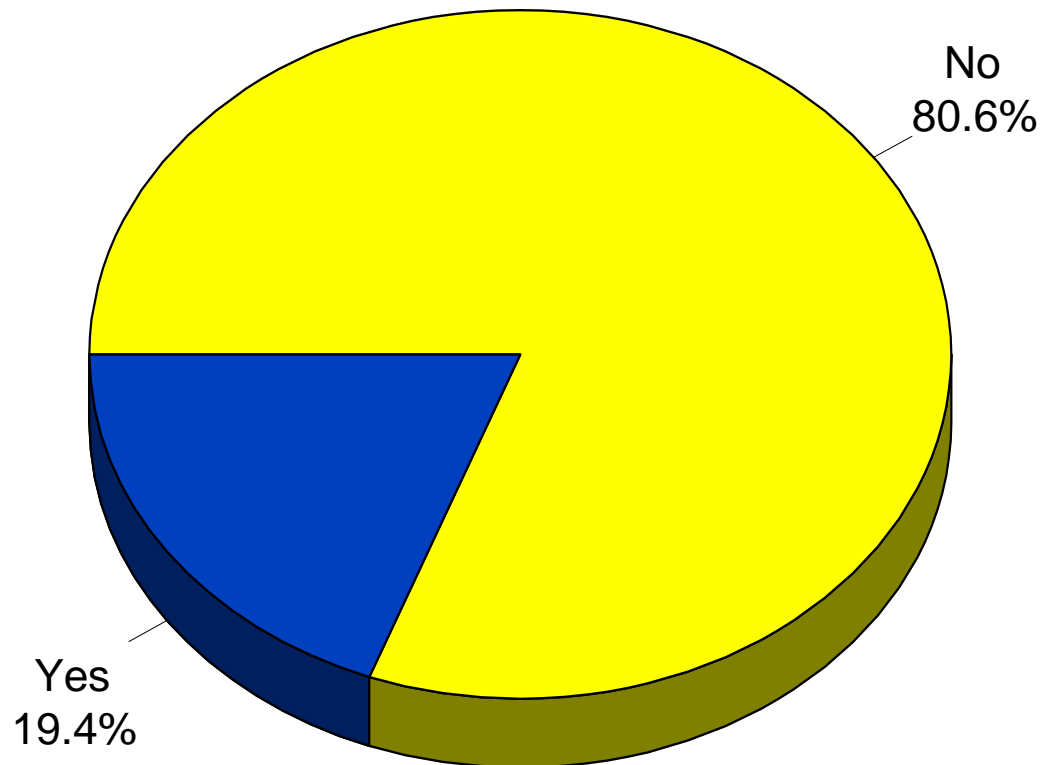


N=745

Percent of respondents who smoked regularly, at least one cigarette every day for 30 days

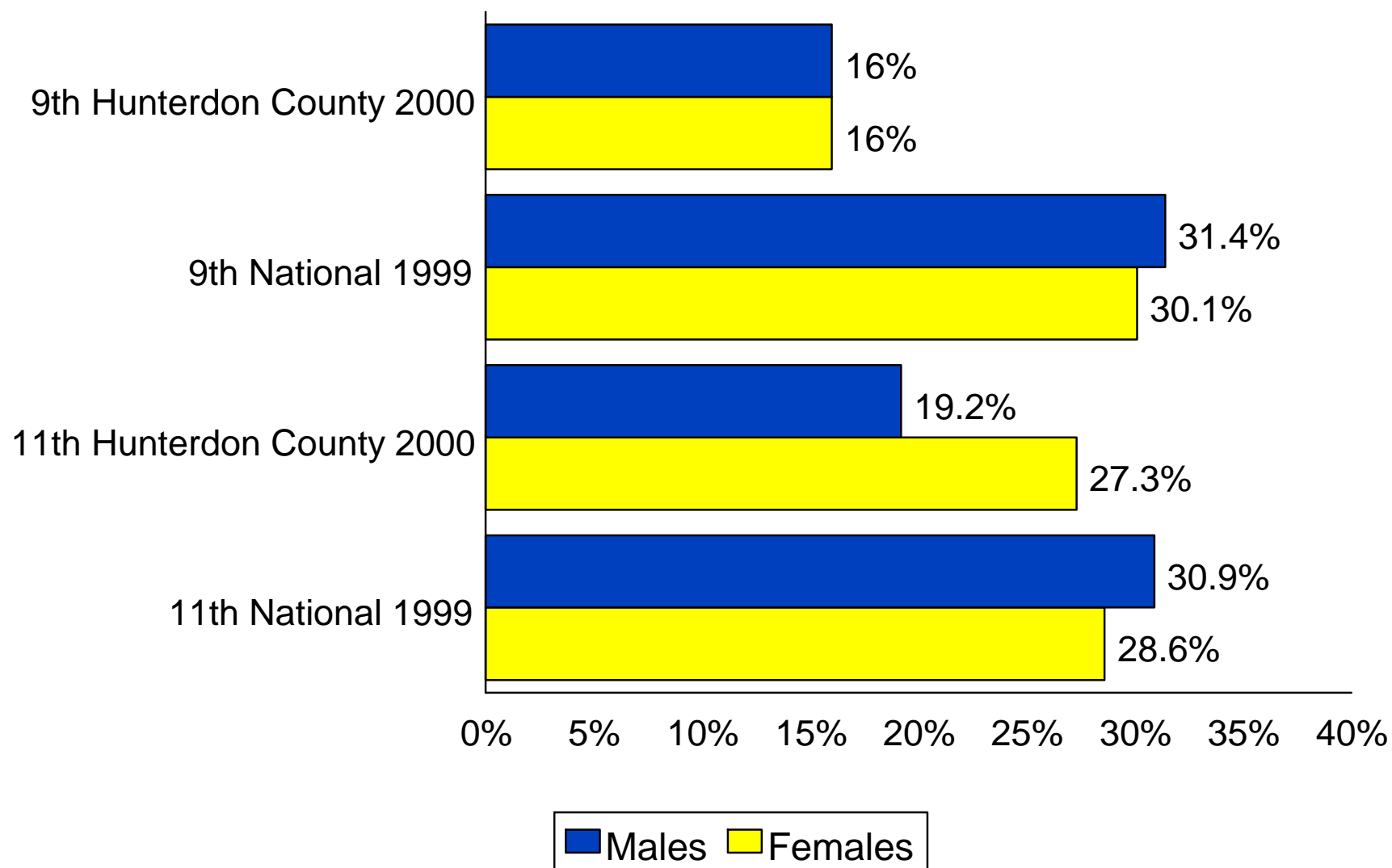


Have you ever tried to quit smoking cigarettes?

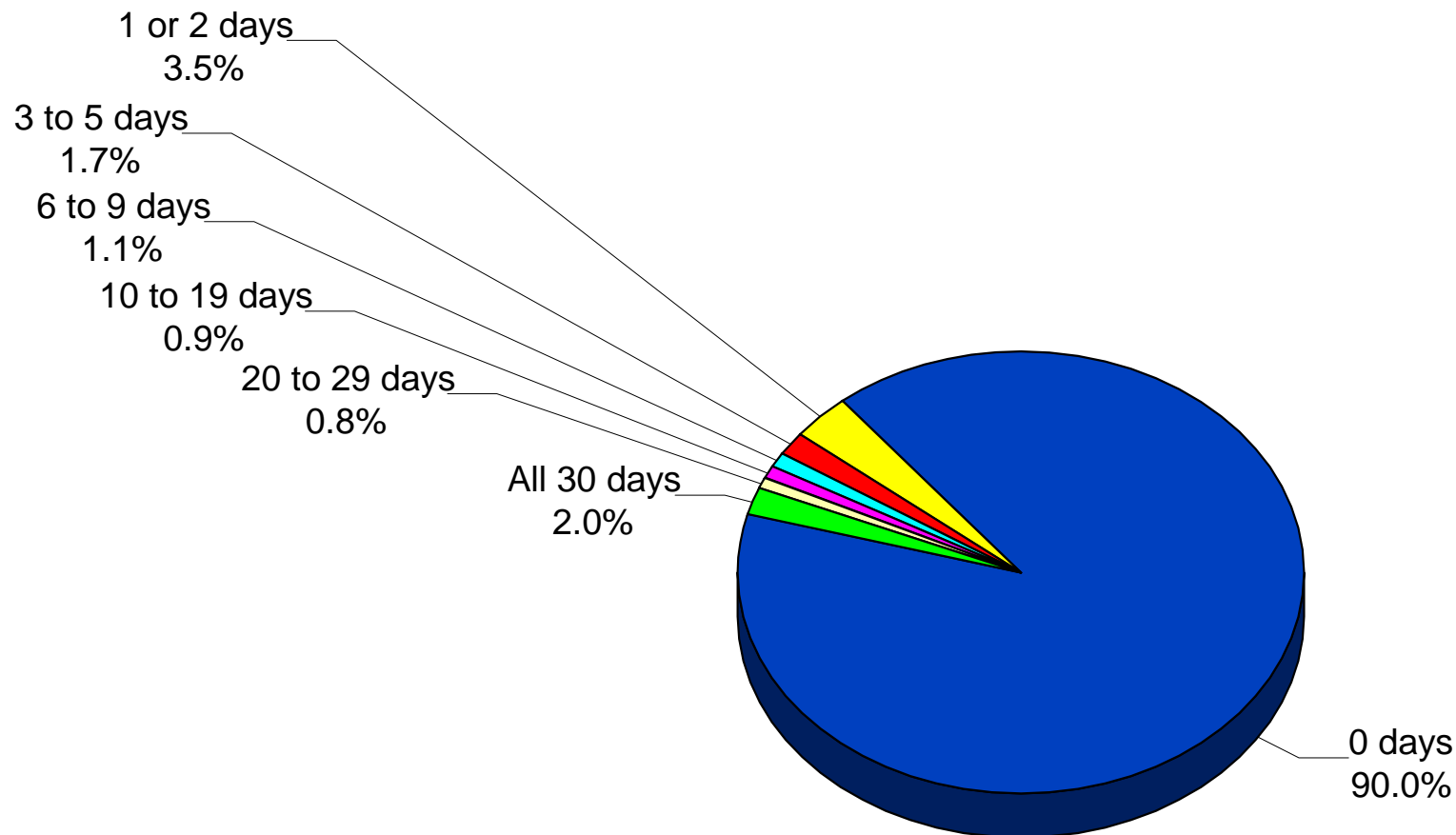


N=690

Percent of respondents who have attempted to quit smoking

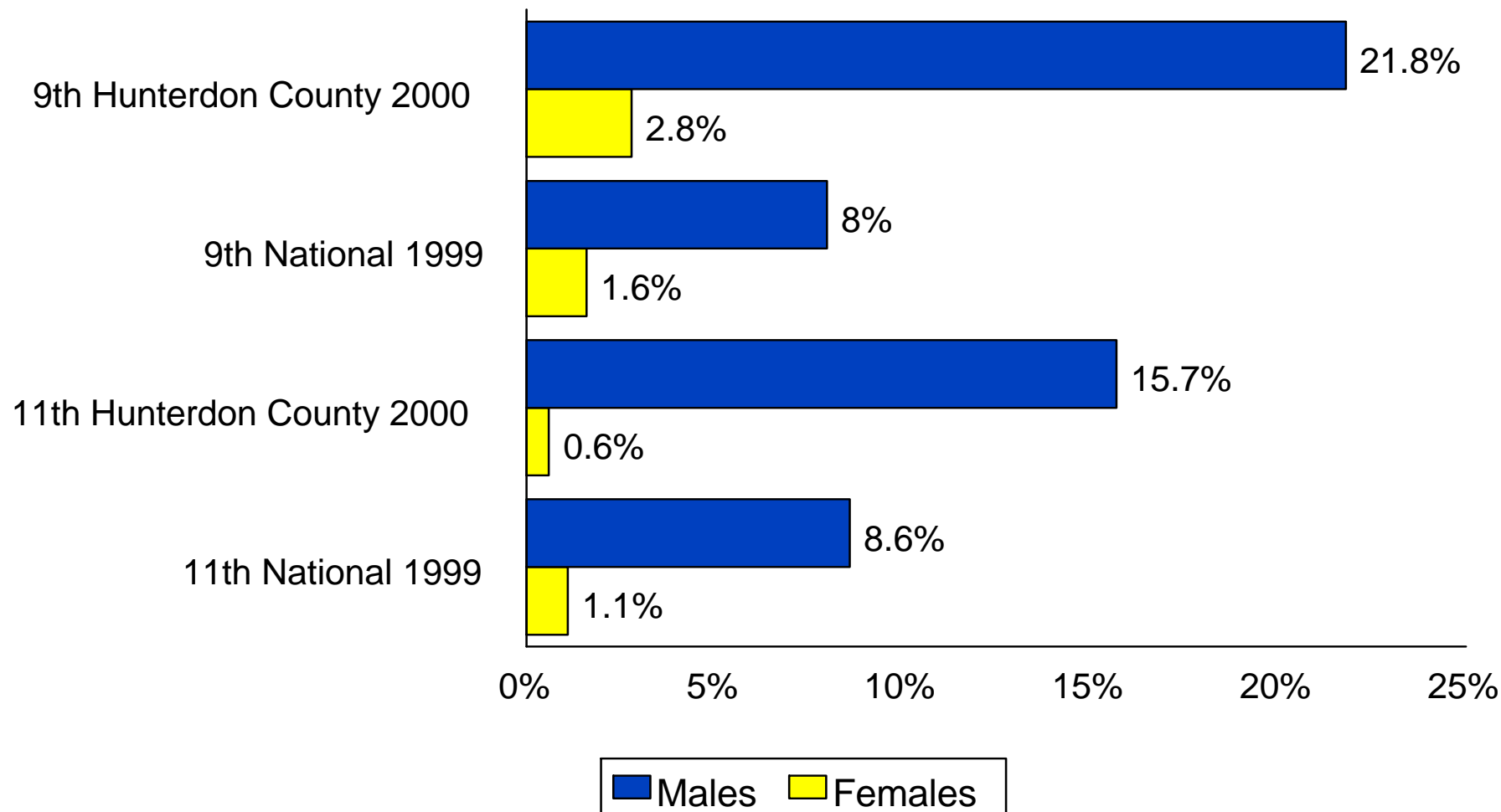


During the past 30 days, how many days did you use chewing tobacco or snuff?

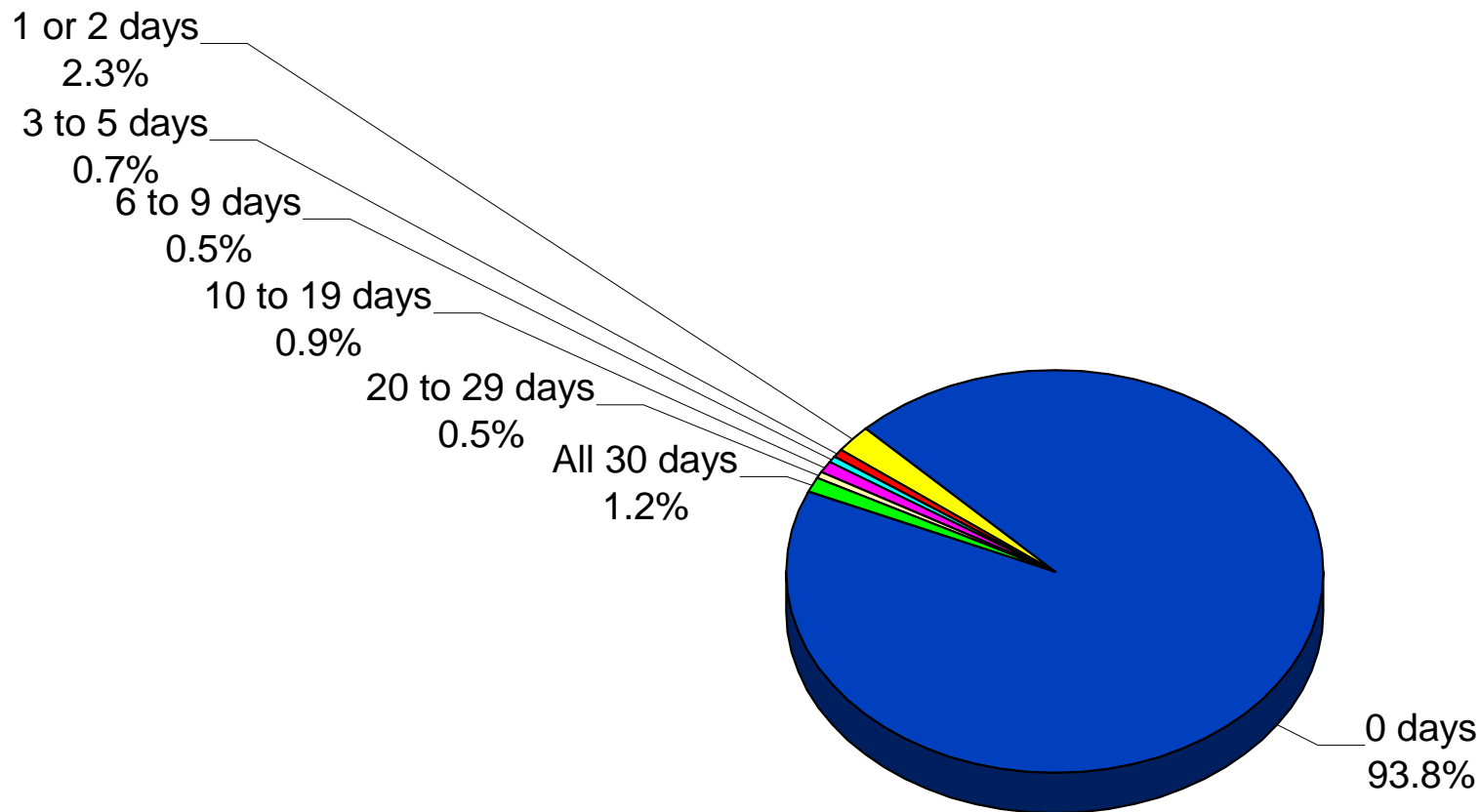


N=748

Percent of respondents who used chewing tobacco or snuff one or more days in the last 30 days

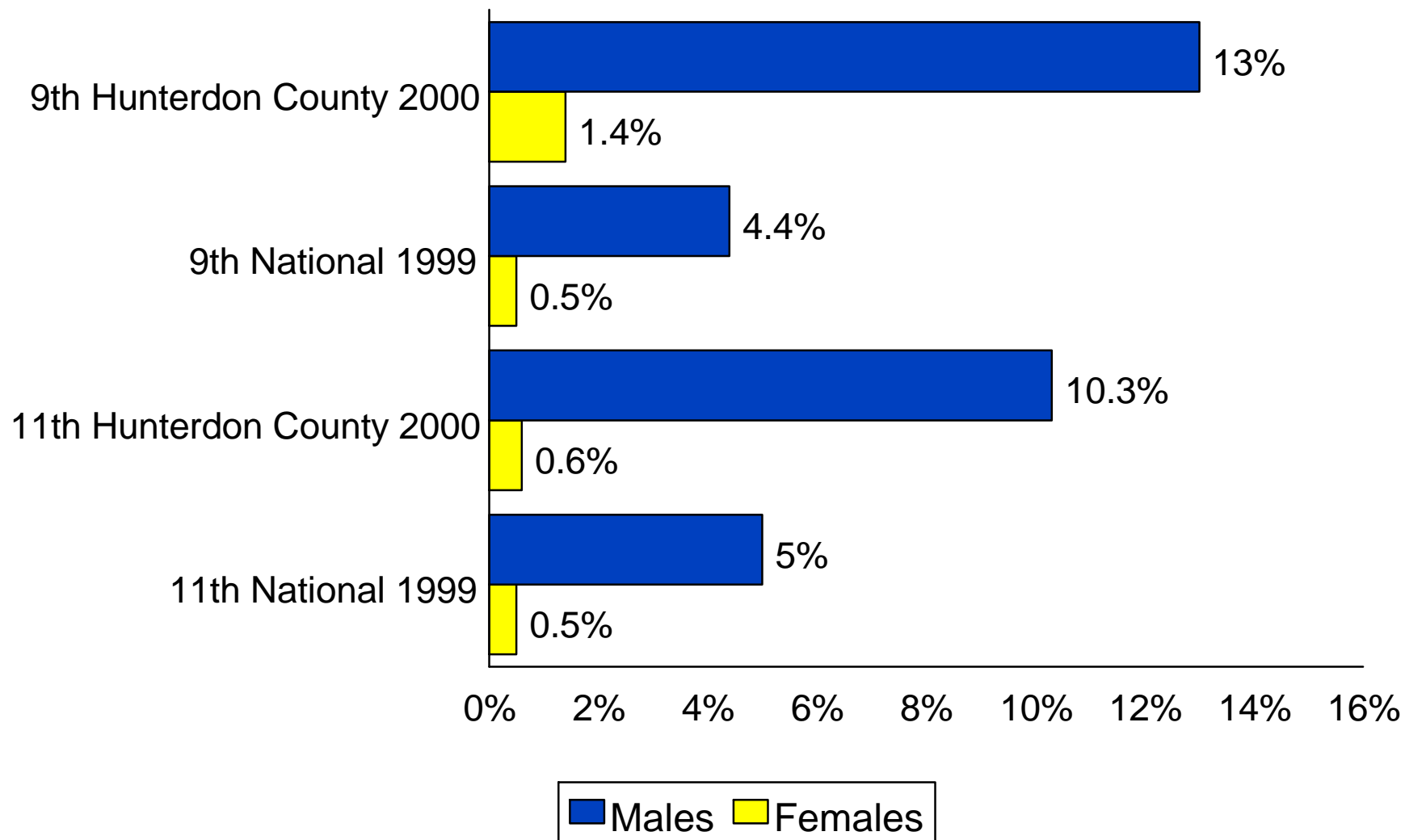


During the past 30 days, how many days did you use chewing tobacco or snuff on school property?

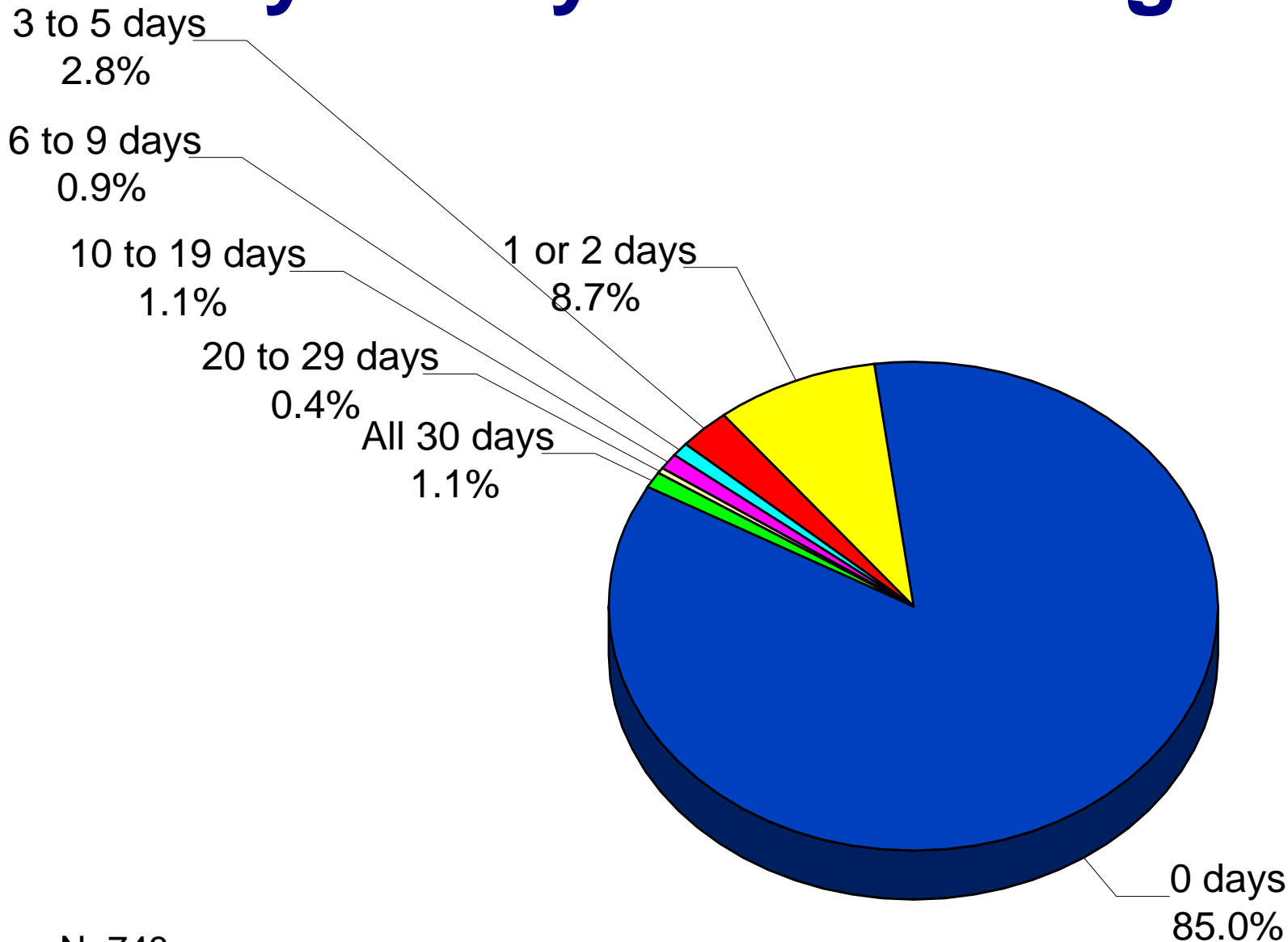


N=747

Percent of respondents who used chewing tobacco or snuff one or more days on school property in the last 30 days

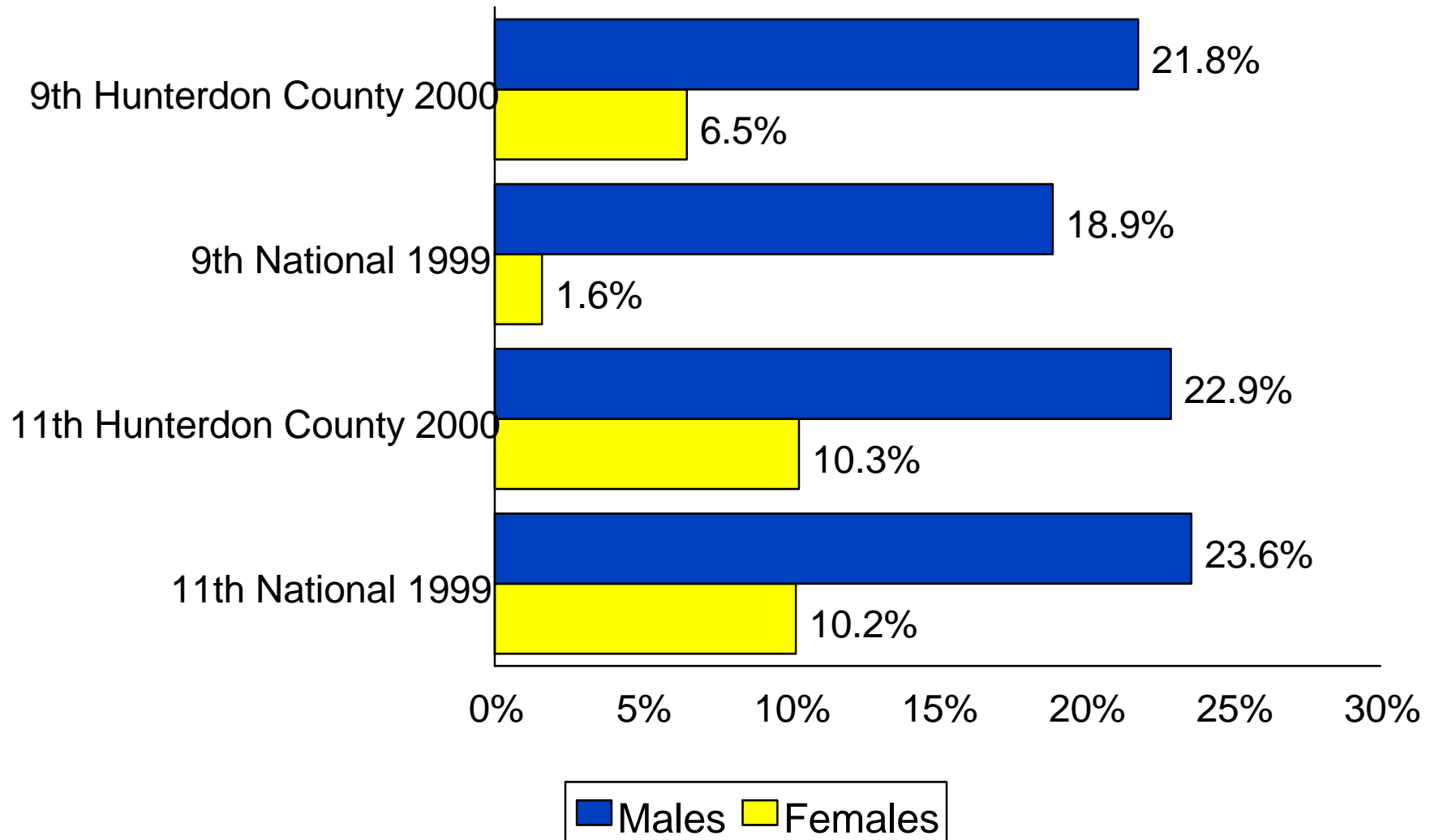


During the past 30 days, how many days did you smoke cigars?



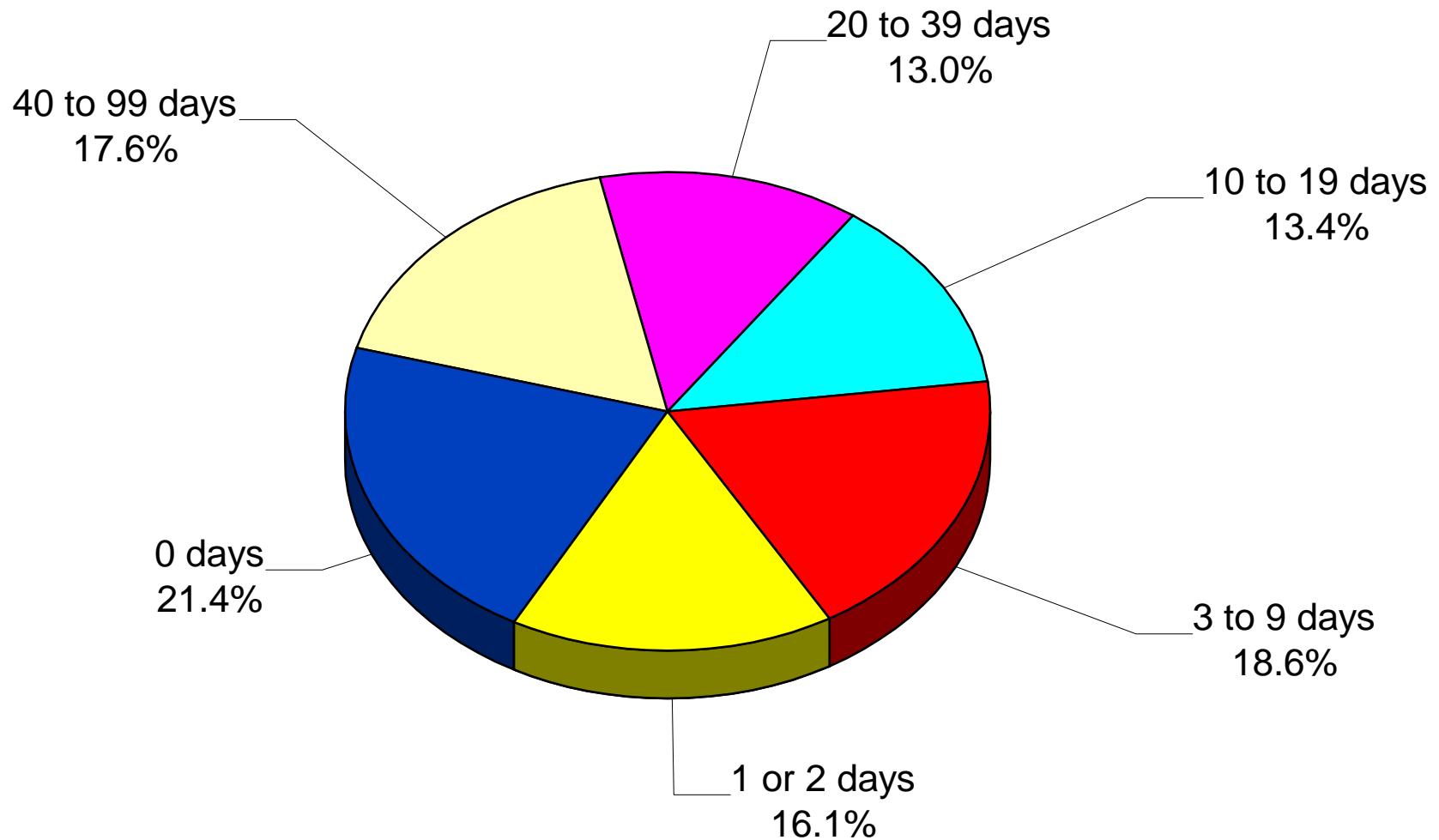
N=748

Percent of respondents who smoked cigars on at least one day in the last 30 days



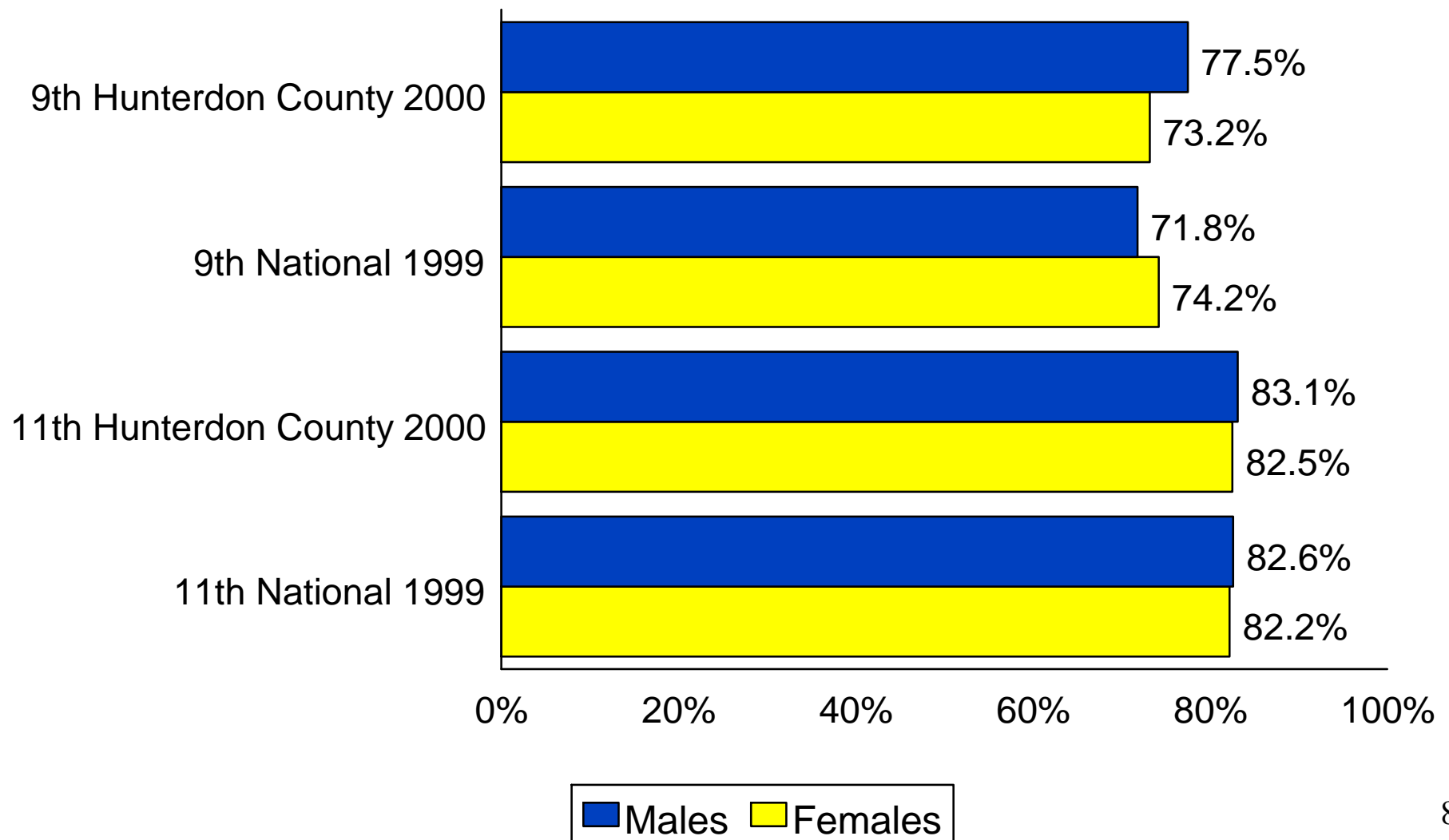
Alcohol and Other Drug Use

During your life, how many days have you had at least one drink of alcohol?

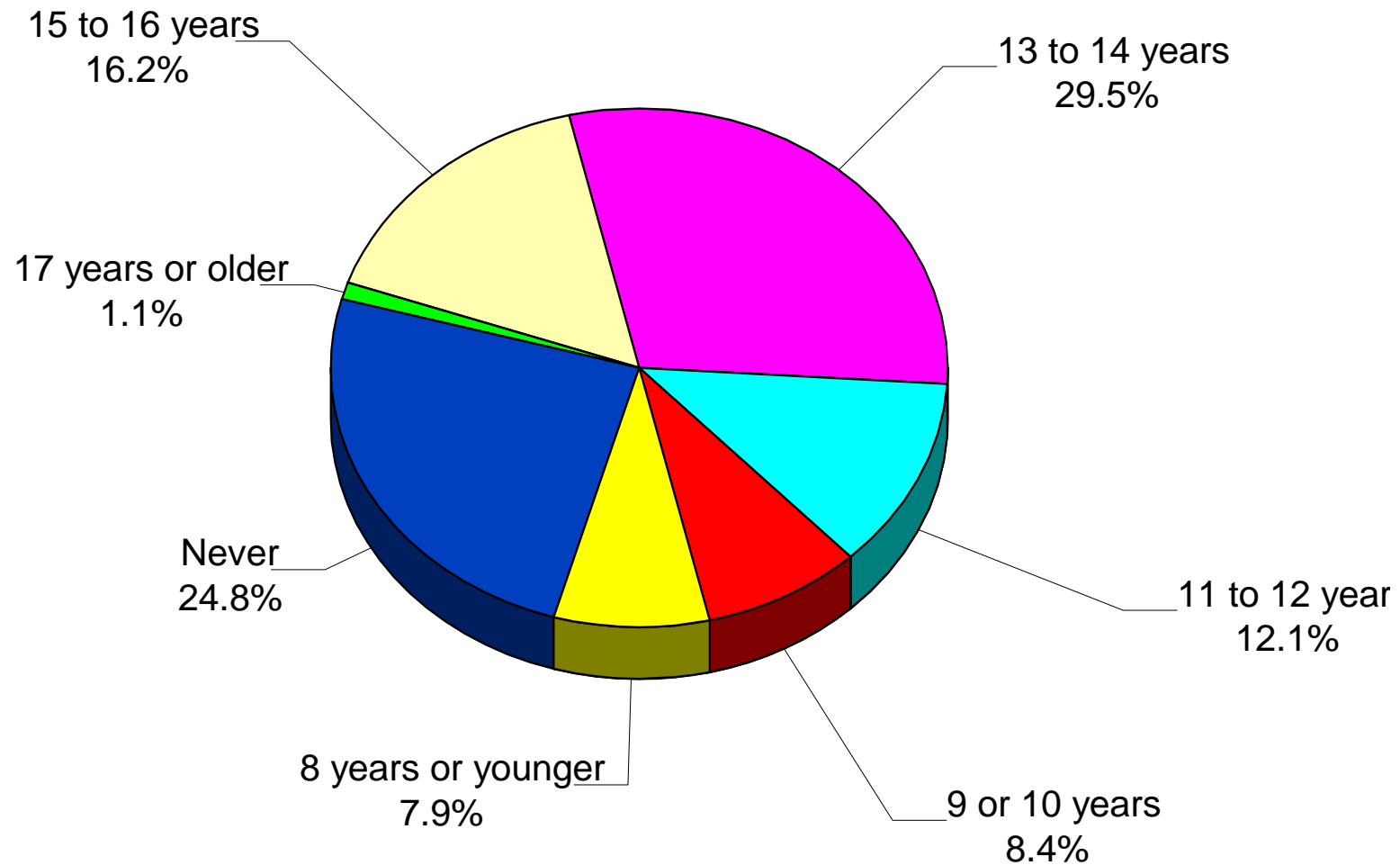


N=741

Percent of respondents who had at least one drink of alcohol on at least one day during their life

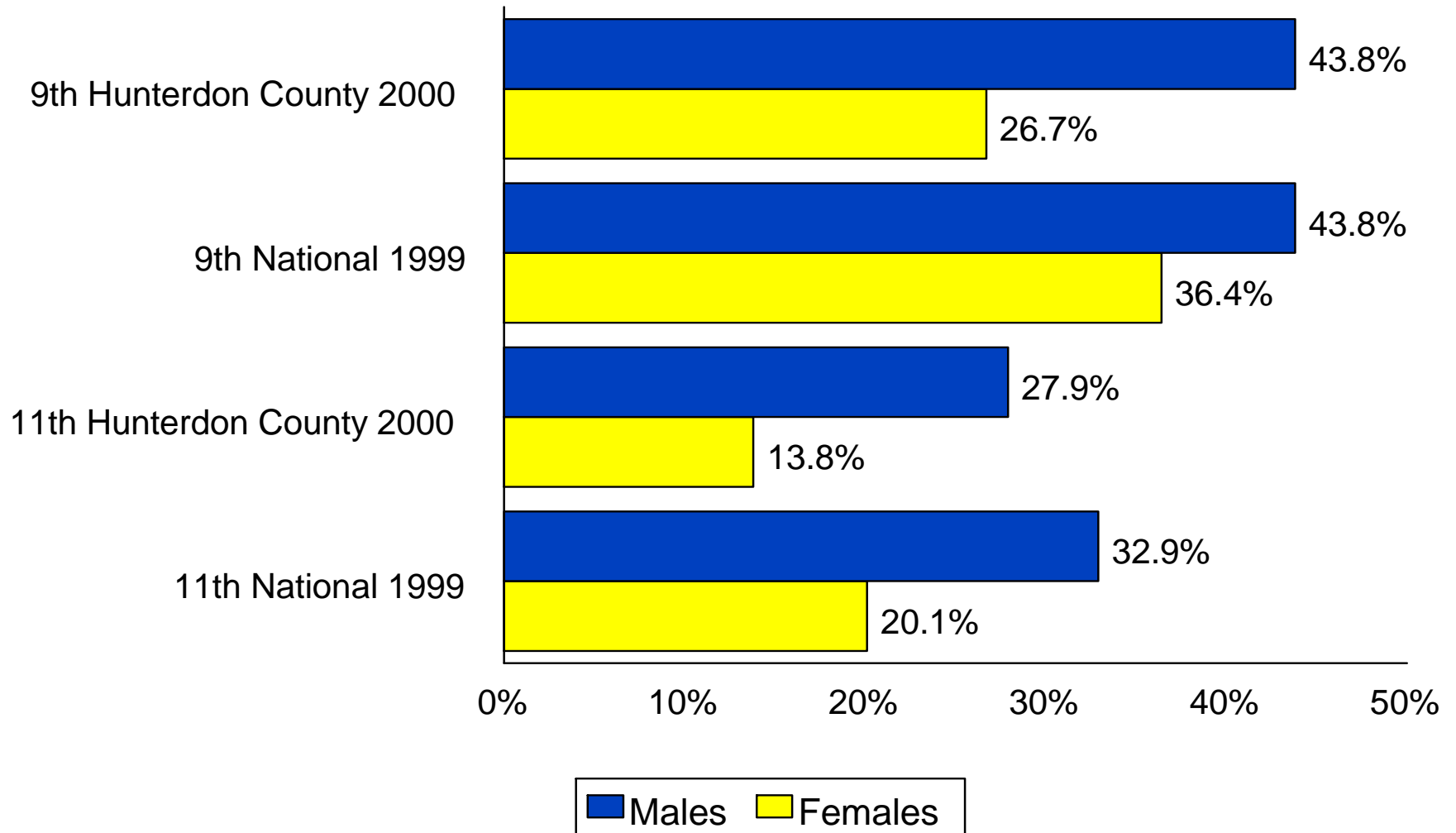


How old were you when you had your first drink of alcohol other than a few sips?

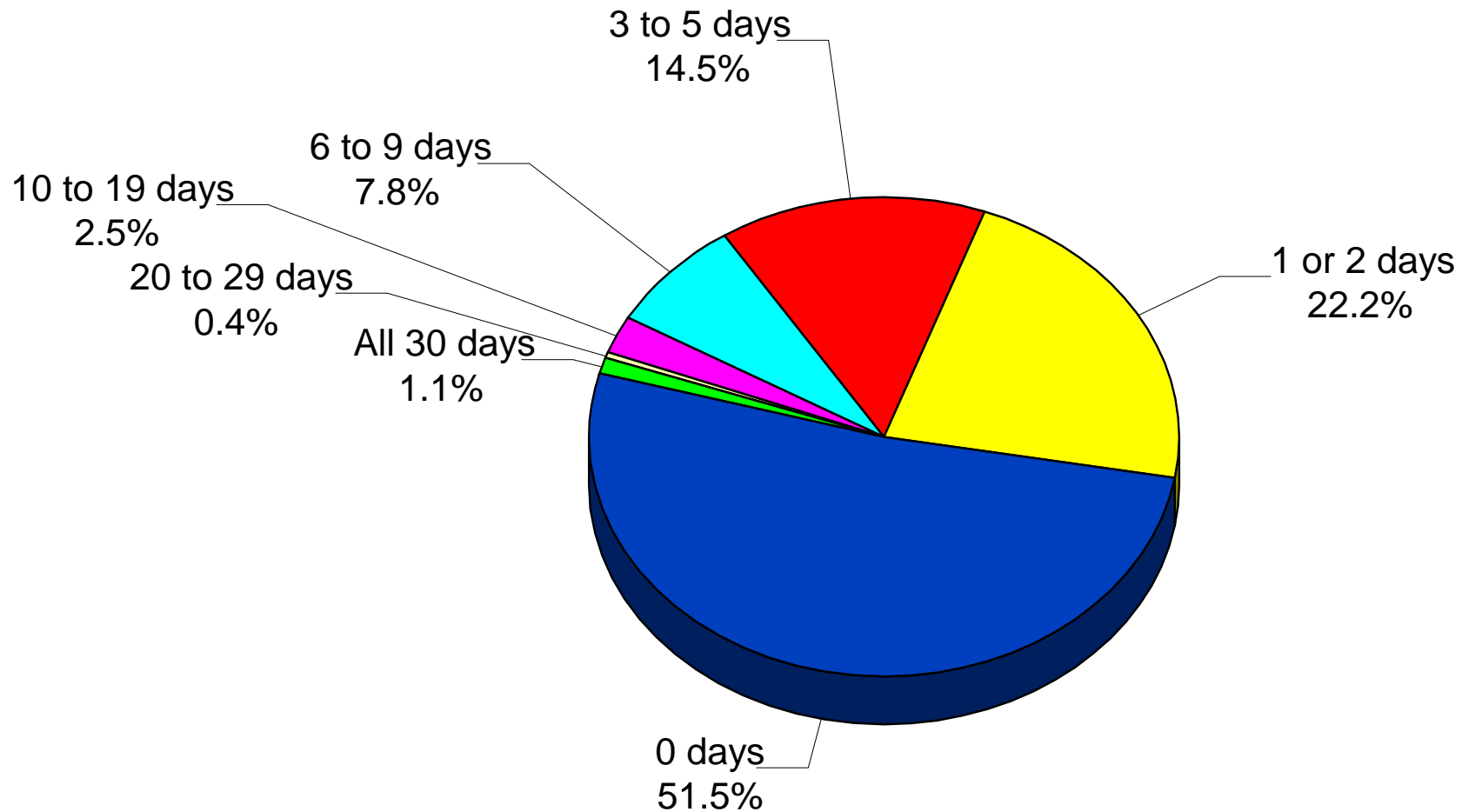


N=746

Percent of respondents who had first drink of alcohol age 12 or younger

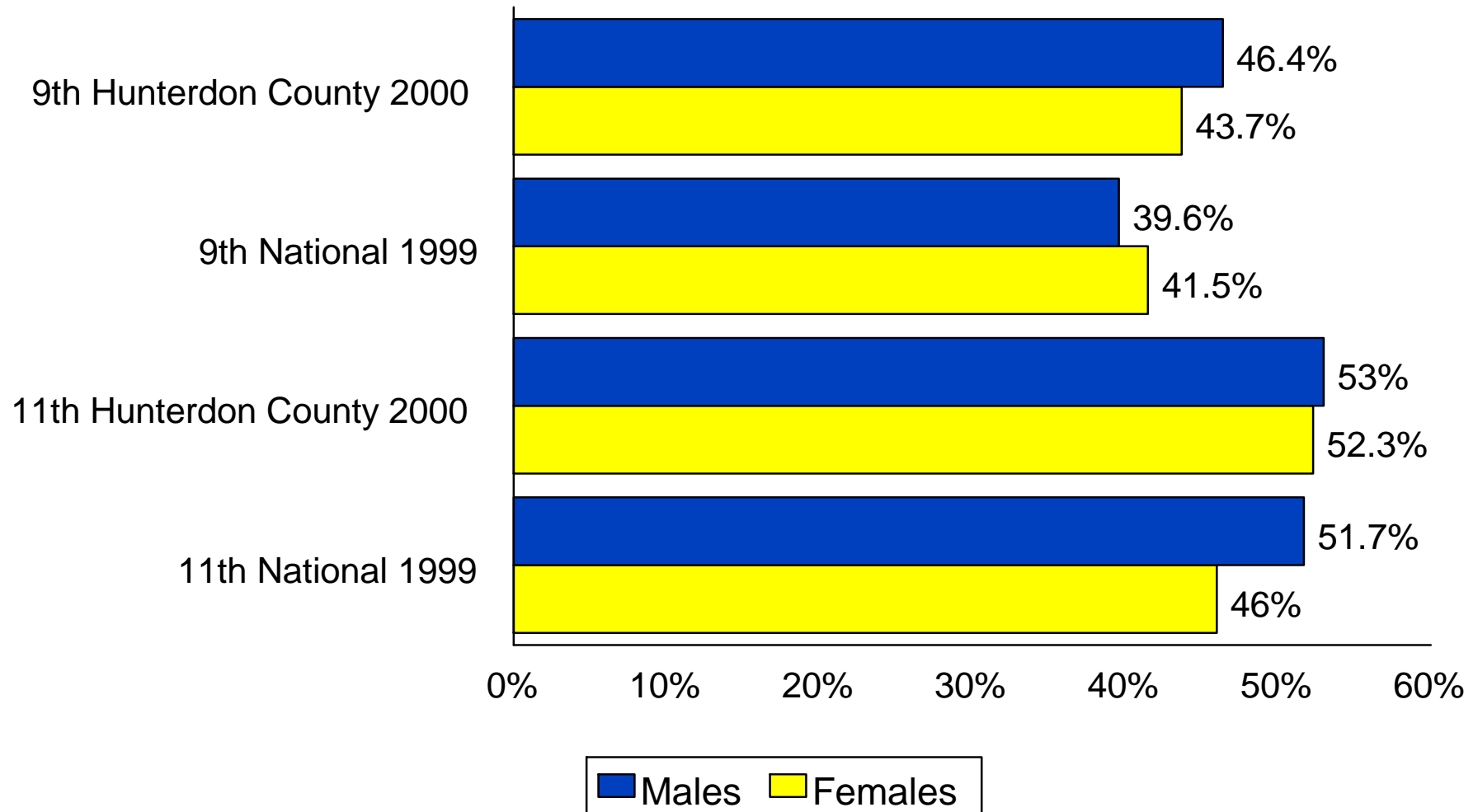


During past 30 days, how many days did you have at least one drink of alcohol?

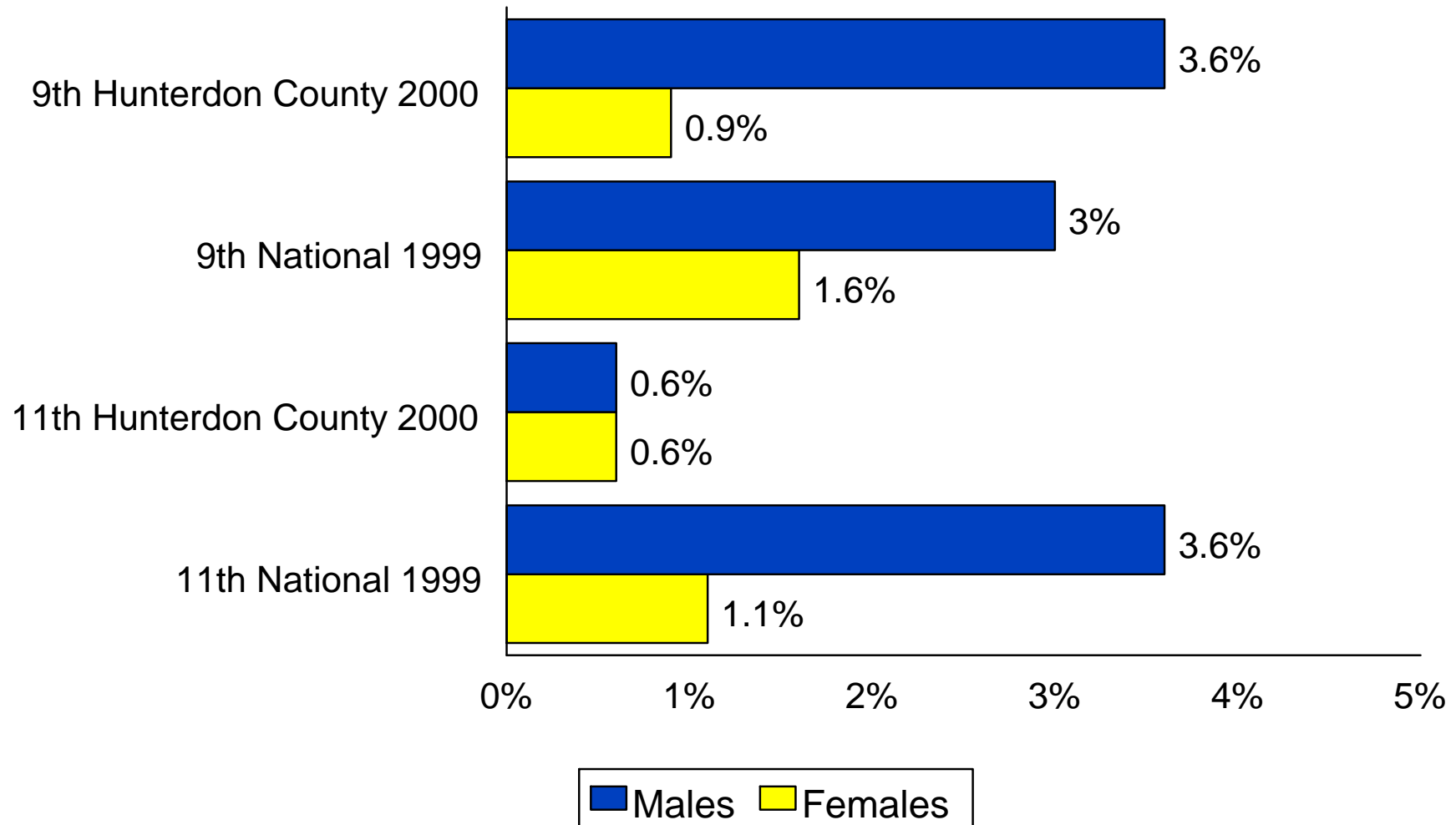


N=747

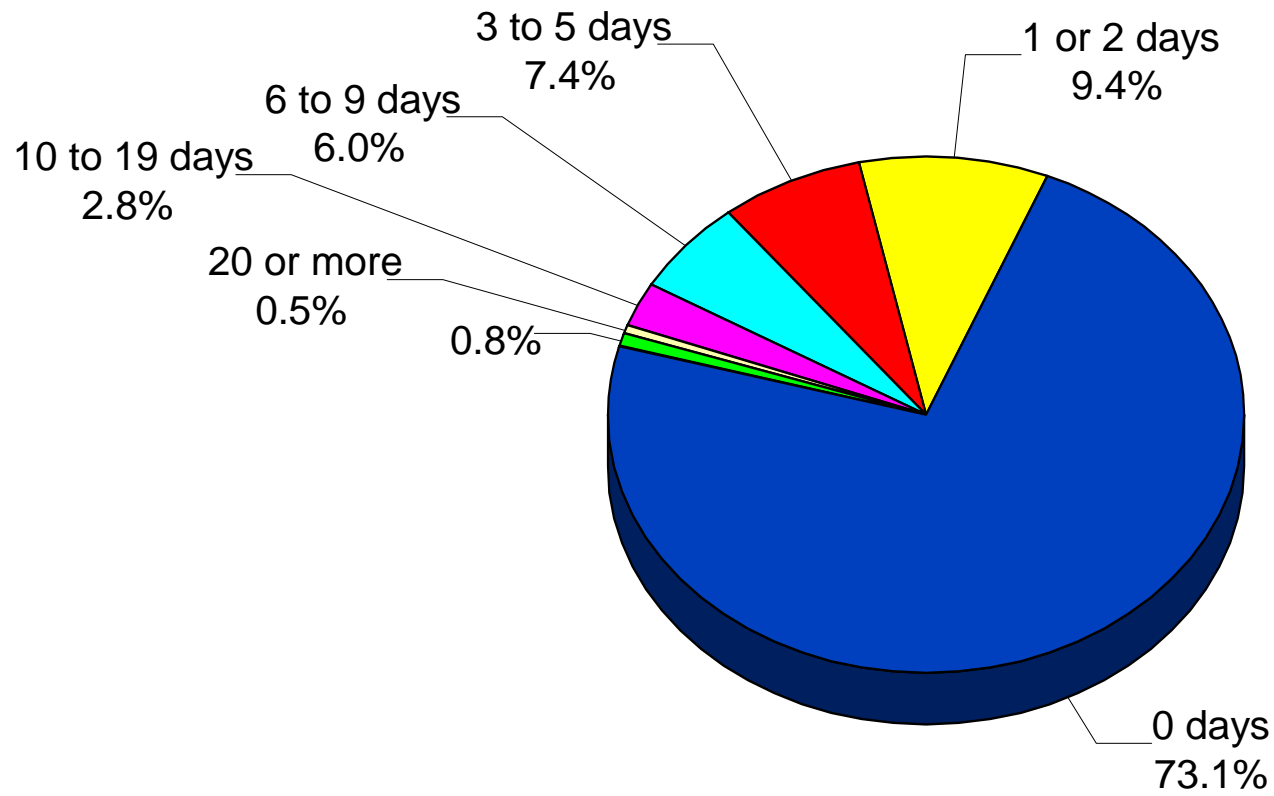
Percent of respondents who have had at least one drink of alcohol on at least one of the past 30 days



Percent of respondents who have had at least one drink of alcohol on at least 20 of the past 30 days

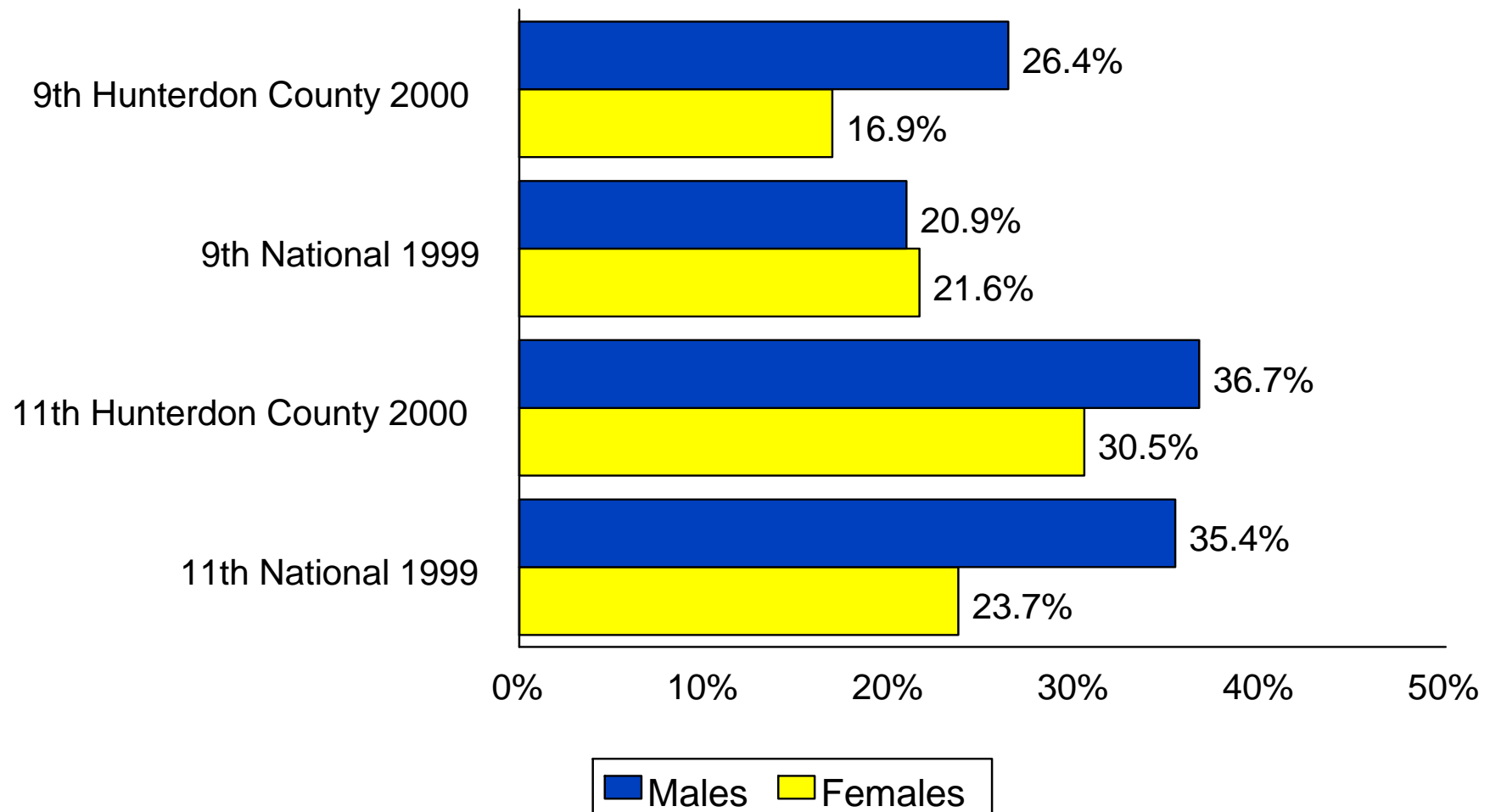


During past 30 days, how many days did you have 5 or more drinks of alcohol in a row within a couple of hours?

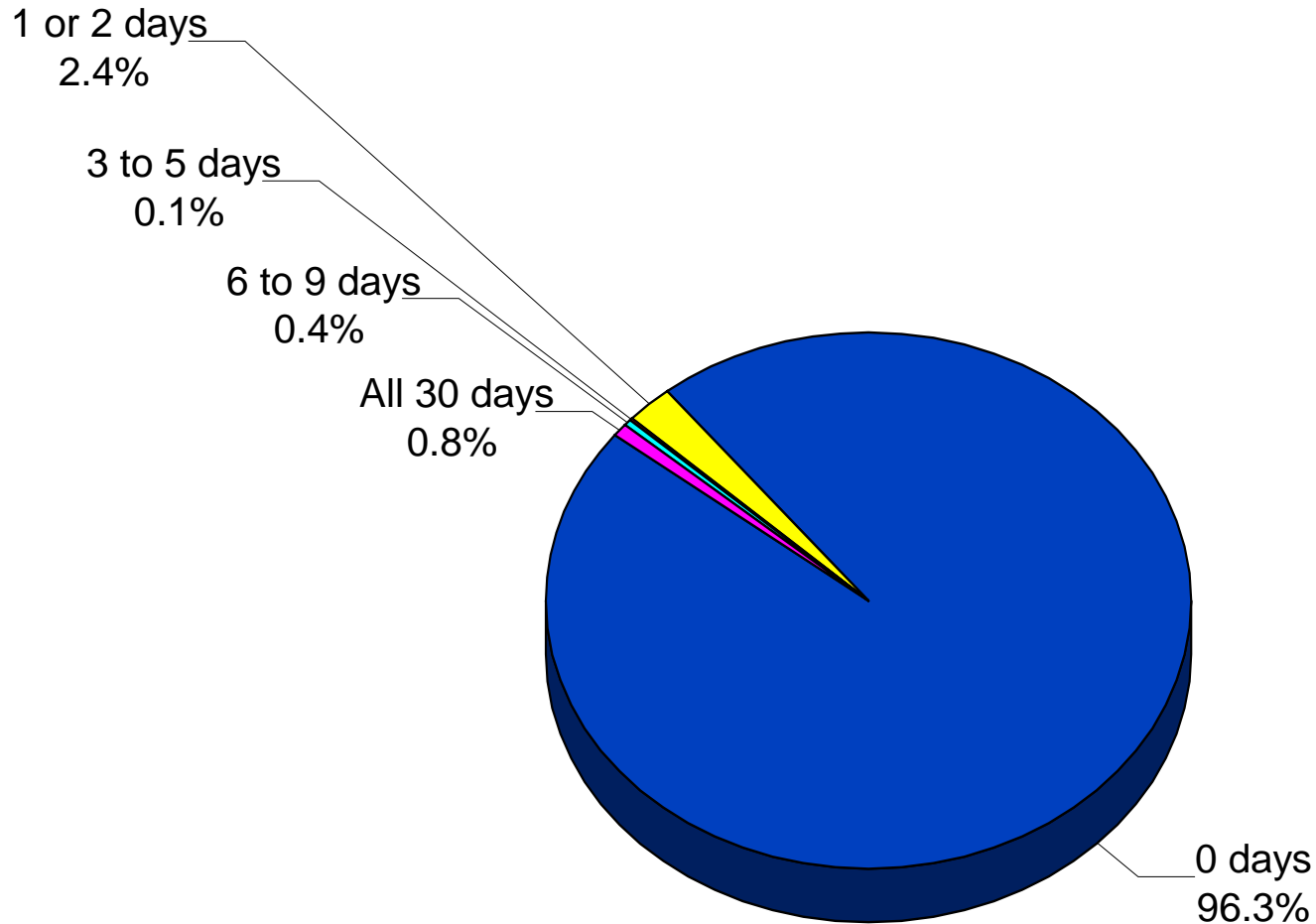


N=746

Percent of respondents who have had 5 or more drinks of alcohol in a row on at least one of the past 30 days

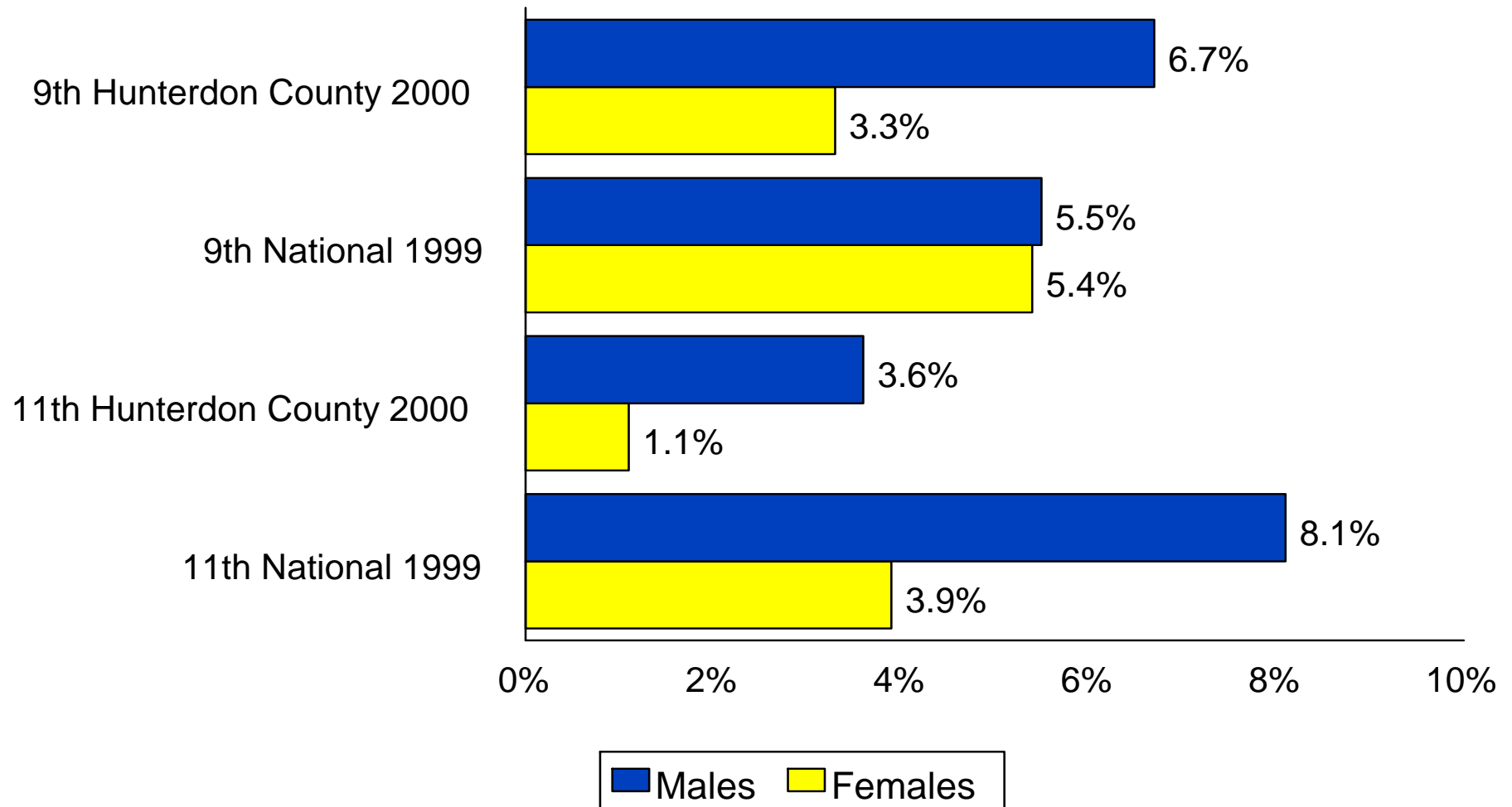


During past 30 days, how many days did you have at least one drink of alcohol on school property?

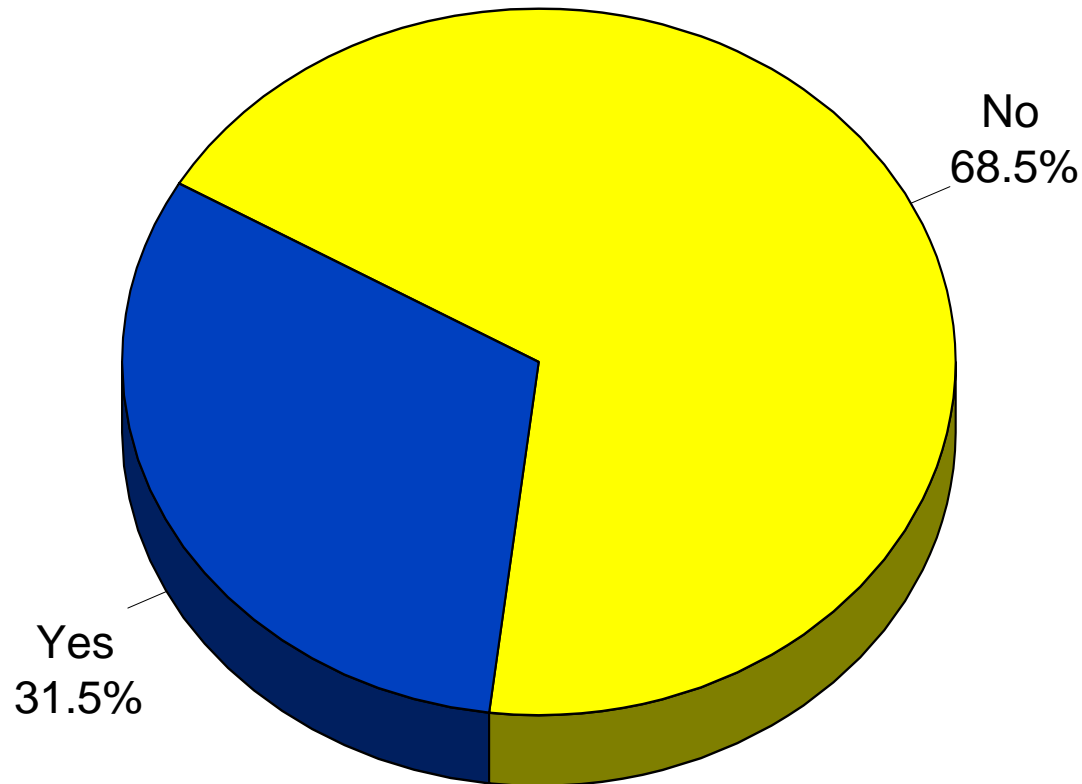


N=748

Percent of respondents who drank on school property at least one of the past 30 days

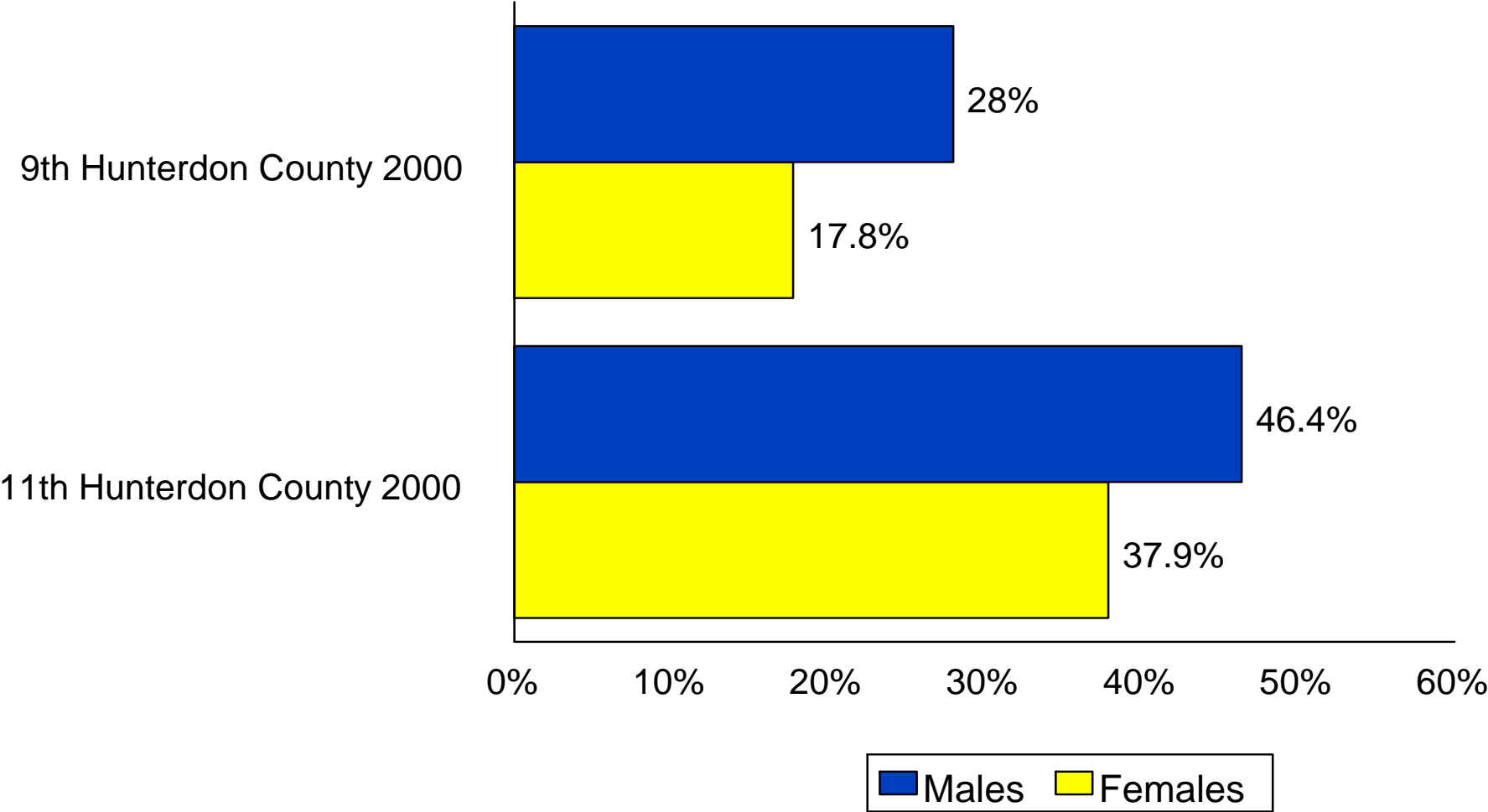


Have you ever used marijuana, cocaine or other drugs or substances?



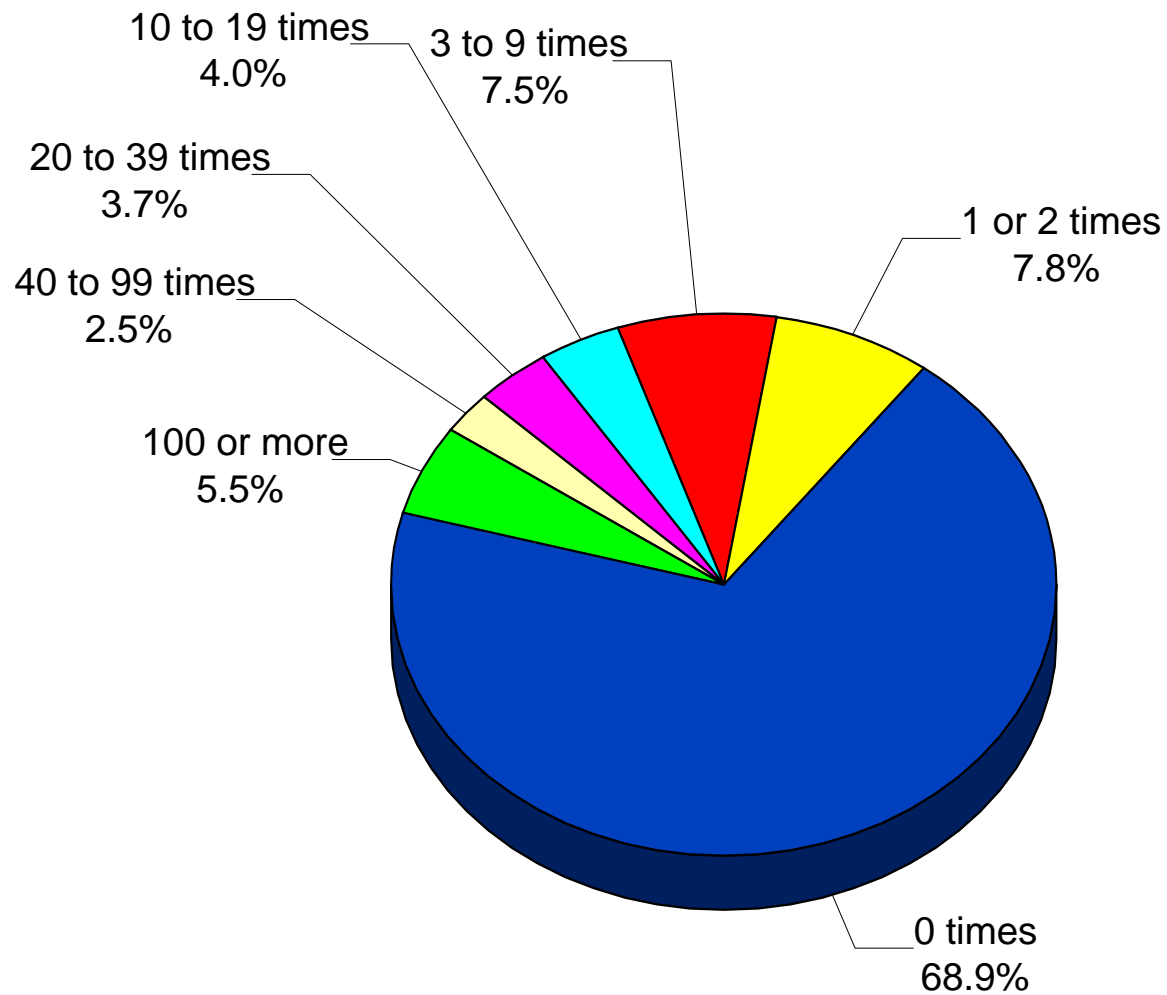
N=746

Percent of respondents that have used marijuana, cocaine or other drugs or substances



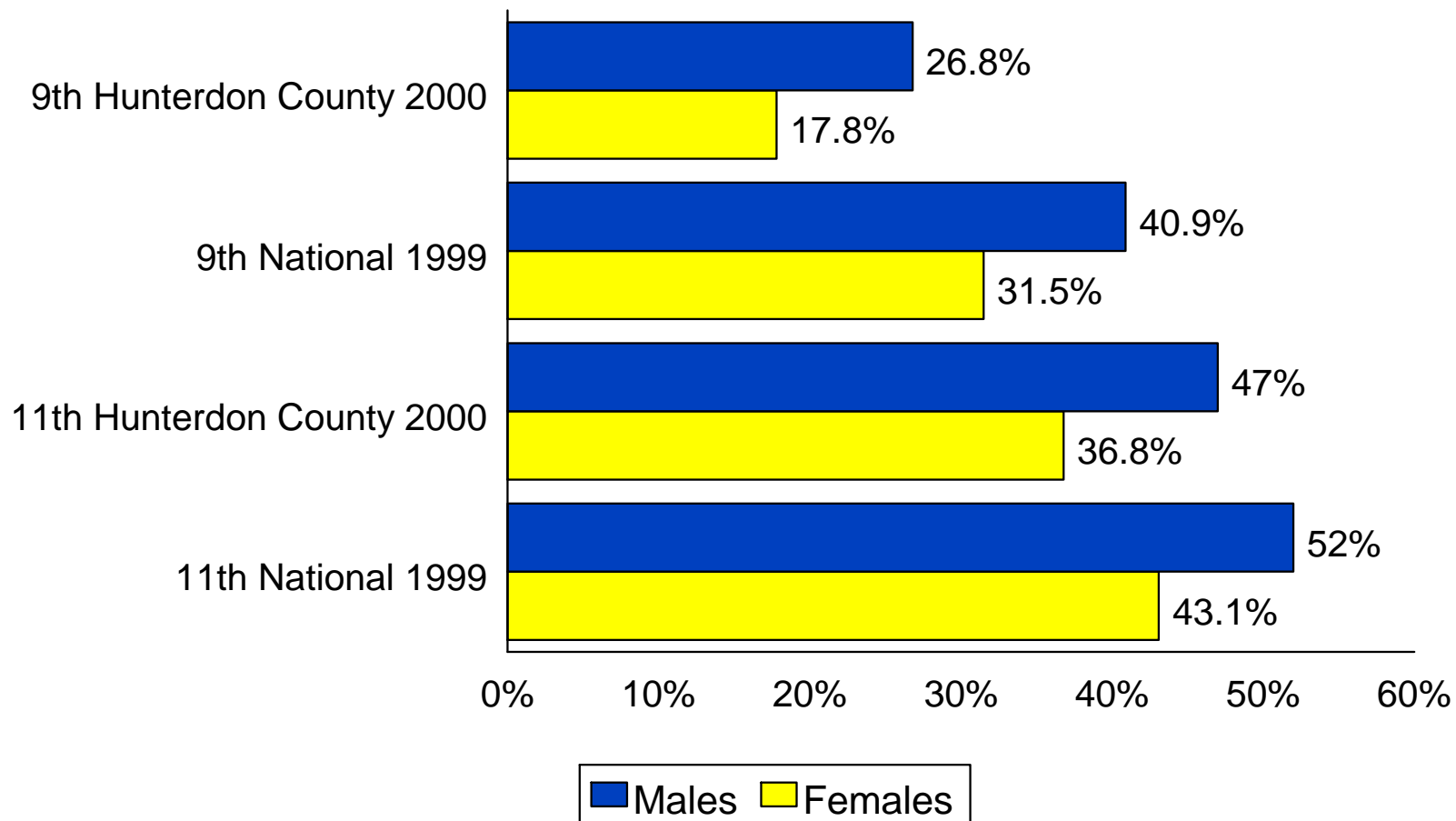
Note: No National data for comparison

During your life, how many times have you used marijuana?

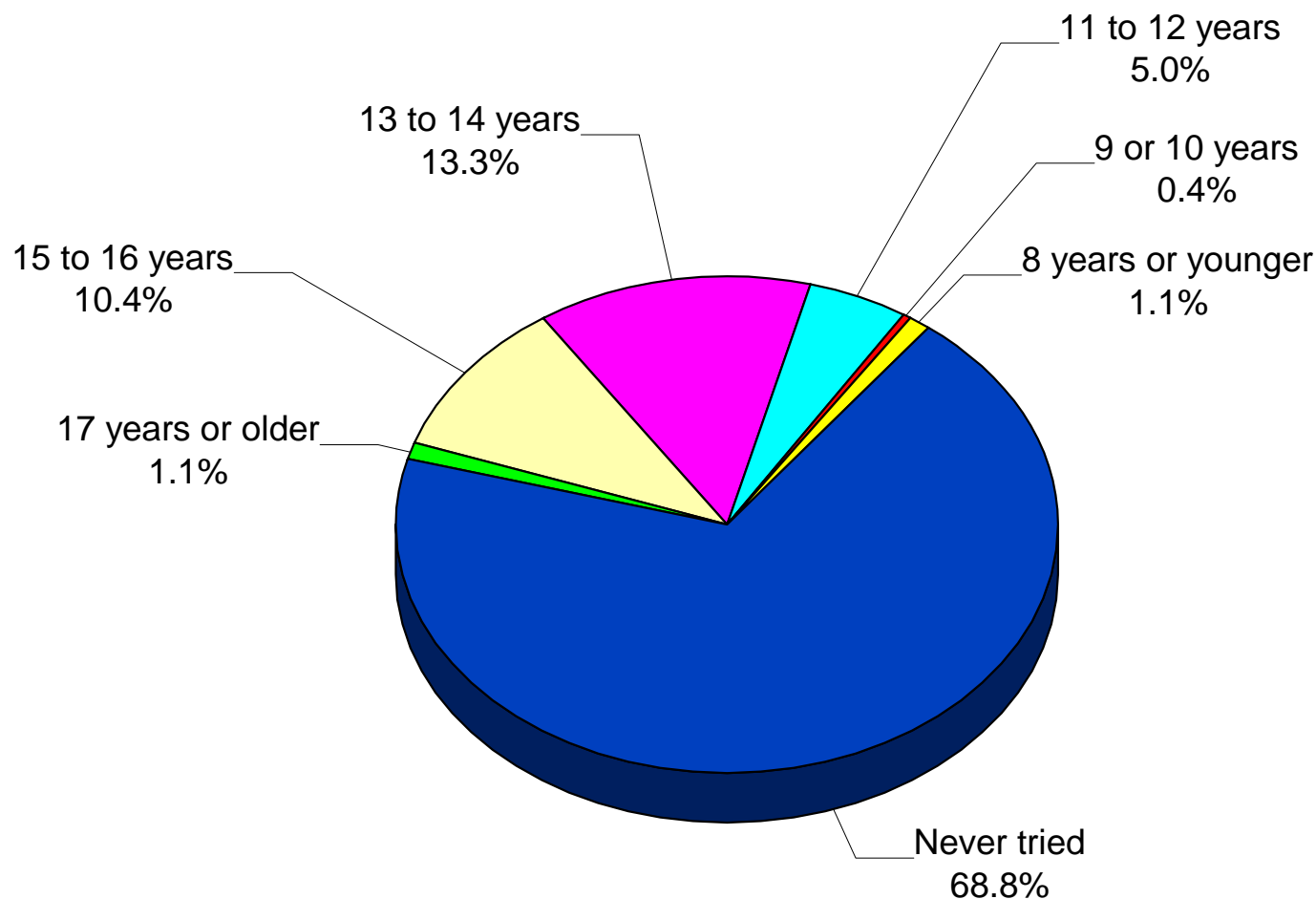


N=747

Percent of respondents who have used marijuana at least once during their life

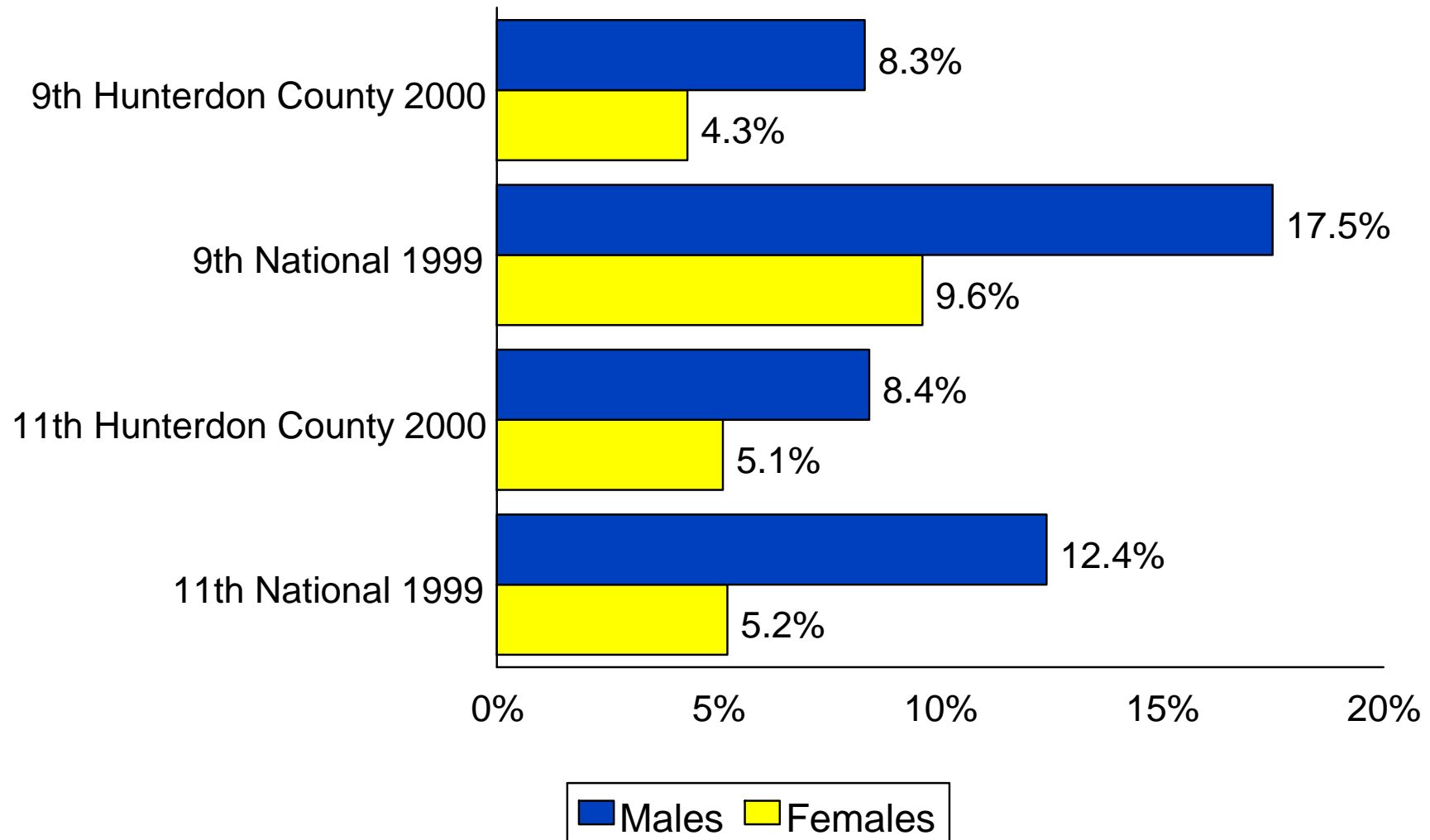


How old were you when you tried marijuana for the first time?

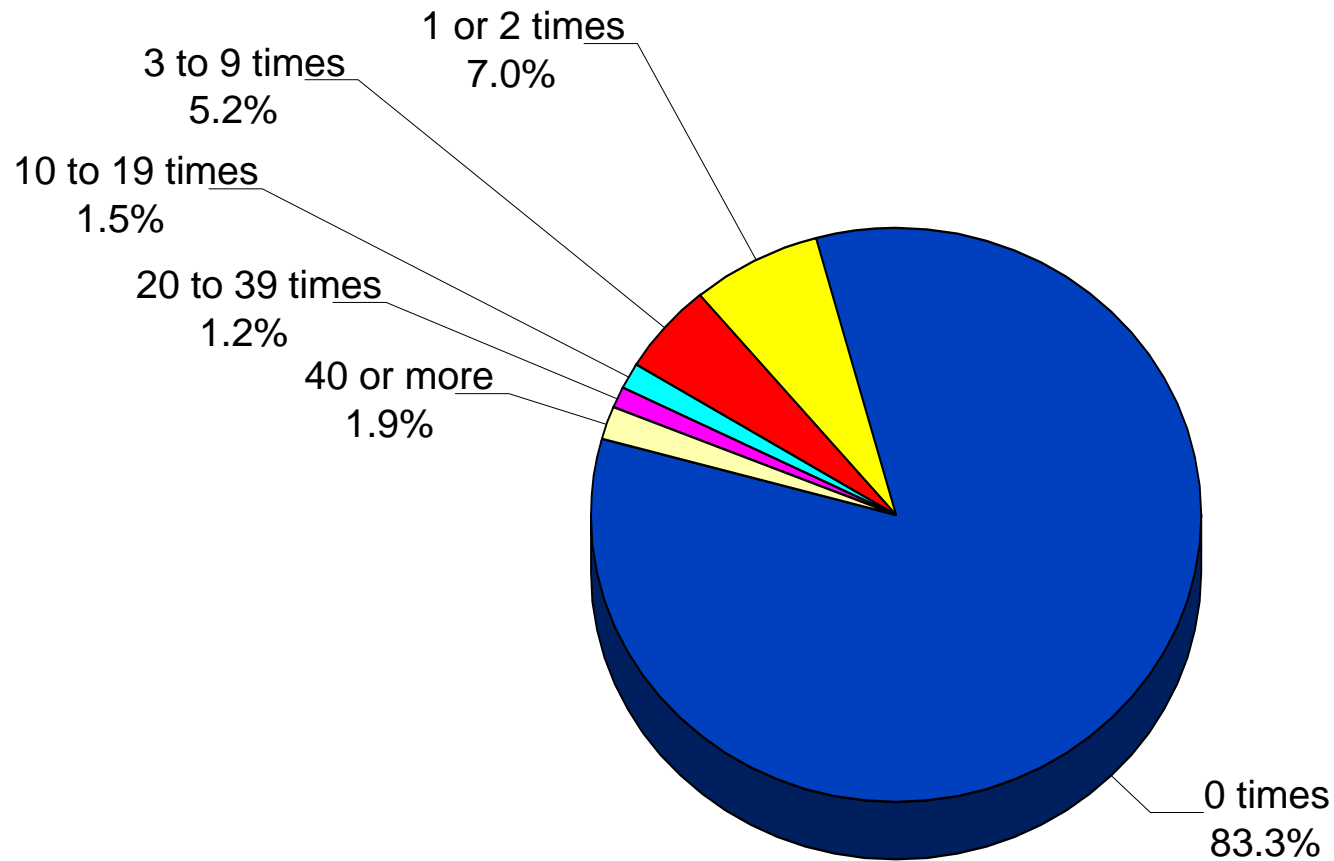


N=747

Percent of respondents who first tried marijuana age 12 or younger

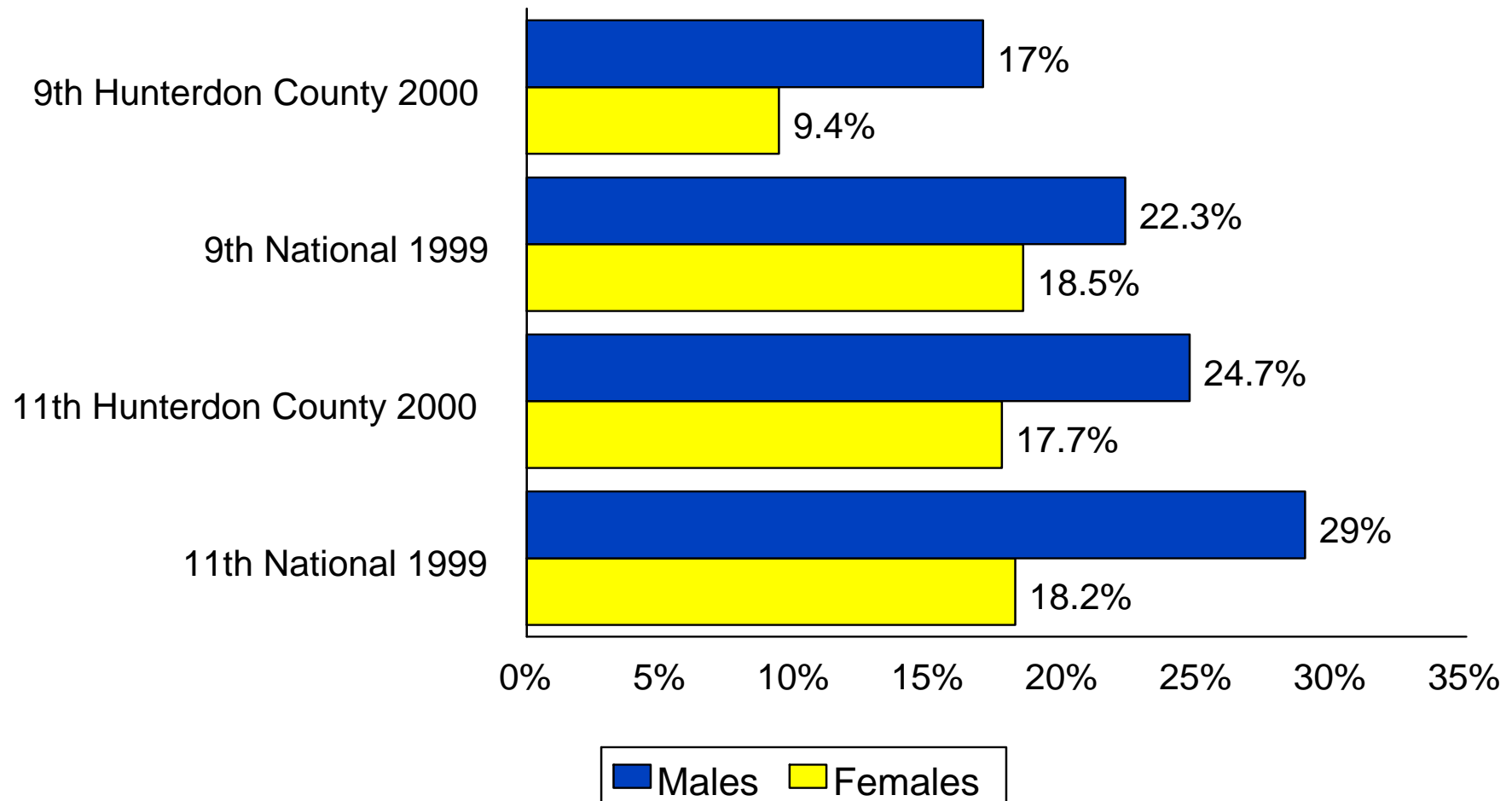


During past 30 days, how many times did you use marijuana?

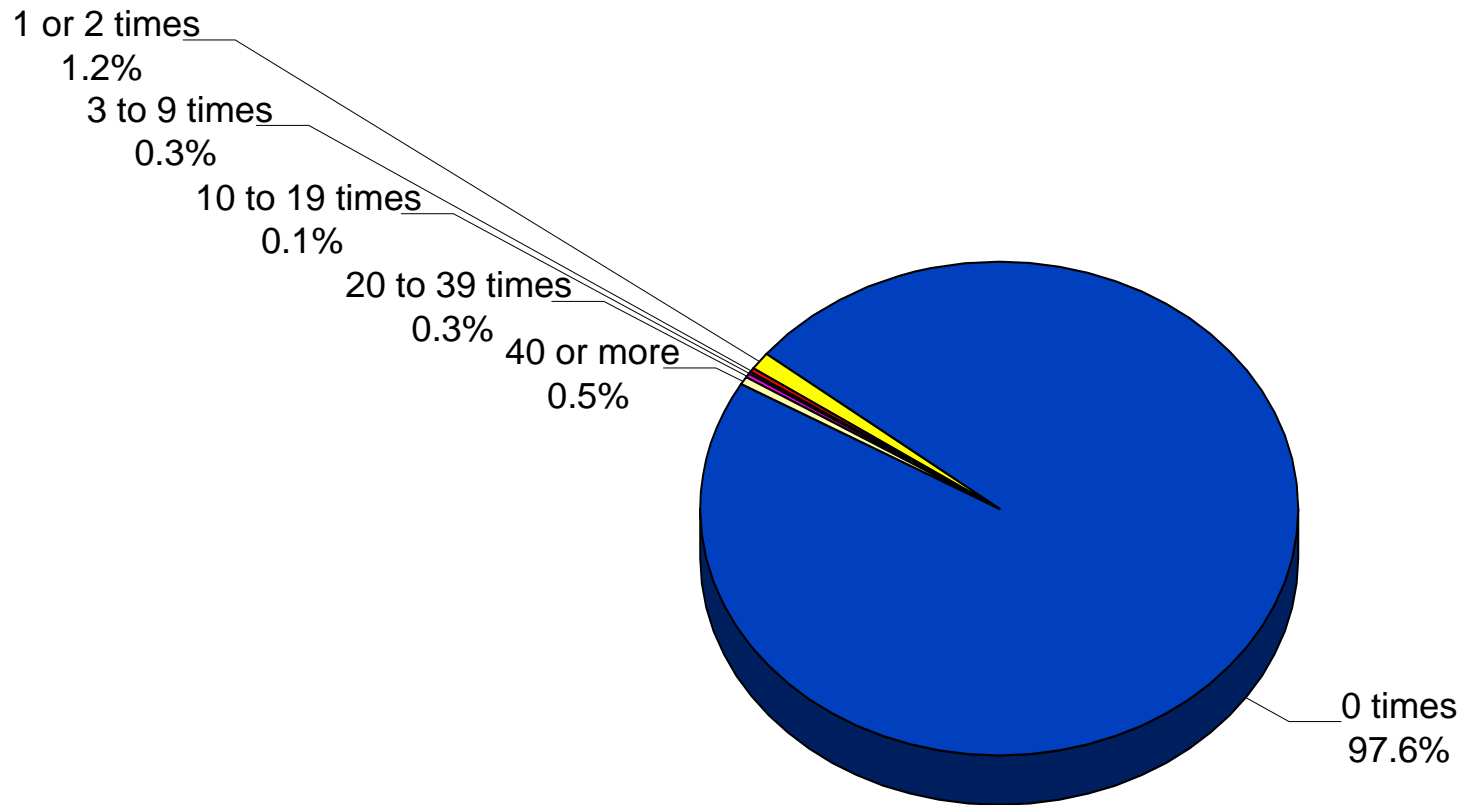


N=747

Percent of respondents who have used marijuana at least once in the last 30 days

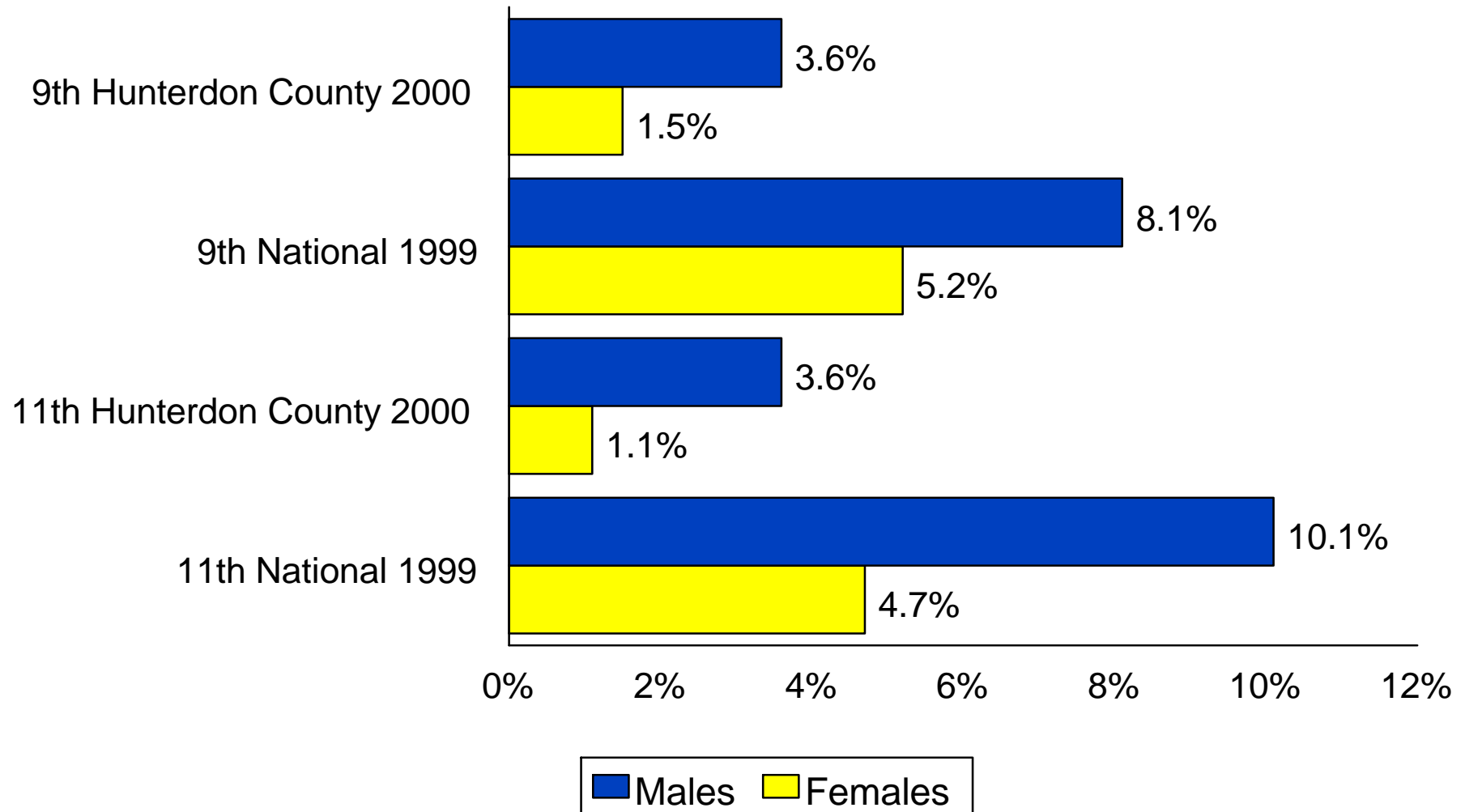


During past 30 days, how many times did you use marijuana on school property?

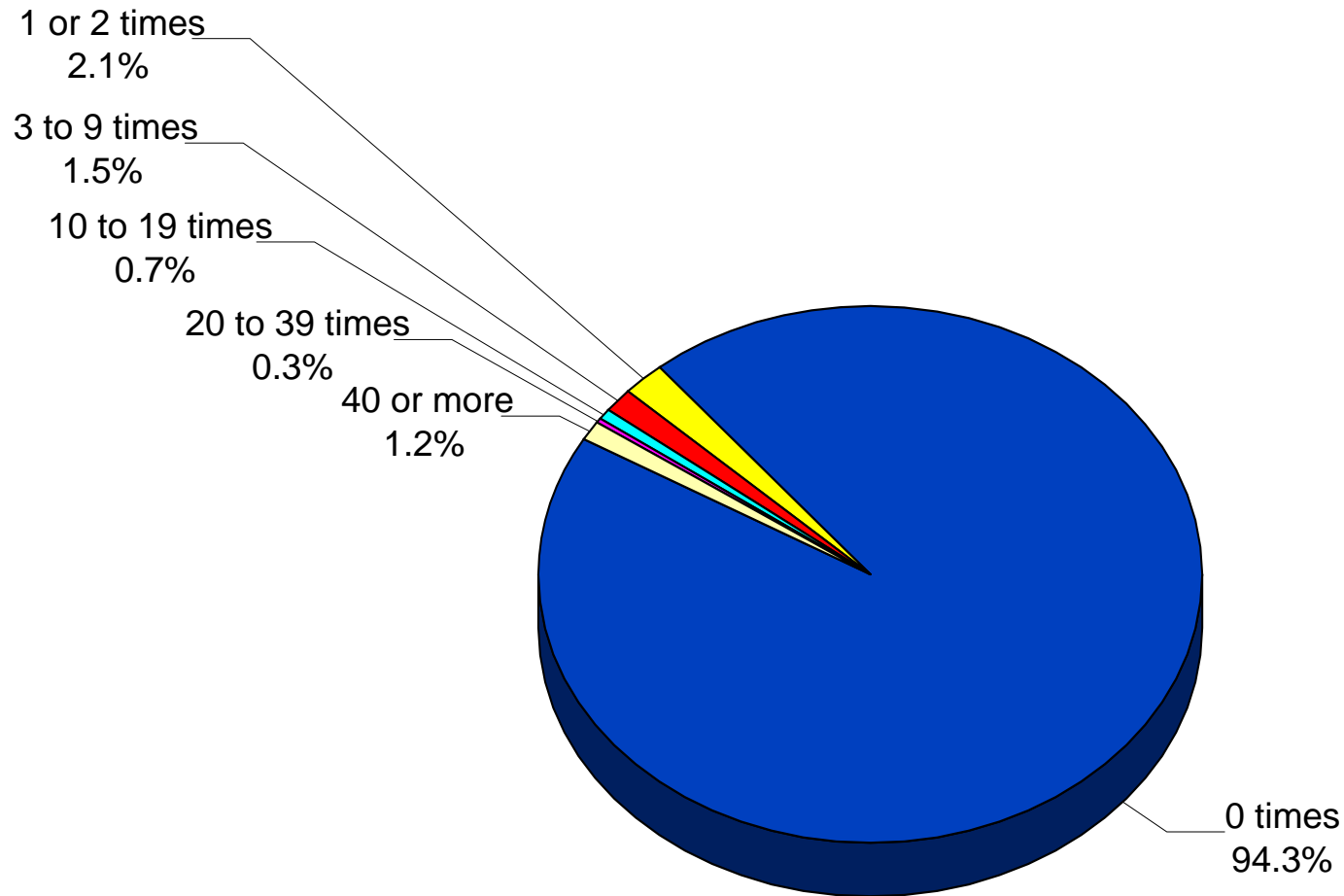


N=747

Percent of respondents who have used marijuana on school property at least once in the last 30 days

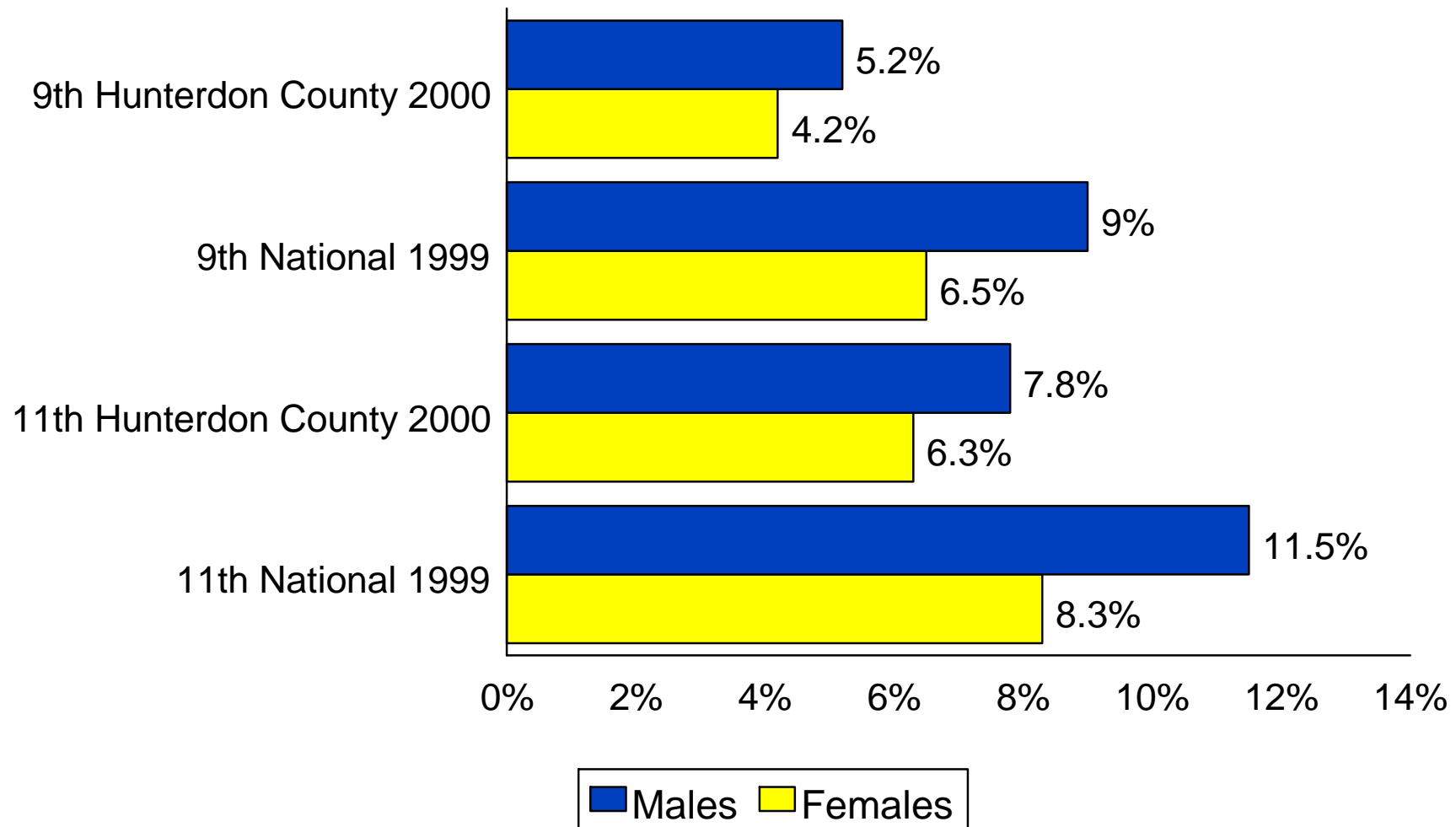


During your life, how many times have you used any form of cocaine?

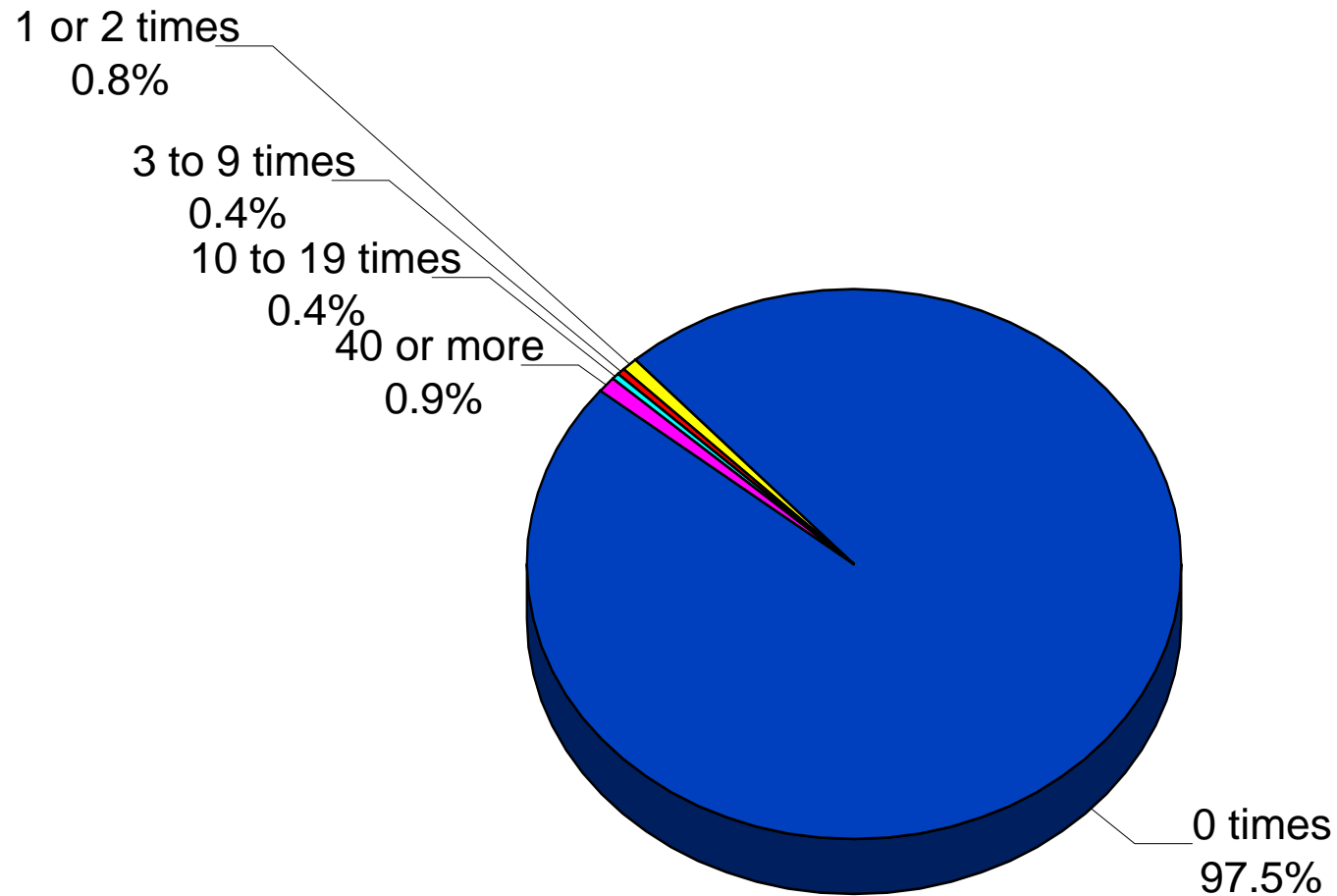


N=748

Percent of respondents who have used any form of cocaine during their life

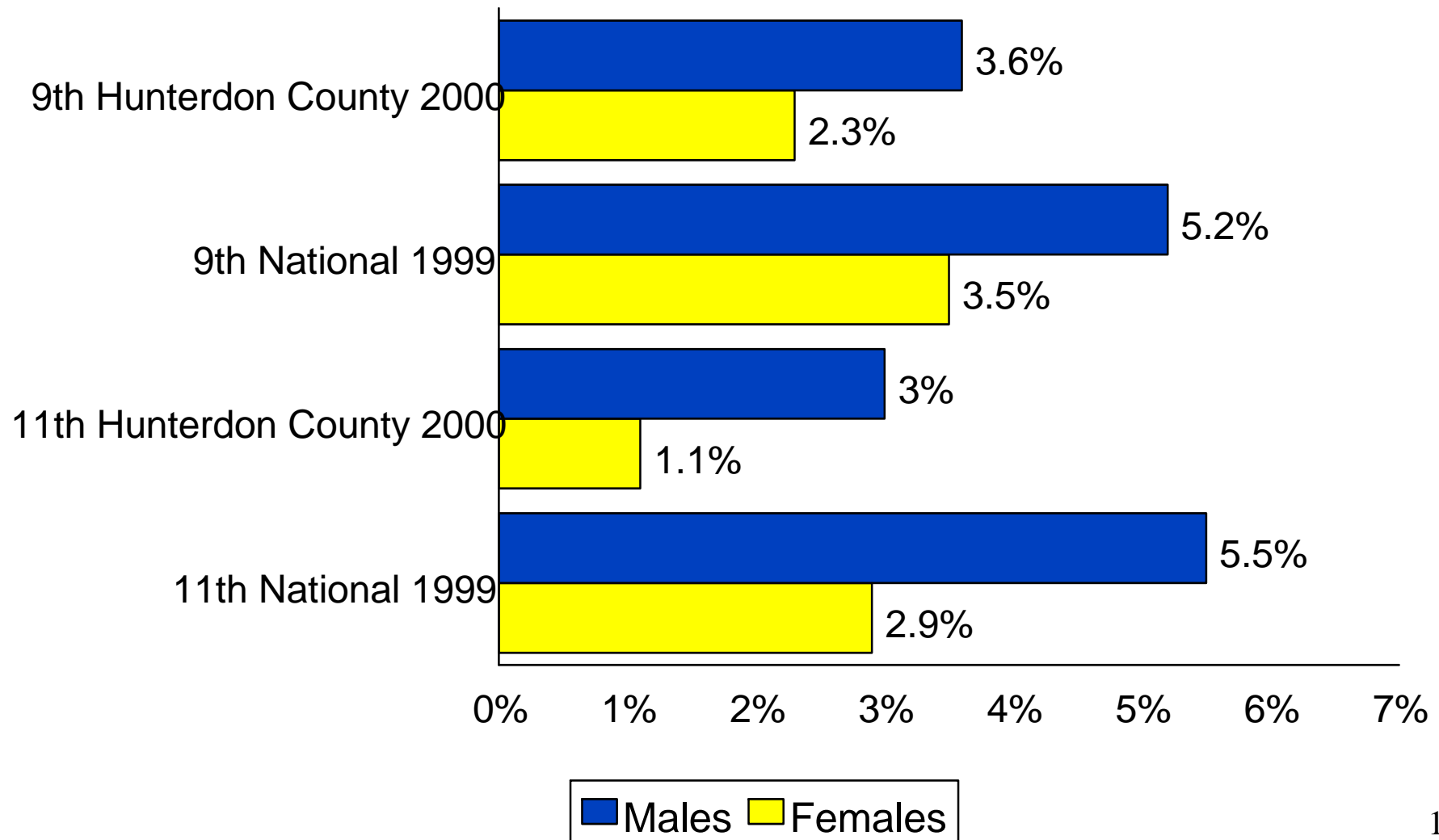


During the past 30 days, how many times did you use any form of cocaine?

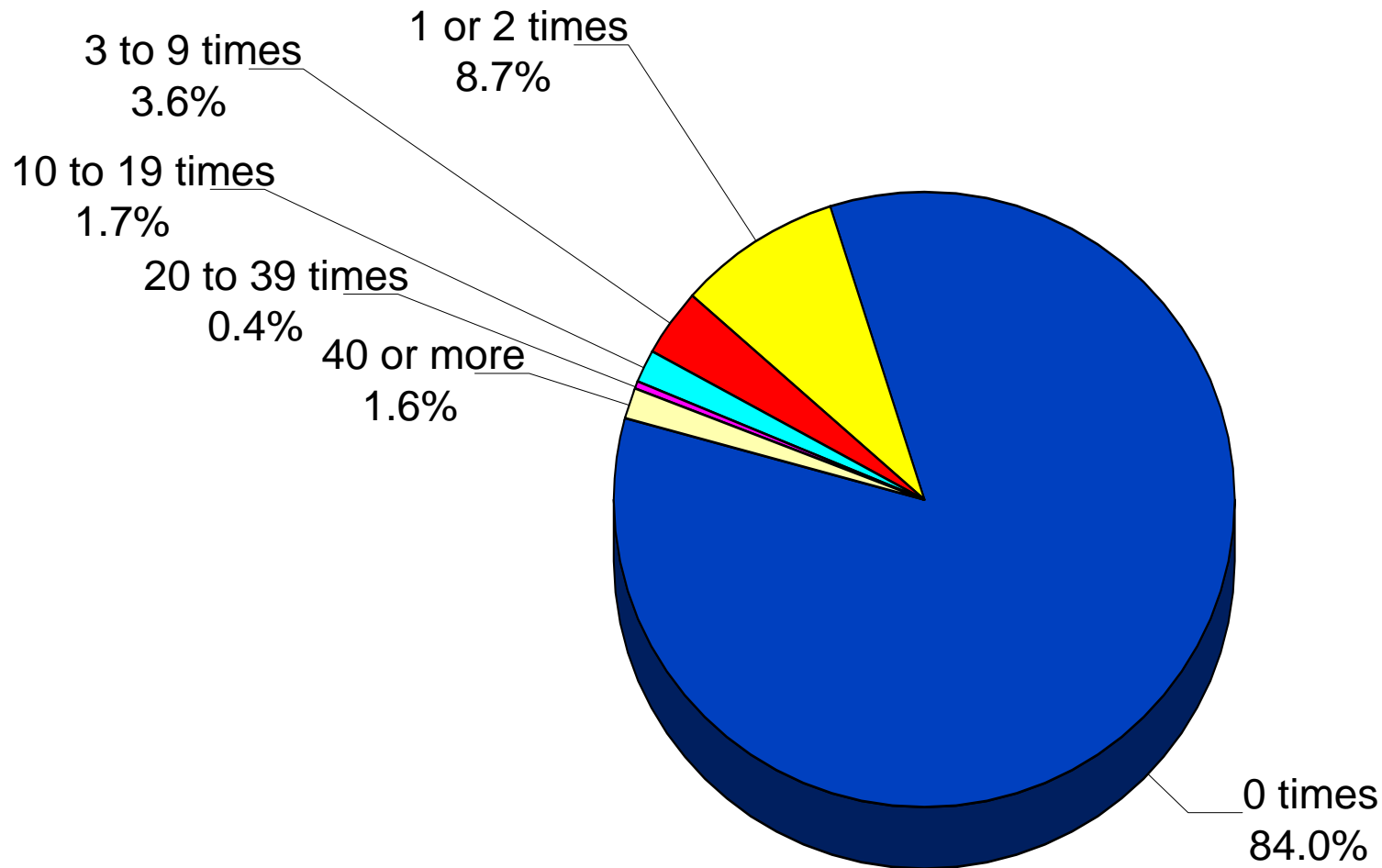


N=748

Percent of respondents who have used any form of cocaine in the last 30 days

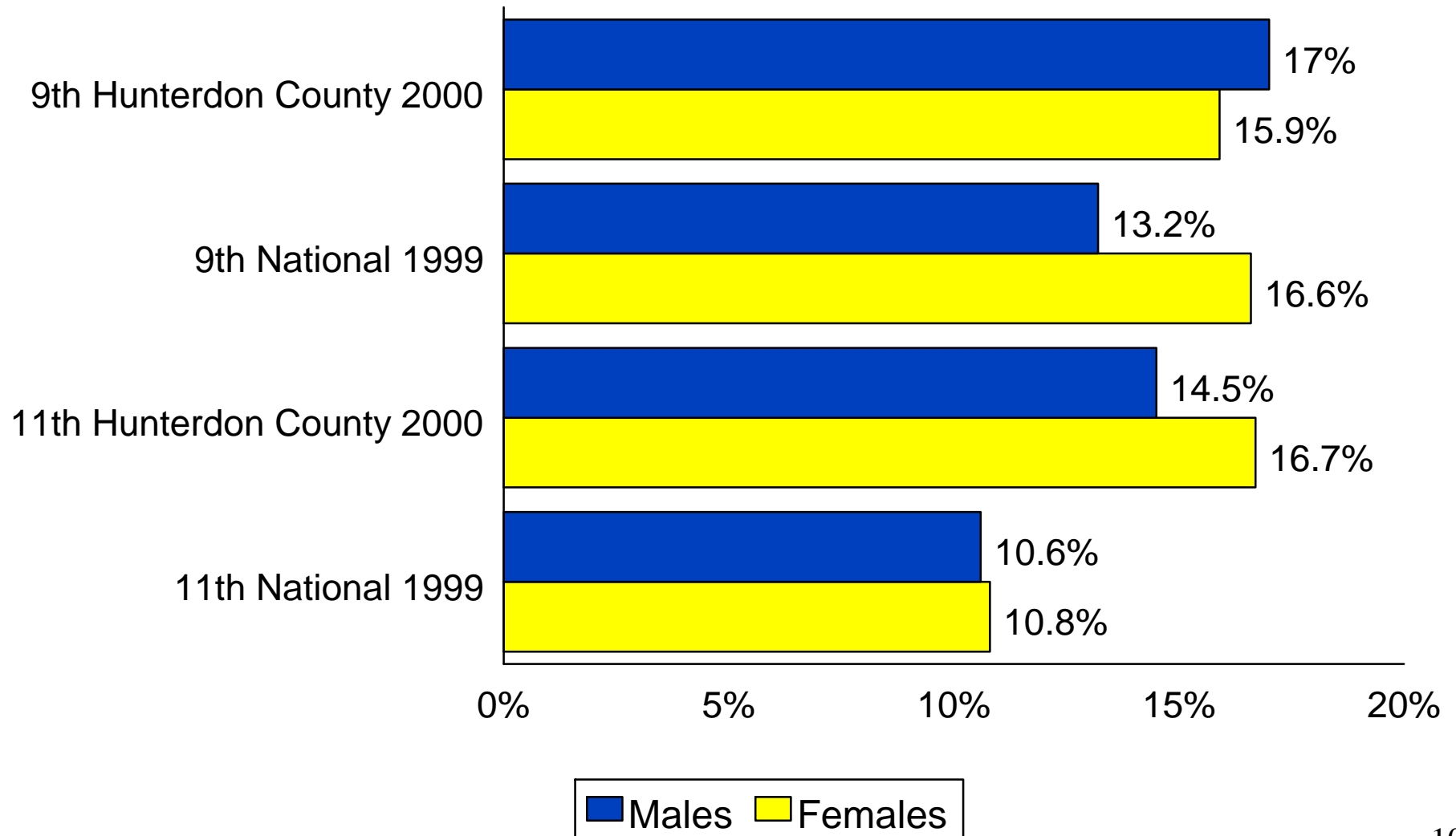


During your life, how many times have you sniffed glue to get high?

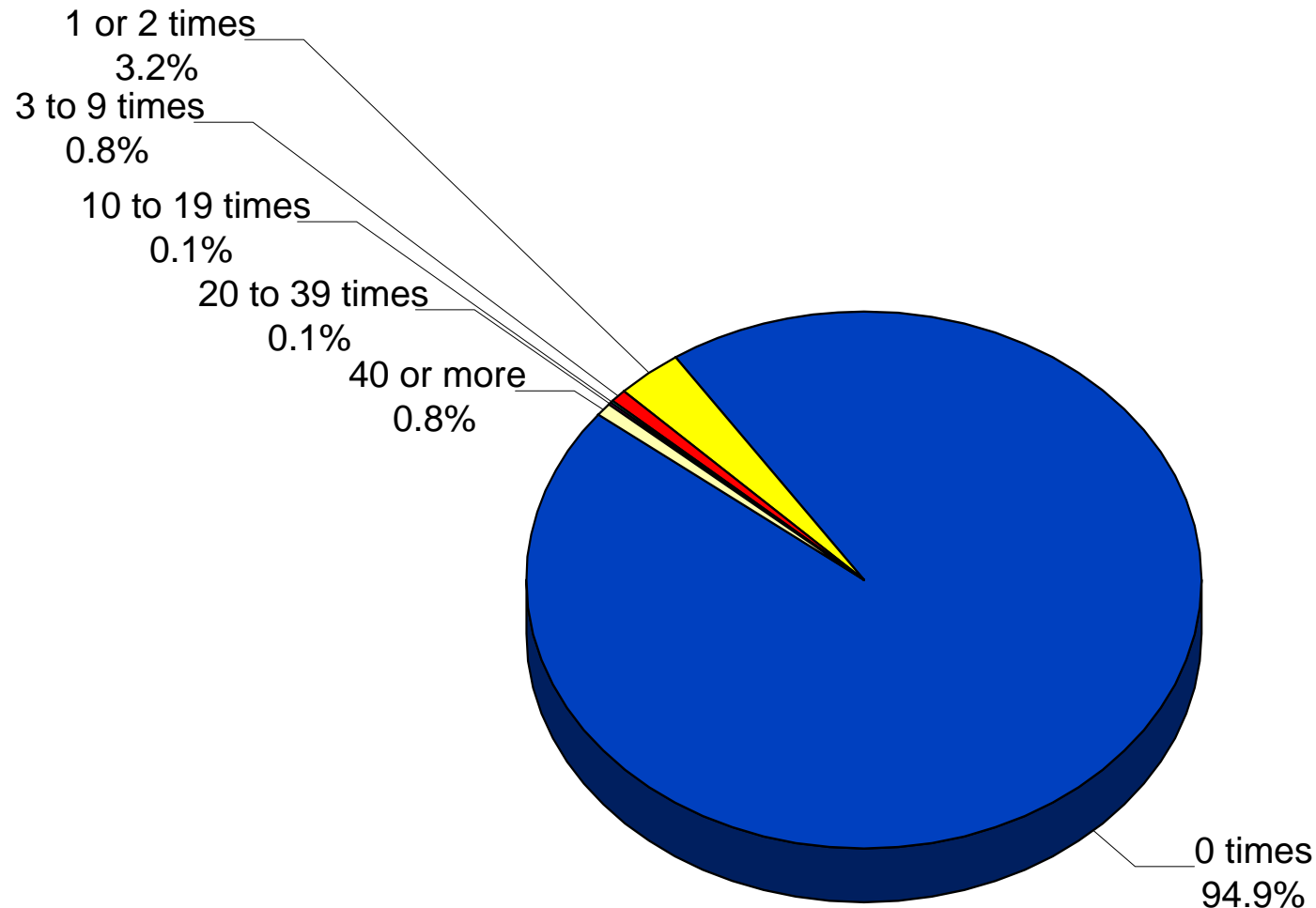


N=748

Percent of respondents who have sniffed glue to get high during their life

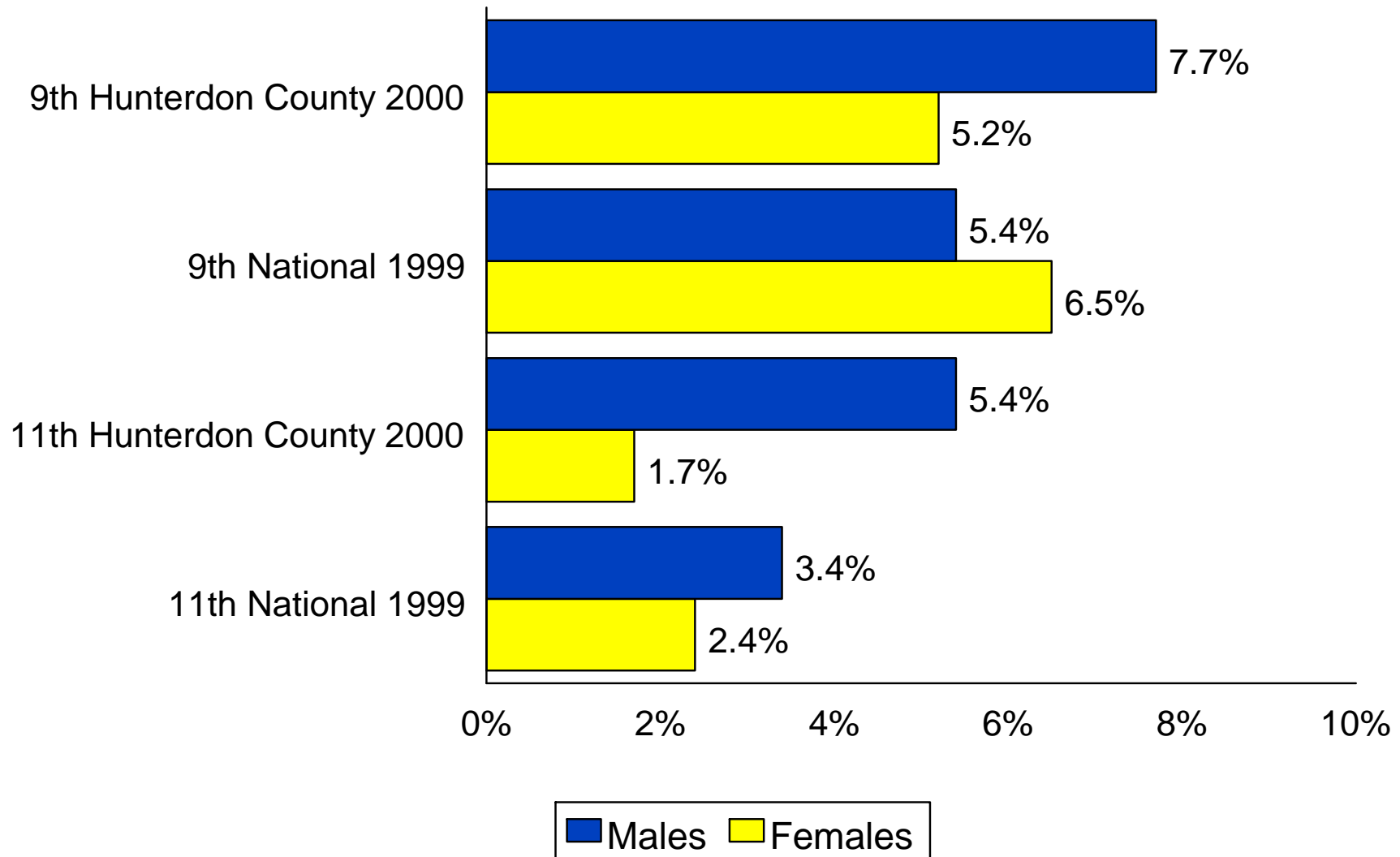


During the past 30 days, how many times did you sniff glue to get high?

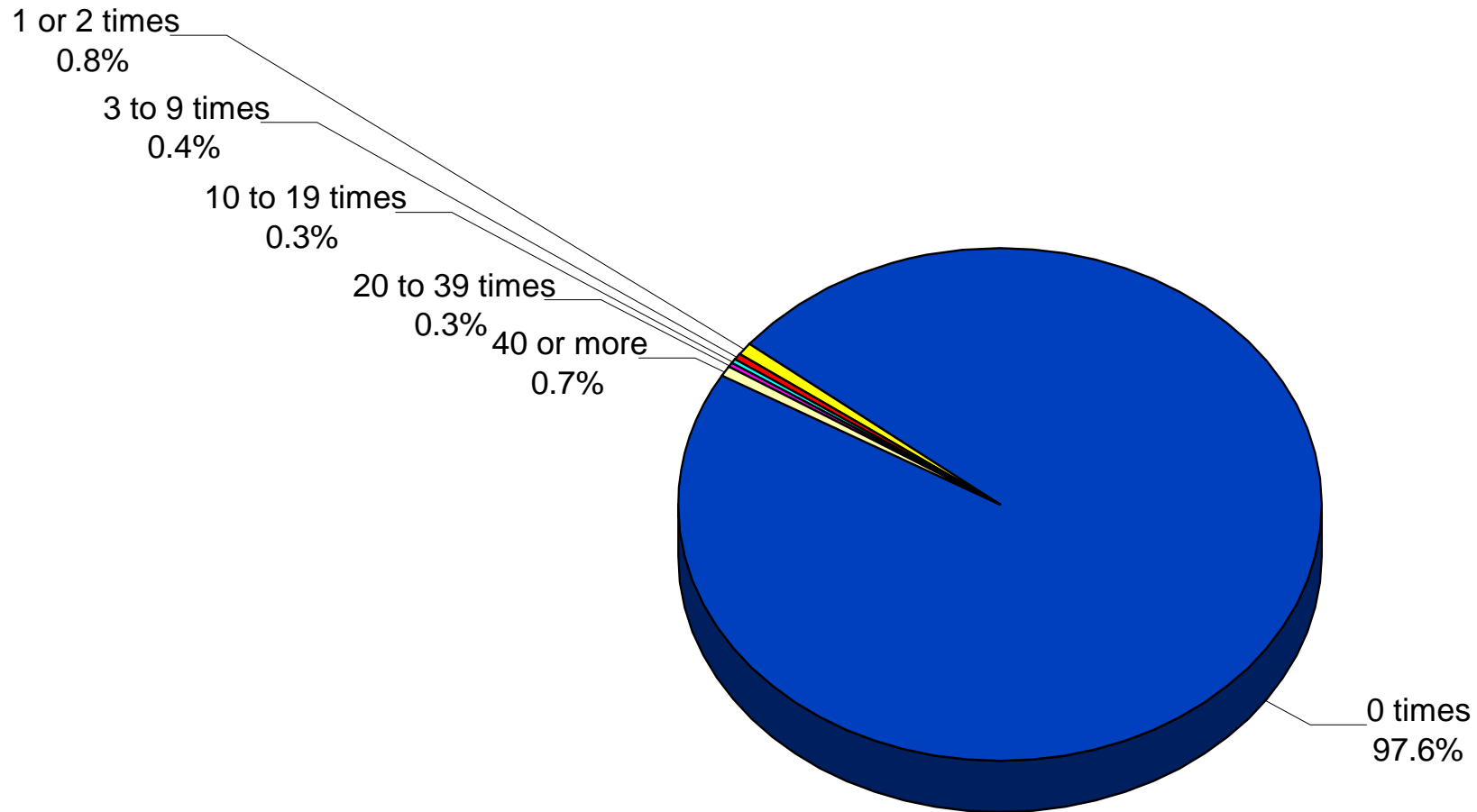


N=747

Percent of respondents who have sniffed glue to get high in the last 30 days

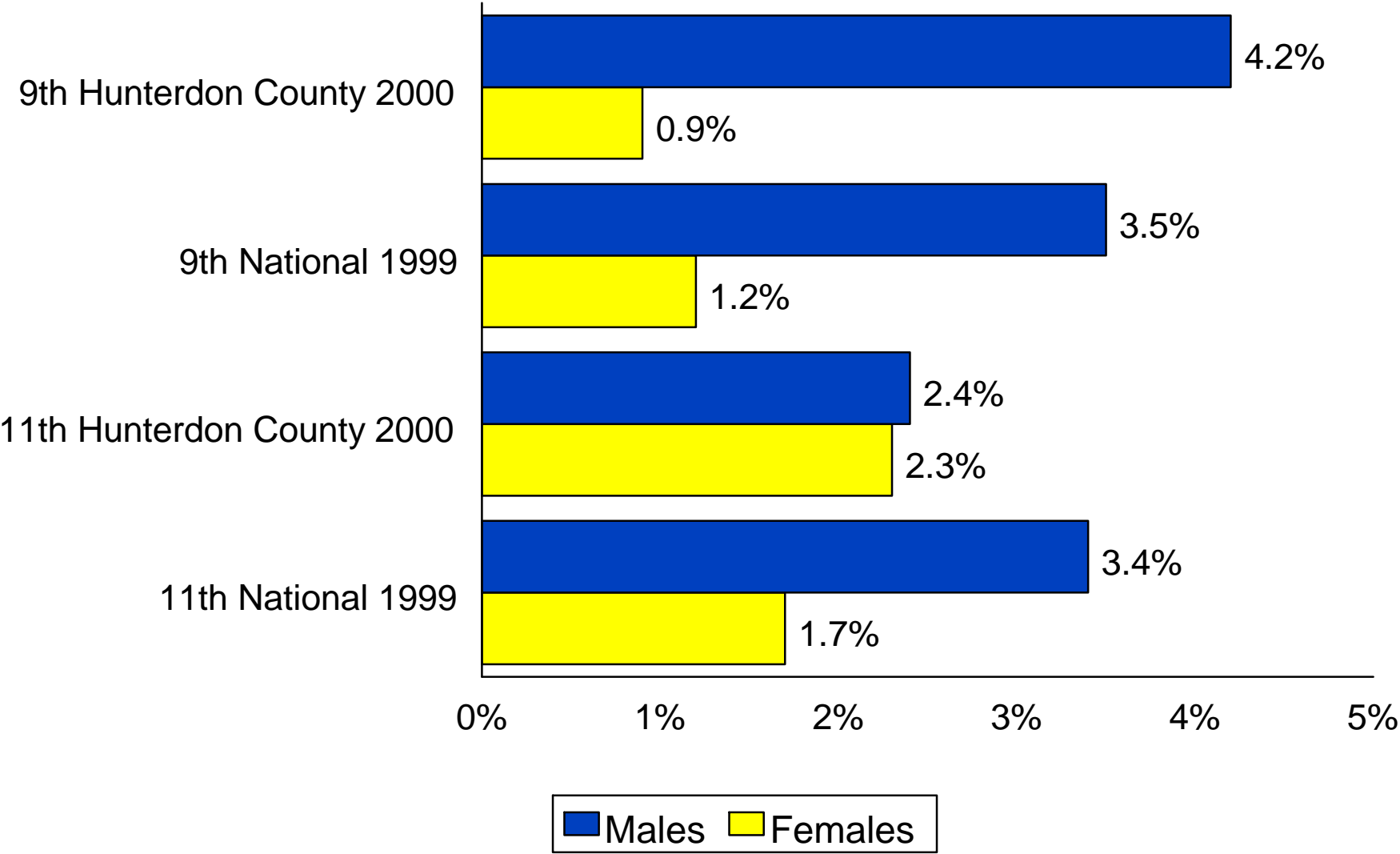


During your life, how many times have you used heroin?

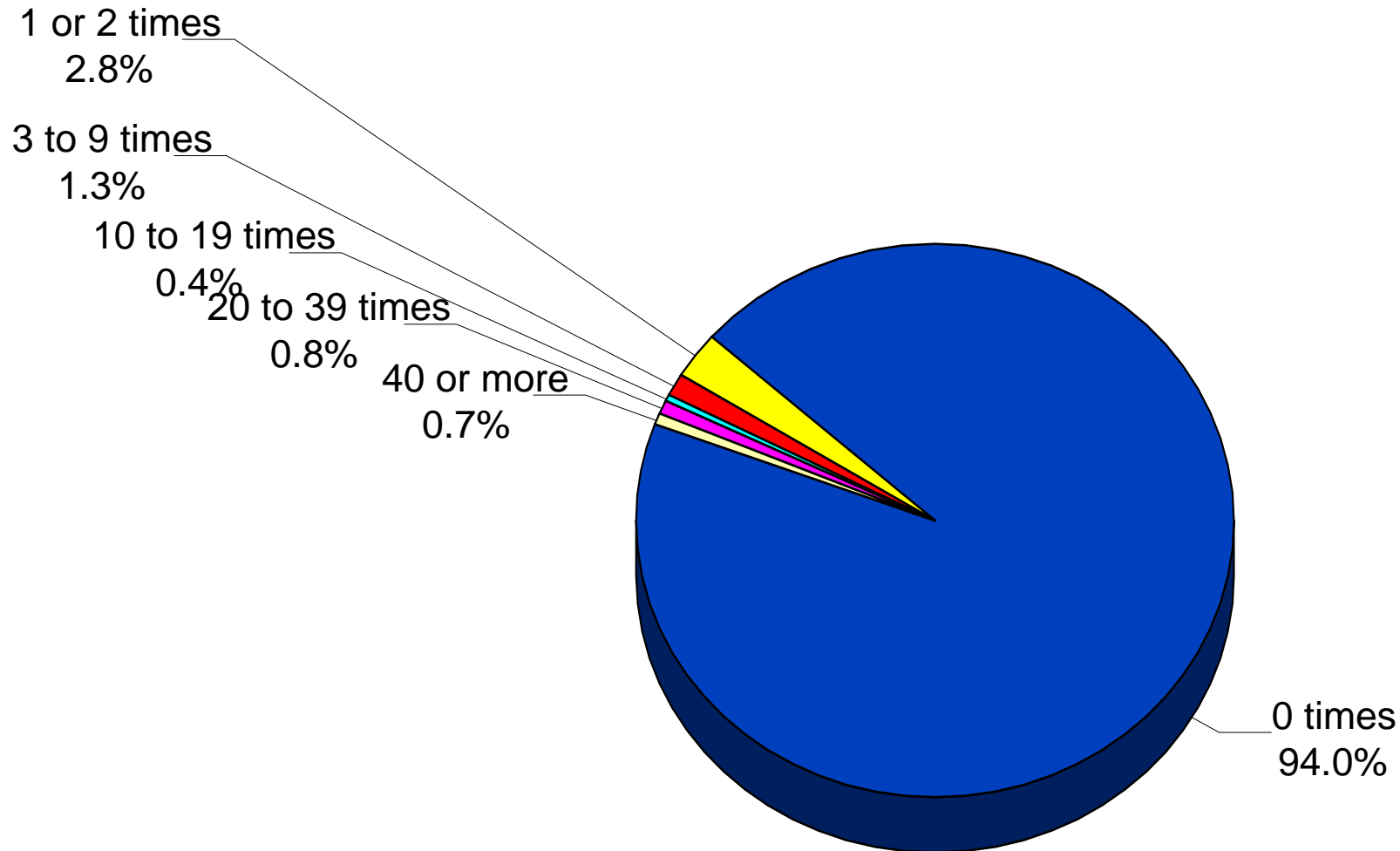


N=744

Percent of respondents who have used heroin during their life

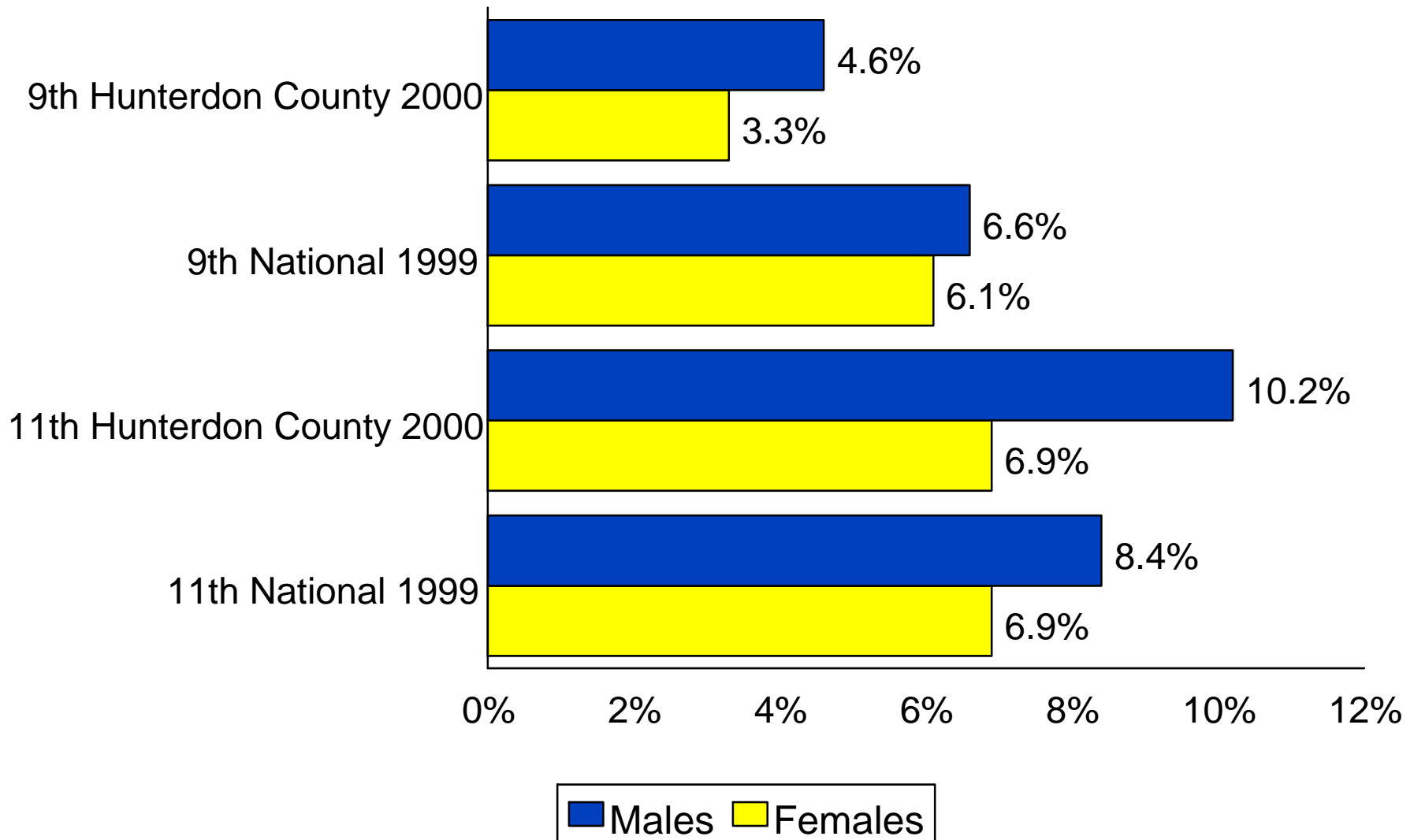


During your life, how many times have you used methamphetamines?

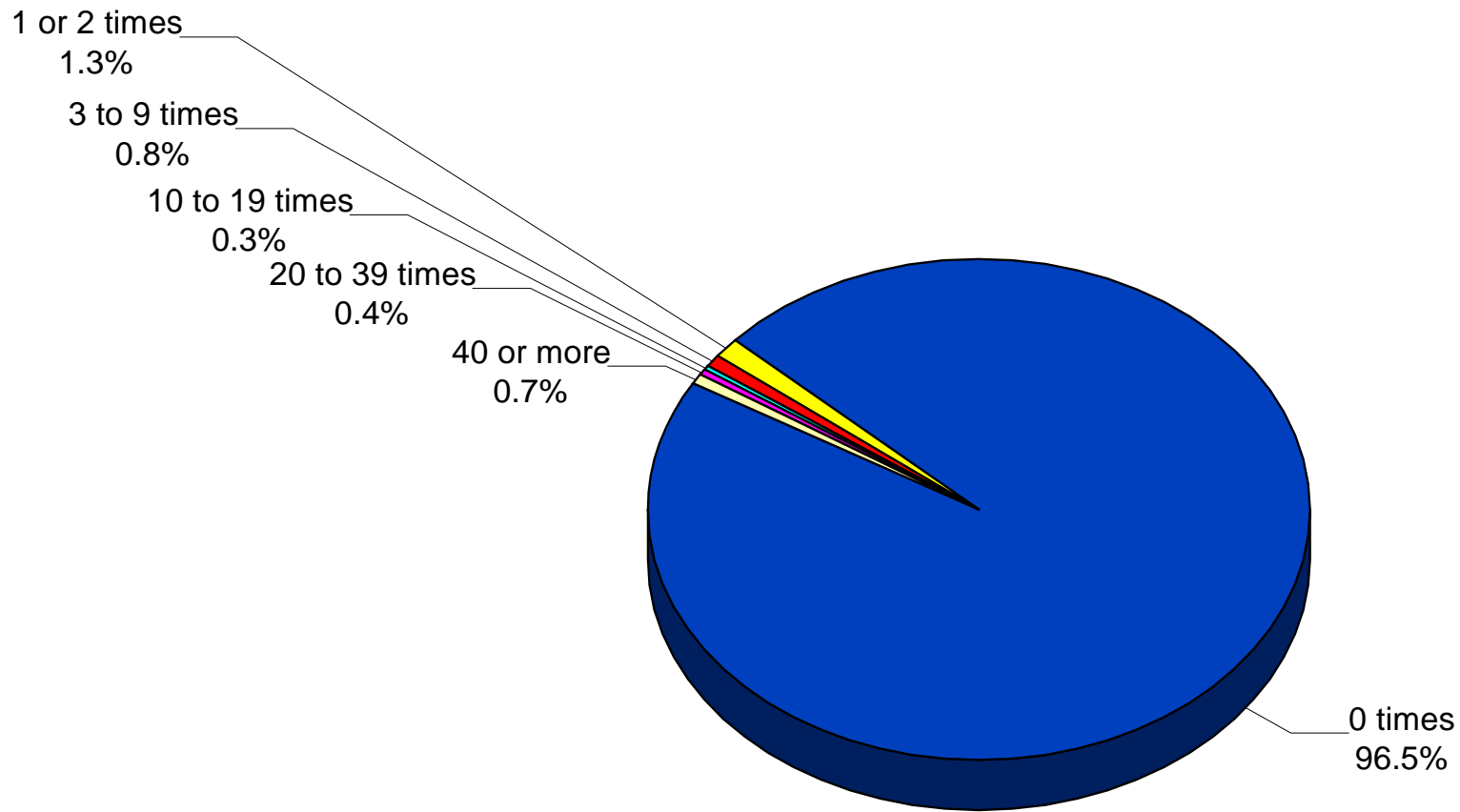


N=749

Percent of respondents who have used methamphetamines during their life

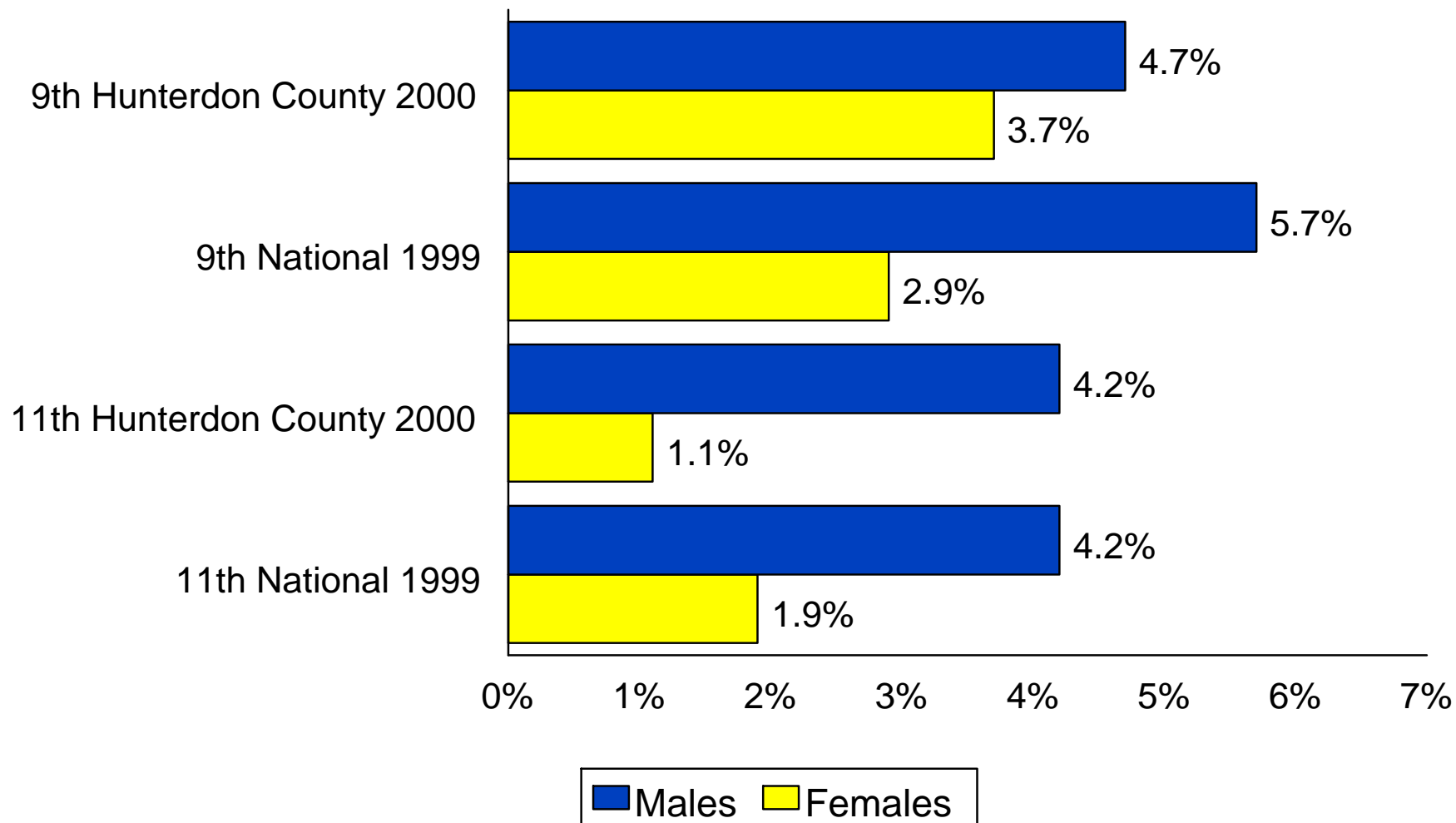


During your life, how many times have you taken steroid pills or shots without a doctors prescription?

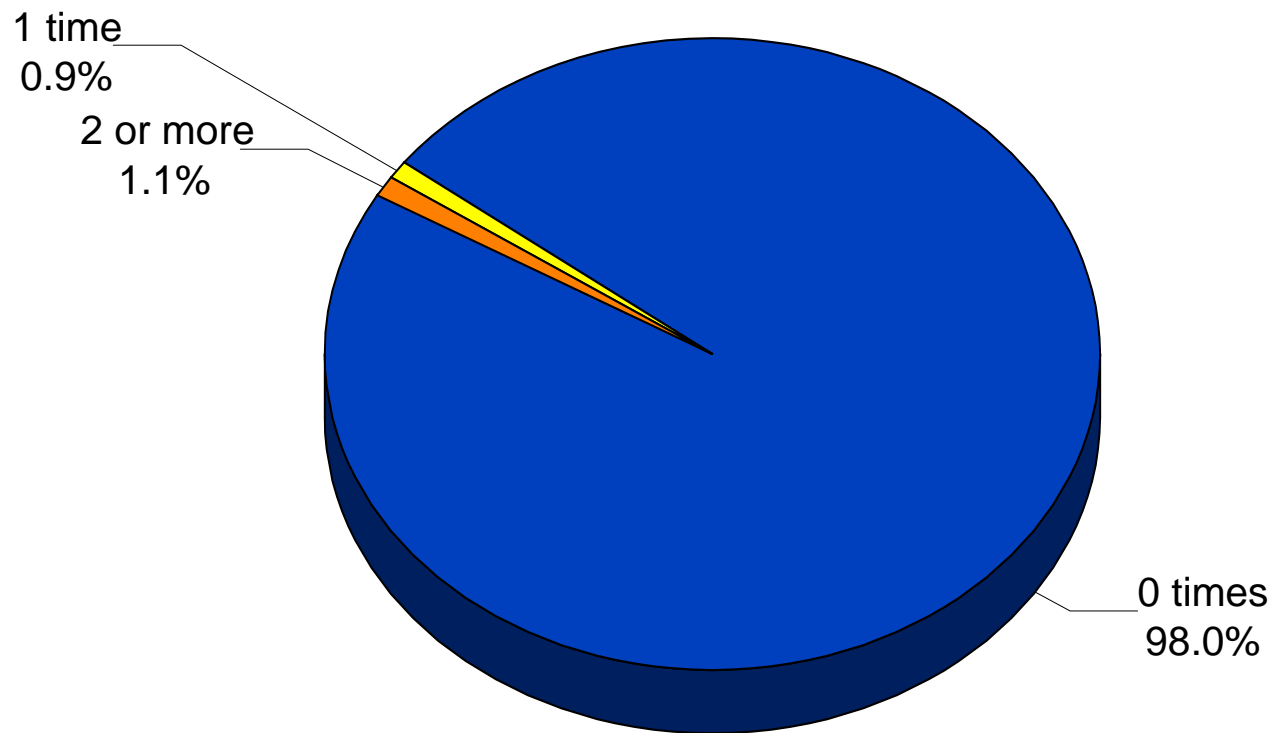


N=748

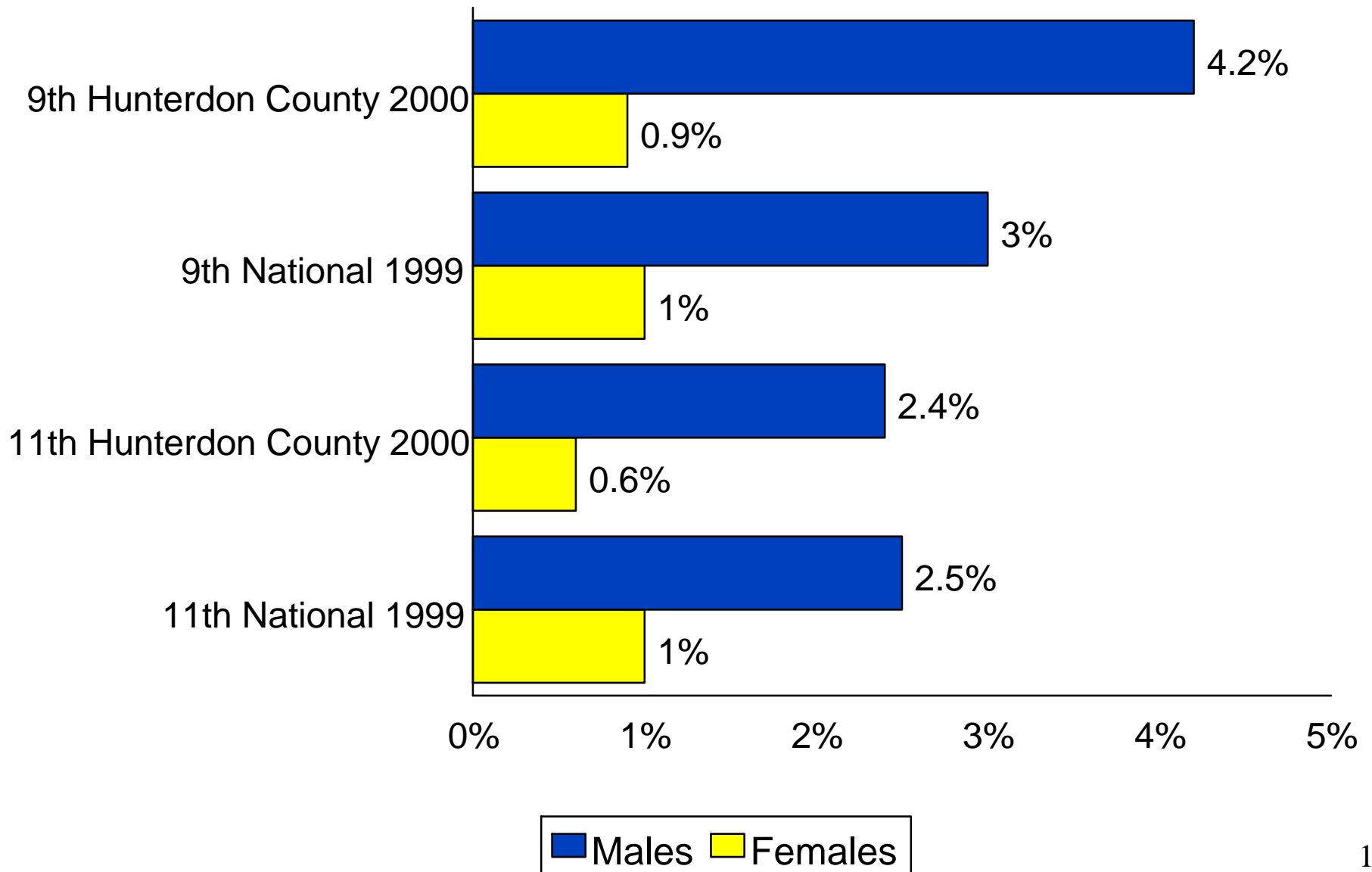
Percent of respondents who have ever taken steroid pills or shots without a doctor's prescription



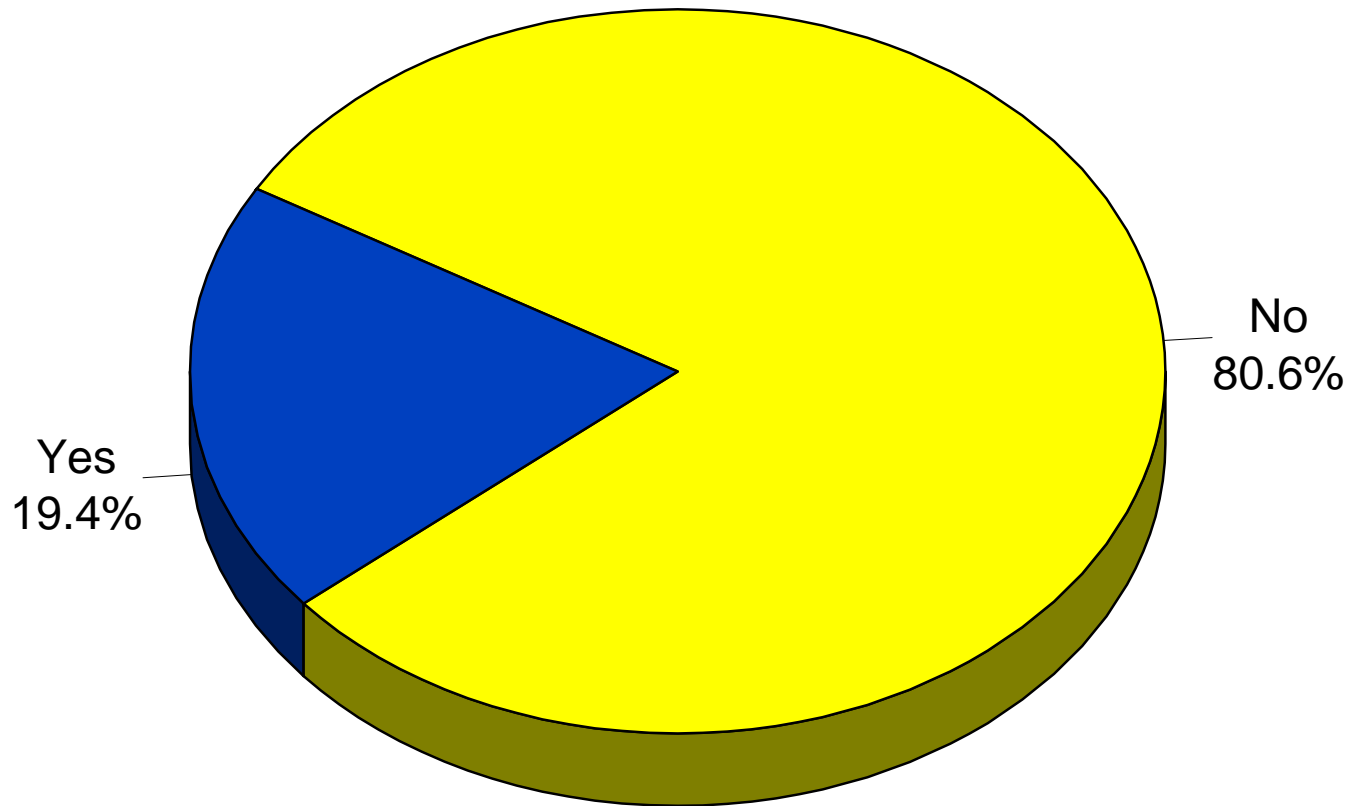
During your life, how many times have you used a needle to inject illegal drugs into your body?



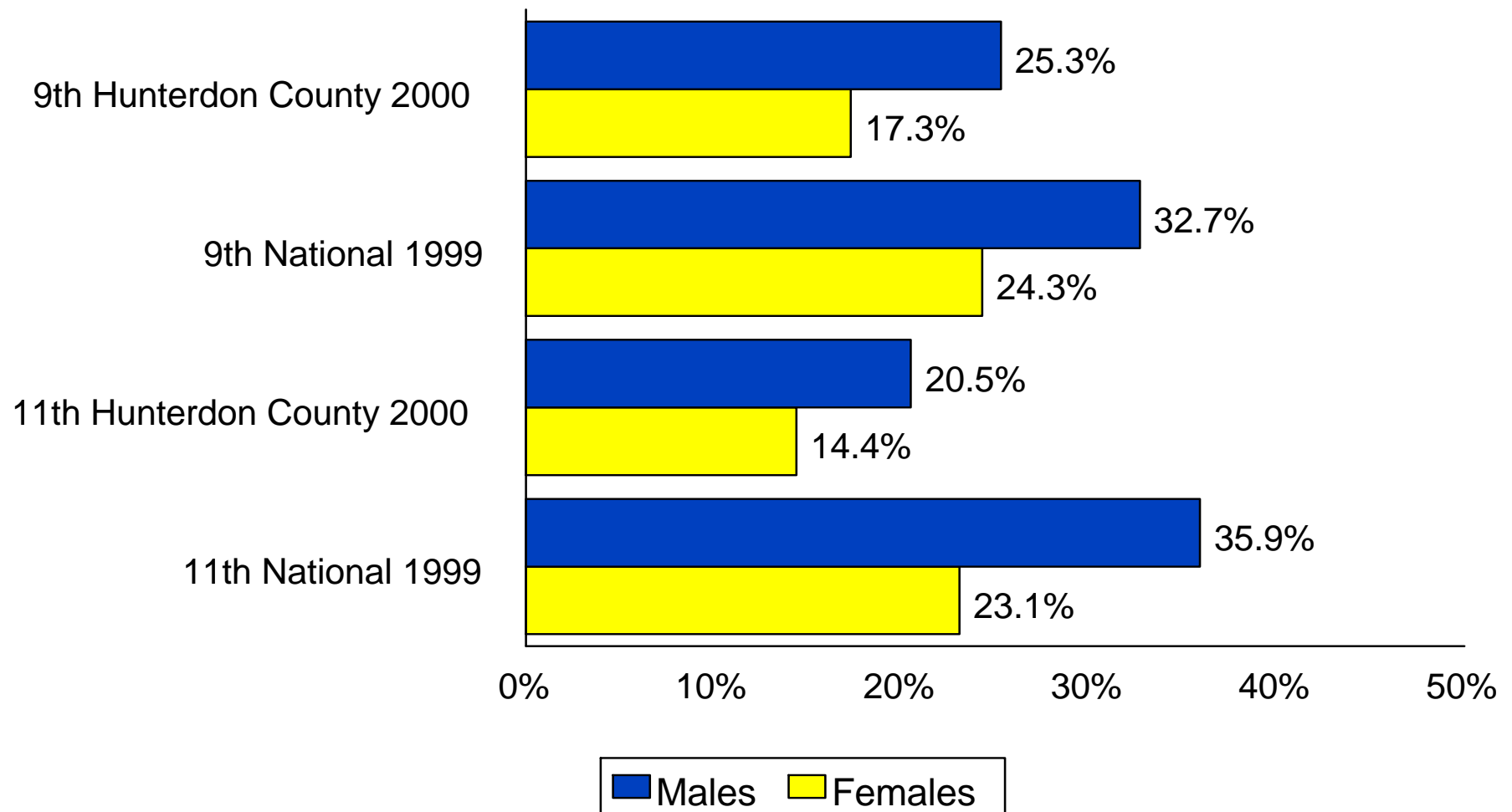
Percent of respondents who have ever used a needle to inject an illegal drug



During the past year, has anyone offered, sold or given you an illegal drug on school property?

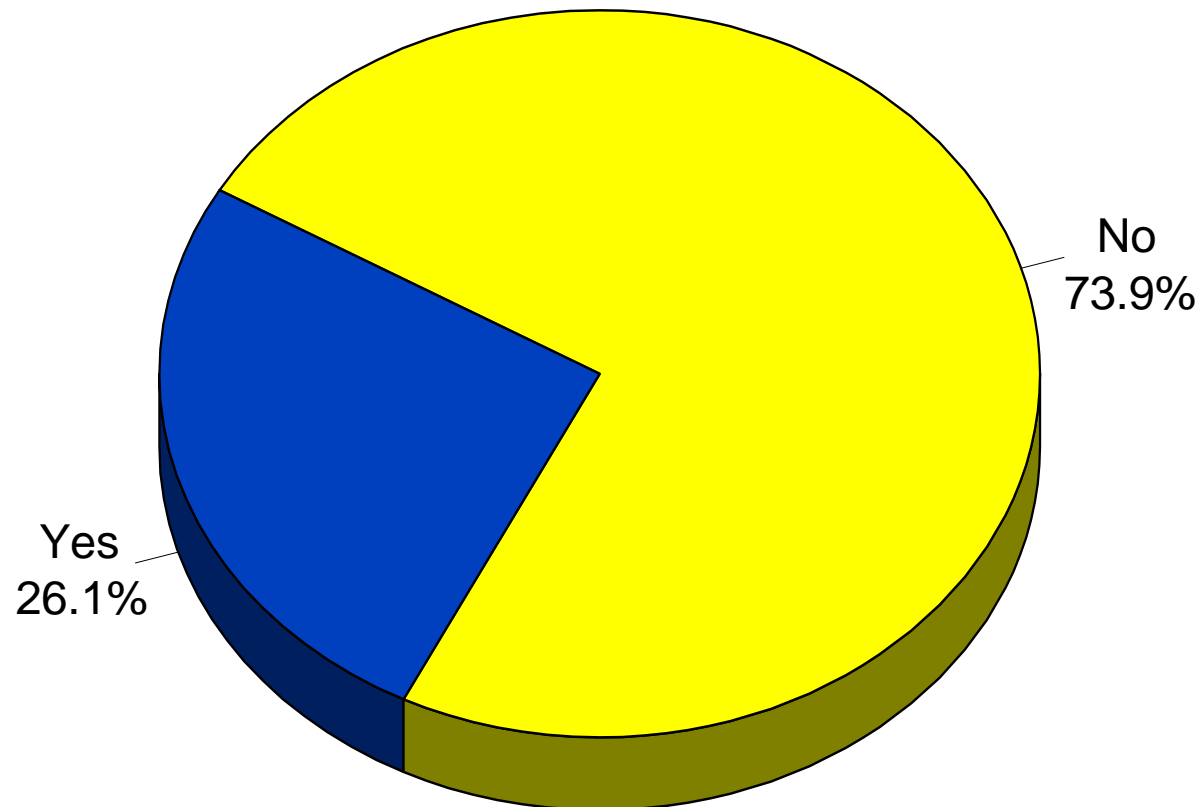


Percent of respondents who have been offered, sold or given an illegal drug on school property in the last 12 months



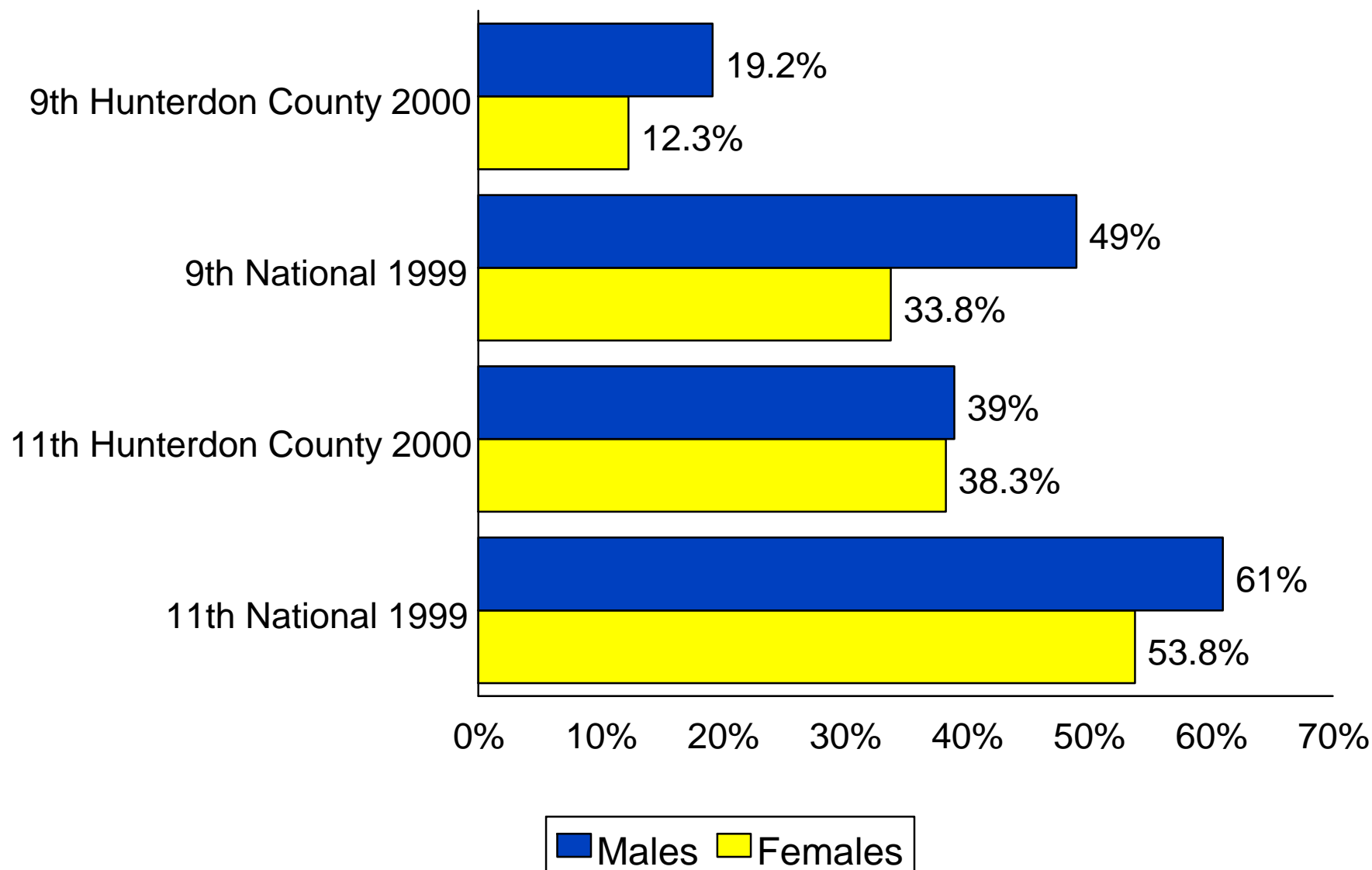
Sexual Activity

Have you ever had sexual intercourse?

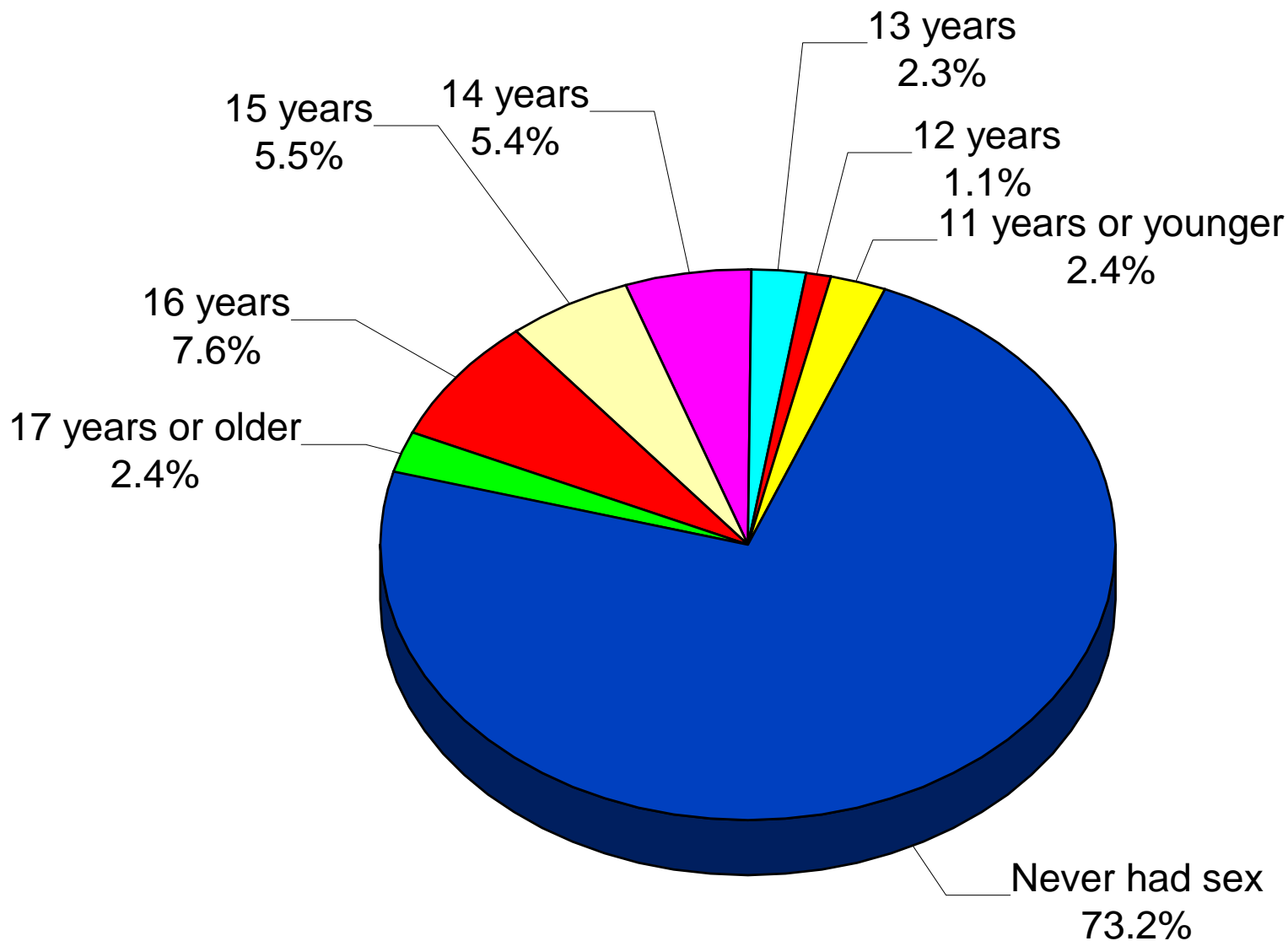


N=744

Percent of respondents who have ever had sexual intercourse

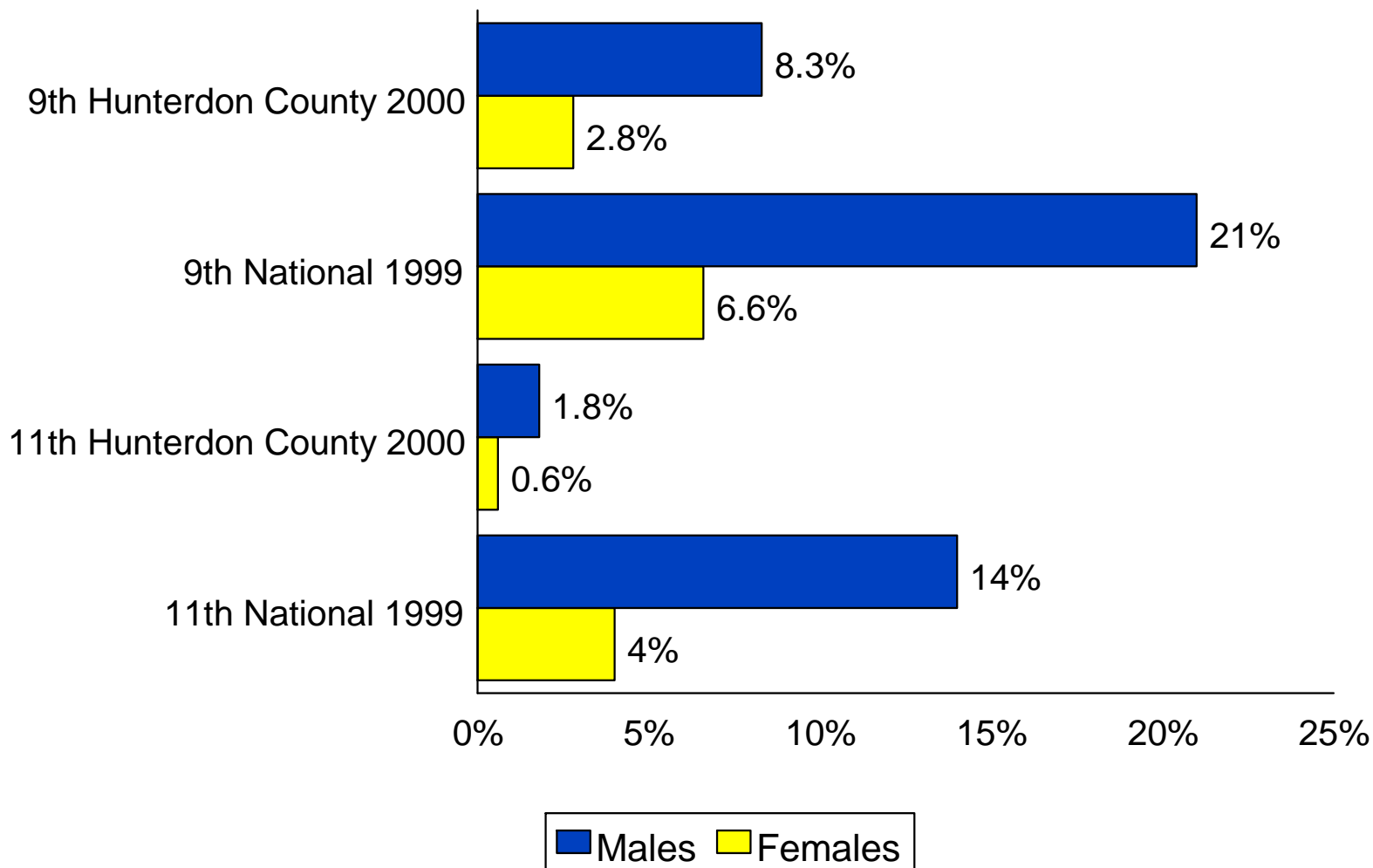


How old were you when you had sexual intercourse for the first time?

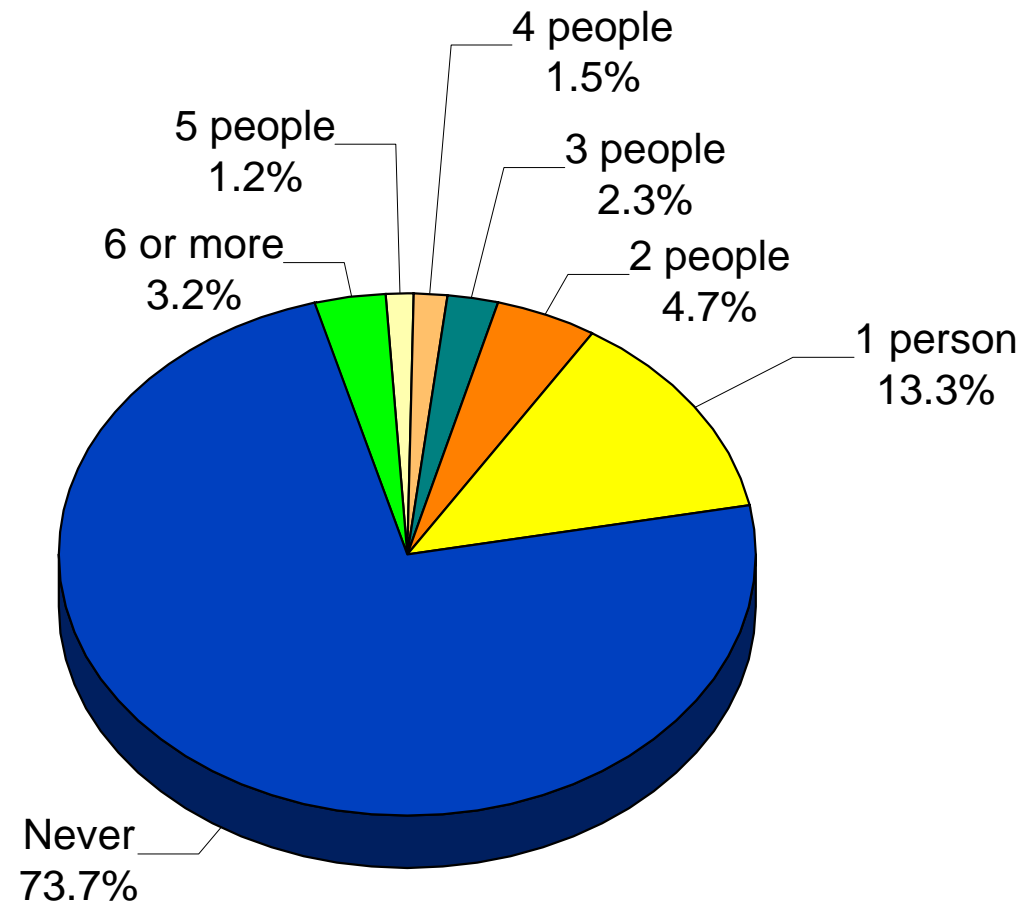


N=739

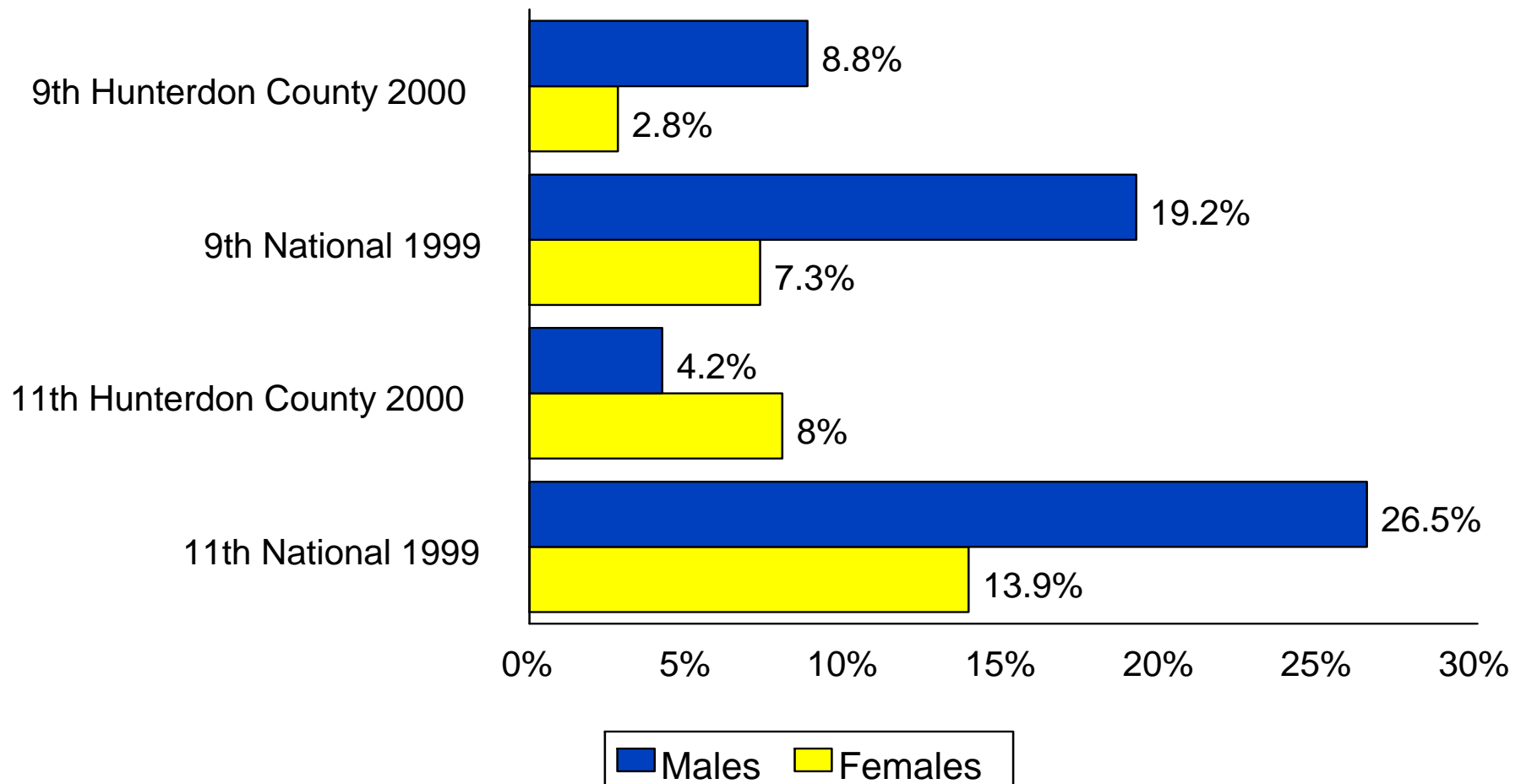
Percent of respondents who first had sexual intercourse age 12 or younger



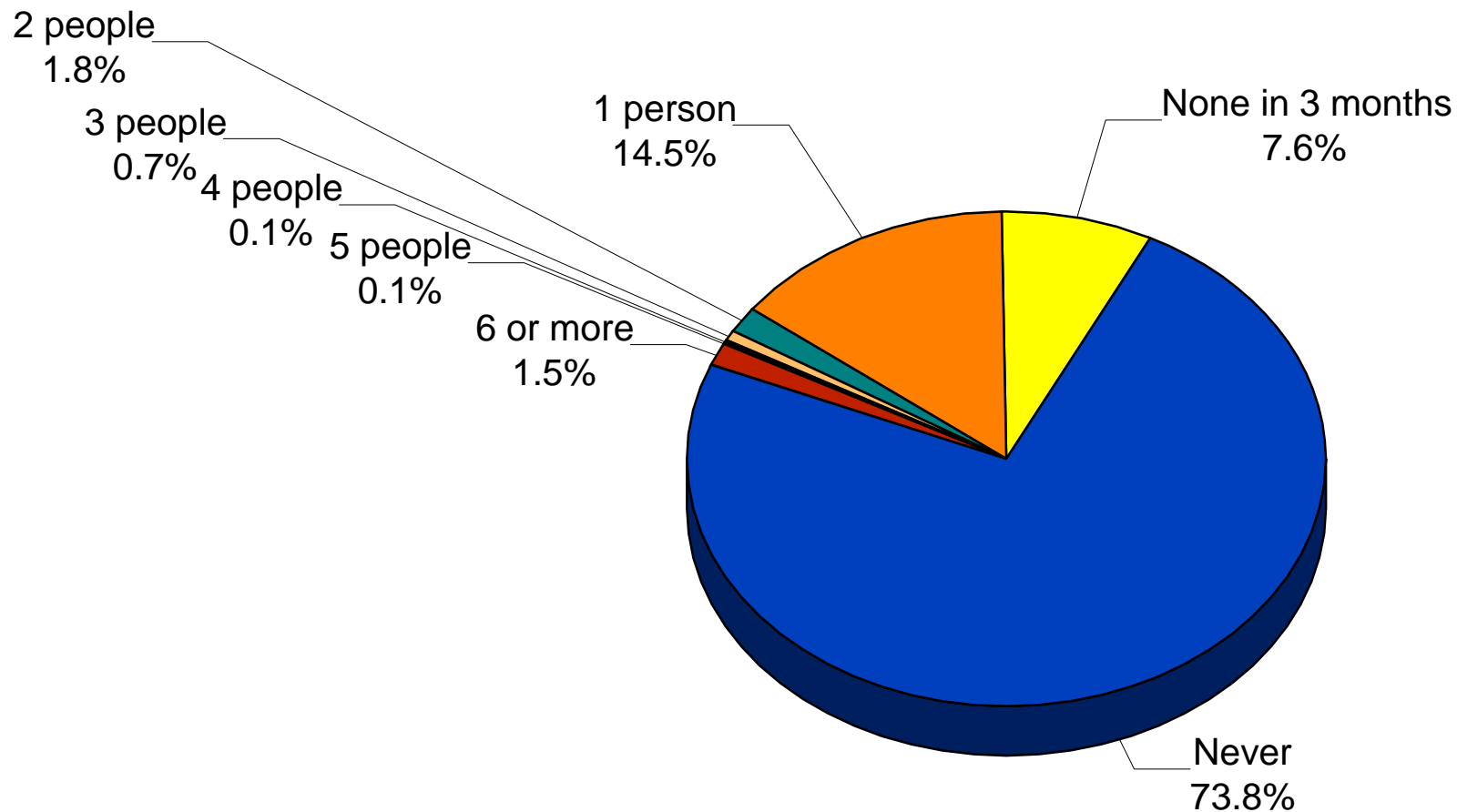
During your life, with how many people have you had sexual intercourse?



Percent of respondents who have had 4 or more sex partners during their life

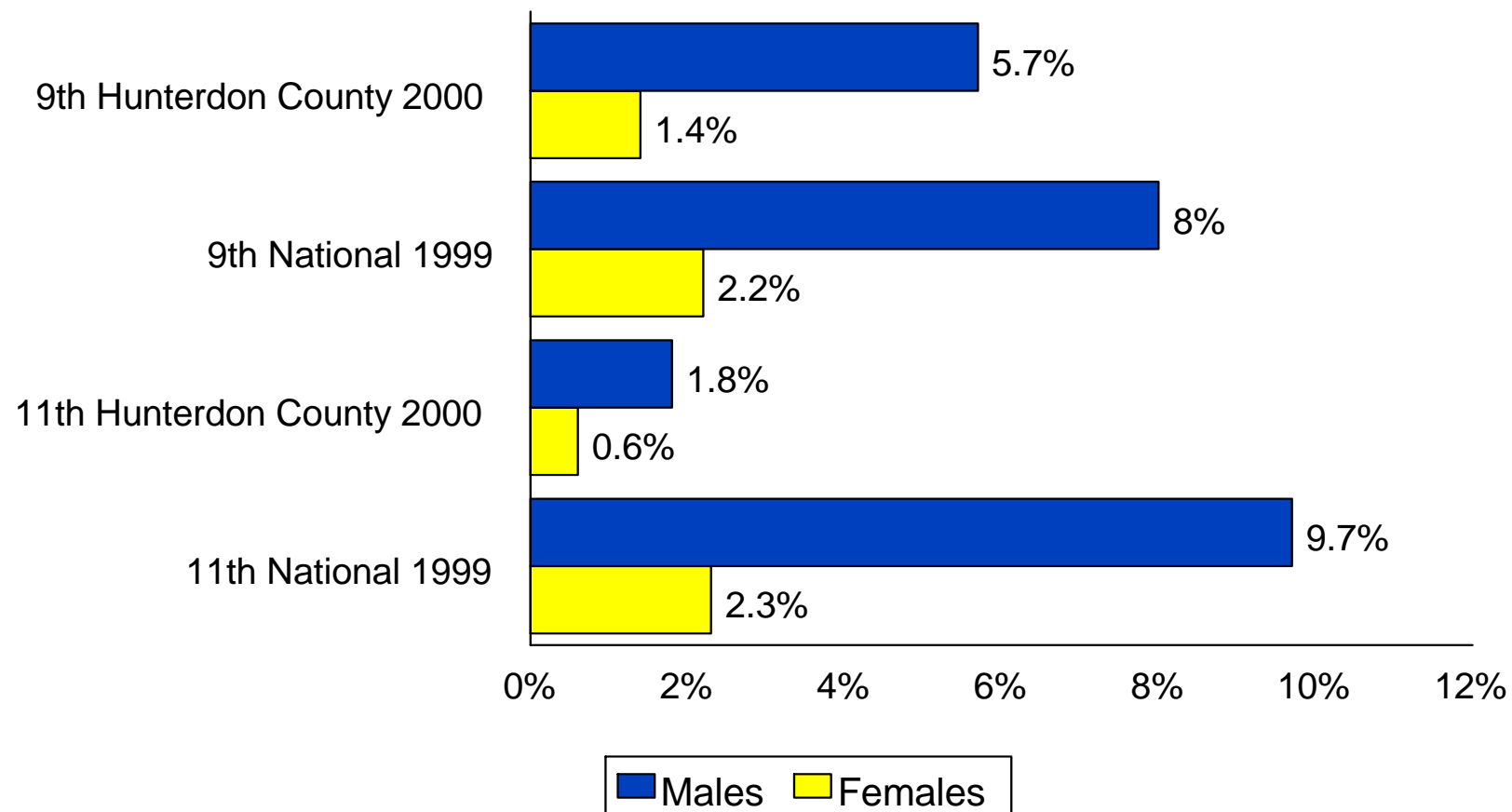


During the past 3 months, with how many people did you have sexual intercourse?

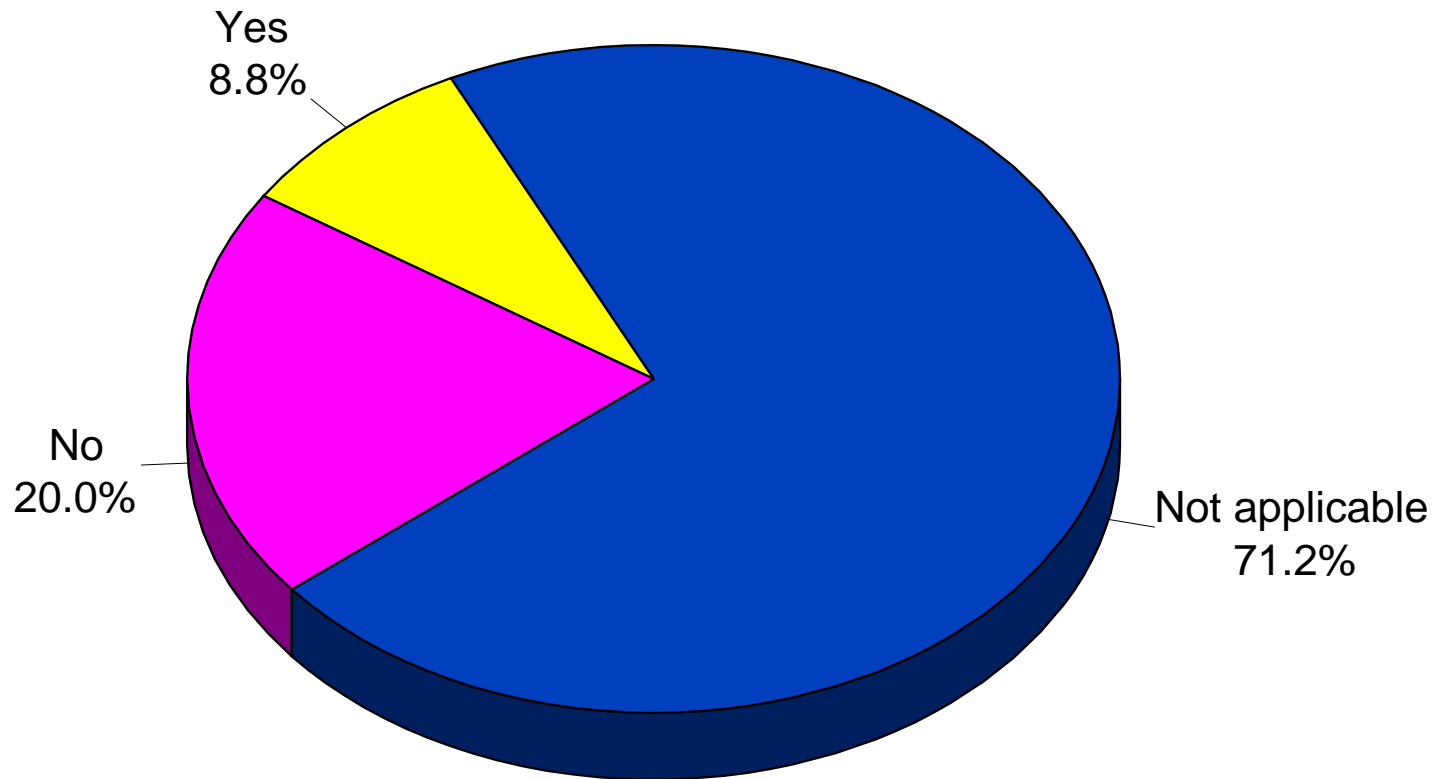


N=740

Percent of respondents who have had 4 or more sex partners during the last 3 months

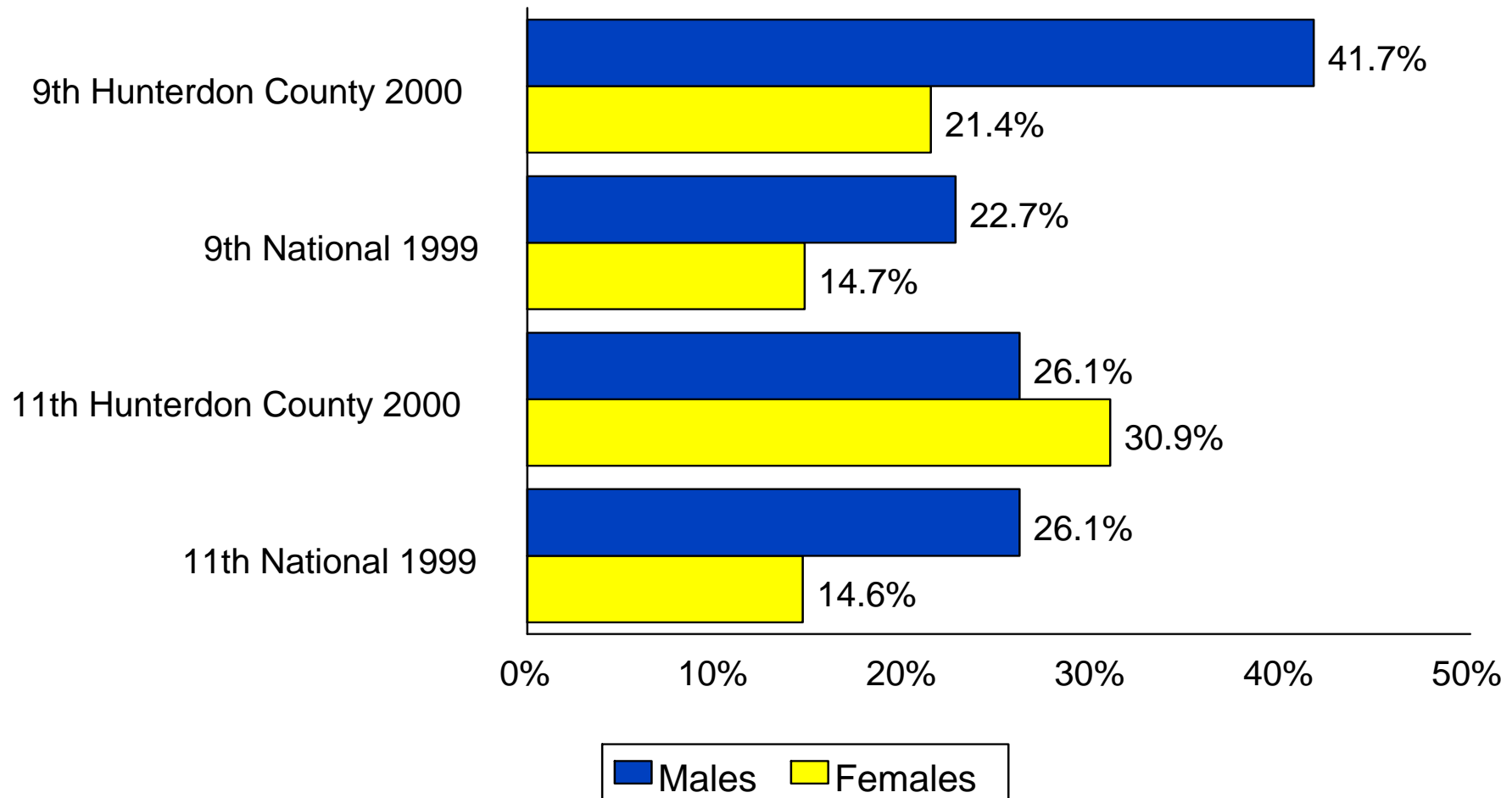


Did you drink alcohol or use drugs before you had sexual intercourse the last time?

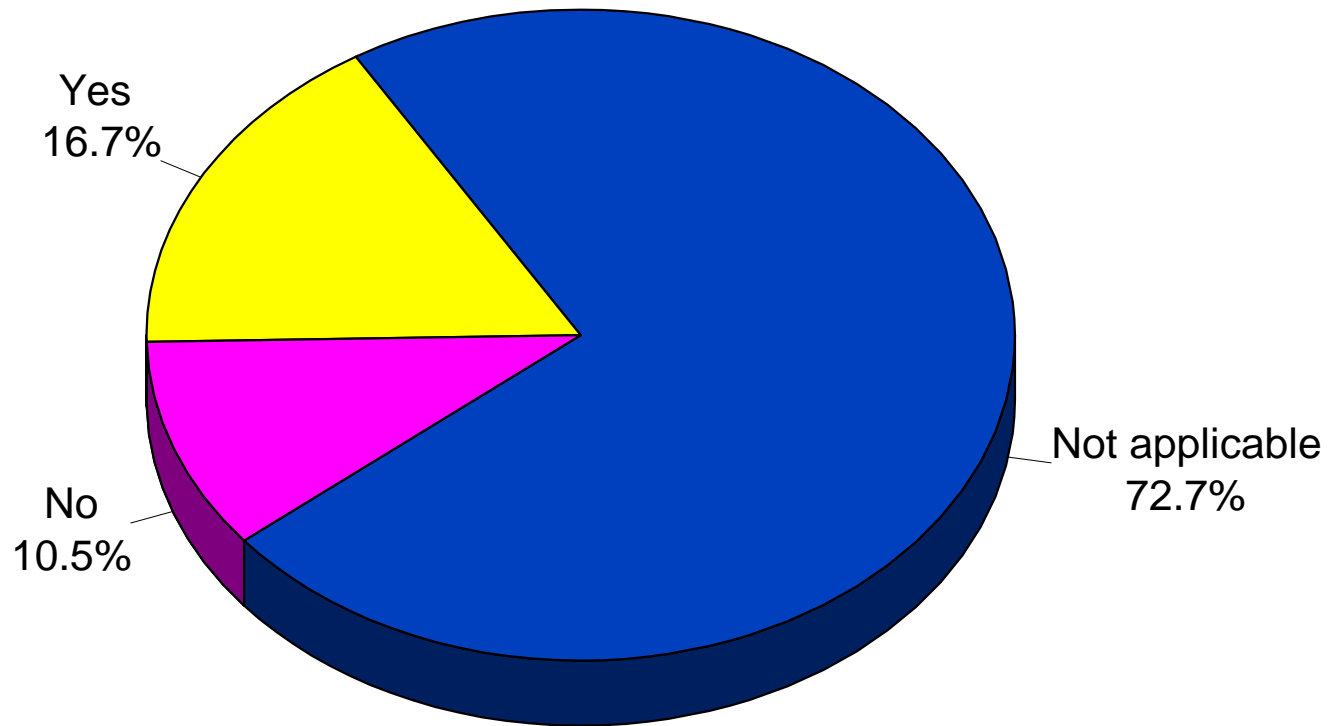


Percent of respondents who drank alcohol or used drugs the last time they had sexual intercourse

"Those who reported having sexual intercourse"



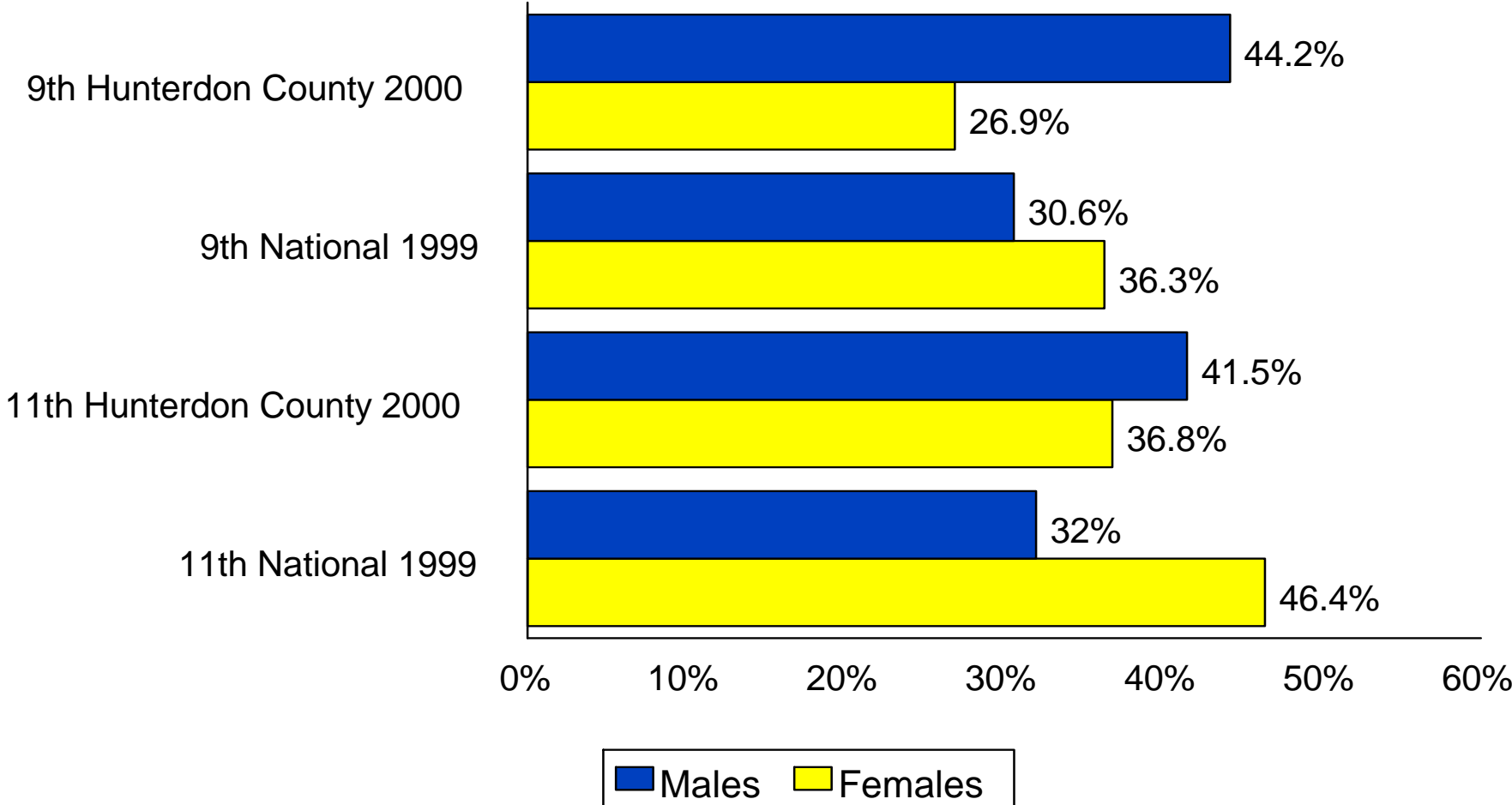
The last time you had sexual intercourse, did you or your partner use a condom?



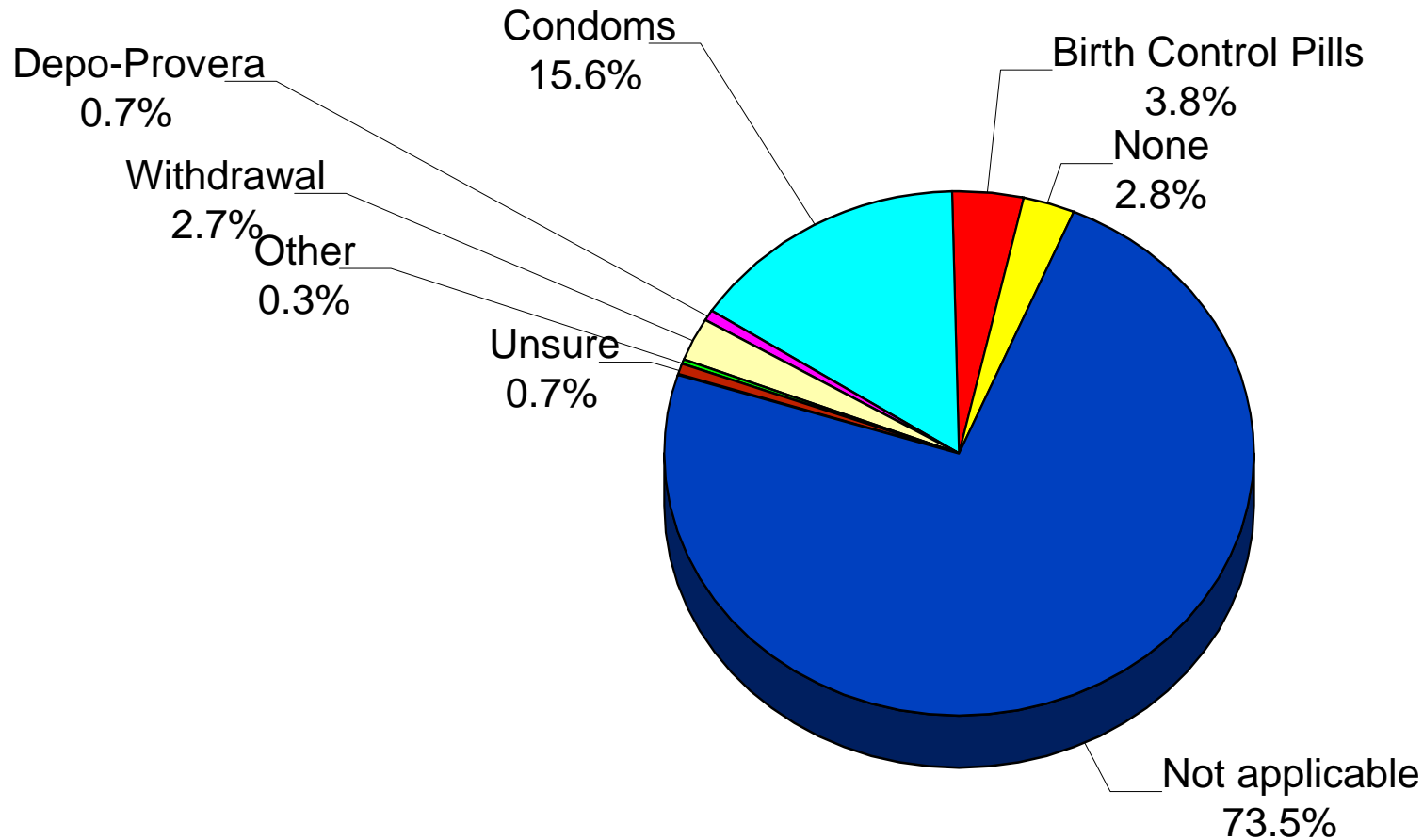
N=741

Percent of respondents who did not use a condom the last time they had sexual intercourse

"Those who reported having sexual intercourse"



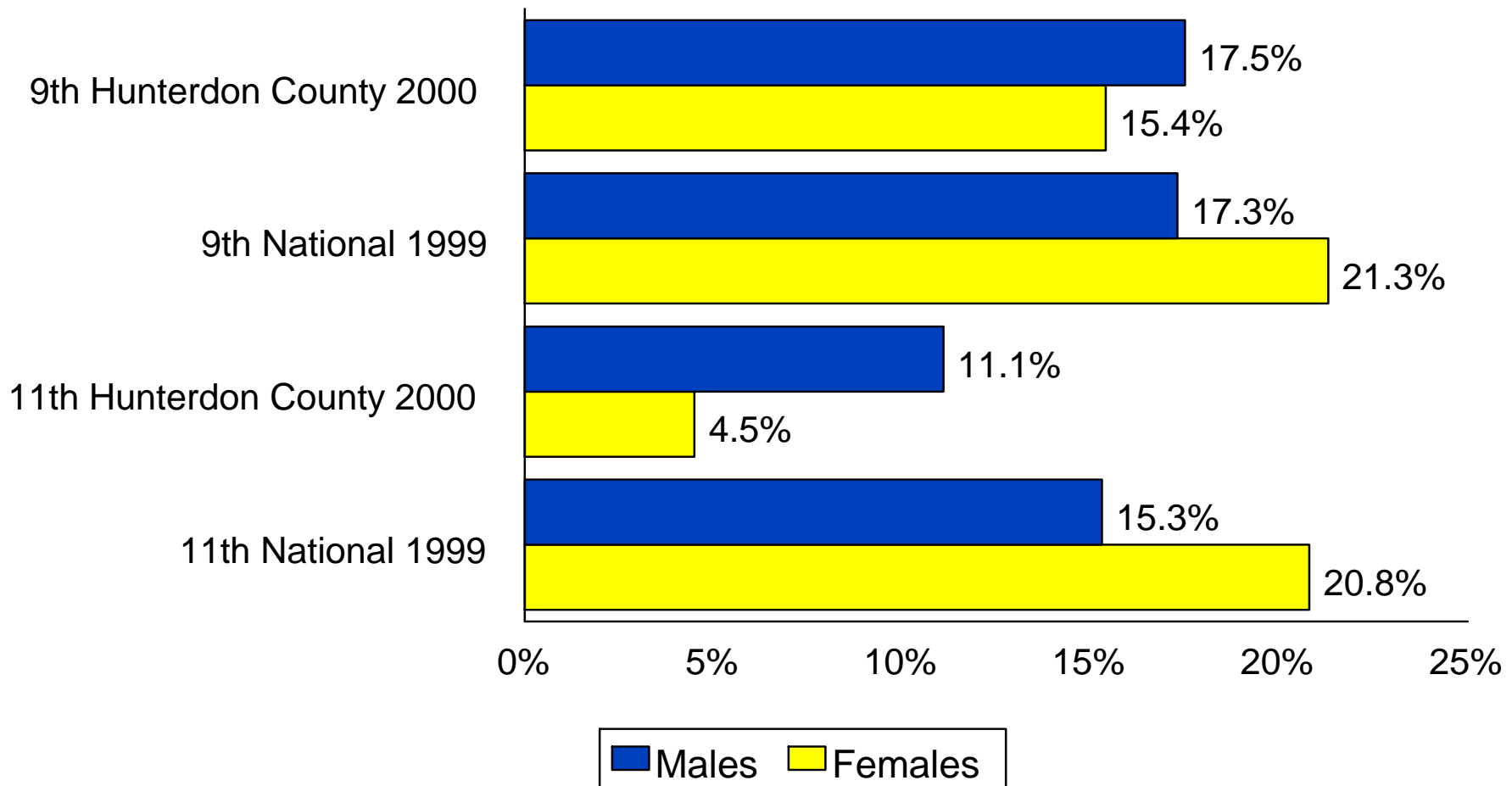
The last time you had sexual intercourse, what one method did you or your partner use to prevent pregnancy?



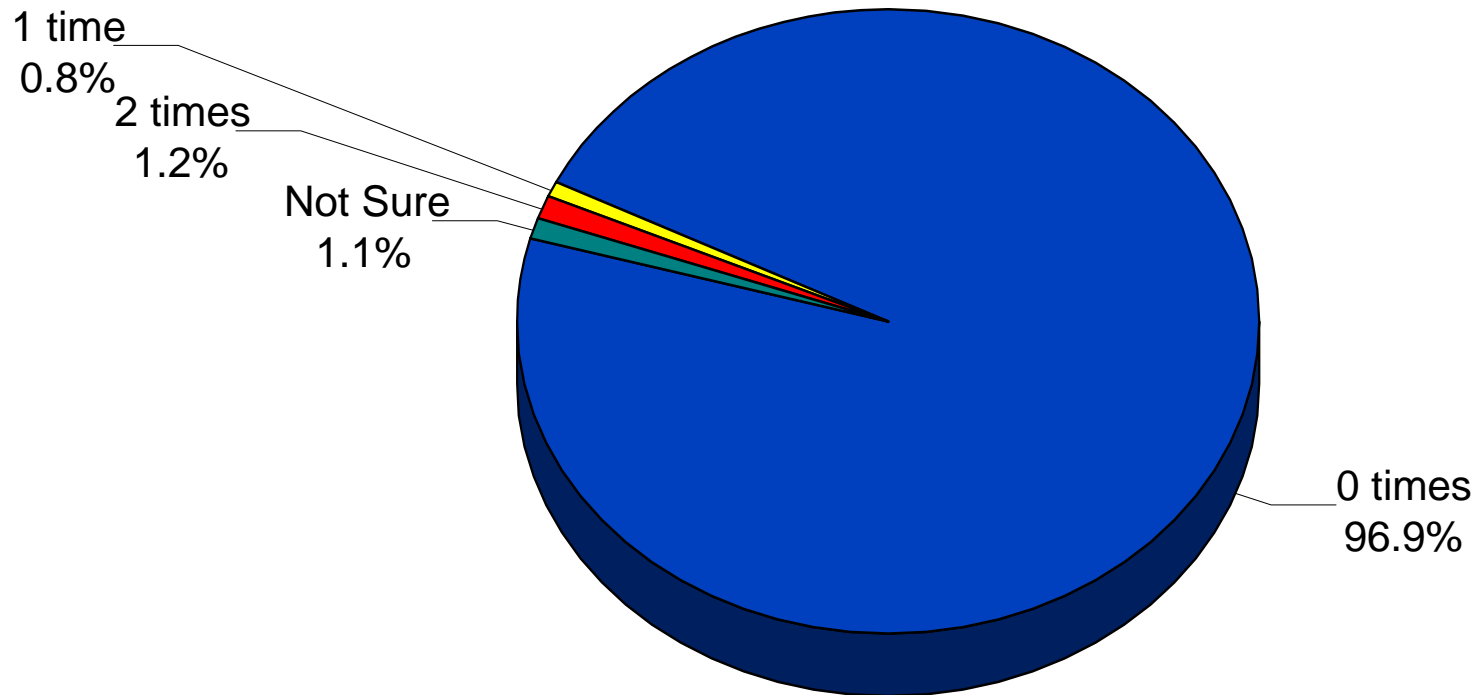
N=739

Percent of respondents who used no birth control the last time they had sexual intercourse

"Those who reported having sexual intercourse"

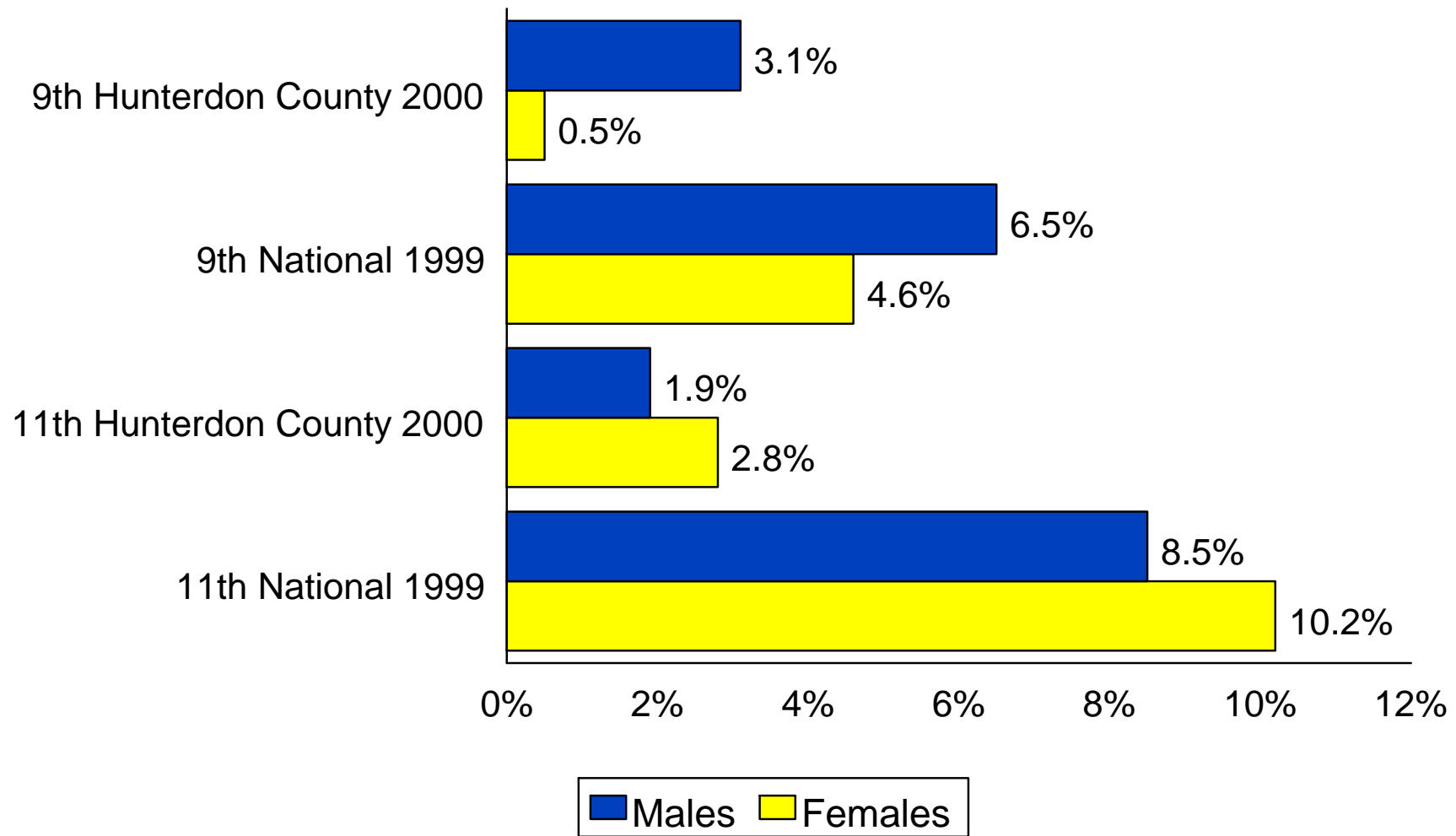


How many times have you been pregnant or gotten someone pregnant?

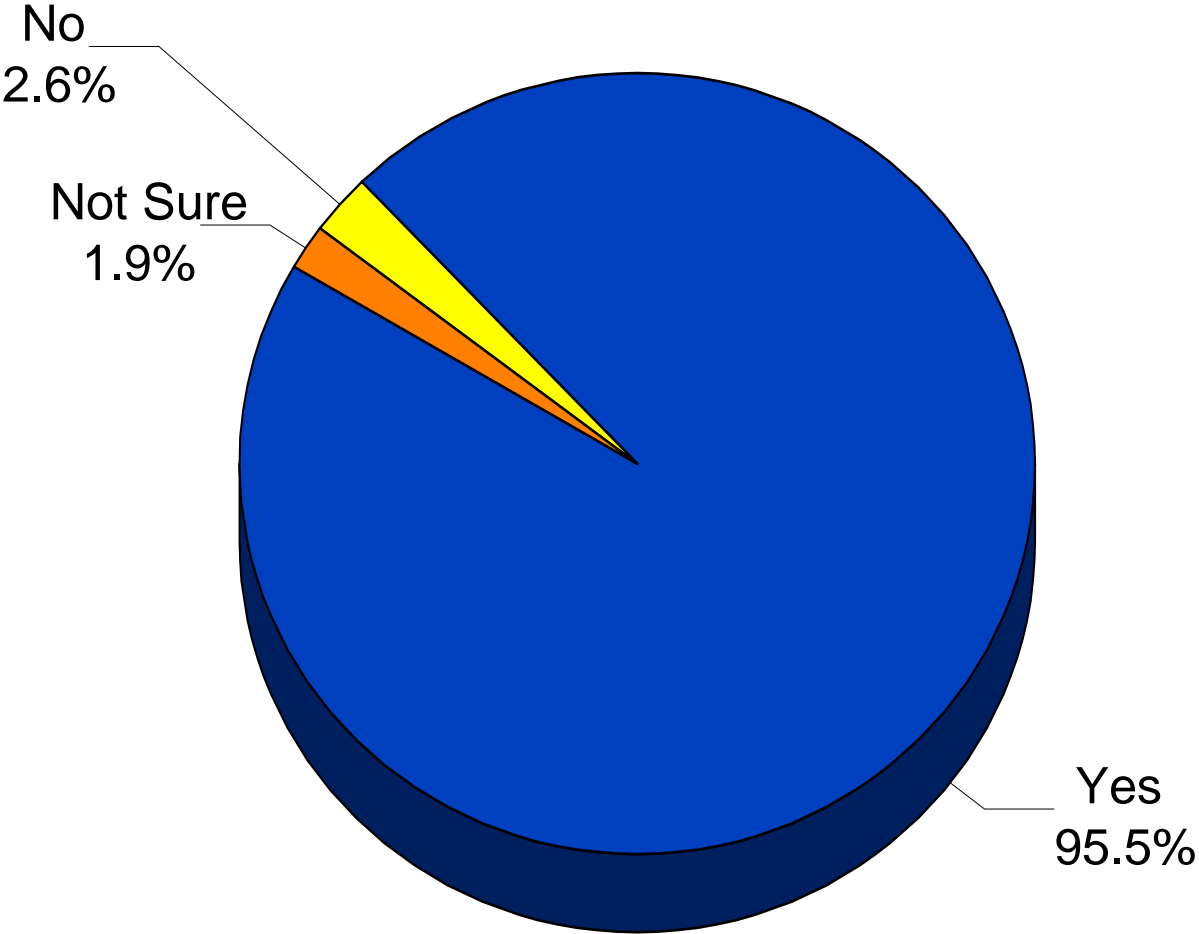


N=738

Percent of respondents who have been pregnant or have gotten someone else pregnant at least once

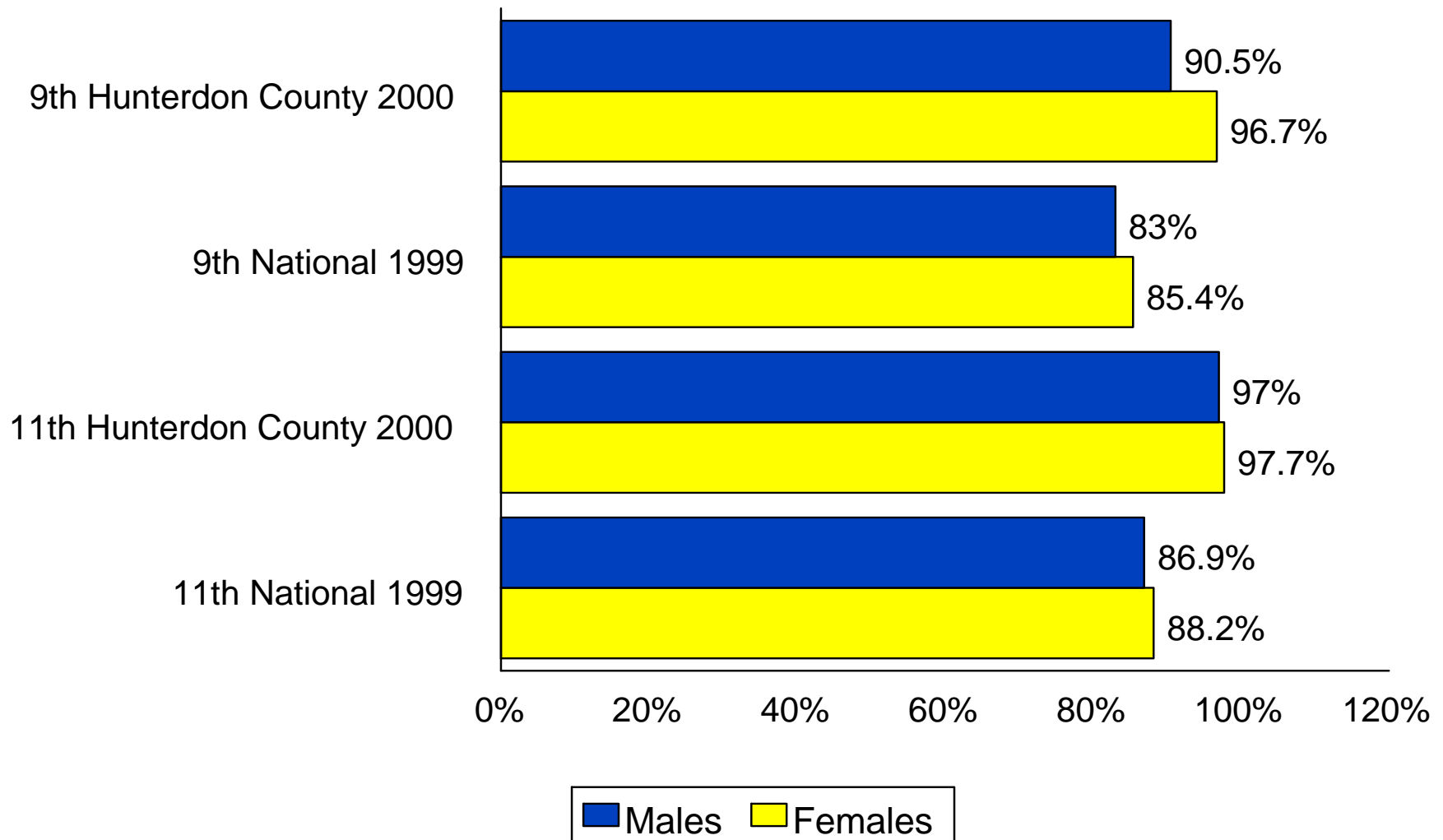


Have you ever been taught about AIDS or HIV infection in school?



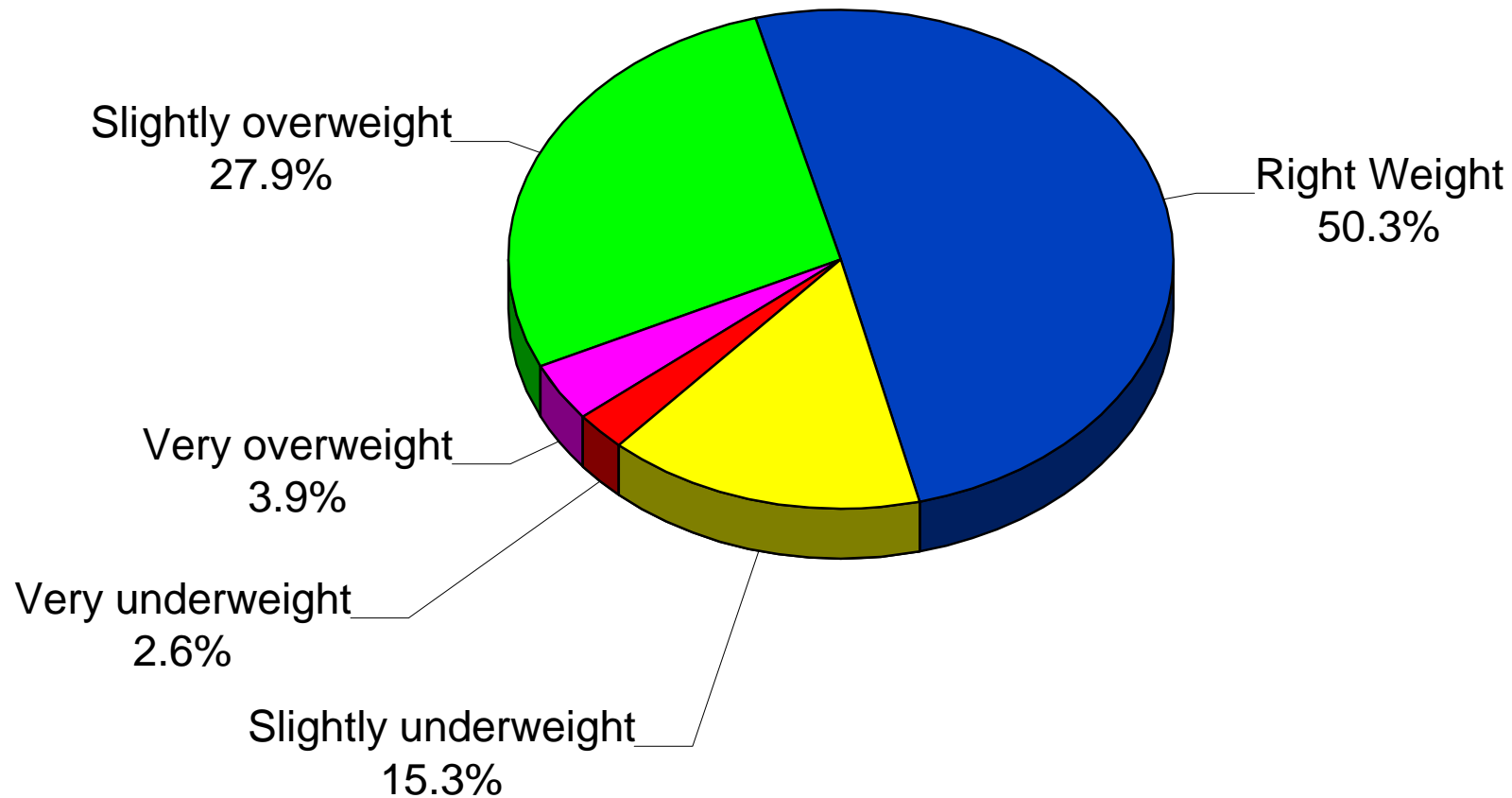
N=735

Percent of respondents taught about AIDS or HIV infection in school



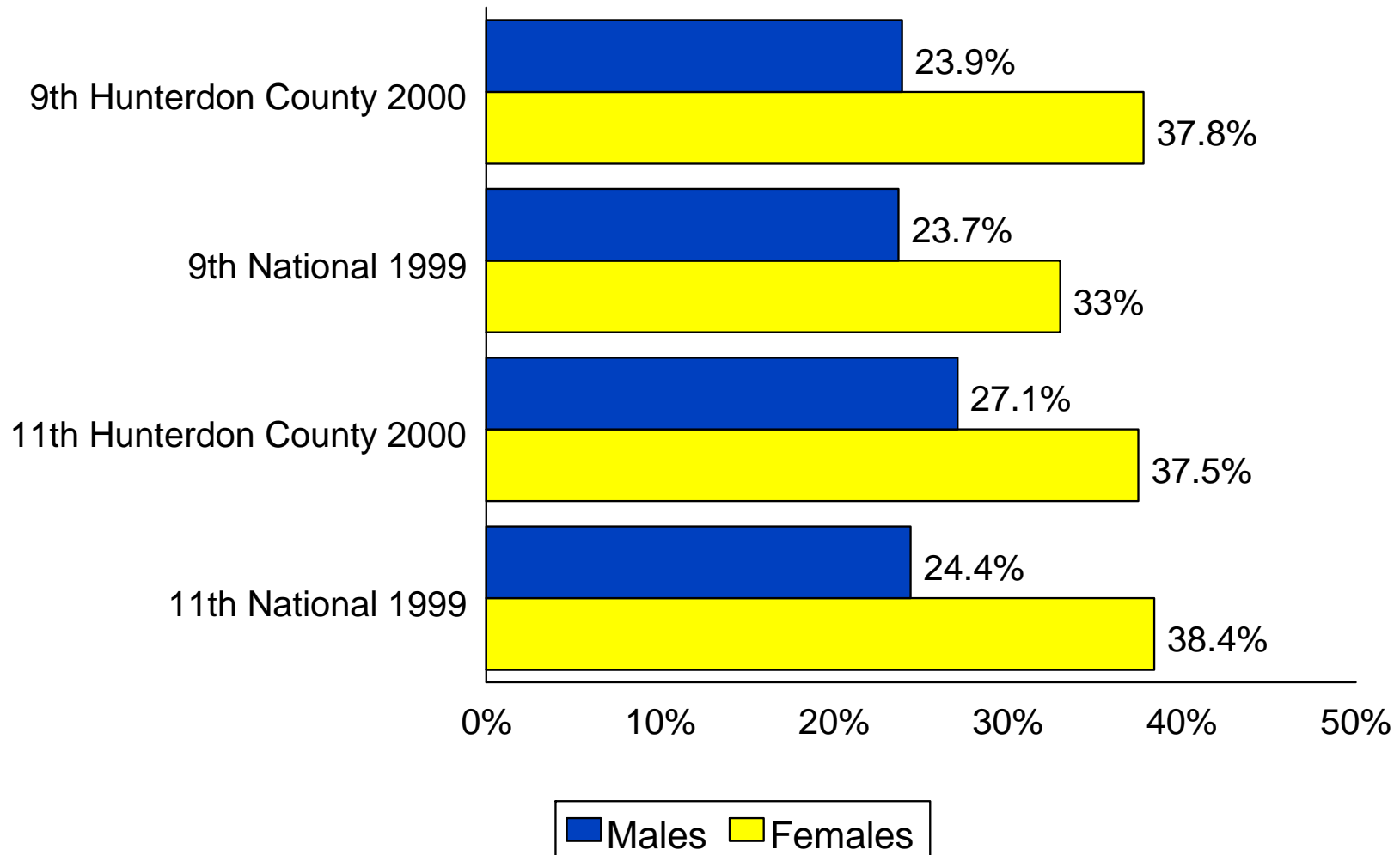
Body Image

How do you describe your weight?

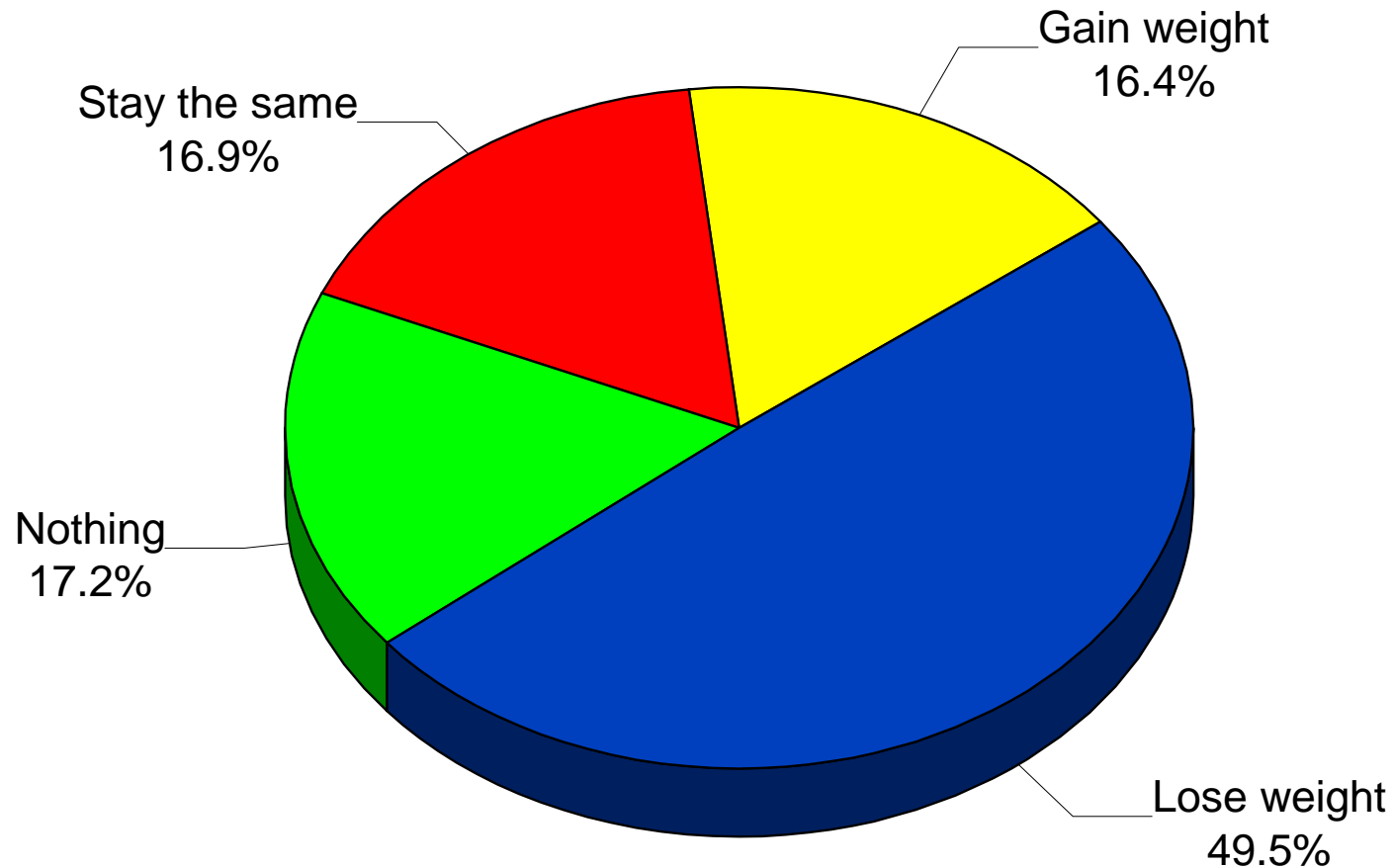


N=745

Percent of respondents who describe themselves as overweight

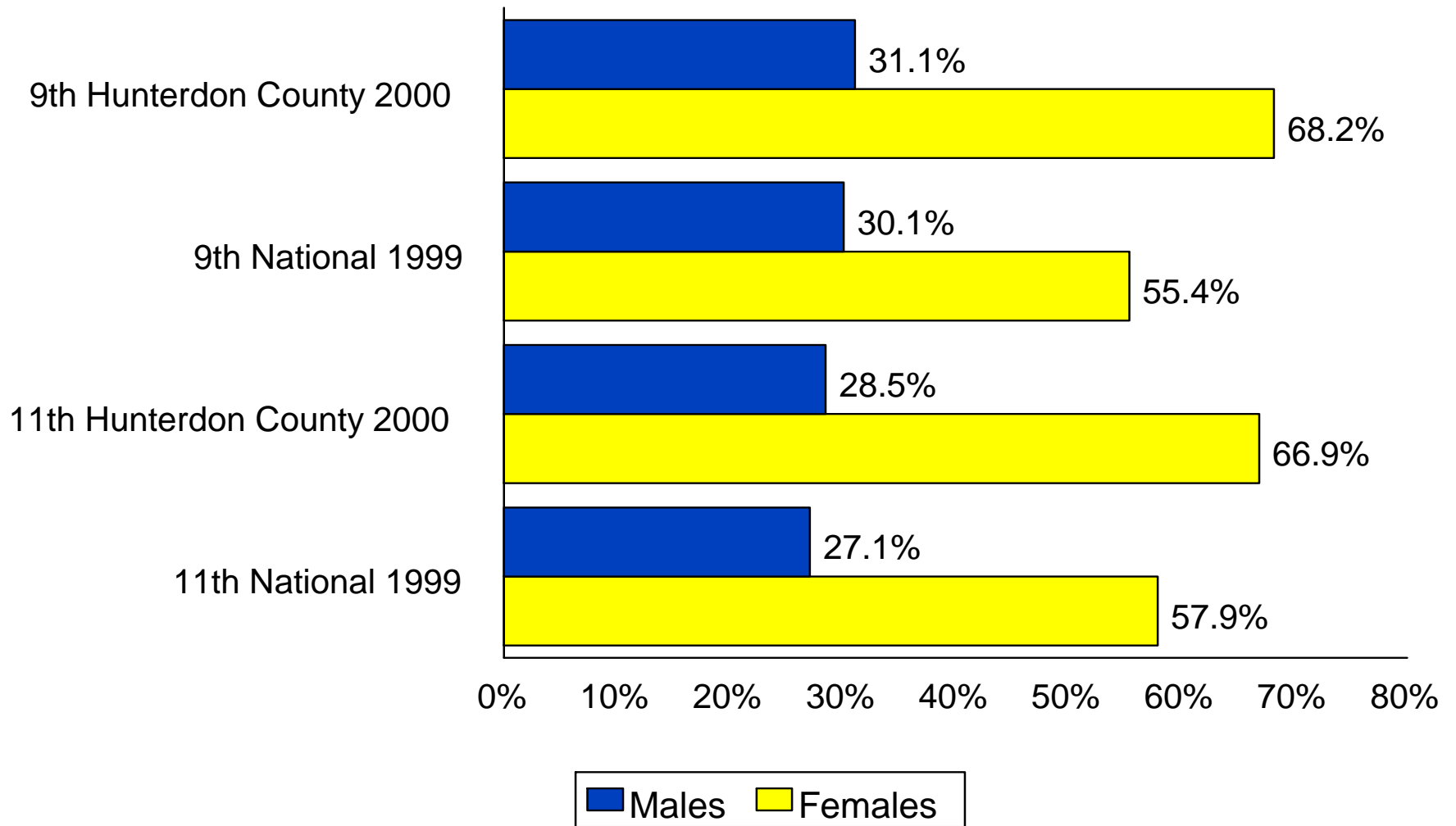


Which of the following are you trying to do about your weight?

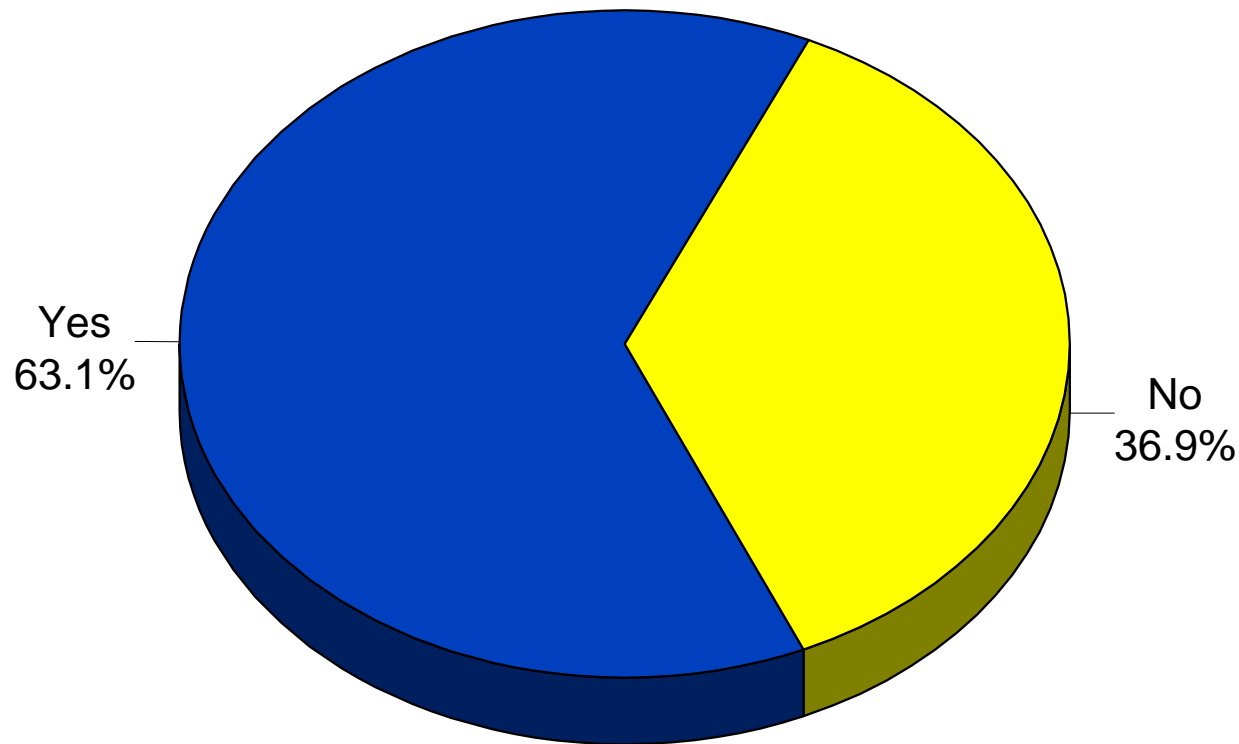


N=744

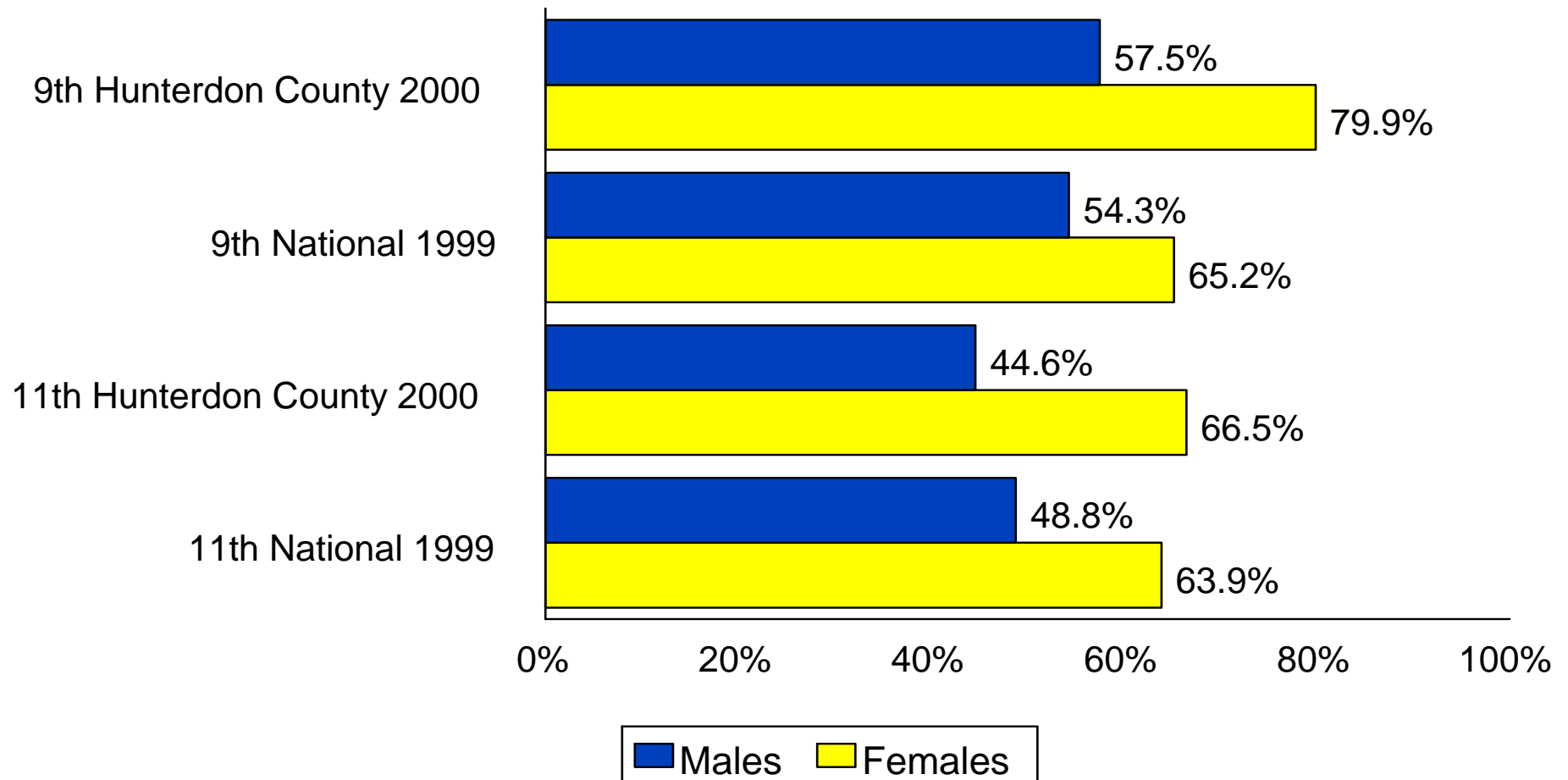
Percent of respondents who are attempting to lose weight



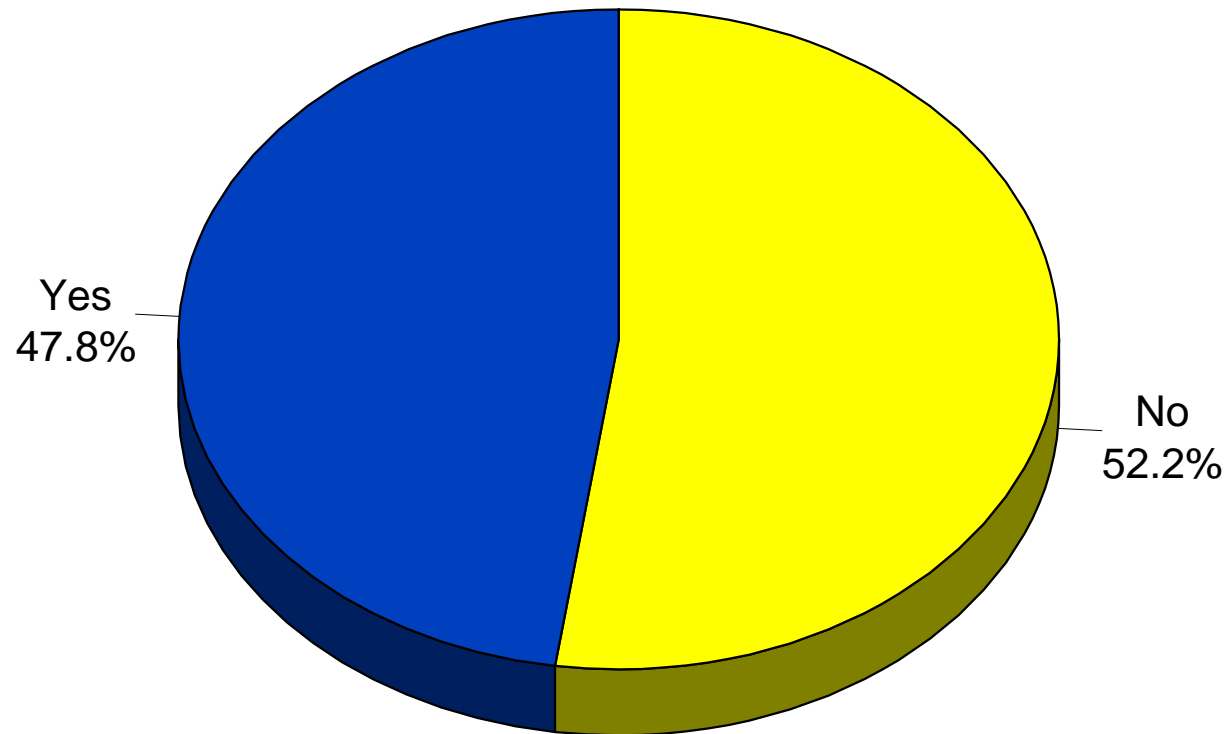
During the past 30 days, did you exercise to lose weight or to keep from gaining weight?



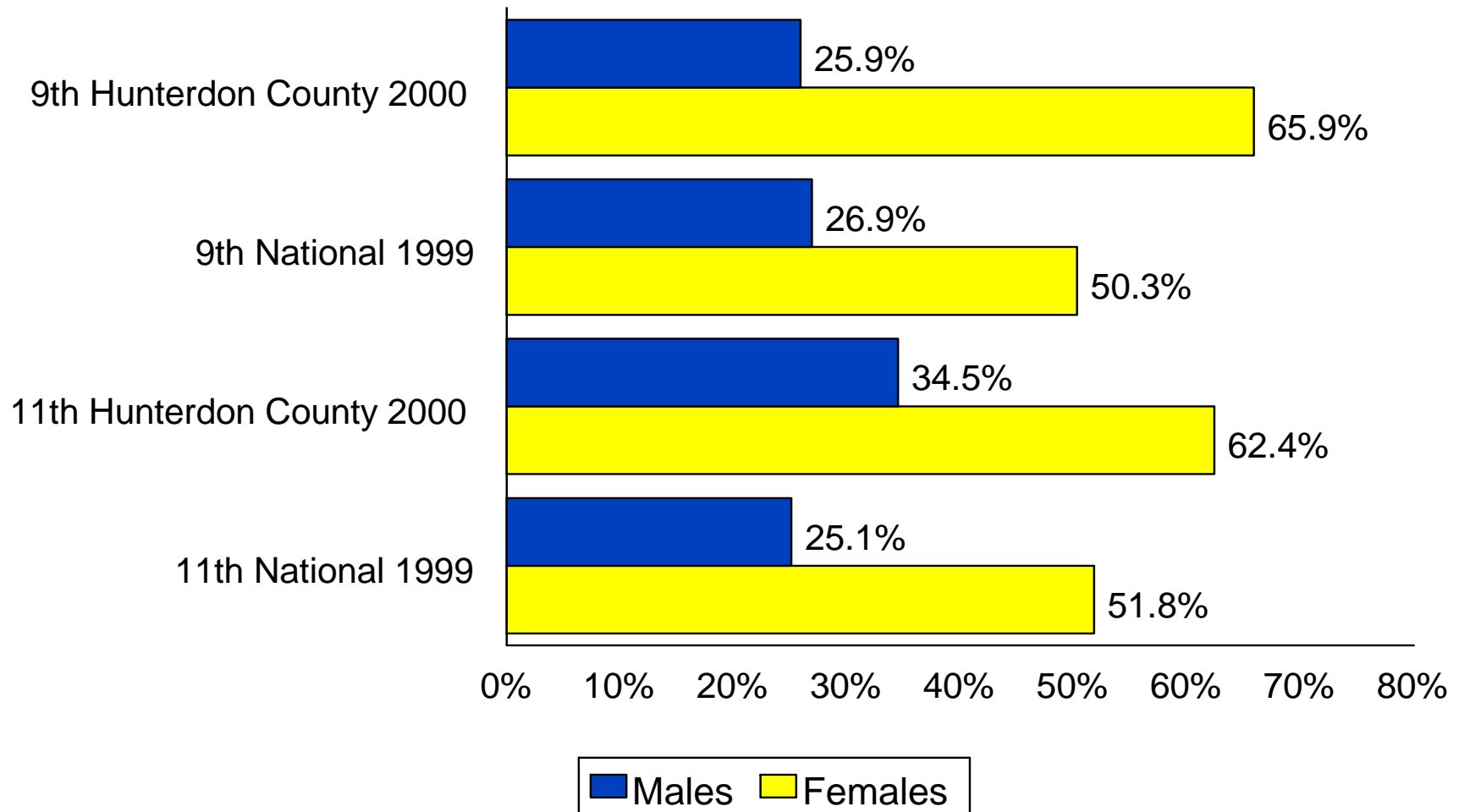
Percent of respondents who exercised to lose weight in the past month



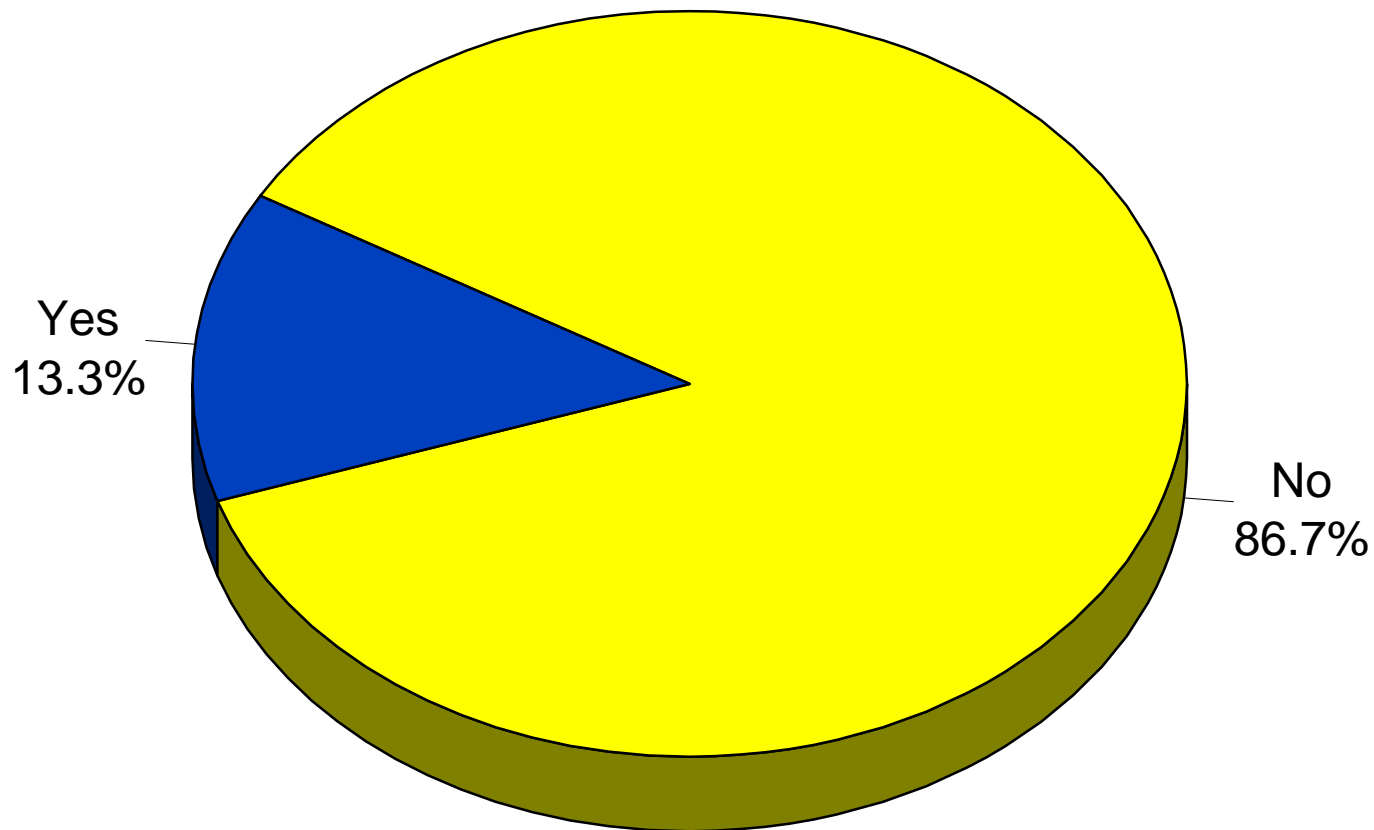
During the past 30 days, did you eat less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight?



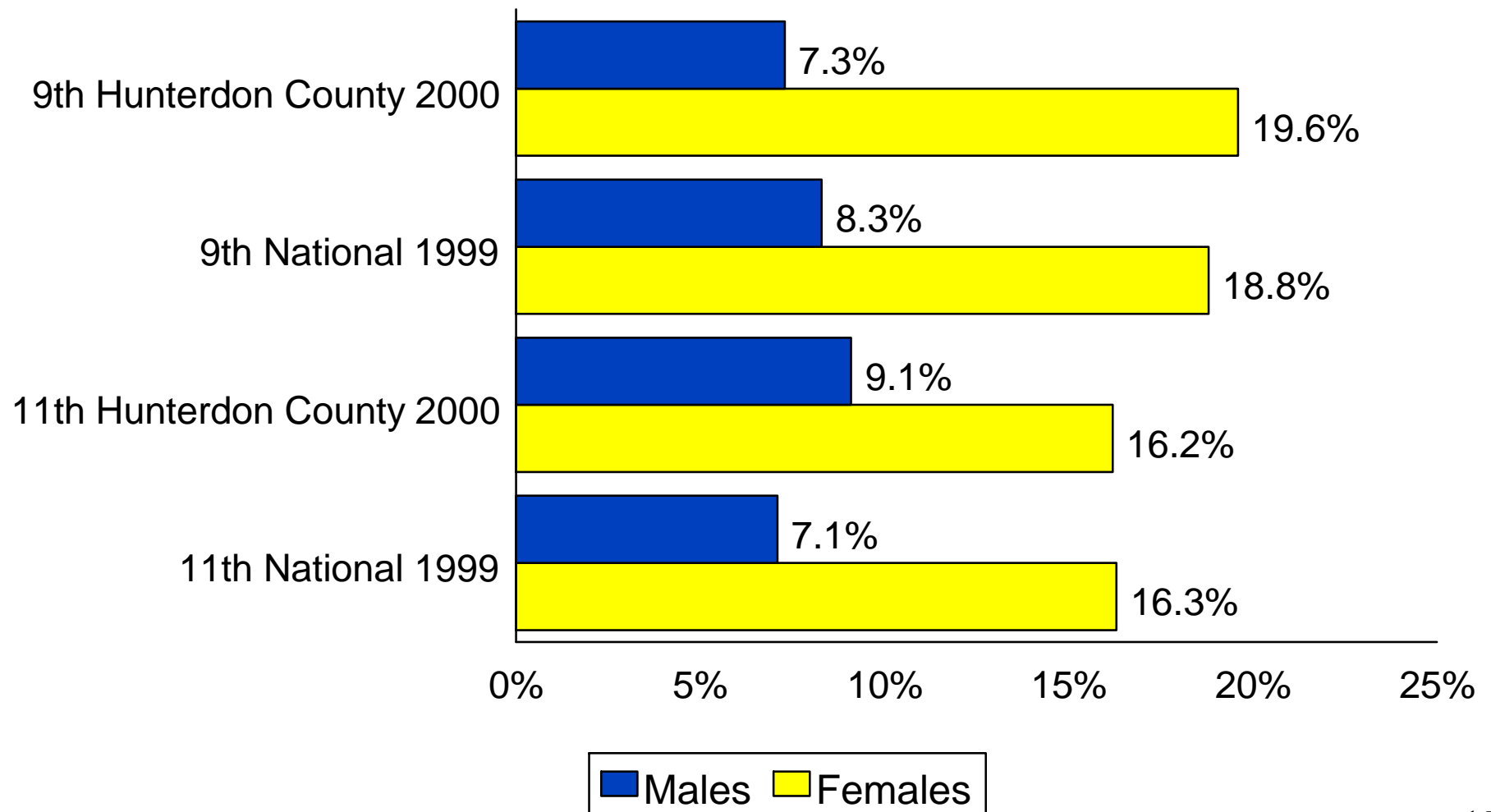
Percent of respondents who dieted to lose weight or keep from gaining weight in the past month



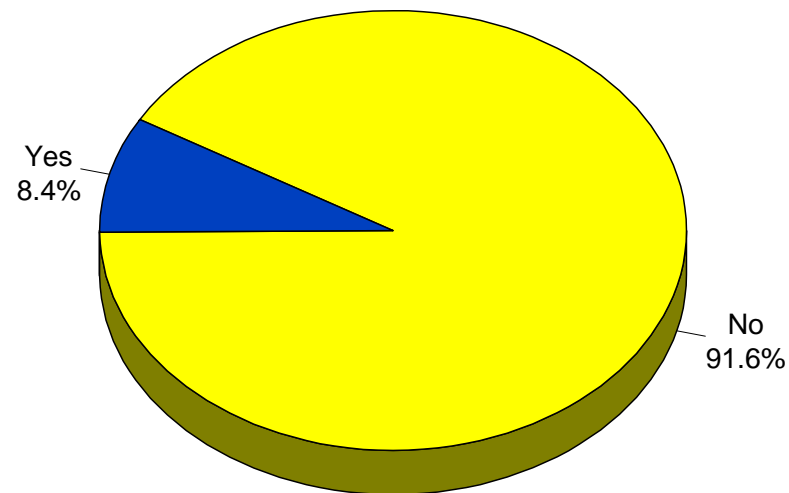
During the past 30 days, did you go without eating for 24 hours or more?



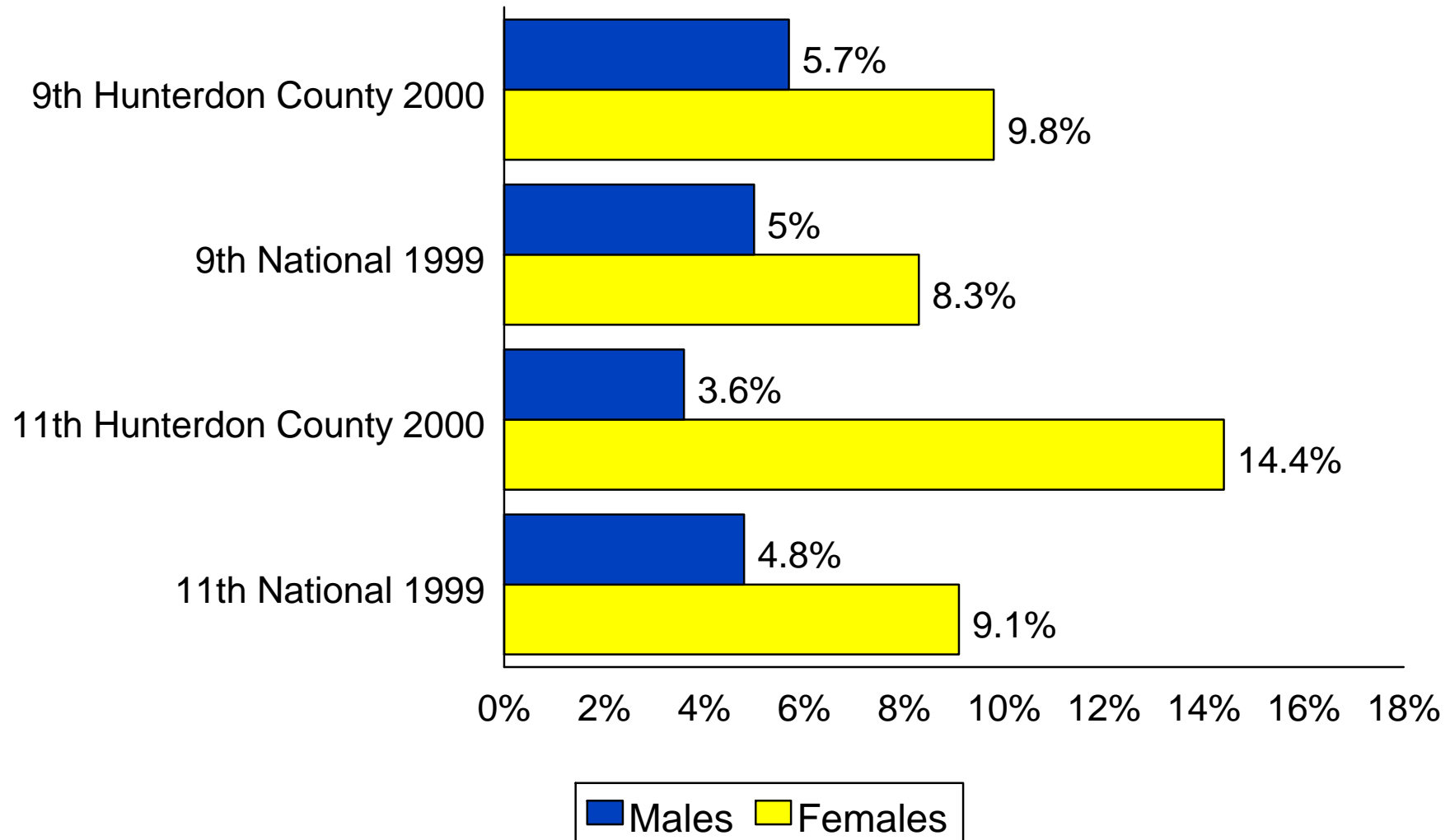
Percent of respondents who went 24 hours or more without eating in the past month



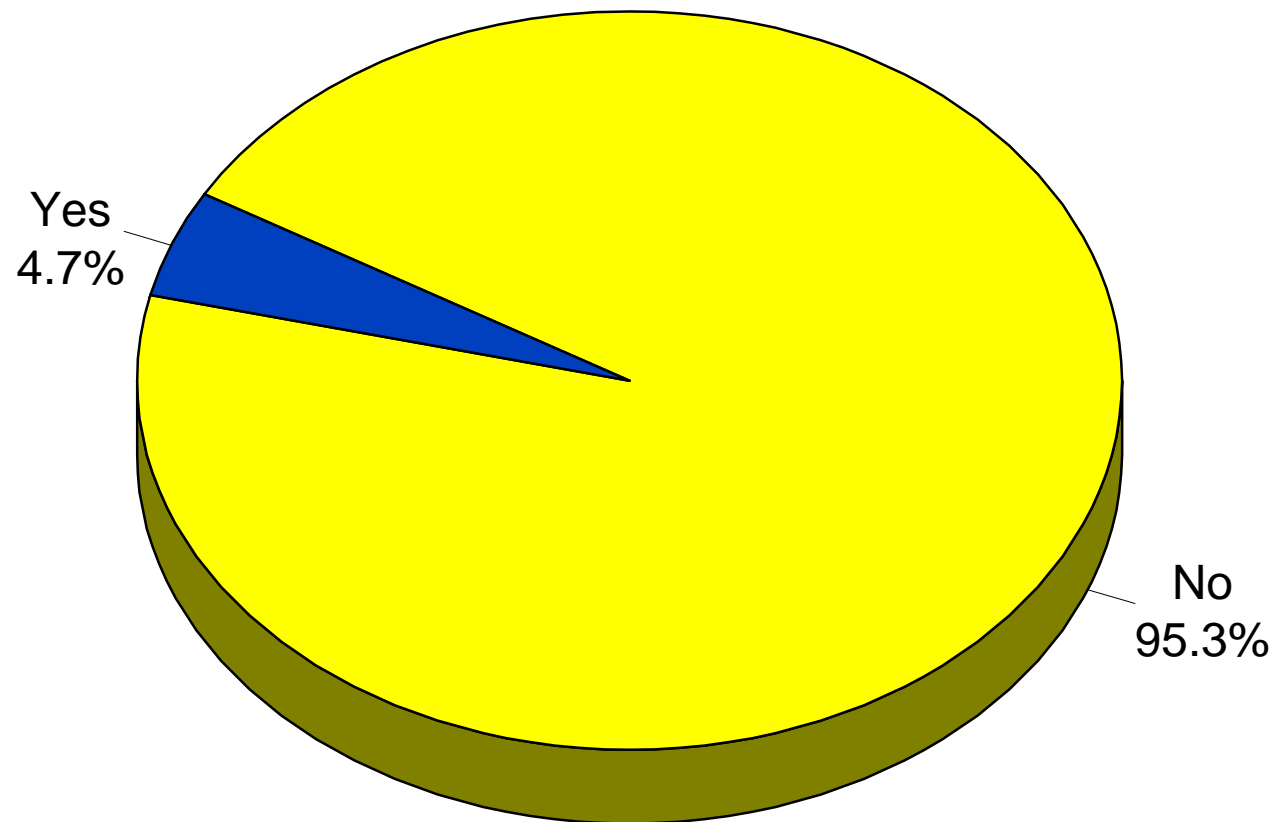
During the past 30 days, did you take any diet pills, powders, or liquids without a doctor's advice?



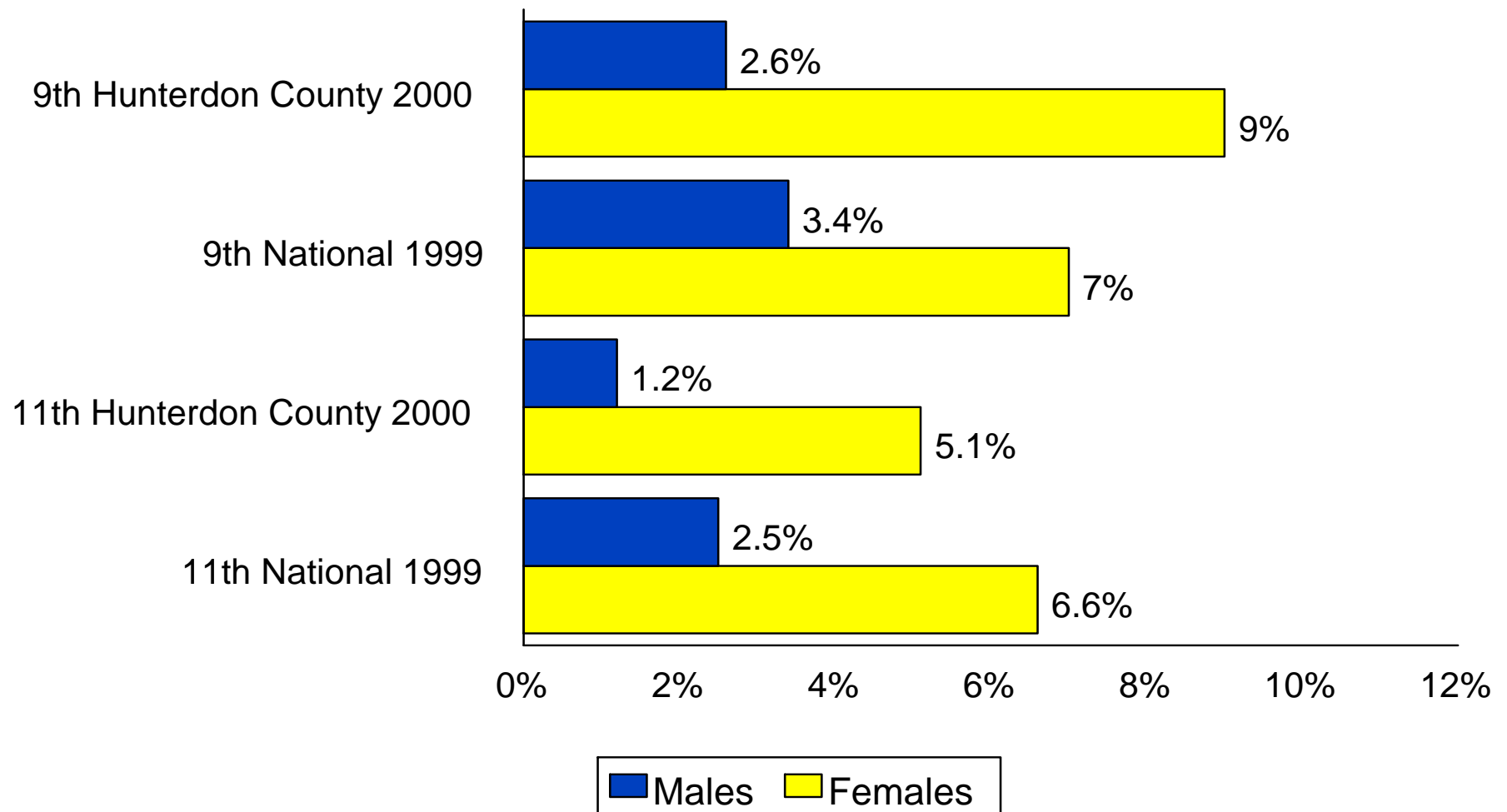
Percent of respondents who took diet pills to lose weight or keep from gaining weight in the past month



During the past 30 days, did you vomit or take laxatives to lose weight or keep from gaining weight?

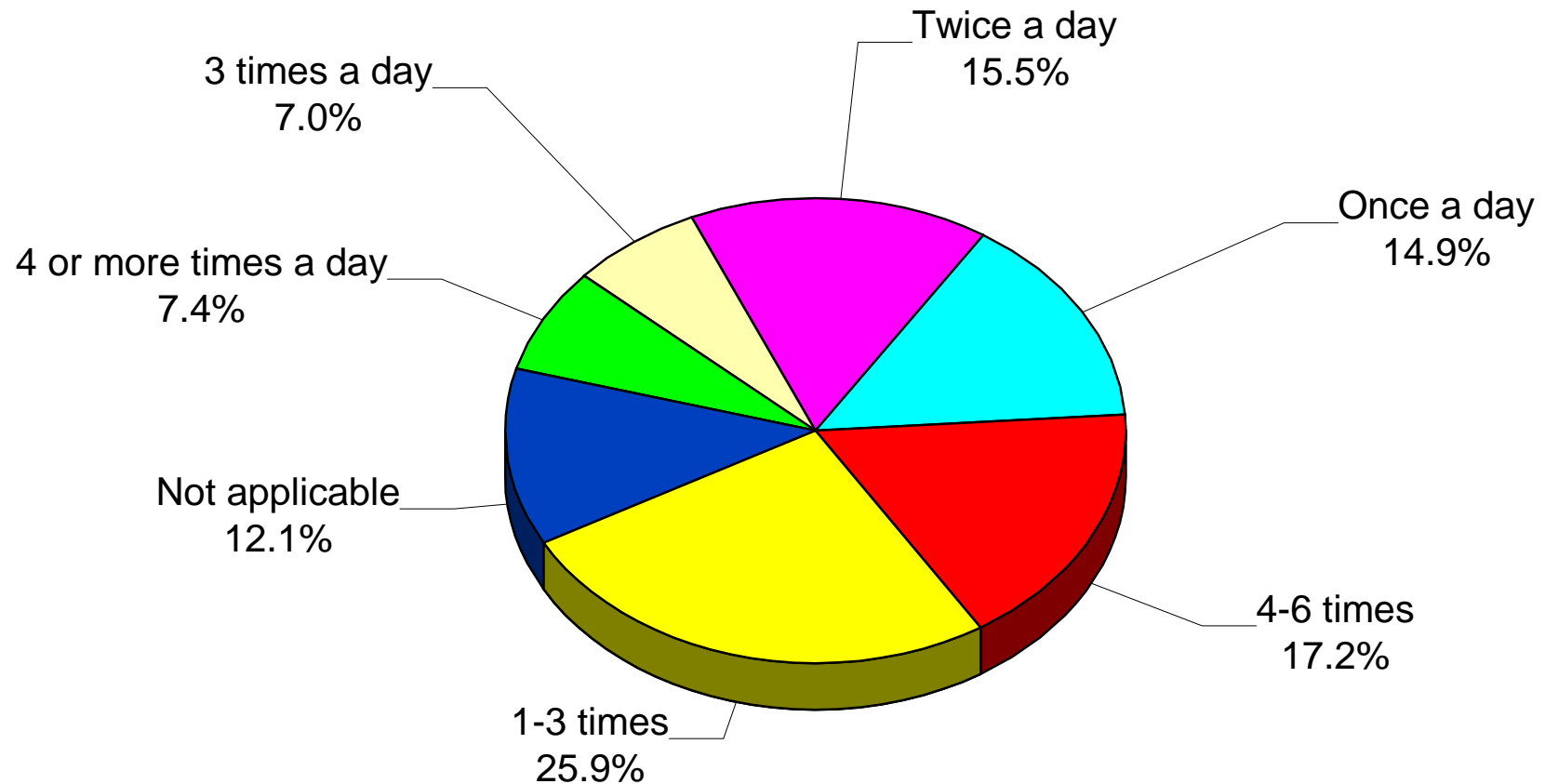


Percent of respondents who took laxatives or vomited to lose weight in the past month



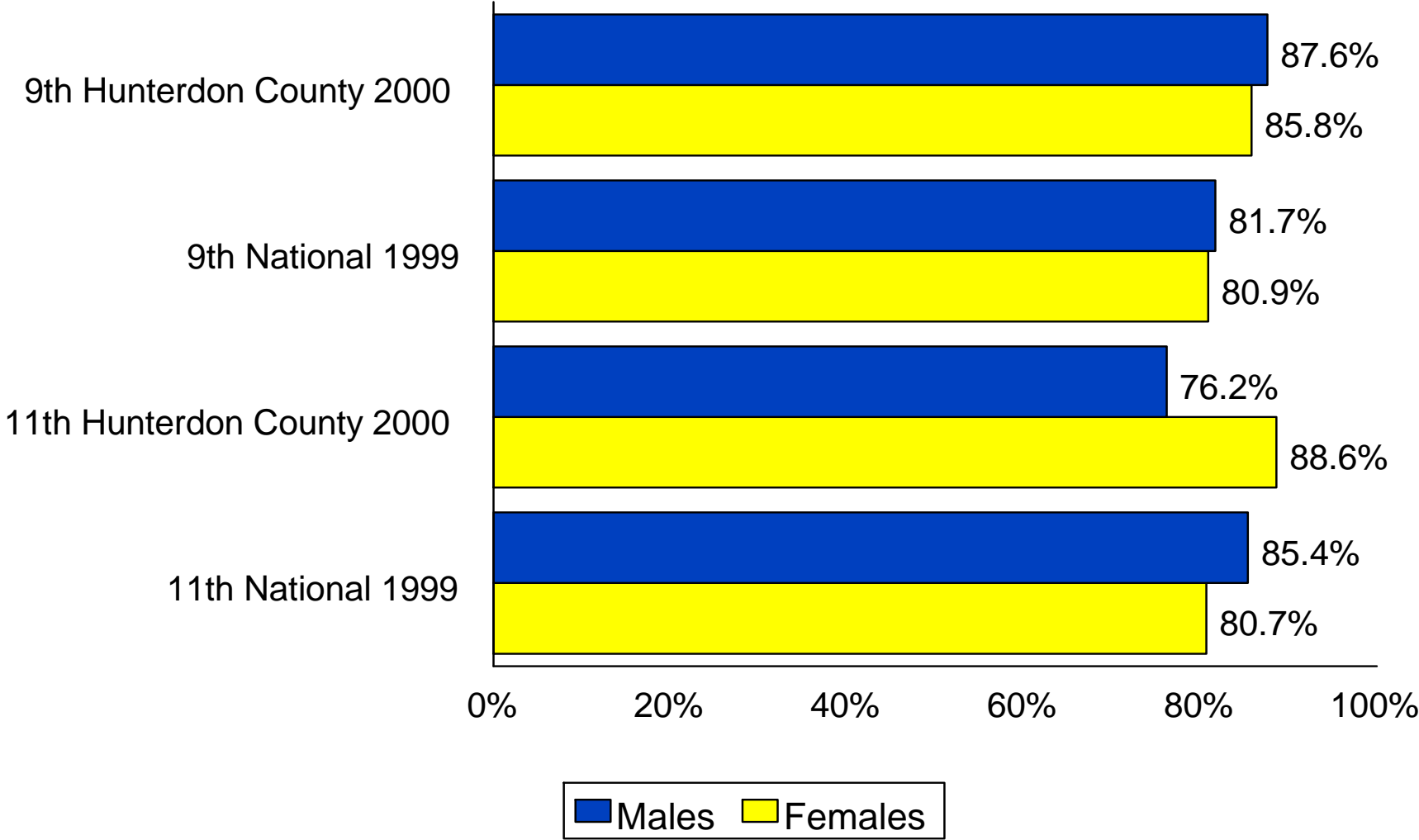
Nutrition and Diet

During the past 7 days, how many times did you drink 100% fruit juice?

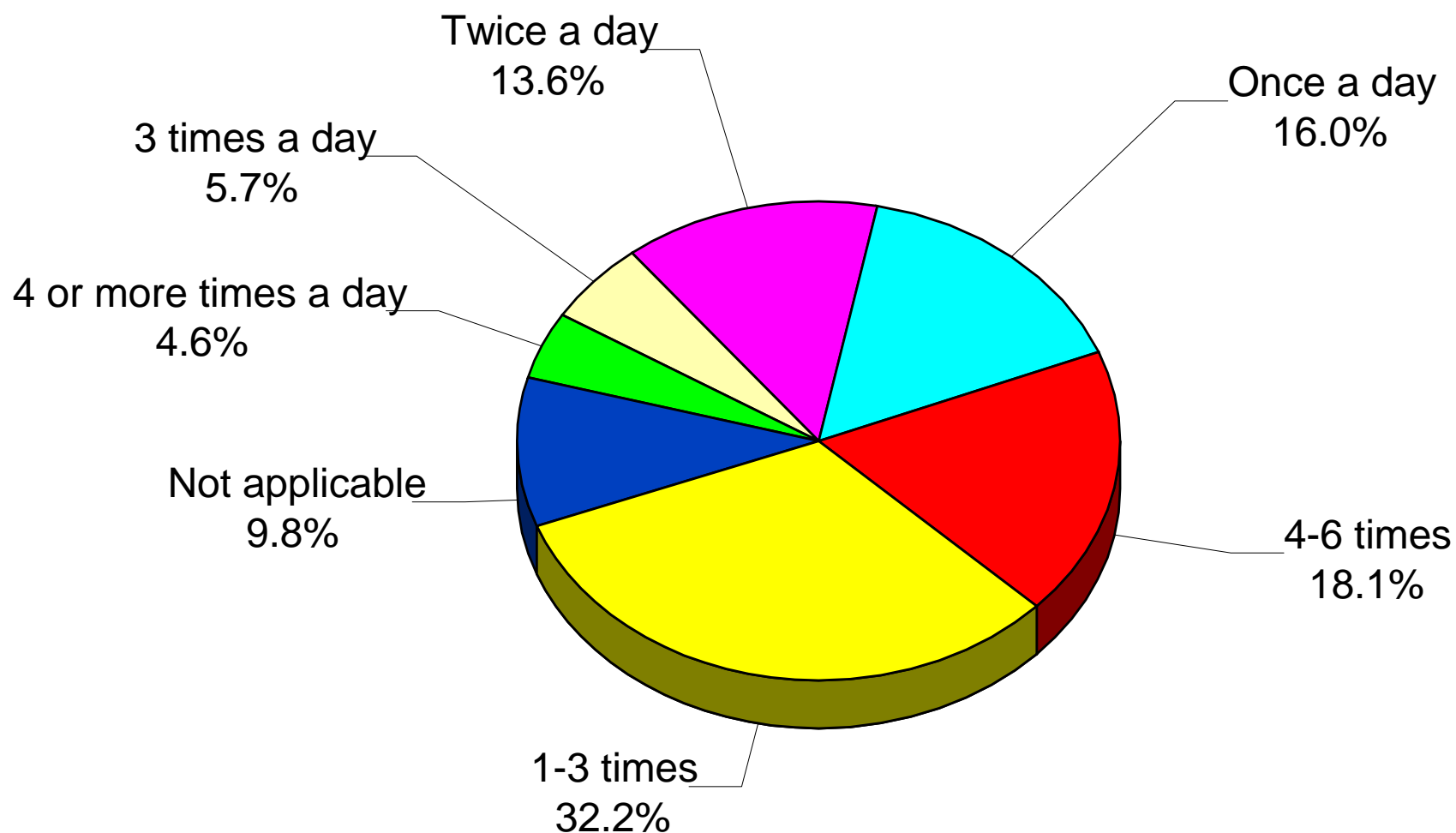


N=744

Percent of respondents who drank fruit juice at least once in the past 7 days

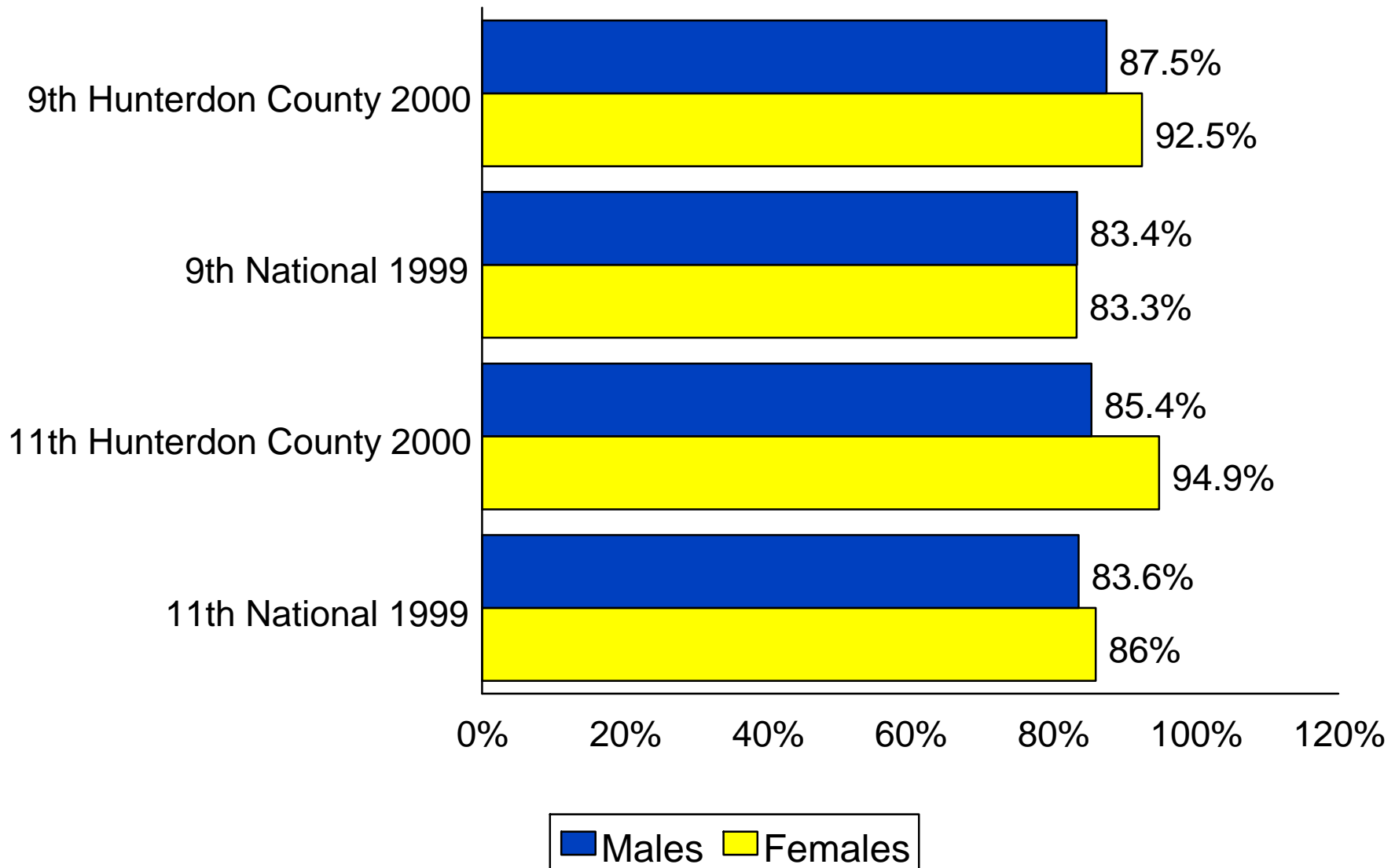


During the past 7 days, how many times did you eat fruit?

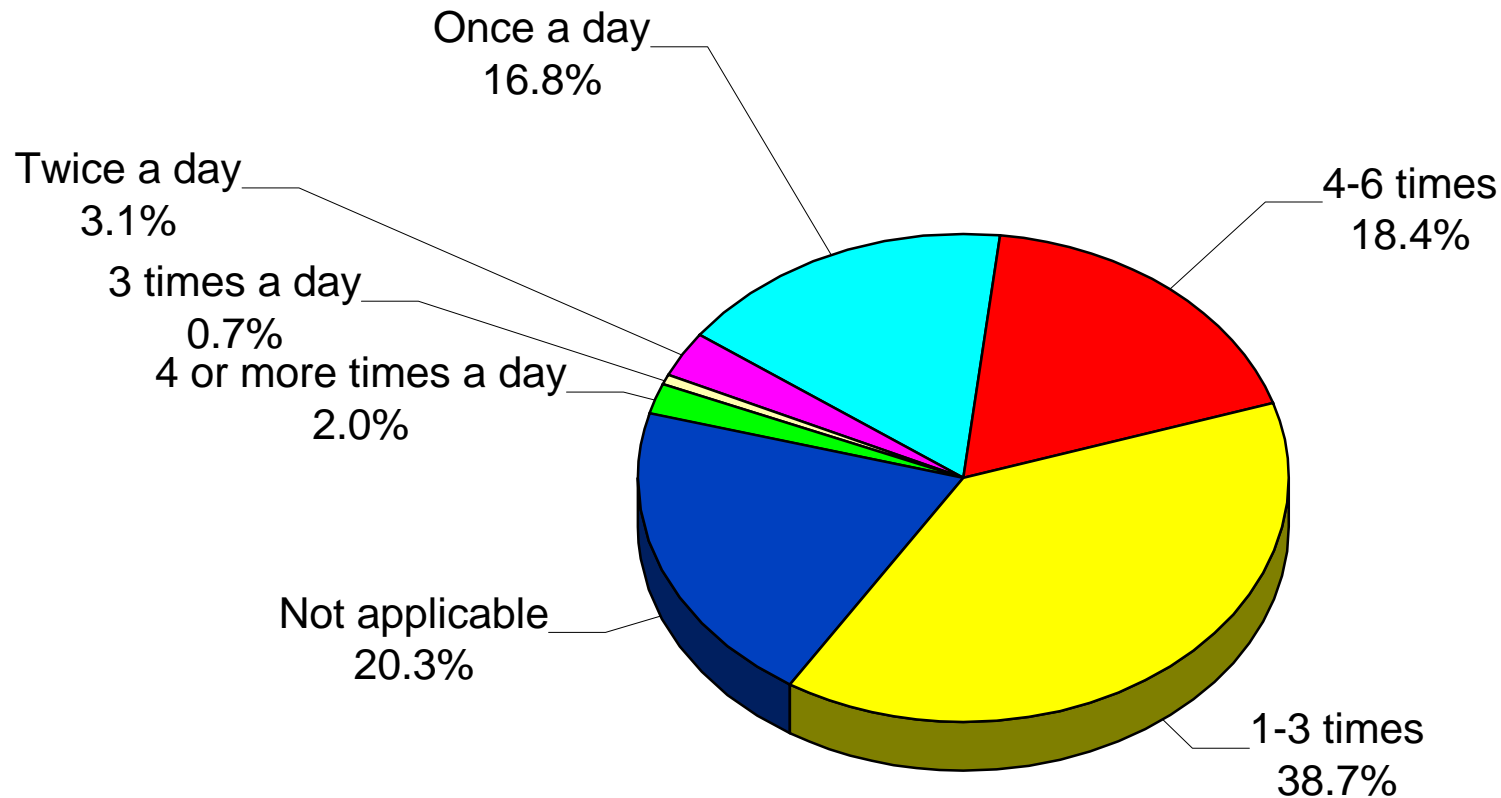


N=743

Percent of respondents who ate fruit at least once in the last 7 days

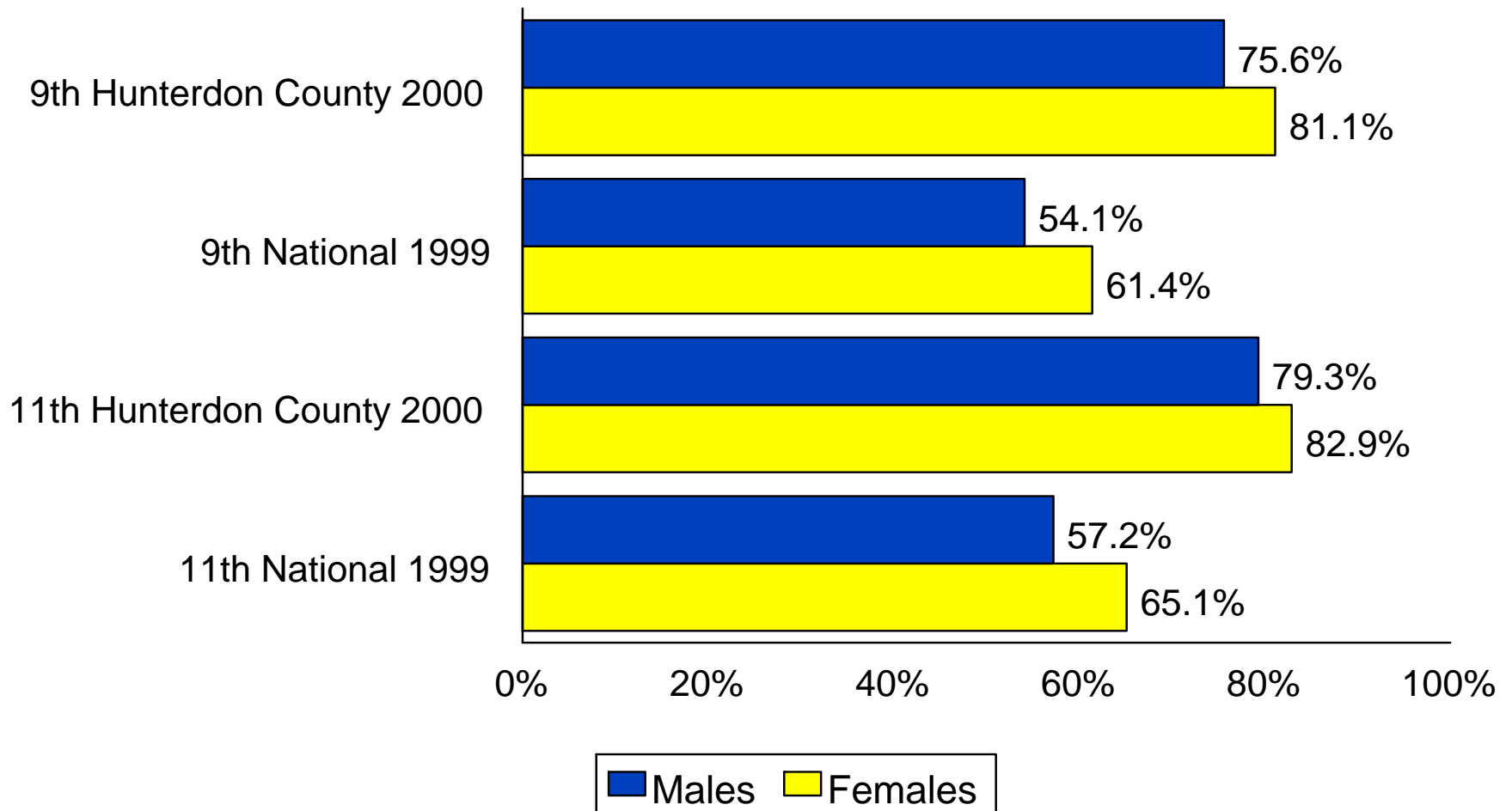


During the past 7 days, how many times did you eat green salad?

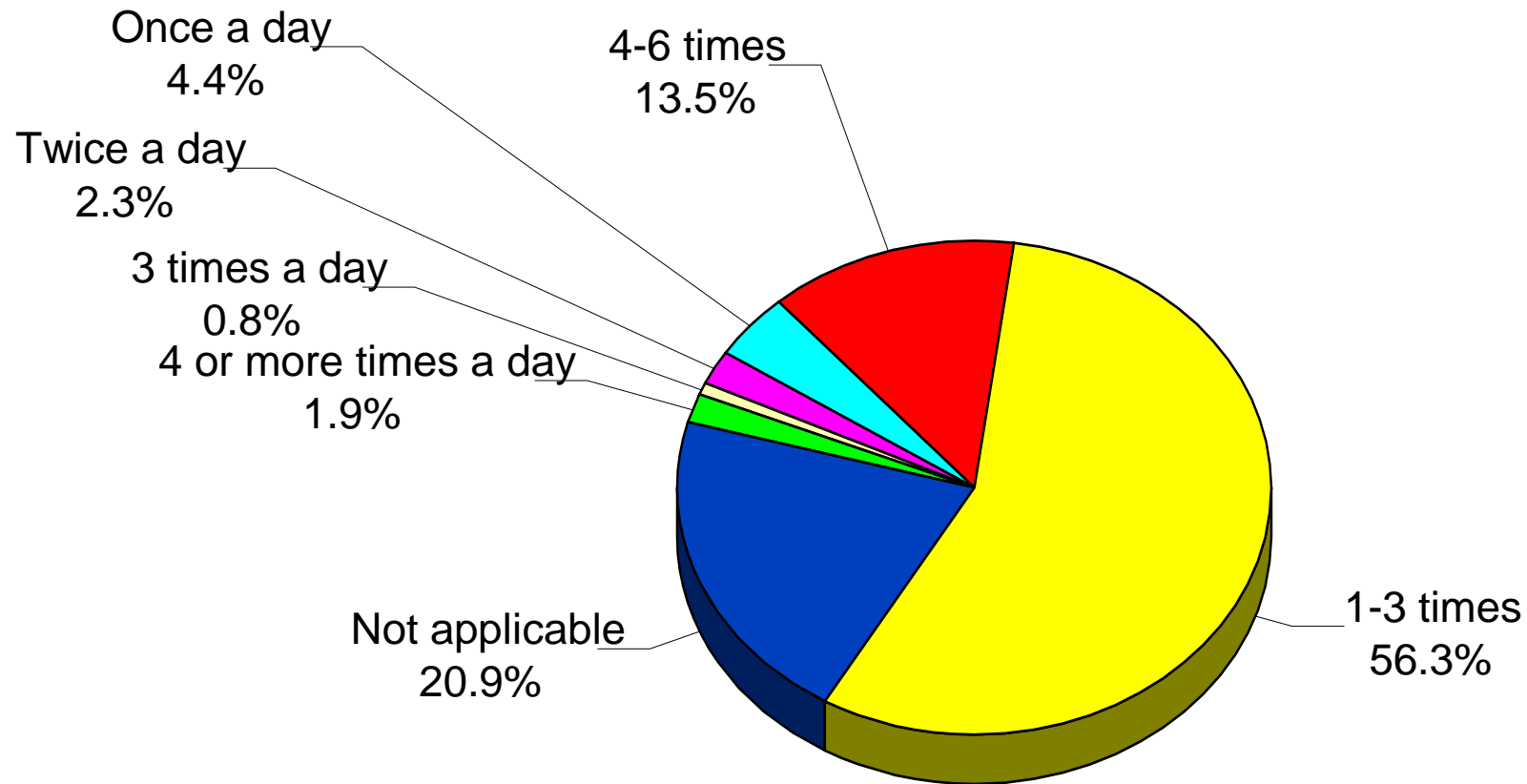


N=744

Percent of respondents who ate green salad at least once in the last 7 days

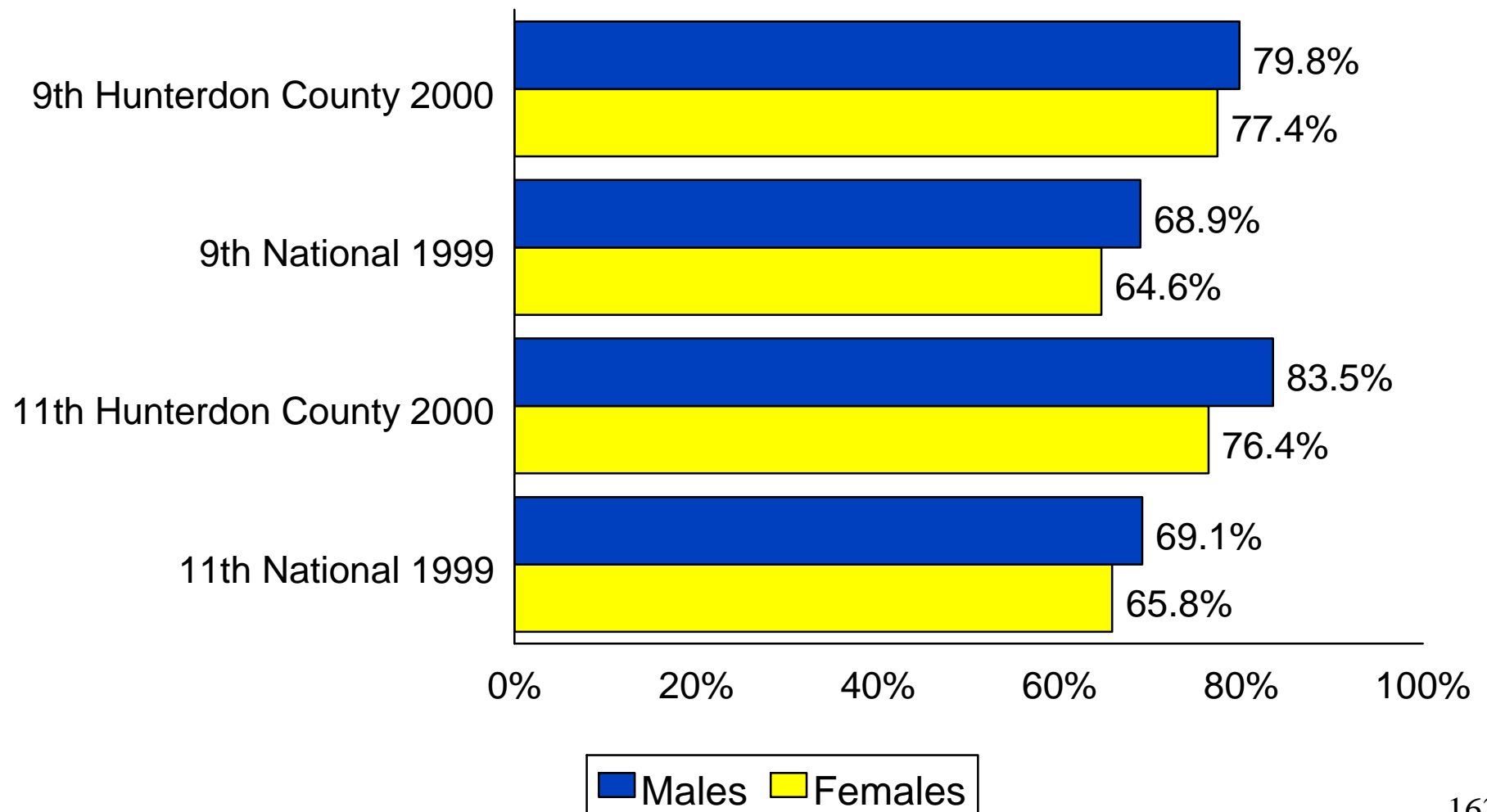


During the past 7 days, how many times did you eat potatoes?

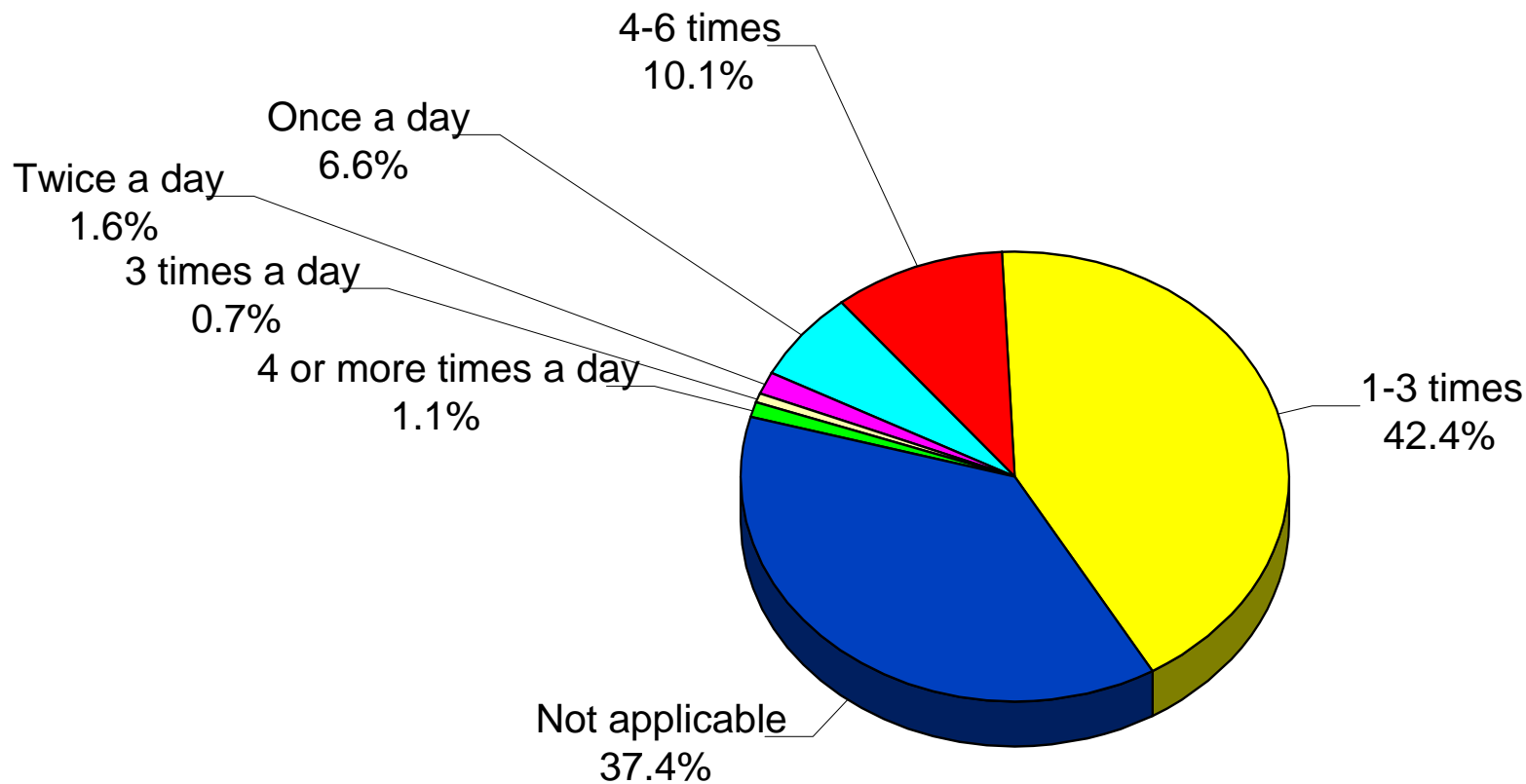


N=743

Percent of respondents who ate potatoes at least once in the last 7 days

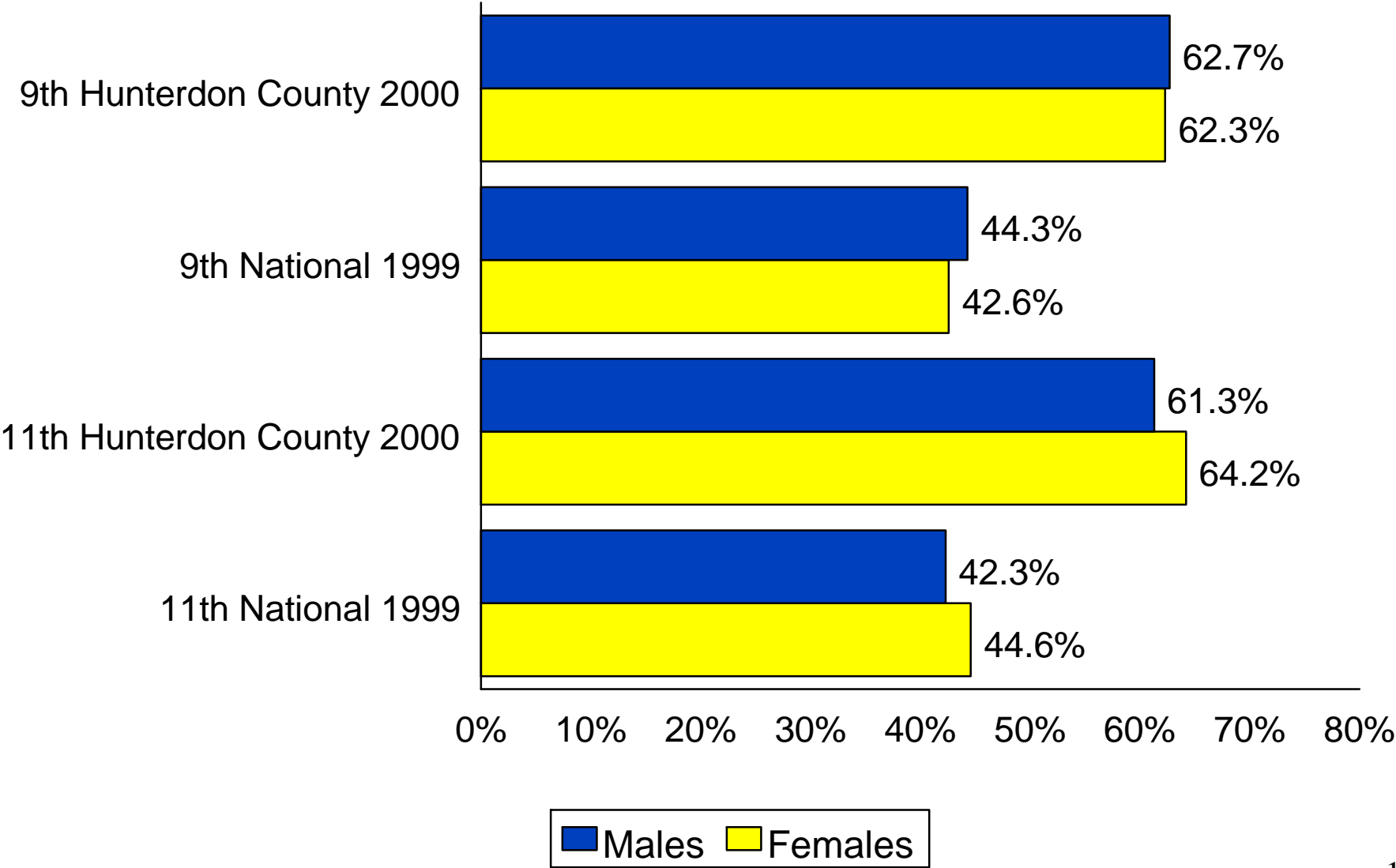


During the past 7 days, how many times did you eat carrots?

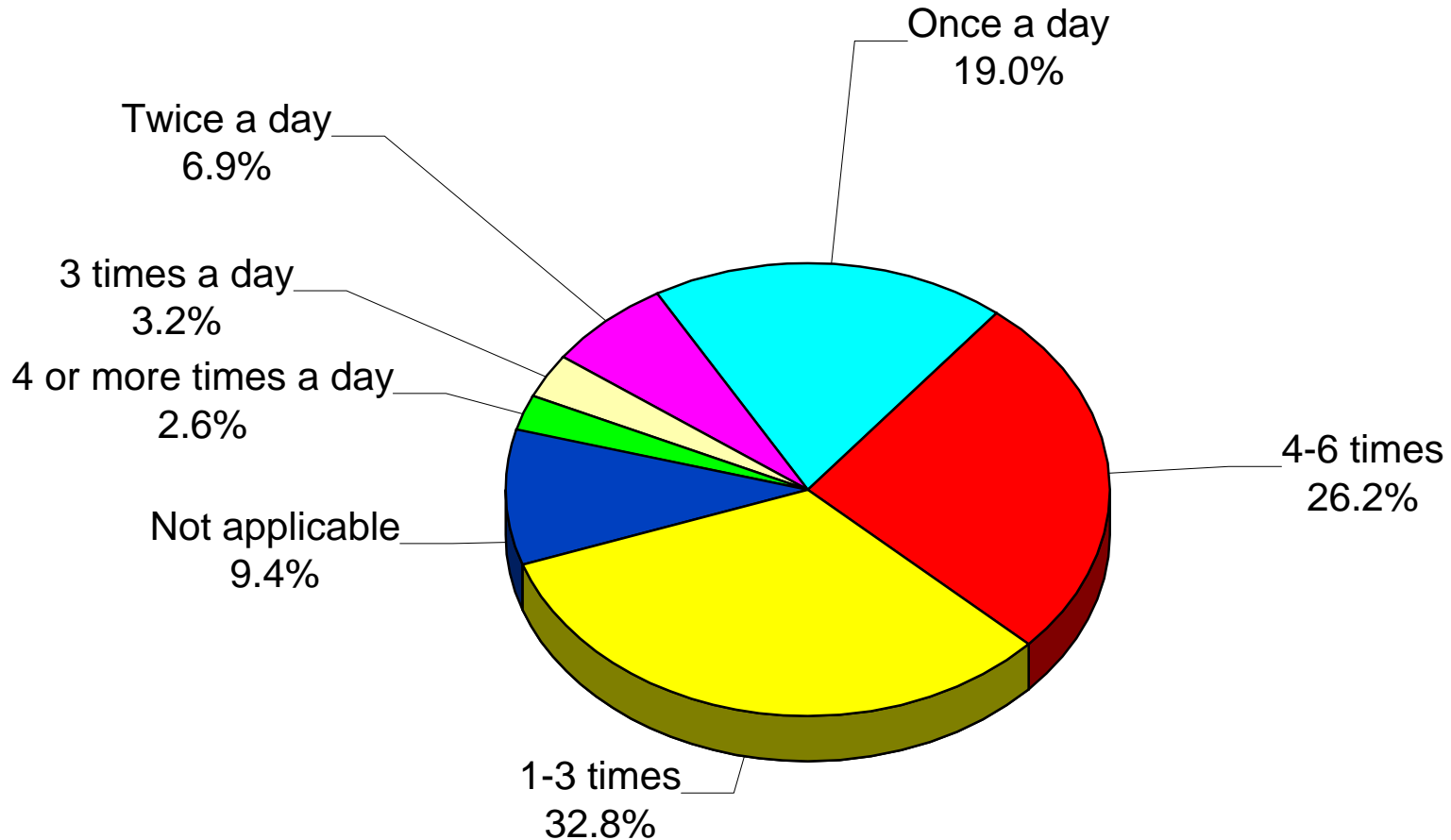


N=741

Percent of respondents who ate carrots at least once in the last 7 days

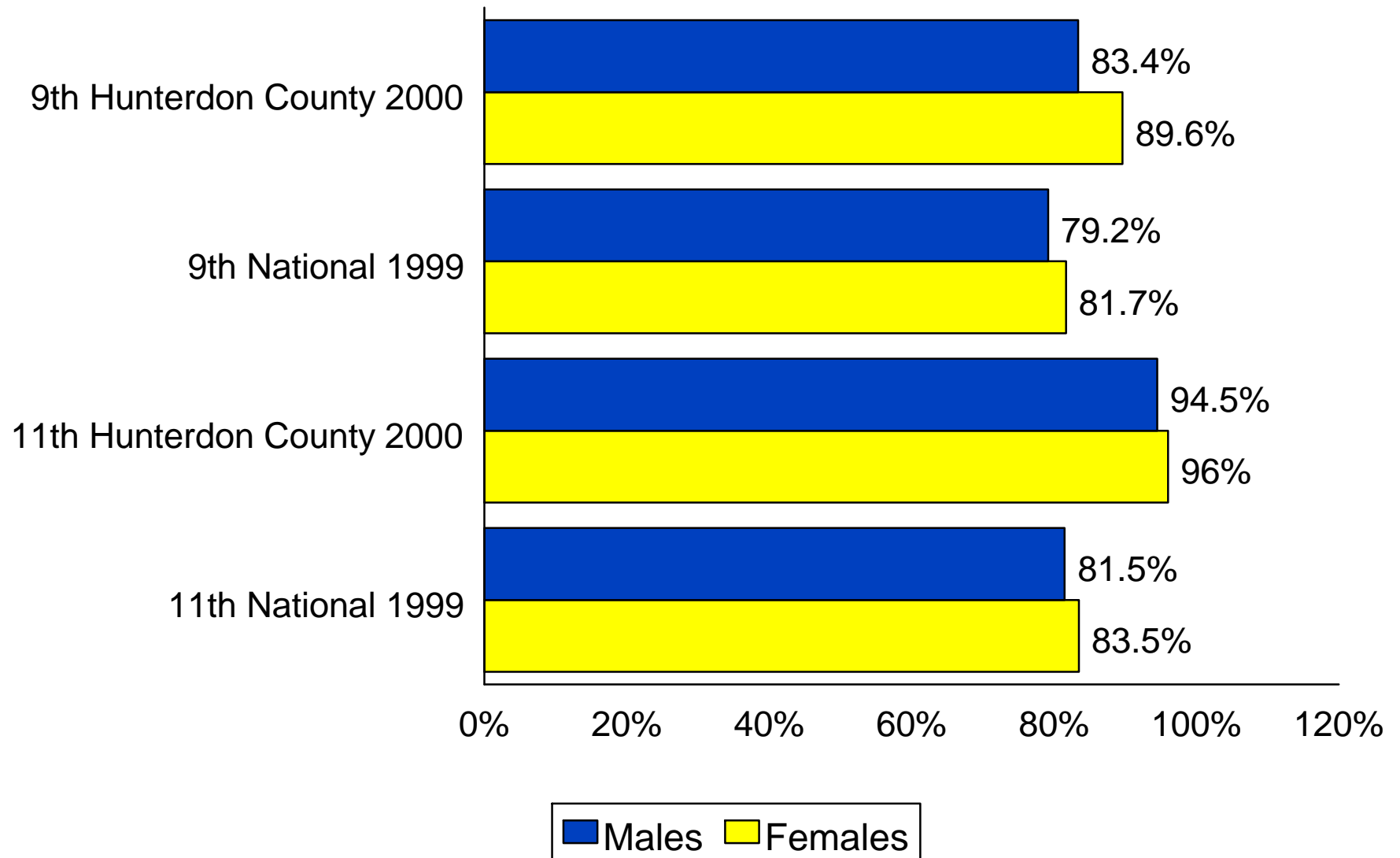


During the past 7 days, how many times did you eat other vegetables?

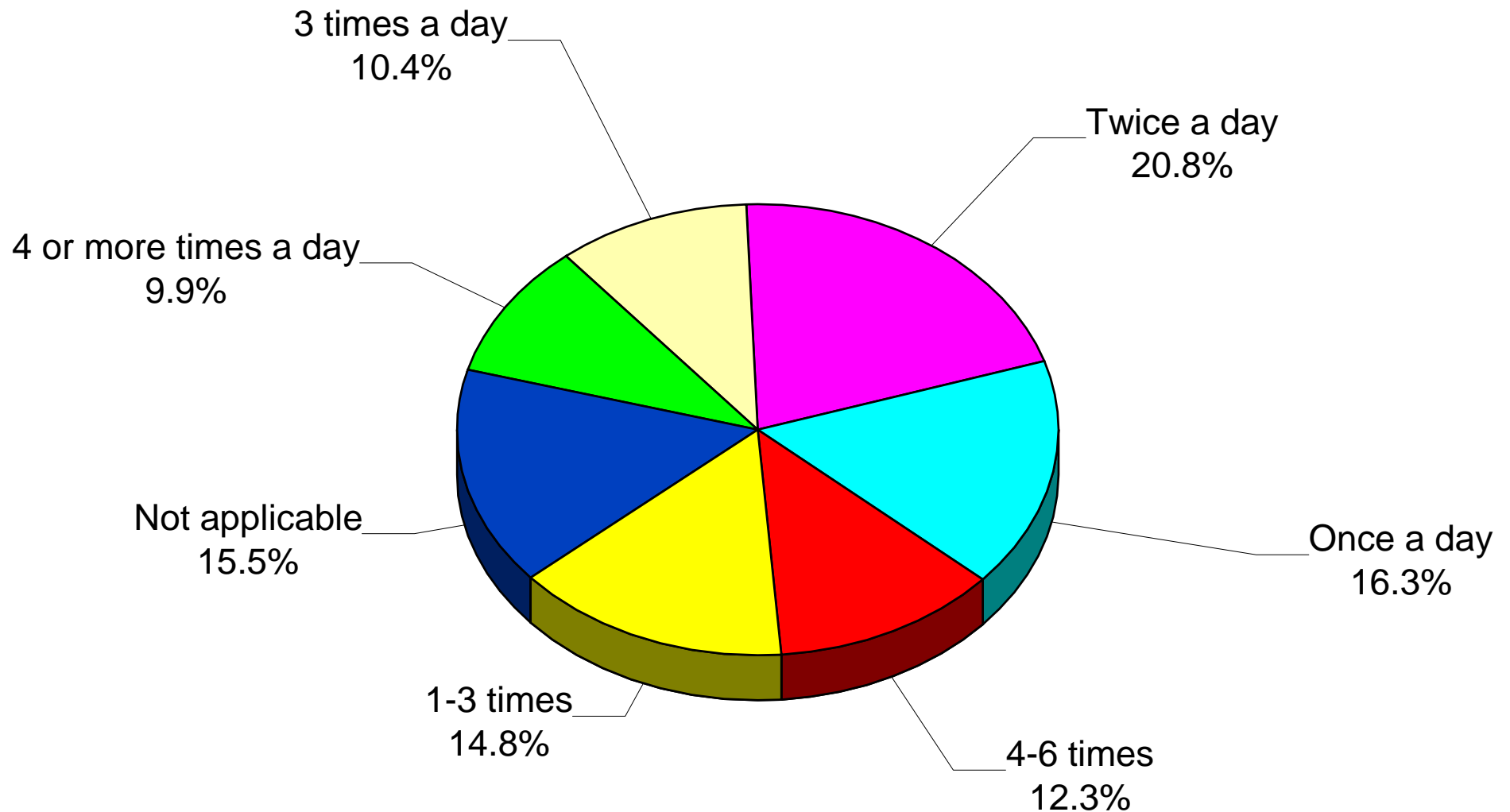


N=744

Percent of respondents who ate other vegetables at least once in the last 7 days

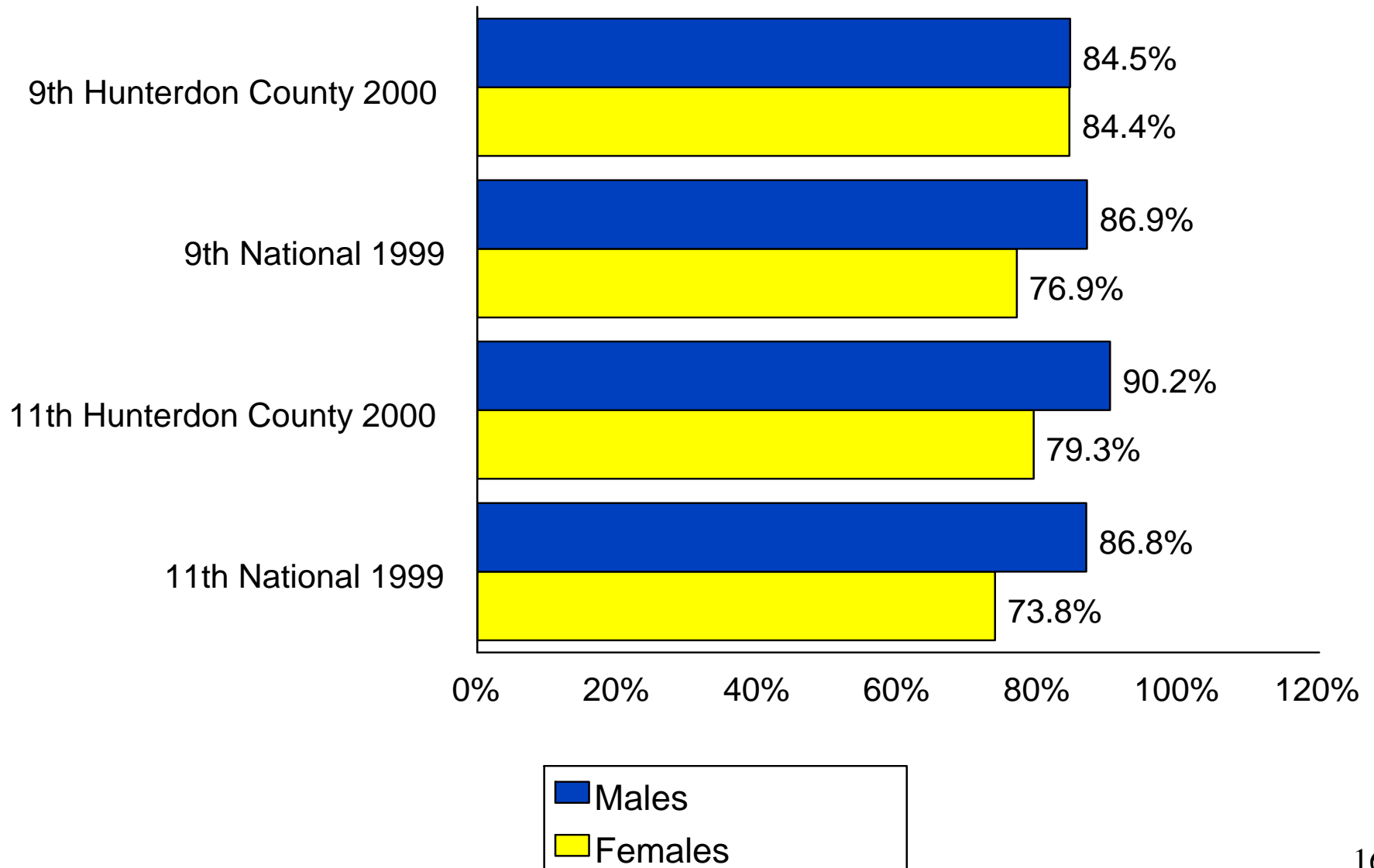


During the past 7 days, how many glasses of milk did you drink?



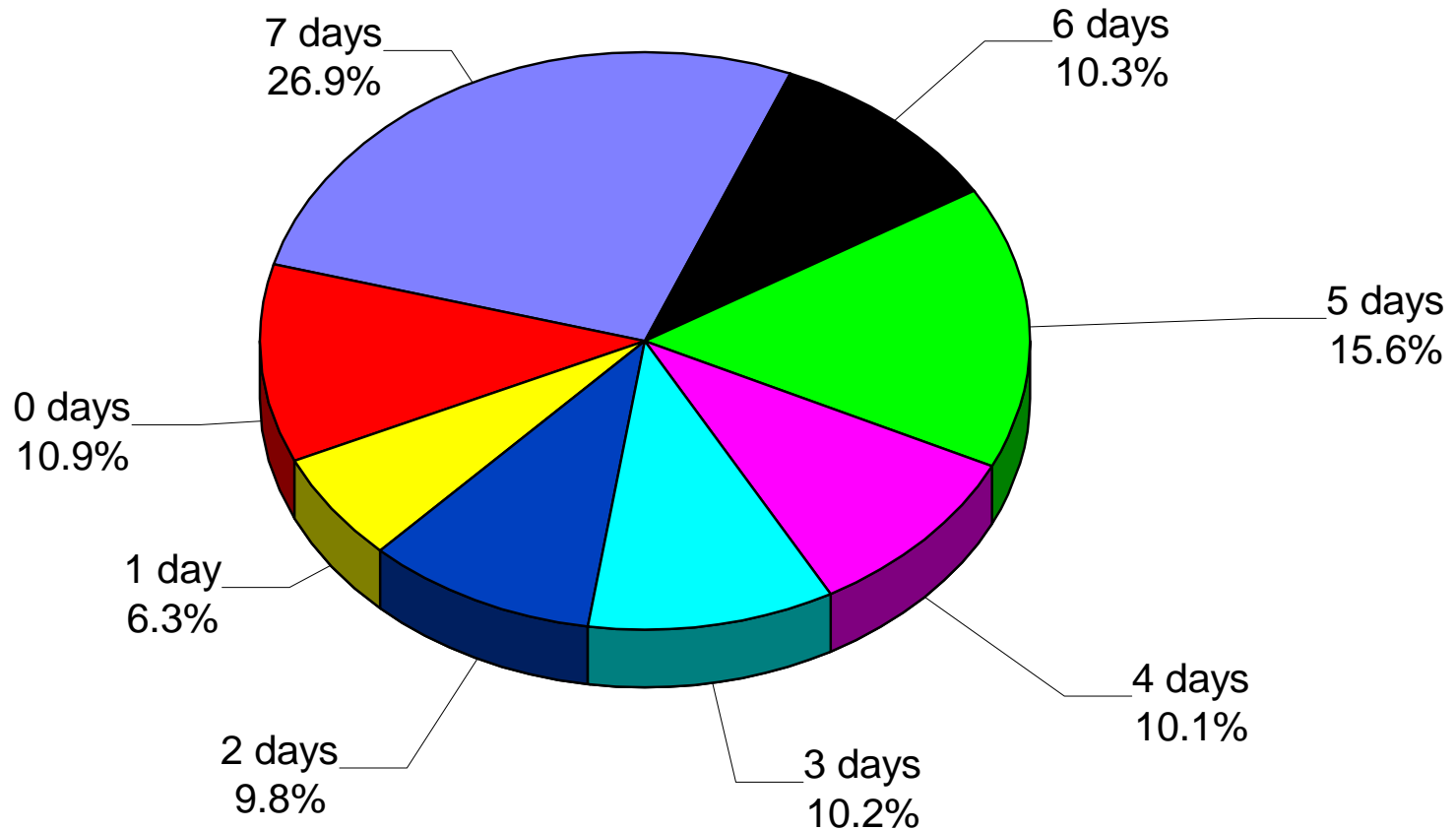
N=743

Percent of respondents who drank at least one glass of milk in the last 7 days



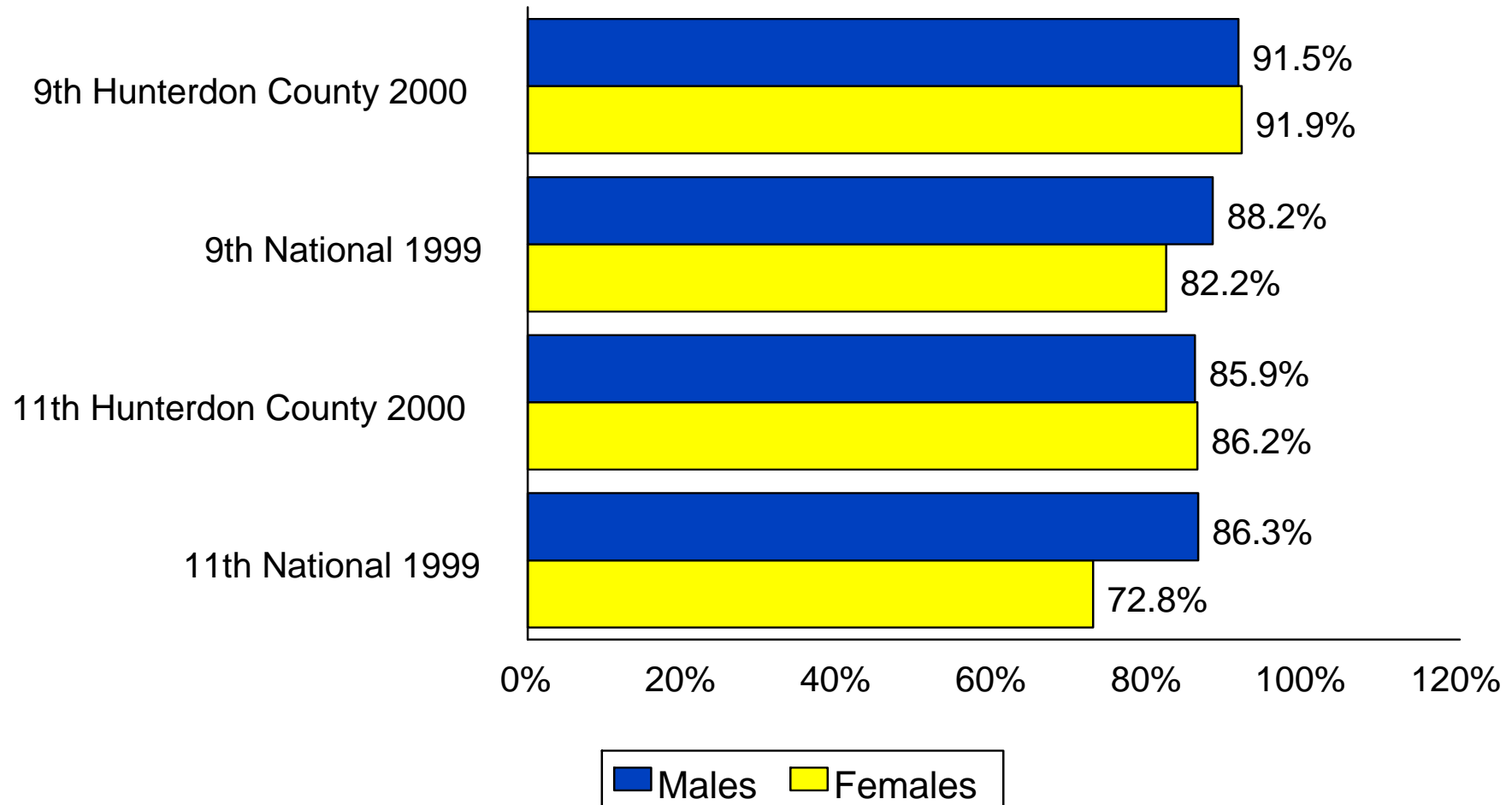
Physical Exercise

On how many of the past 7 days did you exercise or participate in physical activity for at least 20 minutes?

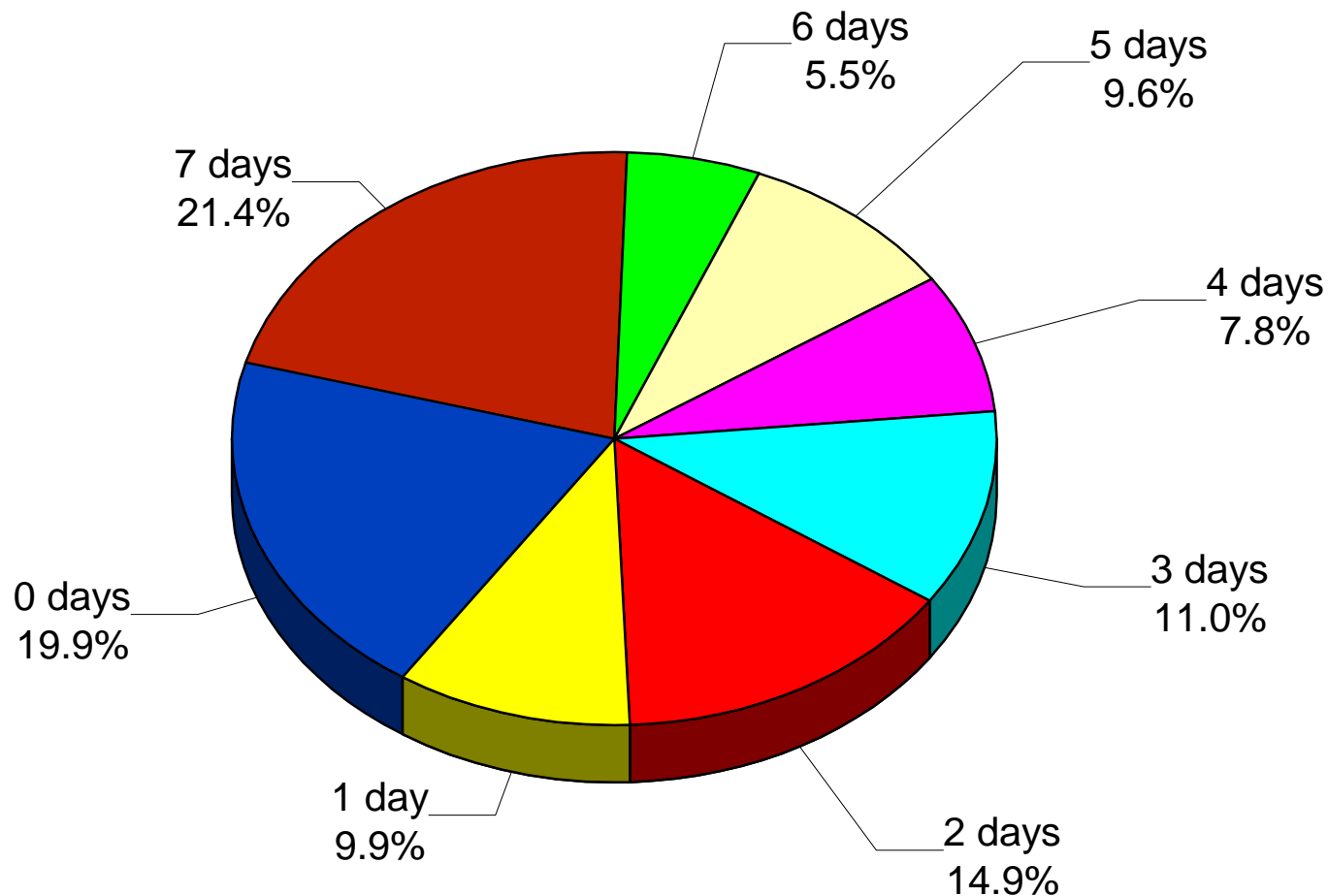


N=736

Percent of respondents who participated in vigorous physical activity on at least one day within the past week

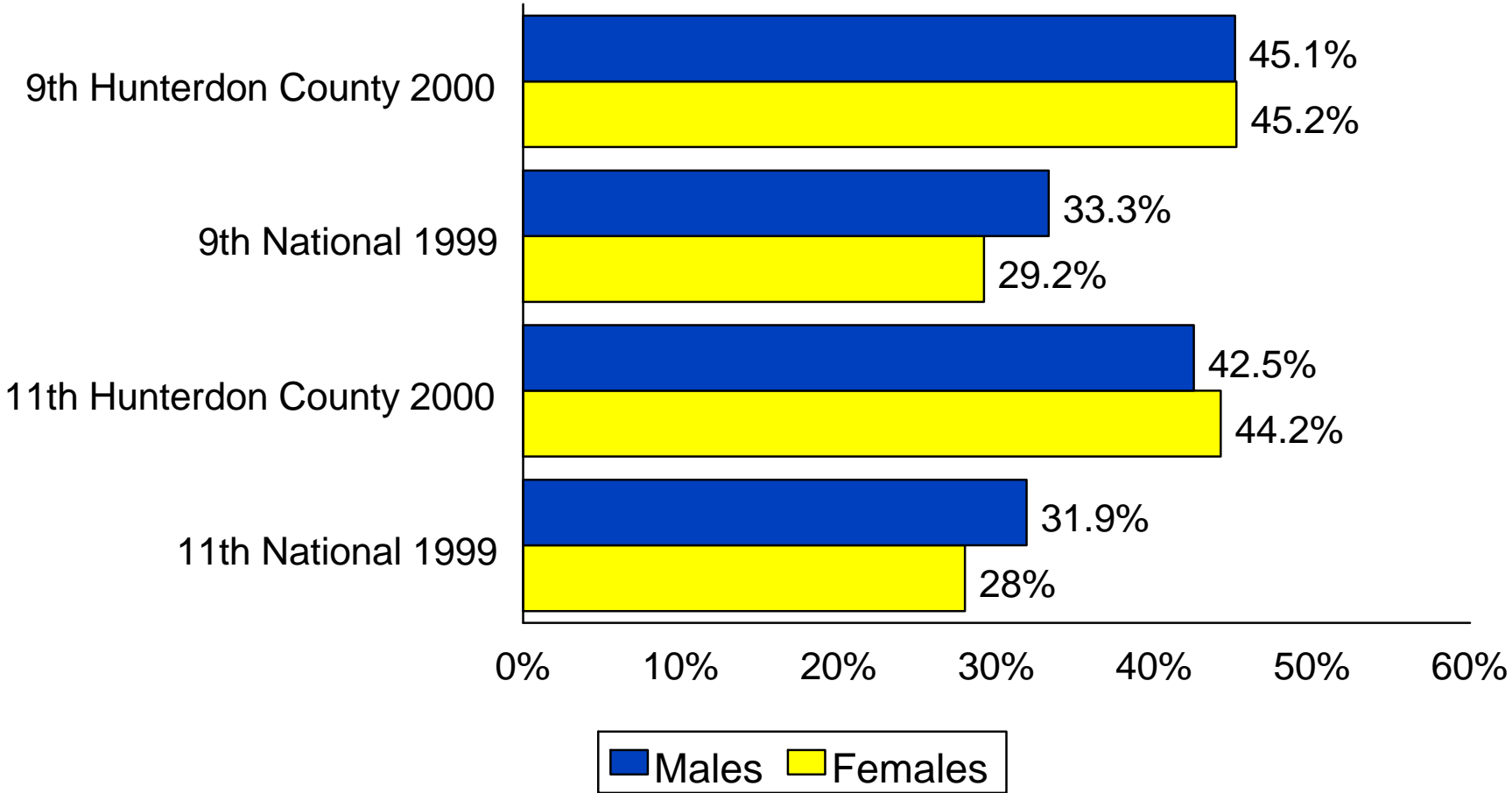


On how many of the past 7 days did you exercise or participate in physical activity for at least 30 minutes?

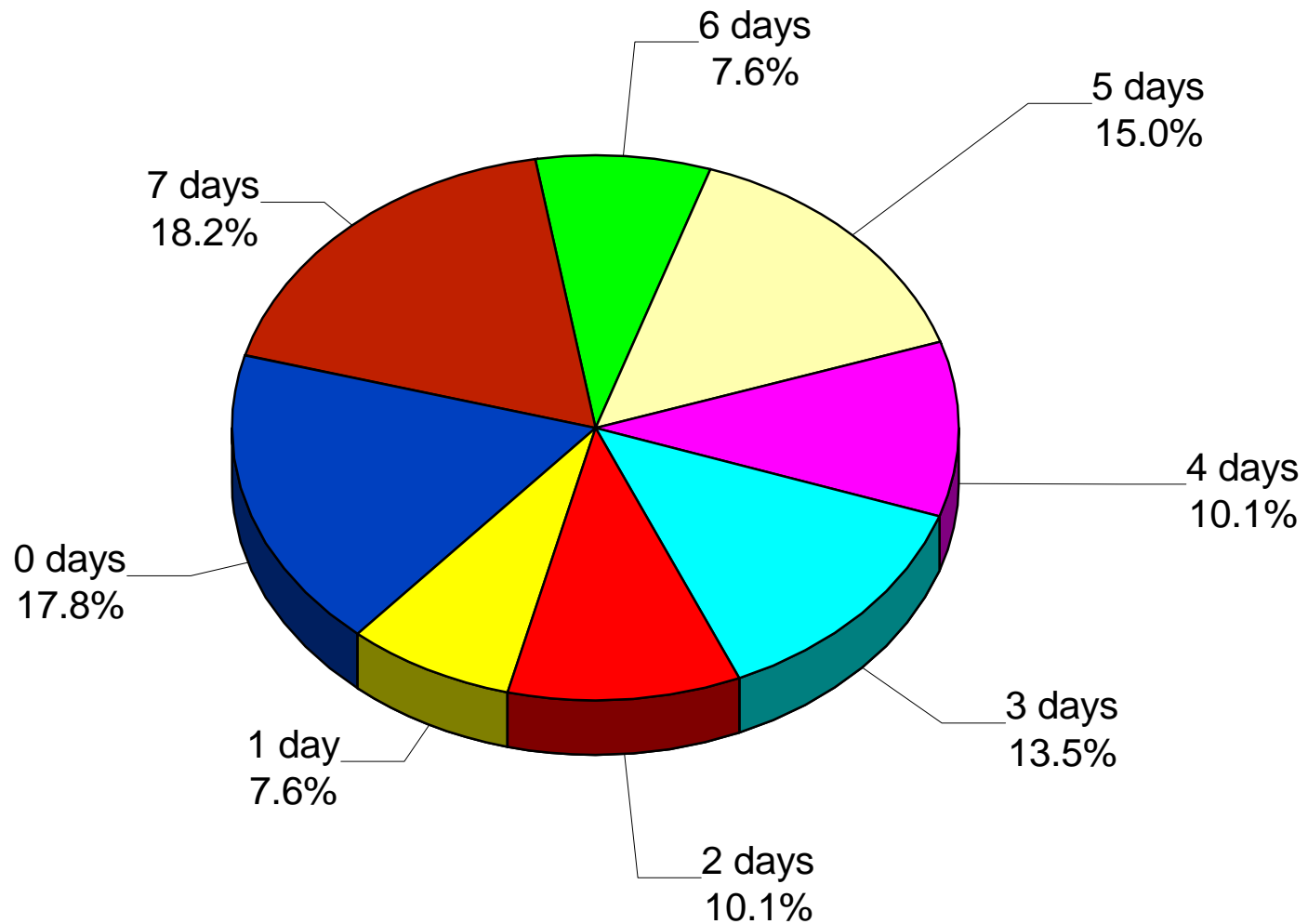


N=739

Percent of respondents who participated in moderate activity (no sweat/hard breathing) for at least 30 minutes on 4 or more days in the past week

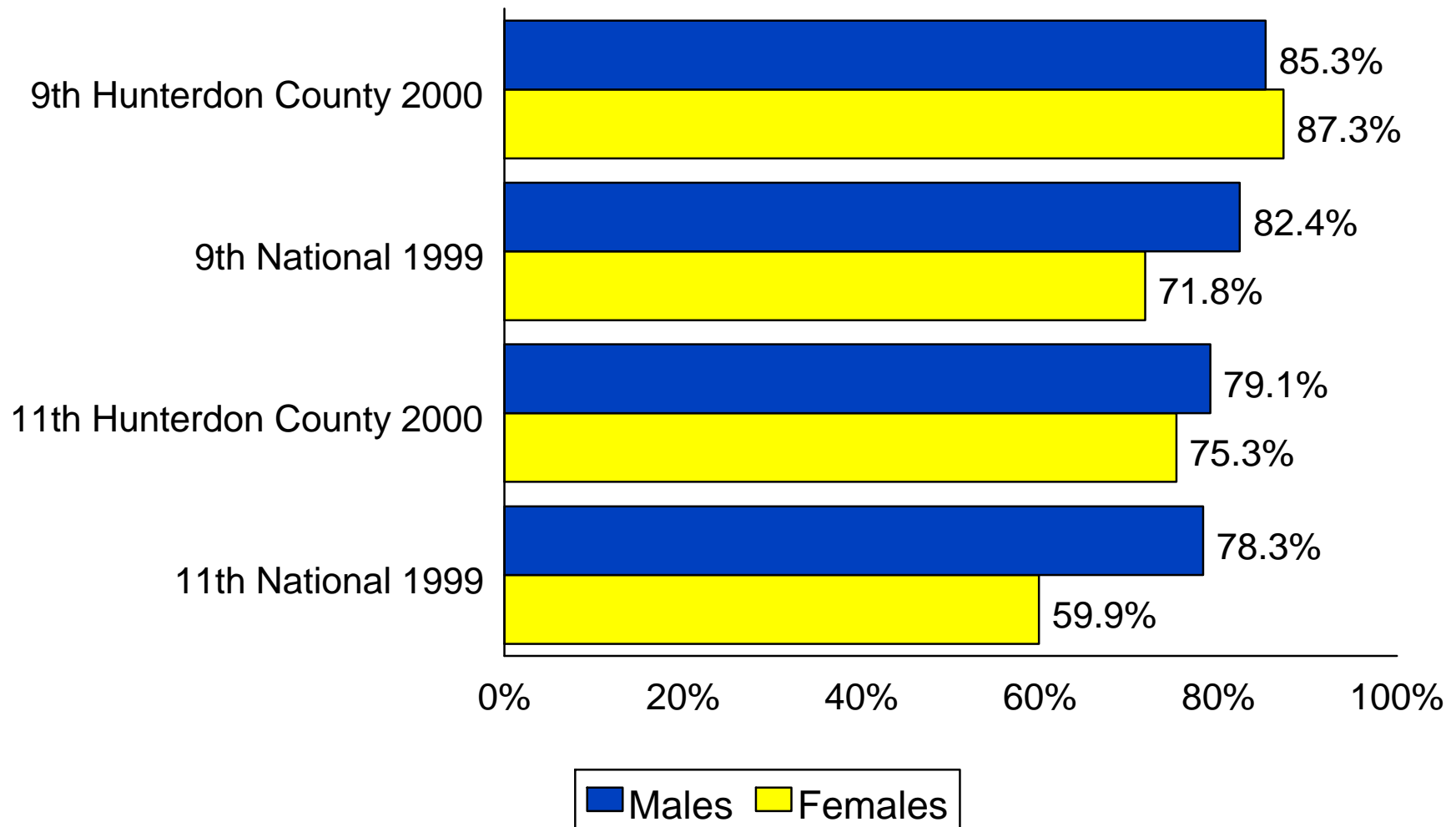


On how many of the past 7 days did you exercise to strengthen or tone your muscles?

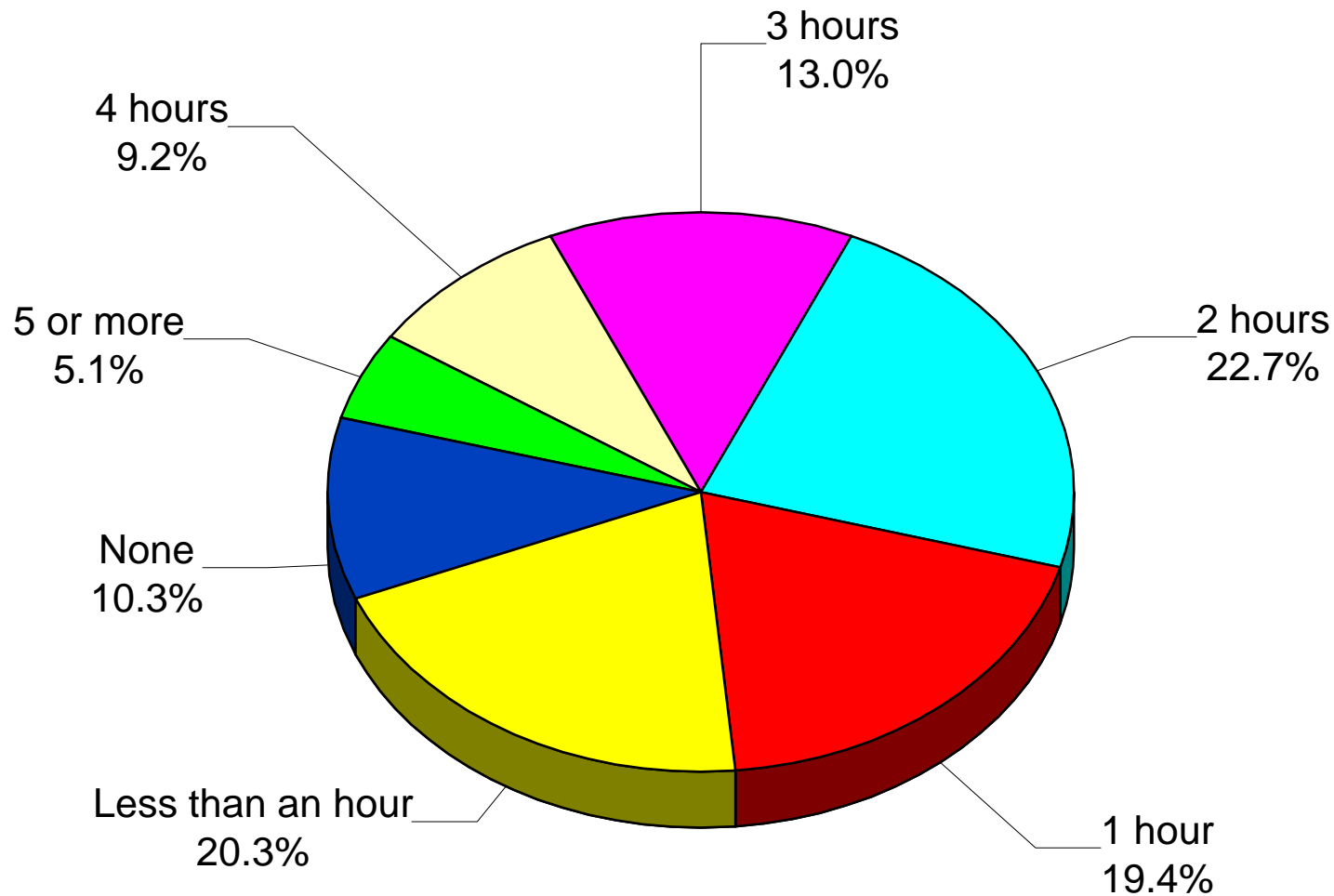


N=740

Percent of respondents who participated in strengthening exercises at least one day in the past week

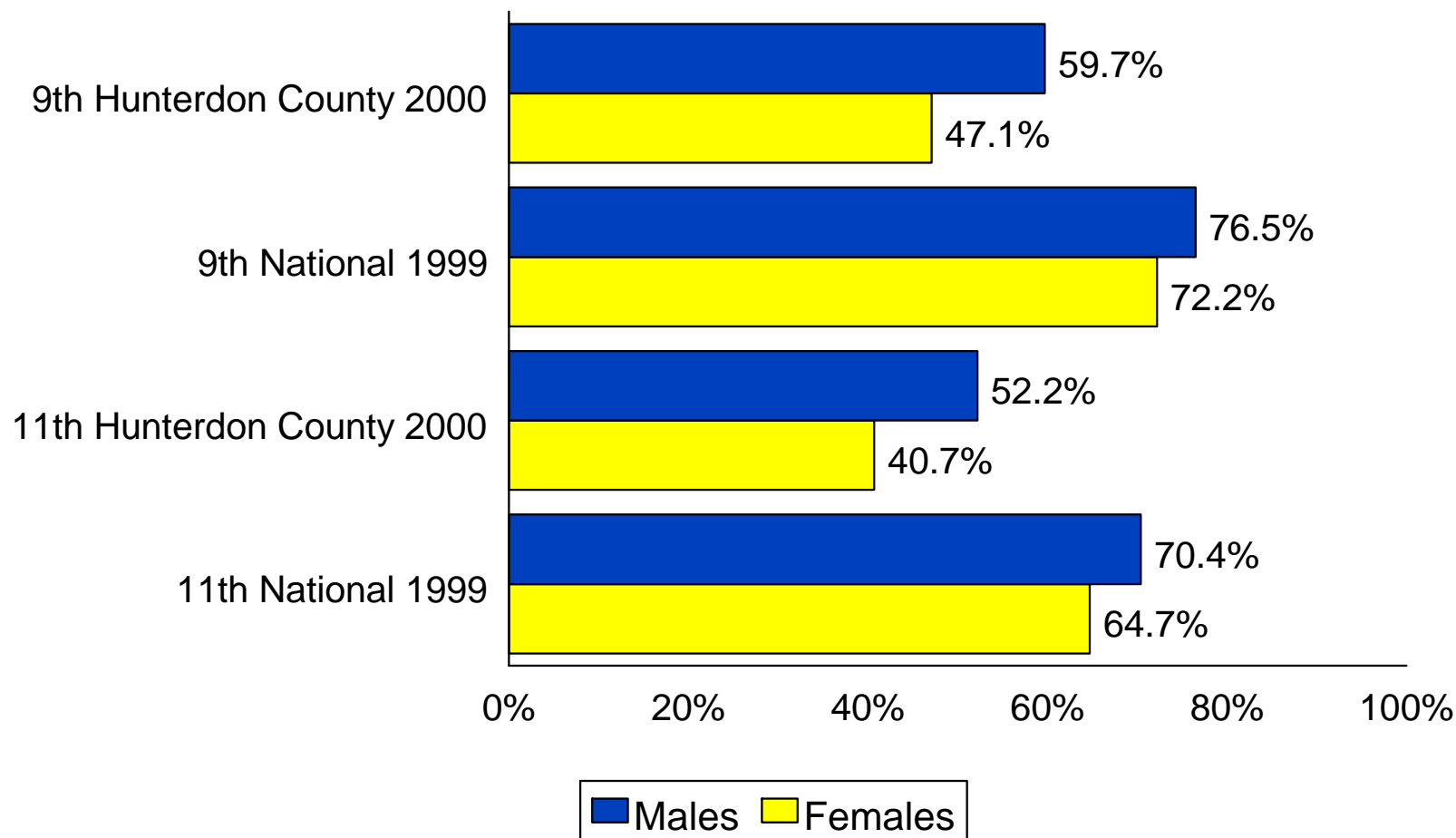


On an average school day, how many hours of TV do you watch?

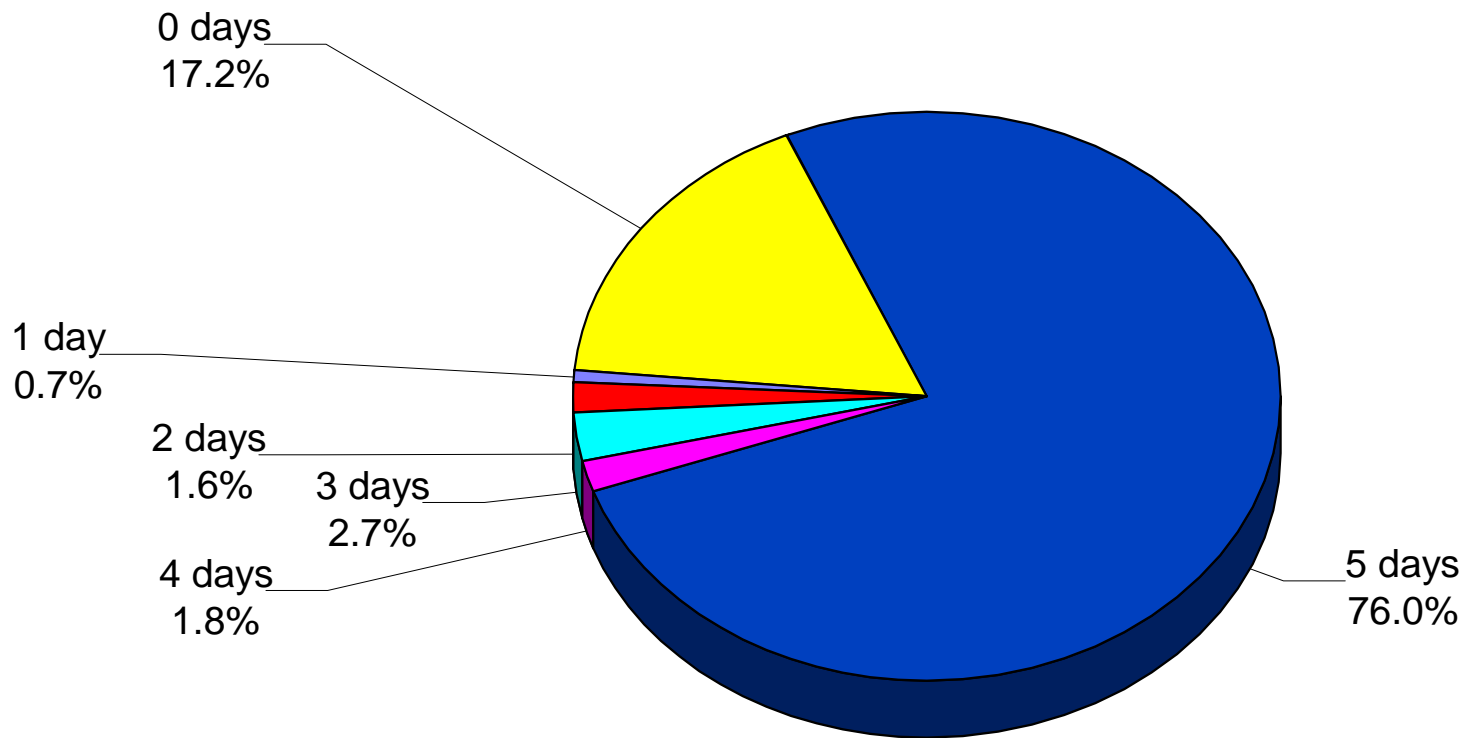


N=740

Percent of respondents who spend 2 or more hours watching TV on an average school day

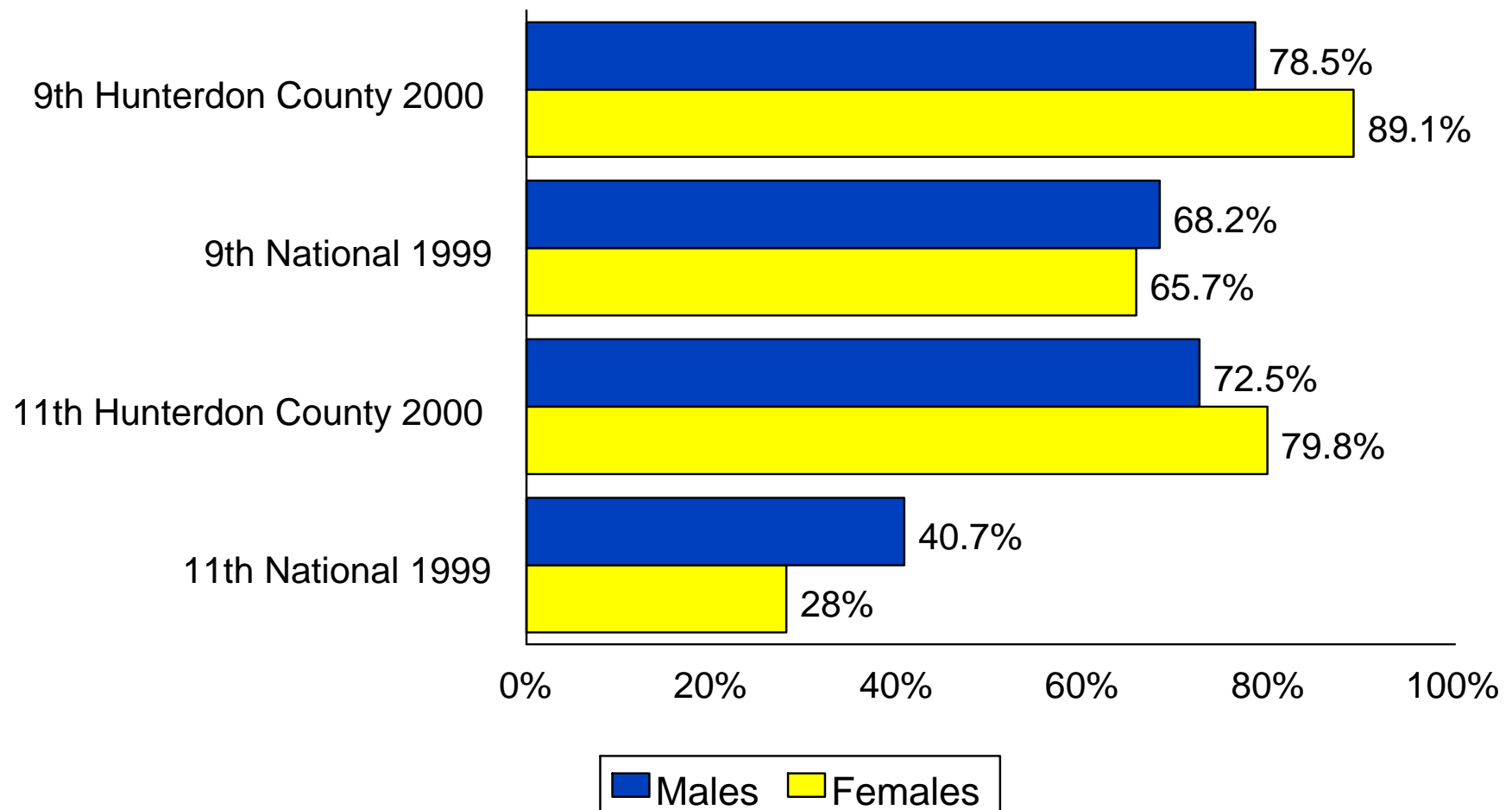


In an average week, when you are in school how many days do you go to physical education classes?

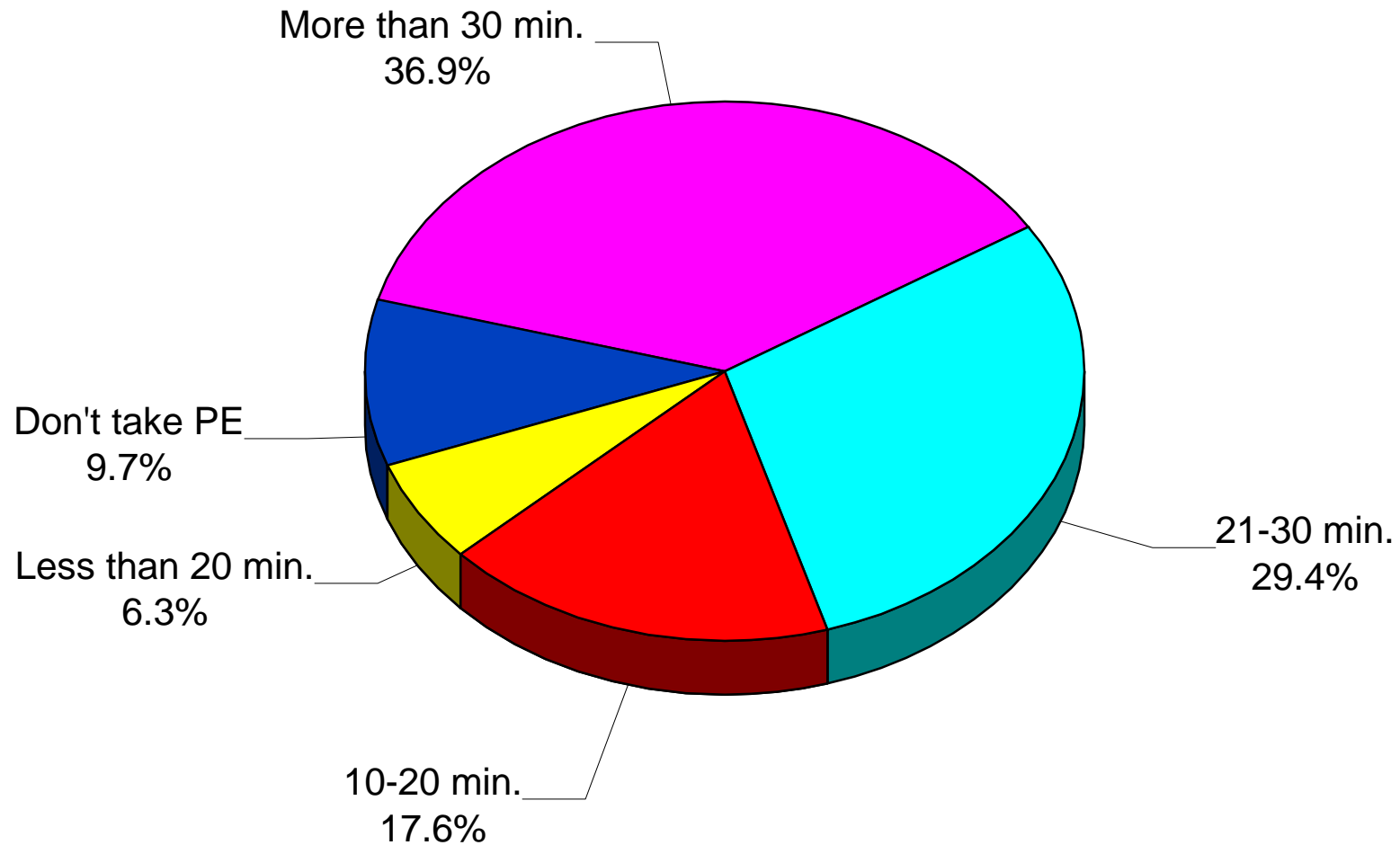


N=739

Percent of respondents who go to at least 3 physical education (PE) classes in an average week

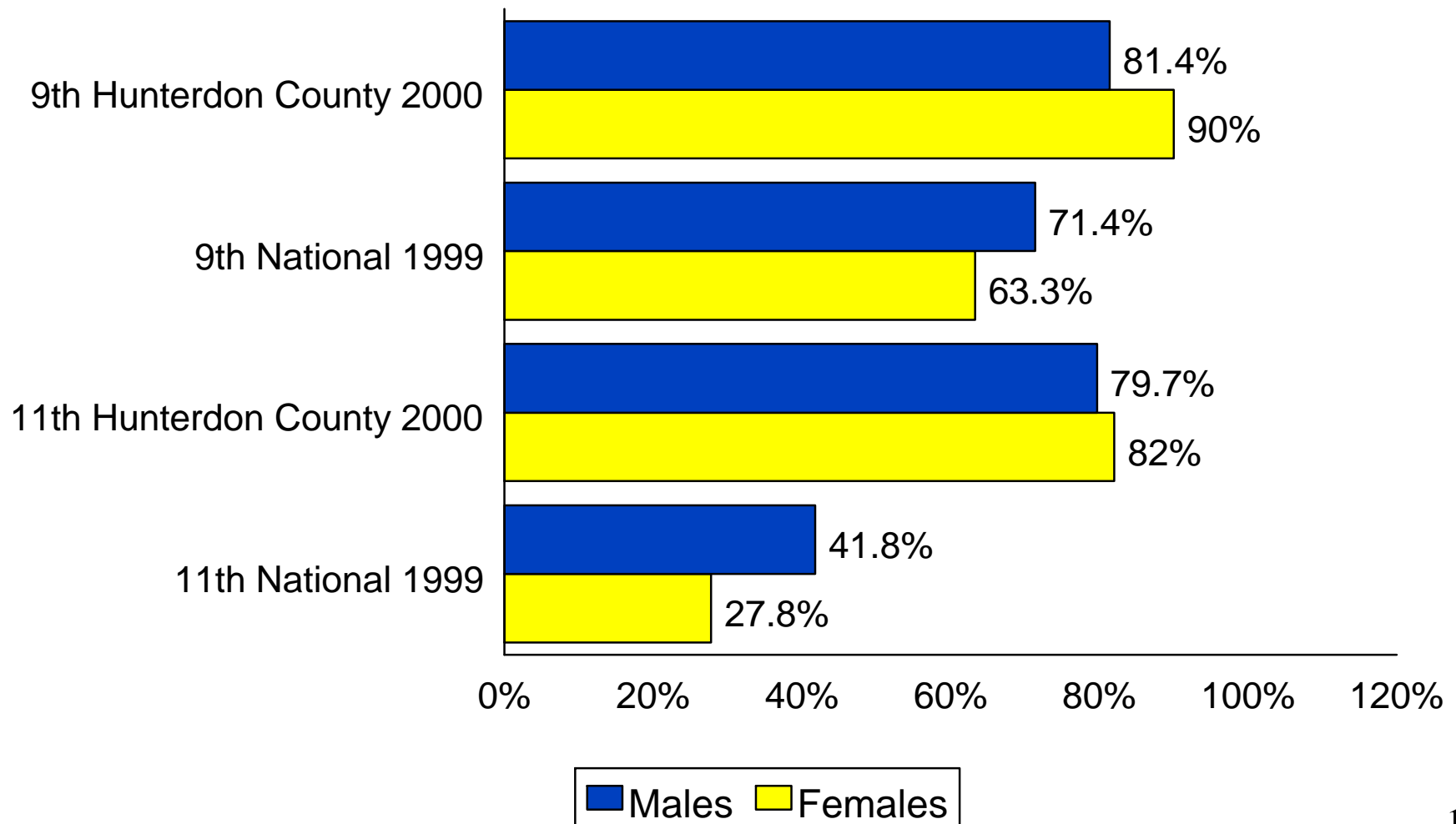


During an average PE Class, how many minutes do you spend actually exercising or playing sports?

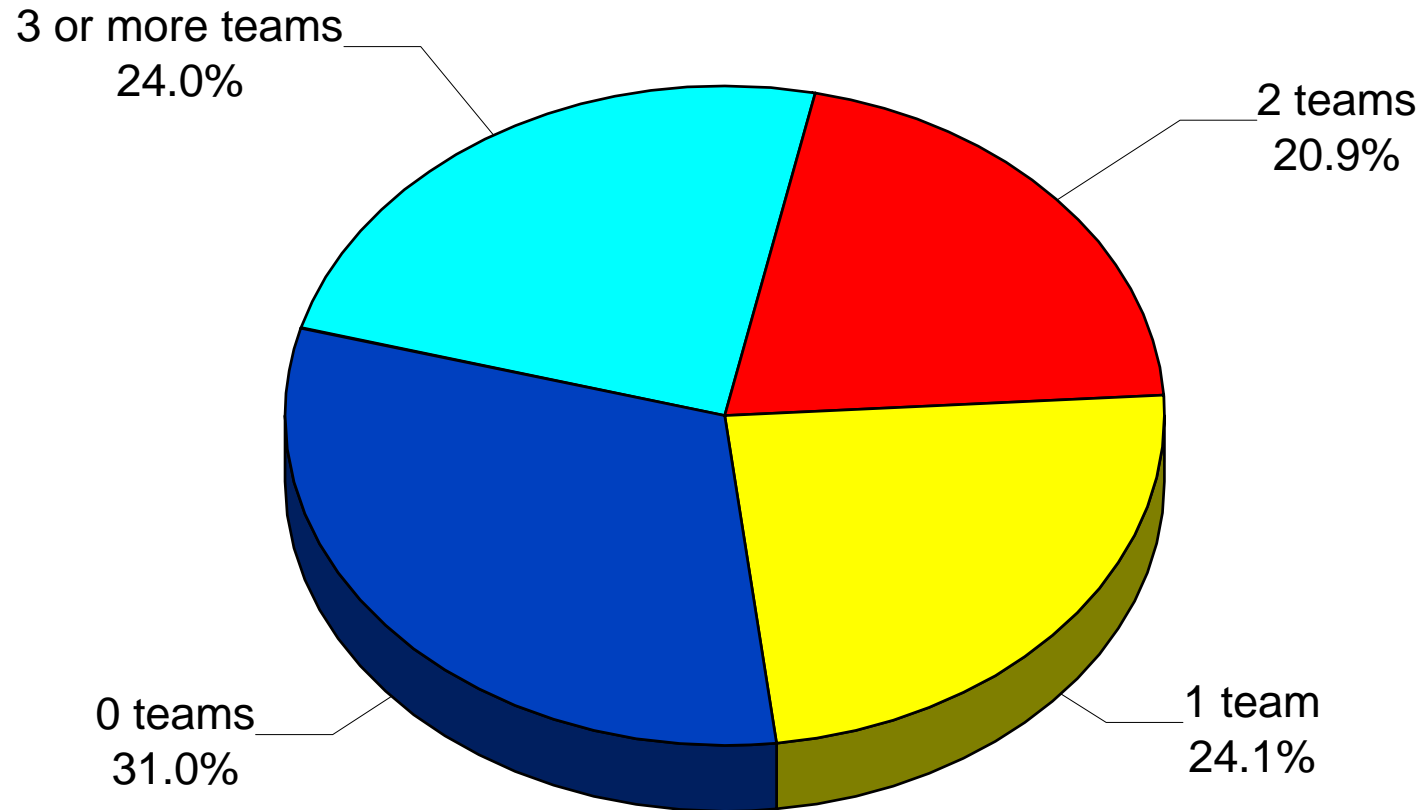


N=734

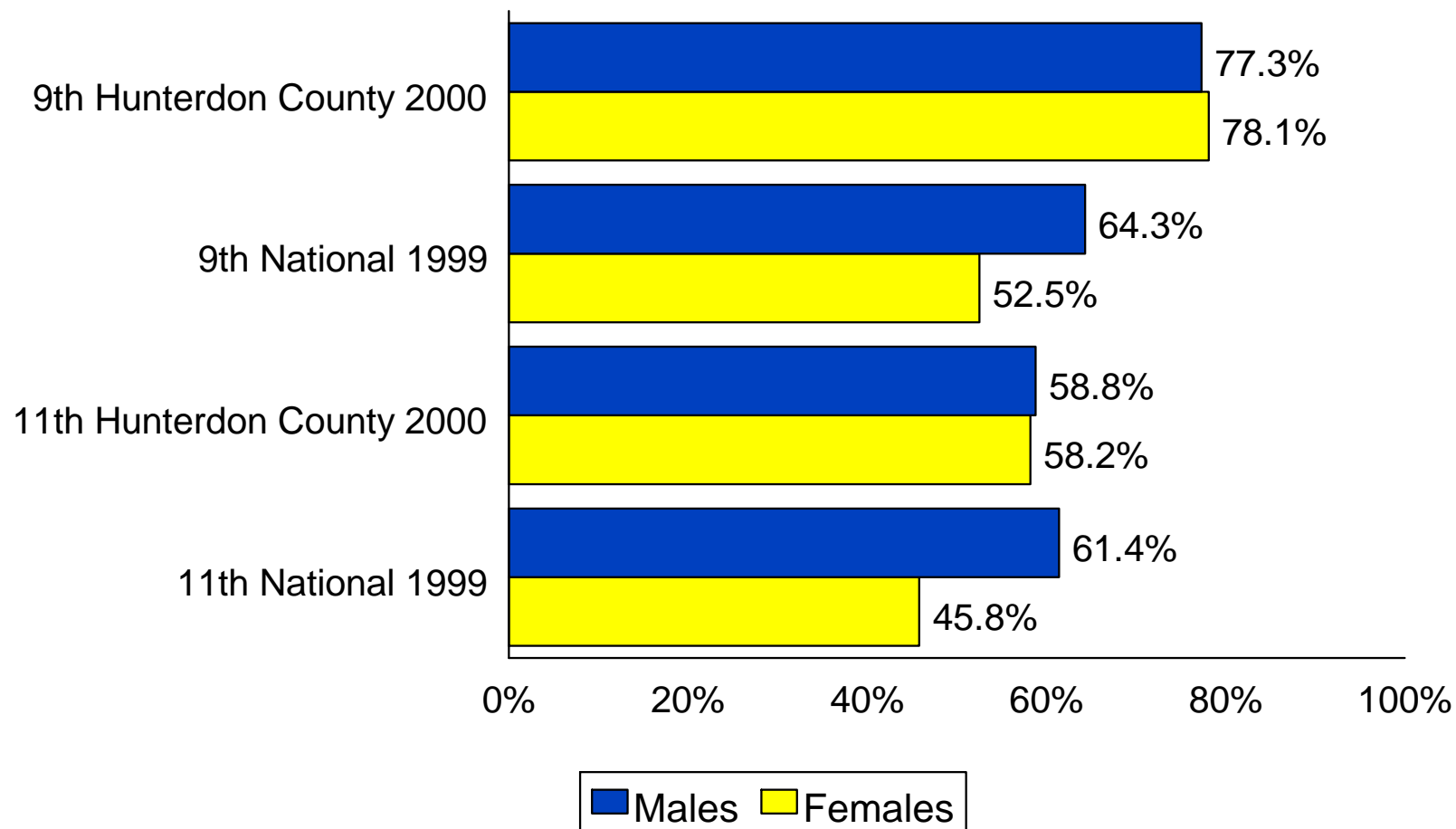
Percent of respondents who spend at least 10 minutes exercising during an average PE class



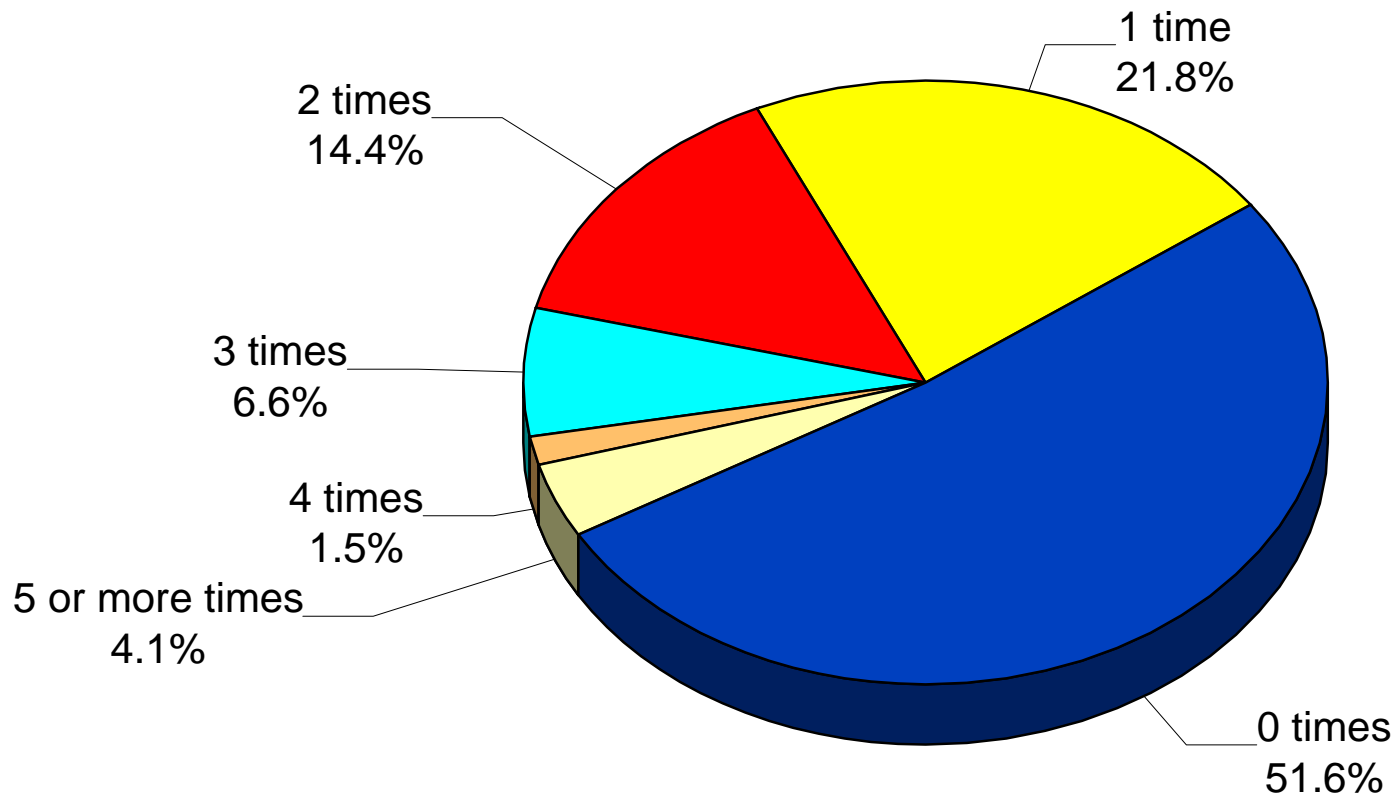
During the past year, on how many sports teams did you play?



Percent of respondents who played on at least one school sports team within the past year



During the past year, how many times were you injured while exercising or playing sports and had to be treated by a doctor or nurse?



N=738

Percent of respondents who were injured at least once while playing sports/being physically active and had to be medically treated

